

IYA CONVENTION PROGRAM- 2025

FRIDAY	SATURDAY	SUNDAY
	Pranayama Class 6:30 – 7:30 AM	Pranayama Class 6:30 – 7:30 AM
	Morning Tea provided 7:30 – 8:30 AM	Morning Tea provided 7:30 – 8:30 AM
	Asana Class 8:30 – 10:30 AM	Asana Class 8:30 – 10:30 AM
Register 12:00 – 2:30 PM	Brunch (Not Provided) 10:30 – 12:30 PM	Brunch (Not Provided) 10:30 – 12:30 PM
Welcome to Country 2:45 – 3:00 PM	IYA Convention- in Conversation 12:30 – 2:30 PM	IYA Convention - Embracing the Future & Honouring the Past 12:30 – 1:00 PM
Asana Class 3:00 – 5:00 PM	Asana Class 3:00 – 5:00 PM	Asana Class 1:00 – 2:30 PM
Welcome Dinner Included (Brunswick Town Hall) 6:00 – 7:30 PM	IYA AGM 5:30 – 6:30 PM	CLOSING 2:30 PM
Welcome & Quiz 7:30 – 9:00 PM	Dinner (Not provided)	