

Fighting Apathy in your Marriage

Robin Rice

The
Rice Family



THE
nest

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**Featured in
D-Magazine**



**10 WAYS TO
BECOME OUR
CLIENT**



10 WAYS TO BECOME OUR CLIENT

1. _____

6. _____

2. _____

7. _____

3. _____

8. _____

4. _____

9. _____

5. _____

10. _____

THE
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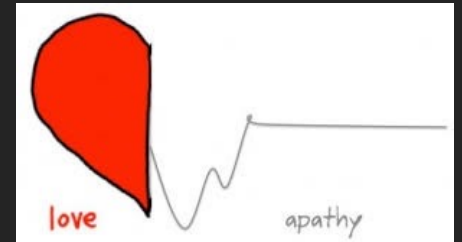
Apathy Affecting Your Marriage?
How to Fix it Today.



www.MarriageConfetti.net

APATHY

In a relationship:
the lack of feeling — the lack of
interest, passion, emotion,
excitement, or concern.



10 – FRIEND’S NIGHT ON REPEAT

FRANCESCA

“Many clients come to our office complaining that their spouse has closer relationships with their friends than them.”

QUESTION 2

Are you spending more time with friends, than with your spouse?

QUESTION 1

Are you loading up your social calendar for girl’s nights?

QUESTION 3

Does your spouse complain about how much time you spend with your friends?

FIGHTING APATHY HERE

Genesis 2:24 (ESV)

Therefore, a man shall leave his father
and his mother and hold fast to his wife,
and they shall become one flesh.

“No marriage will last a
lifetime if left on
the backburner.

Give your marriage
your best investment,
not your leftovers.”

www.jillsavage.org

9 – HOLDING GRUDGES /SCORE KEEPING

BLACKARD

“Many clients come in and complain that their spouse is mad about something they did 10 years ago.”

QUESTION 2

Do I need to ask my husband forgiveness for something?

QUESTION 1

Concerning my husband, is there something I need to forgive?

QUESTION 3

Am I an angry person toward my husband?

FIGHTING APATHY HERE

Matthew 6:14 (ESV)

For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.



“I am sorry.”

“I was wrong.”

“Please forgive me.”

“I love you.”

8 – SECRET INAPPROPRIATE RELATIONSHIPS

If you are not willing to share the relationship with your spouse then it is probably isn't a relationship you should be having.

QUESTION 2

How are my relationships on social media, am I flirting with someone?

QUESTION 1

Am I comfortable with my spouse having full access to my phone at any time?

QUESTION 3

Am I entering an emotional inappropriate relationship at work or at the gym?

FIGHTING
APATHY
HERE

Proverbs 30:20 (ESV)

This is the way of the adulteress wife:
she eats and wipes her mouth and says,
“ I have done no wrong.”



7 - HIDDEN SPENDING

ADVICE

Don't sign up for secret credit cards or hidden bank accounts.

QUESTION 1

Am I hiding a credit card or bank account from my spouse?

QUESTION 2

Am I being deceptive in my spending in anyway toward my spouse?

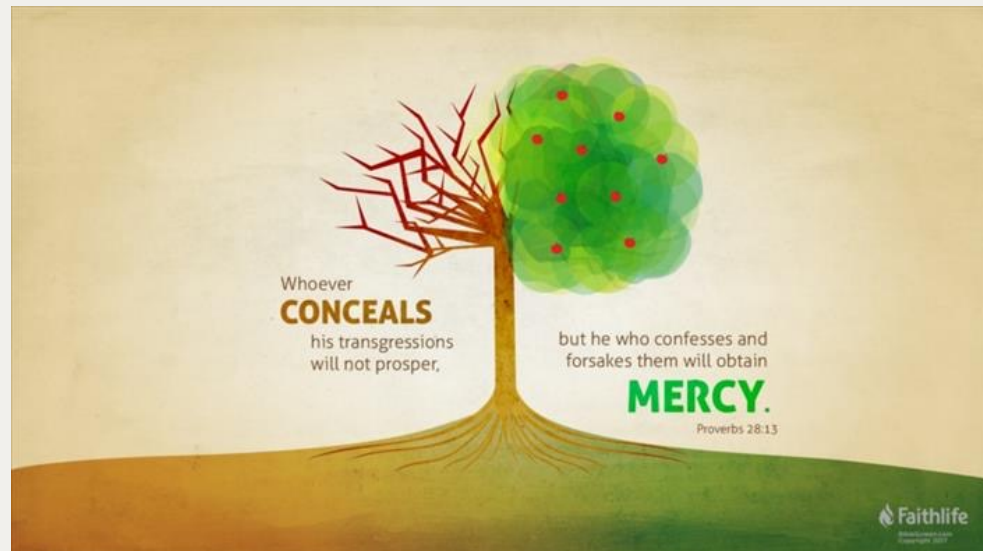
QUESTION 3

Am I completely open in my spending with my spouse?

