COVID-19 SOCIAL STORY



The Coronavirus (COVID-19) is making our world and communities a very different place today.

It is a virus that can make people very sick and is spread from one person to another.



Things may look different in your world, people you know may be acting differently. They might be wearing masks and staying home and indoors.



Your day might not be the same and you might not be able to do all the things you enjoy, like going out to the movies or catching up with friends.



STAY HOME STAY SAFE

home.

Everyone needs to wash their hands regularly. You will need to use soap and water and wash your hands for 20 seconds.





Because this is a new virus things will change each day, make sure you listen to your circle of support to see how you can stay safe.

8 People need to keep apart to make sure they don't get sick or pass it on to others.

> This means we have to be far away from each other. No hugging, touching or being close to other people. This is so we can stop the virus jumping from one person to another.





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Remember it is ok to feel scared, confused or worried. If you do talk to someone.



This does not mean we are not friends and family or don't care about each other, it means we are protecting each other from getting sick.



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Remember to wash your hands often for 20 seconds with soap and water.

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10 If you feel confused and scared and that is ok. You can talk to your friends, family or a Sunnyfield staff member. People are there to listen and support you.

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If you are feeling unwell tell someone.

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You may have to stay indoors more and at

This will not be forever. We need to change how we live for a short time to keep everyone safe and healthy.

Remember that this will not be forever but will help keep you safe and others you care about.





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