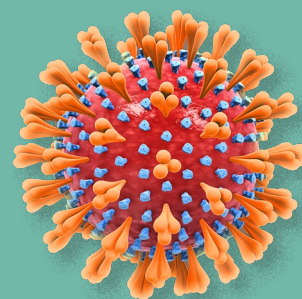


Coronavirus and health issues



Take extra care if
you are older or have
health issues

- * Heart problems
- * Diabetes
- * Breathing difficulties

Things you can do



Stay away
from crowds



Avoid sick
people



Make a plan
for if you get
ill - your care,
food & tablets



If you are worried **DO NOT**
go to your GP Stay home
and call the national
24/7 nurse hotline on
1800 020 080

LIFE WITHOUT BARRIERS

Email your questions to
health@lwb.org.au