

Don't spread it



Wash hands regularly



Use a tissue for coughs and bin it



Don't touch your face or eyes with your hands

Coronavirus is a new illness spreading across the world. The symptoms are

- * Fever
- * Cough
- * Trouble breathing



If you are worried **DO NOT** go to your GP. Stay home and call the national 24/7 nurse hotline on 1800 020 080

> **Email your questions to** health@lwb.org.au

LIFE WITHOUT BARRIERS