



# Talk Less Listen More™ for Early Years

\*PL points apply

EFFECTIVELY TEACH SELF-REGULATION AND MANAGE DIFFICULT BEHAVIOUR

## PROFESSIONAL LEARNING COURSE

### WHAT'S INCLUDED

- One-day professional training by experts with extensive knowledge and practical experience working with this program.
- Knowledge and procedures to introduce and implement Talk Less Listen More™ behaviour guidance for Early Years Educators.
- Participants receive a manual containing course notes and implementation guides.
- Resources to assist with introducing & implementing the program in the school.
- Participants will receive a 'Certificate of Completion'.
- Follow up consultancy options available.

### EXPECTED LEARNING OUTCOMES

- Emotional development in the early years (2-7 years).
- Three easy ways to defuse highly emotional behaviour in children.
- Build kids' emotional maturity and resilience for greater social and academic success.
- How children develop their mental brakes.
- Improve confidence and build bonds.

### ABOUT

#### THE COURSE CREATOR **Michael Hawton, MAPS.**

Michael Hawton is a psychologist, trained teacher and author. He has worked as an expert witness in The Family Court of Australia and The NSW Children's Court. He is a highly experienced mediator and has developed several nationally recognised parenting, practitioner and teacher PL courses.

### LESSON FRAMEWORK

- An overview of discipline approaches in contemporary Australia.
- Coverage of contemporary thinking in early childhood development, particularly the differences between adult and children's cognitive abilities.
- Sorting behaviours: what's involved and the implications for how early years educators will respond.
- Common mistakes in addressing misbehaviour, particularly the problem with too much talk and too much emotion.
- Processes of pattern-establishment and change: how negative reinforcement works, the characteristics of patterns, how to interrupt patterns and extinction bursts.
- Response flexibility in early years educators: knowing how to avoid getting 'hooked' by children's negative emotions.
- Choosing your strategy – the three choices: do nothing, emotion coach or use Talk Less Listen More™.
- Using Talk Less Listen More™: what it's used for and what it's not used for, how it's done properly, how to implement it at your centre, how to avoid the two biggest mistakes.

#### HAVE US TRAIN YOUR WHOLE TEAM

\*Talk to us about convenient and cost effective in-house training for your staff in your school.  
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