

How we are continuing your support during the Coronavirus pandemic

Easy English booklet 30 MARCH 2020



How to use this booklet

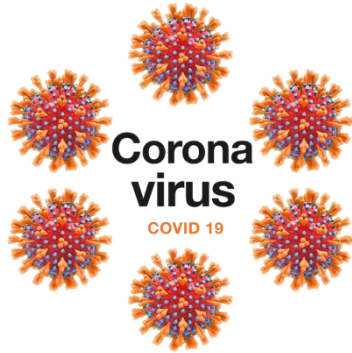
- This document was written by Life Without Barriers in Easy English.
- We use pictures to explain some ideas.
- Some words are written in **blue**. We explain what these words mean.



- This document explains how we are continuing your Supported Independent Living services during the Coronavirus pandemic.

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- There is a virus going around called **Coronavirus**, which is making some people very sick.
- Coronavirus sounds like 'ca-ro-na-vy-rus'



- Coronavirus is a bit like the flu. You can't see it but if you catch it, you may feel very unwell.



- Coronavirus is spread when we cough, sneeze or touch people who have it.

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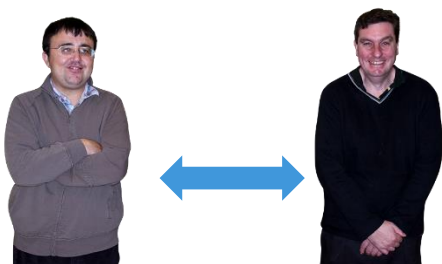


- Life Without Barriers is committed to continuing your Supported Independent Living services, so that you are fully supported at home.



- So that we can continue to support you safely and protect you from Coronavirus, we are making some small changes to your supports.

- It is important we try not touch other people or go to busy places to avoid Coronavirus.



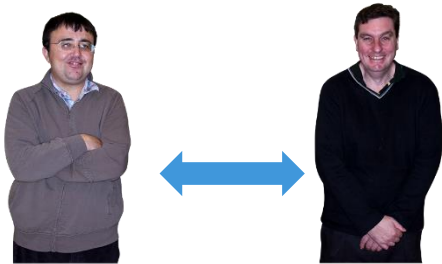
- There are even new rules from the Australian Government about this, that everyone must follow to stay safe.

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- As part of these new rules, there are some small changes you can expect in your support.

This includes:



- If you need to access the community, you will be supported to do this in a way that follows new rules on **social distancing**.

In other words, keeping space between you and other people.



- This also means that some group activities won't run as they usually do for now.

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- Only essential visitors can visit your home, including staff and families, to reduce the risk of infection and keep you safe.



- Your staff will also be washing their hands more and cleaning surfaces more.

This is known as **good hygiene**.



- If you start to feel sick, tell your support team straight away.

It's very important staff know if you are unwell so they can help you.

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- If you have any questions about coronavirus and how you can stay safe from it, talk to your support network.



- You and your supporters can also call the Life Without Barriers National COVID-19 Response Call Centre on **1800 313 117**



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