

## Update on your Community Support services during Coronavirus

Easy English booklet 28 May 2020

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### How to use this booklet

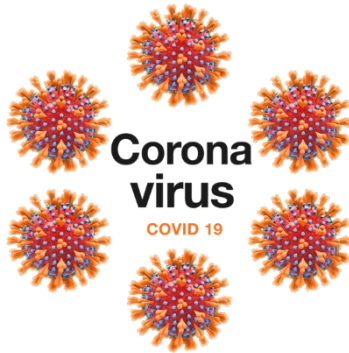
- This document was written by Life Without Barriers in Easy English.
- We use pictures to explain some ideas.
- Some words are written in **blue**. We explain what these words mean.



- This document explains some ongoing changes to your Community Supports during **Coronavirus**.

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- As you may know, **Coronavirus** is a virus that has been going around and making some people sick.

- Coronavirus sounds like 'ca-ro-na-vy-rus'.



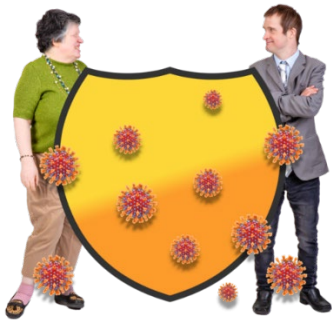
- Coronavirus is a bit like the flu. You can't see it but if you catch it, you may feel very sick.



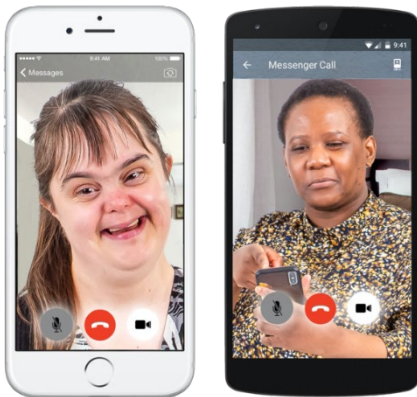
- Coronavirus is spread when we cough, sneeze, or touch people who have it.

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- Life Without Barriers is trying to help make sure you don't get sick in our services.



- Because of Coronavirus, the Community Supports we help you with may have been different over the past few weeks..



- Now only a very small number of people have Coronavirus in Australia, the Australian Government has said it's okay for Community Supports to start again.

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- When your Community Support start again, some things will still be a little different: This includes:

- ✓ **Only 3 participants allowed in your group, plus staff.**

This is to help keep everyone safe.

This number may change in a few weeks.



- ✓ **Social distancing in your group.**

This means you should try to stay more than 1.5 metres from other people in the group, so no touching, hugging or shaking hands to avoid the virus.



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### ✓ **Daily Wellness Check.**

Your staff will fill out a checklist every time you meet to help track how you're feeling, so we can help you if you get sick.



### ✓ **More handwashing.**

You and your staff will need to keep washing your hands properly and often, to help stop Coronavirus making you sick.



### ✓ **More cleaning.**

Your staff will also be cleaning more, including cars or buses you travel in, to help protect you from the virus.

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✓ **Meet in the community.**

Your group will meet in the community where your activity is, instead of day centres.



- If you have any questions about Coronavirus and how you can stay safe from it, talk to your support network.



- You and your supporters can also call the Life Without Barriers National COVID-19 Response Call Centre on **1800 313 117**



Images from Photosymbols – [www.photosymbols.com](http://www.photosymbols.com)