



Engaging Adolescents™

*PD points apply

EQUIPS YOU TO TEACH PARENTS SKILLS TO RESOLVE TEENAGER BEHAVIOUR PROBLEMS

PROFESSIONAL DEVELOPMENT WORKSHOP FOR PROFESSIONALS

WHAT'S INCLUDED

- A comprehensive training manual.
- A certificate of completion.
- A note-taking manual for use at the workshop.
- PD points for accreditation with your respective professional associations.
- A certificate of completion for the workshop.
- An opportunity to become a certified Engaging Adolescents™ Parent Educator.

EXPECTED LEARNING OUTCOMES

- Knowledge of easy-to-use techniques that parents and carers can use to enlist adolescents to manage their own behaviour and emotional reactions, to build a relationship with their teenager and strategies to deal with unacceptable behaviour.

HAVE US TRAIN YOUR WHOLE TEAM

*Talk to us about convenient and cost effective in-house training for your staff in your school.
Email: service@parentshop.com.au

LESSON FRAMEWORK

- The practitioner training course curriculum for working with parents if you choose to certify to become a parent educator.
- The common ground shared by parents.
- What are reasonable expectations to hold about adolescents?
- New understandings of adolescence: social landscapes, brain snaps and body makeovers.
- A three-option model and flowchart for decision-making to manage a teenager's problem behaviour.
- Option 1 – Self check for parents: how to bring awareness to family of origin issues, trauma issues and how to avoid over-reacting or becoming continuously angry with their teenager.
- Option 2 – Build their relationship: How to strengthen the bond they have with their teenager and make the best of non-crisis conversations.
- Option 3 – Tough conversations: how to handle discussing those problems they can't ignore. This includes how to figure out the problem, how to prepare for engaging their teenager in a tough conversation, and how to set up agreements.

Call 1300 738 278 or email us at webinar@parentshop.com.au



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lifelong behaviour change

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CERTIFICATION

To become a certified parent educator, you'll be provided with additional resources needed in order to present to parents. This ensures that our product is only being taught at the highest quality. There are several benefits in becoming certified:

Certification is renewed each year. Certification is \$69 per person for the first year, thereafter there will be a \$49 membership fee charged annually to remain a certified parent educator.

WHAT COMES WITH CERTIFICATION

- Listing on our website as a certified Engaging Adolescents™ parent educator.
- Access to additional resources such as relevant articles and tips on presenting.
- A comprehensive set of session guidelines.
- Digital practitioner materials, including a slideshow for parent presentations and teaching films.
- An annual licence to teach the program to parents.
- Resources for marketing.
- A comprehensive set of session guidelines.

ABOUT

THE COURSE CREATOR Michael Hawton, MAPS.

Michael Hawton is a psychologist, trained teacher and author. He has worked as an expert witness in The Family Court of Australia and The NSW Children's Court. He is a highly experienced mediator and has developed several nationally recognised parenting, practitioner and teacher PL courses.

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