

# 1-2-3 Magic® & Emotion Coaching in the Classroom

A WHOLE SCHOOL APPROACH TO EFFECTIVELY MANAGE DIFFICULT BEHAVIOUR AND TEACH SELF-REGULATION

## **ONE-DAY PROFESSIONAL LEARNING FOR TEACHERS & TEACER AIDES**

## **LESSON FRAMEWORK**

- Changing patterns in teacher/student interactions.
- The resistance to change, what to expect and how to manage it.
- Intervening via the 3 choices model.
- Do nothing... about some things.
- Emotion coaching.
- Counting via a signalling method.
- Practical steps in getting started.
- Counting in action some practice.
- Introducing the program to the school community.

Please note that this is not a train-the-trainer course and it is not designed for the subsequent on-training of other teachers in your workplace.

## FOR MORE INFORMATION...

www.parentshop.com.au/ profession-als/123-magic-in-theclassroom

Contact Caitlin on 0466 820 147 service@parentshop.com.au



## WHAT'S INCLUDED

- A certificate of completion.
- Workbook for use at the training course.
- PL points for accreditation with your respective teacher associations.
- Knowledge and procedures to introduce and implement
   1-2-3 Magic<sup>®</sup> & Emotion Coaching in the Classroom.
- Resources to assist with introducing and implementing the program in the school.

## **COURSE OUTLINE**

- Introduction.
- What teachers see and experience.
- Definition of difficult behaviour and some theoretical perspective on how to deal with behaviour.
- Three broad approaches to managing behaviour.
- The 'little adult' assumption.
- Recognising and sorting behaviour before choosing the intervention.
- The two biggest mistakes teachers make too much talking and too much emotion.

## WHAT SCHOOLS ARE SAYING...

- Our school community has benefited enormously from the 1-2-3 Magic® & Emotion Coaching in the Classroom program
  over the past three years. Thanks to adopting the 1-2-3 Magic approaches, we now have consistency in behaviour
  management in the ECE years and a shared language across the school that informs our discussions and plans.
   BROOME PRIMARY SCHOOL, WA
- Extremely practical system for dealing with challenging behaviours without getting into power struggles or attaching emotion or judgement. Balanced with teaching necessary skills for self-regulation through Emotion Coaching.
   WESLEY COLLEGE, WA

Contact our experienced team at Parentshop® to discuss your in-house training requirements.

**7** 0466 820 147

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