

## LAVENDER BODY SCRUB

## **SUPPLIES**

- 2 cups Sugar
- 1/2 cup coconut oil
- 2 teaspoons lavender buds
- 20 to 25 drops lavender essential oil







## **DIRECTIONS**

- O1 Combine 2 cups sugar and ½ cup coconut oil in a bowl or jar. Mix well.
- **02** Add 2 teaspoons of lavender buds to the sugar mixture and combine.
- **03** Add 20 to 25 drops of lavender essential oil to the mixture and combine.
- **04** Enjoy!



