

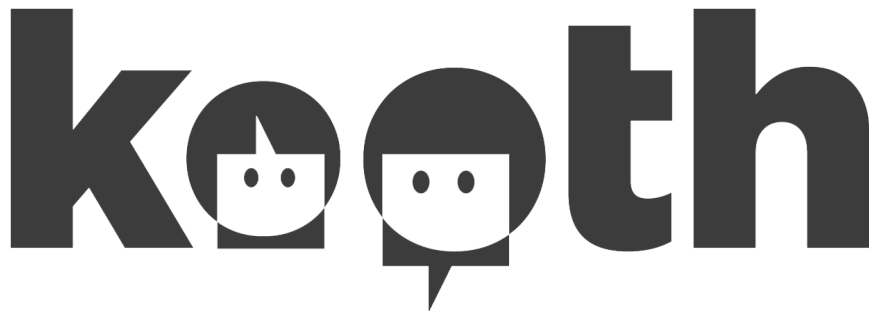
SMS Templates for healthcare professionals



Anonymous wellbeing support for adults available at www.qwell.io. Register without a GP appointment. Same-day support available. No waiting lists.

Something on your mind? Qwell is here to help. Register for FREE at www.qwell.io for safe, anonymous mental health support without a GP appointment.

FREE anonymous wellbeing support for adults at www.qwell.io. Access 1:1 chats, articles, forums and self- help tools without a GP appointment.



Kooth (direct to young people):

Free, anonymous wellbeing support for young people available at www.kooth.com. Register without a GP appointment. Same-day support available. No waiting lists.

Something on your mind? Kooth is here to help. Register for FREE at www.kooth.com for safe, anonymous mental health support without a GP appointment.

FREE anonymous wellbeing support for young people at www.kooth.com. Access 1:1 support, articles, forums and self- help tools without needing a GP appointment.

Kooth (to parents / adults)

Worried about your child's wellbeing? www.kooth.com provides safe, anonymous support for young people. Registration is FREE. BACP accredited service.

Looking for support for your child? www.kooth.com wellbeing support is free and BACP accredited. No GP referral needed.

Young people can access free, BACP accredited mental health support at www.kooth.com. No GP appointment needed. Same day support available with no waiting list