

# What's On

Your bi-monthly guide to what's on at **Belong Wigan**

April / May 2024

## B's memory café

Free monthly support group



## Days out

A spot of retail and dining out therapy



## Country line dancing

Embrace your inner cowboy or cowgirl and join us for a wild afternoon with 'Wild Bill Line Dancing' on Wednesday 10 April.

Come along to The Venue, from 2pm – 3pm, to enjoy an afternoon of line dancing. Take to the dance floor, or join in from the comfort of your chair, as we step and stride along to a variety of country and western songs. Suitable for all

abilities and members of the community are welcome to join us. Cost £3pp; call 01942 855600 to book.

## The Rat Pack

Get ready to swing and sway along and enjoy a musical trip down memory lane in our Rat Pack show.

Join us in The Venue on Friday 26 April, from 2pm – 3pm, for an unforgettable afternoon of live entertainment. Immerse yourself in a selection of timeless classics performed by tribute artist, Lee Newsome. Entry £4; call 01942 855600 to book.



## Experience Days

Experience Days offer so much more than conventional day care. They are designed to offer our customers the opportunity to try something new or rediscover past interests.

Examples of activities include dancing, art, attending musical performances and workshops, coffee mornings, intergenerational stay-and-play sessions, choir singing and much more.

The service typically runs from 10am – 4pm, Monday to Friday, and cost £86.50 per session, which includes refreshments throughout your stay, lunch in The Bistro and use of our specialist gym (one session per week, subject to availability). Call Experience Coordinator, Charlene Frodsham, on 01942 855600 to find out more and ask about booking a free 'taster' session.

## Community bingo



Come along to our next community bingo evenings on Tuesday 23 April and Tuesday 28 May. Doors open at 6pm, eyes down look in at 7pm, on both dates. Entry is free and a full set of bingo books and a flyer costs £7, teas and coffees 60p each. Join us for a great night in The Bistro!



## Golden Age Songbird

Enjoy singing and swaying along to a variety of popular classics, performed by 'The Golden Age Songbird', on Friday 3 May from 2pm – 3pm in The Venue. Entry £4; booking required.



## Wild Bill line dancing

Country-style fun  
on 10 April



## Experience Days

Free day care  
'taster' session



**BELONG**  
WIGAN

*We welcome members of the whole community*

## B's Café

B's memory café, in Belong Wigan, offers a warm and welcoming space where families, friends and carers can come together with their loved ones over a lovely cup of tea or coffee and cake! The next sessions will take place on Wednesday 17 April and Wednesday 22 May, and will feature a fun musical workshop with 'Lifebeats'. Hosted by Belong Admiral Nurse, Bridget Lawler, the sessions will take place in The Venue from 2pm - 4pm. Free to attend; contact the village, on 01942 989410, for further information or to book your place.



## Days out

Enjoy a spot of retail therapy at Heskin Hall Shopping Village, followed by afternoon tea at Two Birds Cafe, on Wednesday 24 April from 10:30am - 3pm. Cost £28 with afternoon tea included or £15 for transport only. Please contact the village early to book as spaces are limited.



## Boat trip

We have a further day out planned on Wednesday 22 May, from 4pm - 7pm. Join us for a visit to The Boathouse Pub and Kitchen in Appley Bridge (venue subject to change). Cost £11.50

for transport; meals and drinks to be charged separately at the venue.



## Music in Mind



Come along to an interactive musical workshop with 'Music in Mind' on Friday 24 May, from 2pm - 3pm, in The Venue. Sessions are lots of fun and suitable for people of all abilities, providing opportunities to

enjoy playing drums and guitar and a good old sing-along. Entry £4; booking required.

## Care in your own home

Belong's high-standard of care - right in your own home. Belong at Home is an affordable, high-quality home care service



which provides personal care, support and companionship, to enable you to continue living in your own home and community. The same friendly faces visit every time and go the extra mile to ensure we put our customers at the heart of all that we do. To find out more and arrange a free assessment, please contact area manager Sophie Walls, on 01942 855600, or email: [homecare@belong.org.uk](mailto:homecare@belong.org.uk).

## Apartment living

Combining the freedom of independent living with the reassurance of a caring community close by, Belong apartment living, at Belong Wigan, is a proactive choice which secures peace of mind for later life. Contact us on 01942 855600, for plans and pricing.



## Pamper packages

Call into the therapy suite at Belong Wigan to enjoy a fantastic range of beauty treatments, including nails,



lashes, facial treatments and more. Contact the village on 01942 898410 to book, or to request a copy of the price list.

Our events programme is inspired by the interests of our community. If there is anything you would like to see added, please share your ideas with our Experience Coordinator, Charlene Frodsham or email: [charlene.frodsham@belong.org.uk](mailto:charlene.frodsham@belong.org.uk)



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