FIGHTING APATHY HERE

Proverbs 28:13 (NIV)

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.



6 – DISPUTES REGARDING CHILDREN

Conflict and disagreements occur
when raising children.

QUESTION 1

Am I communicating my style of
parenting to my spouse?

QUESTION 2

Am I allowing conflict to cultivate
in regard to raising our children?

QUESTION 3

Am I an angry person toward my
husband?

FIGHTING APATHY HERE

[Philippians 2:2 \(NIV\)](#)

Then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind



PARENTING ON POINT

Thursday nights
6:30-8:00 PM

January 19 - February 23
Final Session/Dinner Friday, February 24
6-8 PM

Watermark Kids provided
Interested: mglong@watermark.org

5 – LACK OF EMOTIONAL INTIMACY

EMOTIONAL INTIMACY DEFINITION

Ongoing, intentional process of fully knowing your spouse and being fully known by your spouse.

QUESTION 1

Is there an emotional connection with my spouse?

QUESTION 2

Do I fully know my spouse?

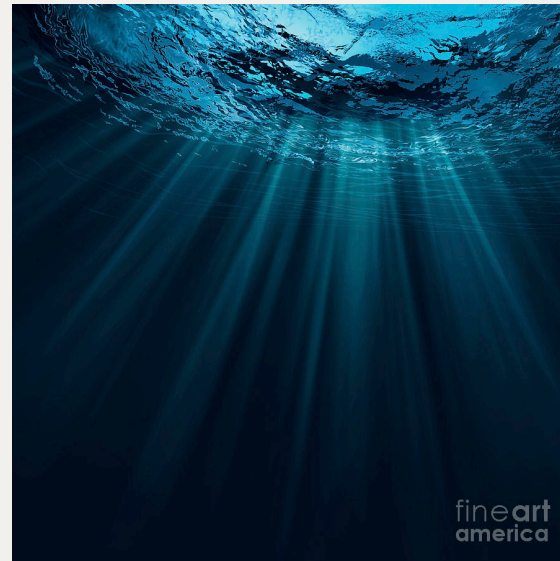
QUESTION 3

Am I fully known by my spouse?

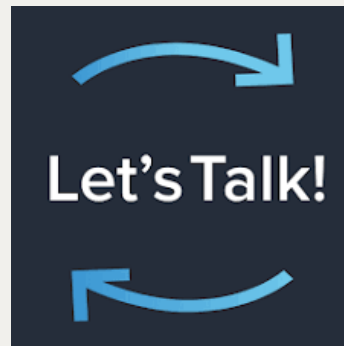
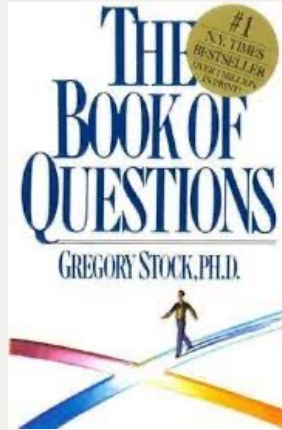
FIGHTING APATHY HERE

Proverbs 20:5 (NIV)

The purposes of a person's heart are deep waters, but one who has insight draws them out.



TOOLS TO BUILD EMOTIONAL INTIMACY



4 — NEGLECTING ONESELF

SIGN of neglecting oneself

Hectic schedules can drain your energy and keep you so busy that you often forget to take care of yourself spiritually, physically and emotionally.

QUESTION 1

Am I consistently spending time in God's Word?

QUESTION 2

Am I consistently taking care of my body, physically?

QUESTION 3

Am I neglecting myself emotionally?

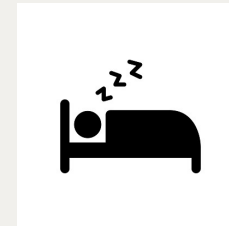
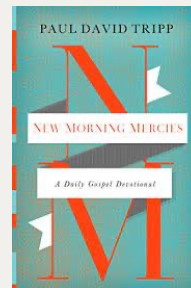
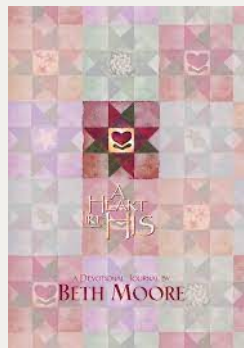
FIGHTING APATHY HERE

[1 Corinthians 3:16 \(ESV\)](#)

Do you not know that you are God's temple and that God's Spirit dwells in you?



