

Immune support*

What does your child's immune system do, and why is it important?

Your child's immune system is their first line of defense in keeping the body healthy. It's made up of different organs, cells, and proteins that work together. Like other parts of your child's growing body, their immune system is still young—which means it's important to give it support while it grows.



These nutrients can help your child's immune system stay strong*:

- Vitamin A: Supports healthy growth of skin, vision, and the immune system.* Found in carrots, sweet potatoes, and cantaloupe.
- Vitamin C: An antioxidant which helps keep skin, the body's defensive barrier, strong.* Found in fruits like oranges, grapefruit, and strawberries.
- Vitamin D: Helps the immune system work smoothly.* Found in fortified milk or orange juice.
- Vitamin E: An antioxidant that supports the immune system by protecting cells from oxidative damage.* Found in fruits and vegetables.
- Zinc: Helps your child's immune system do its job.* Found in meat, beans, and nuts.
- Probiotics: Good bacteria that support healthy digestive and immune systems.* Found in yogurt, apple cider vinegar, and pickles.

Here are some other ways to help keep your child healthy all year long:

- Remind them to wash hands often
- · Encourage healthy sleep habits
- · Make sure they get lots of exercise
- Ensure they're eating a balanced diet and consider a vitamin or probiotic supplement as needed

See how Zarbee's* vitamins and probiotics can support your child's overall health.*



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Walgreens







The immune support gummies for growing kids*



Zarbee's[®] children's immune support products can help keep your child going strong all year long.*

Made with vitamins A, C, D, and E, as well as zinc and real elderberry extract, our Children's **Immune Support Gummies** are a great-tasting and effective way to support the immune system.*

For immune support with added nutrition,* try our Children's Complete Multivitamin + Immune gummies.

They're an excellent source of 12 essential vitamins and minerals including A, C, D3, Zinc, and our Vitamin B complex.† We also include real elderberry extract for immune support.* Made with real honey.







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FLAVORS OR SWEETENERS



FRUCTOSE CORN SYRUP



ELDERBERRY **EXTRACT**



MUNE SUPPOR

BRAND

Elderberries provide antioxidants, which help keep the body's cells healthy by preventing oxidative damage.*





Support* Gummies. Each serving contains extract from 25 elderberries!



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Dr. Zak Zarbock, a pediatrician and father, founded Zarbee's® as a way to provide drug-free wellness essentials for the whole family. That's why we only use carefully selected ingredients-and leave out artificial flavors, gluten, dairy, eggs, and peanuts.



Visit Zarbees.com for more information.







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Our vitamin B complex contains thiamin, riboflavin, niacin, vitamin B6, vitamin B12, biotin, and pantothenic acid

IQVia Survey 2022

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