

72 LAUNCH FOR GIRLS

This is a tool to create intentional moments of conversation and learning between moms and daughters. It begins her seventh grade year and runs until she is launched from your home in the blink of an eye, 72 months from now. However, feel free to implement it at any point along the way. You will find topics to provide meaningful conversations, things to learn, books to read, and activities to enjoy.

Seventh Grade - 2 Timothy 3:16

- 72 - *Passport to Purity* by Family Life Ministries
- 71 - How to study and apply biblical parables
- 70 - Why we should save money
- 69 - Activity / sport*
- 68 - Pass along family heritage and history
- 67 - A date night with dad
- 66 - The importance of abiding with God daily
- 65 - When and how to ask for help (academically, emotionally, and spiritually)
- 64 - Regular body care: shaving, eye brow maintenance, haircuts, etc.
- 63 - Read *Lies Girls Believe* by Nancy DeMoss
- 62 - Building routines that establish good habits
- 61 - Activity / sport*

Eighth Grade - John 15:5

- 60 - Self defense; basic for staying safe
- 59 - How to set and reach goals
- 58 - Activity / sport*
- 57 - Cults and false religions of the world
- 56 - Why and how to write a thank you note
- 55 - Understanding baptism and its importance
- 54 - Confronting the lure of pornography
- 53 - How to disagree with friends, authorities and relatives
- 52 - Basic home maintenance: shut off a toilet, breaker boxes, main water valves, hotwater heaters
- 51 - Read *10 Ultimate Truths Every Girl Should Know* by Kari Kampakis
- 50 - How to be a godly sister
- 49 - Activity / sport*

Ninth Grade - Psalms 19:14

- 48 - Serve in the community
- 47 - Being in the world but not of the world
- 46 - Activity / sport *
- 45 - How to drive a car
- 44 - Parallel parking
- 43 - Healthy ways to manage stress
- 42 - Biblical view of womanhood
- 41 - How to develop a prayer life
- 40 - Activity /sport *
- 39 - Read *Do Hard Things* by Alex and Brett Harris
- 38 - *Passport to Identity* by Family Life Ministries
- 37 - What to look for at a college visitation

Tenth Grade - 1 Peter 2:12

- 36 – Identifying idols
- 35 – Putting gas in a car, maintaining tire pressure and checking oil level
- 34 – Living on a budget; share the family budget
- 33 – Make a dessert
- 32 – What to do in a wreck and how to change a tire
- 3 – Importance of accountability
- 30 – Proper response time on texts, emails, and phone calls
- 29 – Make an appetizer
- 28 – Conflict resolution
- 27 – Read *Passion and Purity* by Elizabeth Elliot
- 26 – Activity / sport*
- 25 – Where to go to college: create a list of questions to consider

Eleventh Grade - Proverbs 16:9

- 24 – Why does God allow suffering?
- 23 – College visits
- 22 – How to politely decline a date or invitation
- 21 – Dating well as Christian woman
- 20 – How to start and end conversations gracefully
- 19 – Depositing checks and knowing how to use an ATM
- 18 – Should I? Biblical approach to decision making
- 17 – Plan, shop for and prepare a meal start to finish
- 16 – Importance of community
- 15 – Read *Lifetime Guarantee* by Bill Gillham
- 14 – Activity / sport*
- 13 – What does great leadership look like?

Twelfth Grade – Romans 12:6-8

- 12 – Take a spiritual gifts inventory
- 11 – What's a biblical view of the death penalty?
- 10 – Making your car street legal? (inspection/oil change)
- 9 – Dealing with grief and the loss a friend
- 8 – Activity / sport*
- 7 – Prepare your own budget
- 6 – Understanding Revelation
- 5 – Activity / sport*
- 4 – Understanding of a basic toolbox and make your own
- 3 – Read *Welcome to Adulthood* by Jonathan Pokluda
- 2 – Importance of having a consistent church home and being involved
- 1 – Launch Day! Pray together!

Use the Activity/Sports months to choose something that works for you and your daughter. Some examples would be attending a volleyball game, sewing, dance lessons, paddle boarding, or learning to garden.