What fills you
up spiritually,
emotionally, &
physically?



3 – NEGATIVITY

Definition

To be downbeat, disagreeable and skeptical. It's a pessimistic attitude that always expects the worst.

QUESTION 1

Do I consistently criticize my spouse?

QUESTION 2

Do I whine and complain to my spouse?

QUESTION 3

Do I expect perfection from my spouse?

FIGHTING APATHY HERE

Proverbs 27:15-16 (ESV)

A quarrelsome wife is like the dripping of a leaky roof in a rainstorm; restraining her is like restraining the wind or grasping oil with the hand.



2 – NO DATE NIGHTS

Sometimes we get busy and forget to date our spouse. Prioritize time together, away from friends, family and children.

QUESTION 2

When was the last time I asked my spouse out on a date?

QUESTION 1

Do I prioritize time with my spouse for dates?

QUESTION 3

Do my spouse and I have a consistent scheduled date night?

FIGHTING APATHY HERE

1 Peter 4:8 (ESV)

Above all, keep loving one another earnestly, since love covers a multitude of sins.



1 – LACK OF SEXUAL INTIMACY

We are all tired. We all have long days, but you have to think about the message you relay to your spouse when you constantly turn them down.

QUESTION 2

When was the last time I initiated sexually with my spouse?

QUESTION 1

Do I consistently turn my spouse down sexually?

QUESTION 3

Do we consistently have sexual intimacy?

FIGHTING APATHY HERE

1 Corinthians 7: 4-5 (ESV)

For the wife does not have authority over her own body, but the husband does. Likewise, the husband does not have authority over his own body, but the wife does. ⁵ Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.



Categorize these in the areas of

STRENGTHS & WEAKNESS

TABLE QUESTIONS

1

What is one take away from the talk?

2

Share one that is your strength with an example to encourage others.

3

Share one trap that you need to avoid in your marriage & why.

4

Share some resources that enrich your marriage.

50 Ideas to Inspire Your Husband

There's an old joke about one of our presidents walking with his wife, who sees one of her old boyfriends in a less-than-glorious occupation. The president looks at the old boyfriend and remarks, "If you hadn't married me, you might be married to that guy."

The first lady answers calmly, "If I had married him, he'd be president."

Now, occupation is not the measure of a man. But as a wife, you do possess a unique power to inspire your husband. Your loving vision of the man he's becoming propels him toward greatness—not necessarily by the world's yardstick of success, or even your own, but by God's.

When you believe in him, he is secure. He can take the leaps of faith required to surmount fear. He can bear up under pressure, pioneer new territory.

An inspired husband feels the freedom to reach the fullest potential of the man God has created him to be. He's not merely encouraged. He's a man who's empowered; a conqueror. If you want to give your man some "wind beneath his wings"... start here:

1. Send him an email. Example: "Praying for you today. Thanks for being so courageous in ____."
2. Give him one night on a regular basis to do something he loves.
3. Consistently mention ways you see him growing to be more like Christ.
4. Initiate intimate sex. (Wondering whether this is a good idea in light of your particular relationship? [Read more here.](#))
5. Ask him about his "bucket list"—the top list of things he'd like to do in his lifetime.
6. Give him a book or audio book to learn about something he loves doing.
7. Ask him about some dreams he has—and pray about them together, evaluating them. Then ask how you can help him go after them.
8. Text him on a stressful day. Example: "Reminder: I believe in you."
9. Make sure he feels respected by you. (Check out [In His Corner: 32 Ways to Honor Your Husband.](#))
10. Leave sticky notes in his lunch, on his steering wheel, in his briefcase, etc. "So proud of all you've been doing with ____." "You are so great with our kids." "You are my

Donate

To Opt-in: Text one of the following keywords to **(214) 225-6170**

- **“Elementary”** for K-5th grade
- **“Preschool”** for 3-5 year olds
- **“Both”** if you have children in both Preschool and Elementary



PRAY TOGETHER.

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PRAYER SERVICE
EVERY SUNDAY
5 PM IN THE CHAPEL



TEXT

SLIDE