

## THE nest

### **N** is for \_\_\_\_\_ .

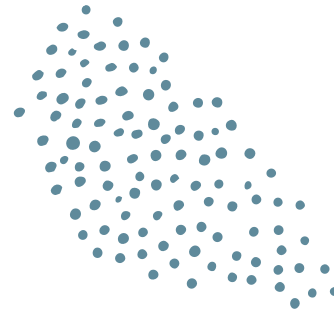
- How does the Lord nurture me?
  - Isaiah 40:11; Psalms 34:17
- How do I nurture myself?
  - Philippians 4:8-9; John 15:5
- How do I nurture others?
  - 1 Thessalonians 2:7-8

### **E** is for \_\_\_\_\_ .

- How does the Lord encourage me?
  - John 16:33; Psalms 94:17-19
- How do I encourage myself?
  - What makes me love Jesus more?
- How do I encourage others?
  - Hebrews 3:13

## S is for \_\_\_\_\_ .

- We have tools from God  
Colossians 2:6-7
  - Scripture- Psalms 119:11, 15
  - Holy Spirit, as our helper- Romans 5:1, 5
  - Prayer- James 1:5
- Use the tools
  - Read your bible Matt 7:24-27
- Pray consistently and constantly
- Prioritize your relationships
  - #1 The Lord
  - #2 Spouse
  - #3 Kids, CG, Extended Family
- Focus on the important- Mark 1:32-35



## T is for \_\_\_\_\_ .

- Time in the word
  - 1 Timothy 4:7-8
  - Titus 2:3-5
- Prayer
  - Matthew 7:7-11
- Allow the Spirit to work in you
  - Phillipians 4:8-9
- Train our children
  - Deuteronomy 6:5-7
  - Let them see you
  - Pray with them and for them 2 Corinthians 1

