

Update on your support services in Victoria during Coronavirus

Easy English booklet 19 August 2020

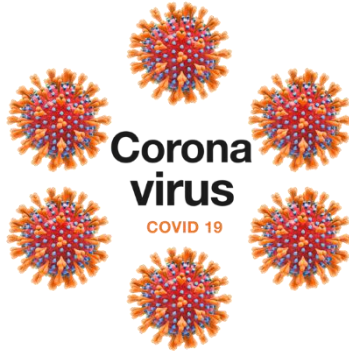


How to use this booklet

- This document was written by Life Without Barriers in Easy English.
- We use pictures to explain some ideas.
- Some words are written in **blue**. We explain what these words mean.



- This document explains some ongoing changes to your support in Victoria during **Coronavirus**.



- As you may know, **Coronavirus** is a virus that has been going around and making some people sick.

- Coronavirus sounds like 'ca-ro-na-vy-rus'.



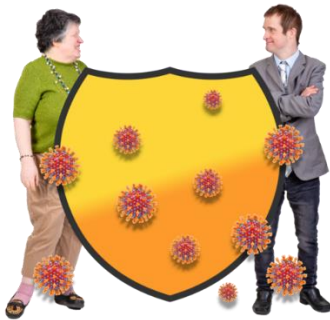
- Coronavirus is a bit like the flu. You can't see it but if you catch it, you may feel very sick.



- You can get the virus from someone coughing, sneezing or touching you if they have it.

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- Life Without Barriers is trying to help make sure you don't get sick in our services or during activities you like.



- One of the ways we are keeping you safe from Coronavirus is by wearing special clothes when we deliver support, to help stop it spreading.



- These special clothes are known as Personal Protective Equipment, or **PPE**.



- When your staff wear PPE, it protects you in case your staff is sick, but it also protects them if you're sick.



- Your staff will look a bit different when they wear PPE, but they are still the same person.



- If you feel unsure when your staff wear PPE, tell them. Your staff are still there for you and want to keep you safe and happy.

- Your support staff will wear different kinds of PPE to protect you.

This includes:



✓ **Face masks**

At the moment, staff have to wear proper face masks when they are outside their home.

This means you won't be able to see their mouth, but they can still speak to you.



✓ **Face shields**

Staff may wear a special screen over their head, which is called a face shield.

This face shield protects their eyes, in case you have the virus.



✓ **Safety glasses or goggles**

Instead of a face shield, your staff may wear safety glasses or goggles to protect their eyes.



✓ **Gloves**

Staff will sometimes also wear gloves on their hands.



They will also wash their hands often to stop any germs spreading.



✓ **Apron**

Sometimes your staff will also wear an apron, which goes over their body. This helps to keep them safe if you are sick.

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- If you have any questions about Coronavirus and how you are being protected, talk to the people who support you.



- You and your supporters can also call the Life Without Barriers National COVID-19 Response Call Centre on **1800 313 117**



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