

**ENGAGING ADOLESCENTS™**  
FOR TEACHERS & TEACHER AIDES

# Engaging Adolescents™ in High Schools

LEARN PRACTICAL SKILLS FOR RESOLVING TEENAGERS' BEHAVIOUR PROBLEMS  
IN HIGH SCHOOLS

ONE-DAY PROFESSIONAL LEARNING FOR TEACHERS, STUDENT ADVISORS,  
TEACHING SUUPORT STAFF, AND HEADS OF DEPARTMENTS

## LESSON FRAMEWORK

- Why people overreact.
- Self-control factors in adults and young people.
- How 'frustration tolerance' develops in people.
- What to tolerate: sorting out what to let go and what needs your attention.
- What people will do if you challenge them.
- A step-by-step process to address a problem.
- How to tame tigers: effectively dealing with offensive behaviour.
- A video demonstration of the concepts applied to a tough conversation between a child protection worker and a parent.

Please note that this is not a train-the-trainer course and it is not designed for the subsequent on-training of other workers back at your workplace.

## FOR MORE INFORMATION...

[www.parentshop.com.au/tough-conversations-students-pd/](http://www.parentshop.com.au/tough-conversations-students-pd/)



## EXPECTED LEARNING OUTCOME

- Reasonable expectations to hold about a teenager's ability to exert some self-control.
- What constitutes 'normal' versus 'abnormal' in the behaviour of teenage students.
- New understandings of adolescent brain development and its implications for having to intervene.
- How to communicate effectively and develop conflict resolution skills that can be used to manage tough conversations with students that appear to be derailing.
- Skills to hold tough conversations with teenagers about their poor behaviour.
- Coaching a student towards better behaviour for their own good, and for the benefit of others.

## WHAT'S INCLUDED

- A certificate of completion.
- Workbook for use at the training course.
- PL points for accreditation with your respective teacher associations.
- Resources to assist with introducing and implementing the skills learnt in this program in your school.

## WHAT PROFESSIONALS ARE SAYING...

- This is the professional development that all teachers should do to confidently deal with students and parents. It's not just for school leaders, but for all teachers to get the best out of their students.  
**RACHEL, MACKILLOP COLLEGE**
- This course explains the teenage mind and as a participant I left with a useful framework for effective and efficient tough conversations. **CORINNA, MONTROSE BAY HIGH SCHOOL**
- This is a great chance to learn how to have meaningful, calm and goal orientated conversations with high school students. **JOHN, KINGSTON HIGH SCHOOL**

Contact our experienced team at Parentshop® to discuss your in-house training requirements.

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[www.parentshop.com.au](http://www.parentshop.com.au)