



TOUGH
CONVERSATIONS™
WITH STUDENTS

Parentshop
lifelong behaviour change

Tough Conversation™ with Students

*PL points apply

RESOLVING TEENAGERS' BEHAVIOUR PROBLEMS IN HIGH SCHOOLS

PROFESSIONAL LEARNING COURSE FOR SCHOOLS

LESSON FRAMEWORK

- Why young people overreact.
- Self-control factors in young people.
- What are reasonable expectations to hold about adolescents?
- How 'frustration tolerance' develops in people.
- What to tolerate: how to sort what you let go and what needs your attention.
- New understandings of adolescence: social landscapes, brain snaps and body makeovers.
- What young people will do if you challenge them.
- A step-by-step process to address a problem.
- How to tame tigers – how you effectively deal with offensive behaviour.
- A video demonstration of the concepts applied to a tough conversation between a teacher and a student.

EXPECTED LEARNING OUTCOMES

- Reasonable expectations to hold about a teenager's ability to exert some self-control.
- What constitutes 'normal' versus 'abnormal' in the behaviour of teenage students.
- New understandings of adolescent brain development and its implications for having to intervene.
- How to communicate effectively and develop conflict resolution skills that can be used to manage tough conversations with students that appear to be derailing.
- Skills to hold tough conversations with teenagers about their poor behaviour.
- Coaching a student towards better behaviour for their own good, and for the benefit of others.

WHAT'S INCLUDED

- Knowledge and procedures to introduce and implement Tough Conversations™ with Students into a secondary school.
- A training manual containing course notes.
- A certificate of completion.
- Lunch and refreshments for face to face deliveries.
- Re-useable worksheets.

ABOUT

THE COURSE CREATOR Michael Hawton, MAPS.

Michael Hawton is a psychologist, trained teacher and author. He has worked as an expert witness in The Family Court of Australia and The NSW Children's Court. He is a highly experienced mediator and has developed several nationally recognised parenting, practitioner and teacher PL courses.



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