

Healthy Stockport

Stockport Joint Health and Wellbeing Strategy 2017-2020

Year 2 Review



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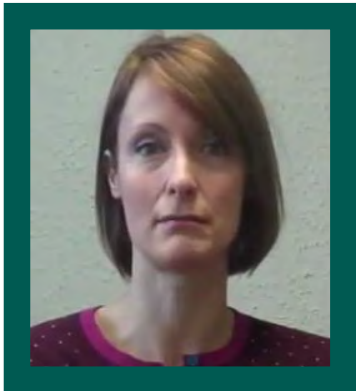
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Foreword

Cllr Tom McGee



Dr Catherine Briggs



Two years on from the publication of Stockport’s Health and Wellbeing Strategy 2017-2020 we are delighted with the progress which is being made and the enthusiasm with which people are embracing new ways of working and taking action to improve the health and wellbeing of our population. Over 2018 we took a good look at structure of the Health and Wellbeing Board and the capacity to deliver the ambitions of this strategy, and as a result we have widened our membership, bringing our partner providers into the Board and prioritising leadership themes where we can make a real difference.

The strategy review summarises how health and care organisations around Stockport are working together to meet complex needs and support people to prevent ill health for as long as possible, to provide the most appropriate care when needed close to home that allows people to stay independent and live well longer. It highlights some key achievements from 2018 but also shows where we can still improve. In particular over the next year we need focus in improvements in our joint working for children with Special Educational Needs and Disabilities.

We are proud to say that Stockport continues to be one of the healthiest places to live in the North West, but we know that this is not the experience of all of our residents. Local communities experience significantly different health needs, and previous gains in life expectancy are no longer being matched. Stockport has a generally older population than the rest of Greater Manchester. The aim of this strategy remains to improve health and wellbeing for all communities in Stockport and to reduce health inequalities.

Our collective ambition is high and will only be met with the support of local people, as a key partner in determining their own health and care, and by partners working together to secure better outcomes for our residents.

Introduction

[Stockport's Health and Wellbeing Strategy 2017-2020](#) was published at the end of 2016.

The strategy

- summarised findings from [Stockport's JSNA](#) about needs and priorities for health and wellbeing
- set out a **whole system view** of the strategies and plans across health, adult social care, public health, children's services and beyond which are being implemented to meet the identified needs
- identified the **vision for 2020/21** and **outcome measures** by which the overall success of the strategy will be measured.

The strategy pooled the collective work of the Stockport Health and Wellbeing Board and partners, so that the range of activity is more clearly understood, so **gaps can be identified** and so that the Board and local organisations can be **held to account for delivery**.

This document is the **second review of the strategy**, and aims to:

- **describe actions** that have been undertaken and highlight key **achievements**
- update the strategies and plans for the period up to 2020 as they develop

ensuring that the strategy remains relevant and reflects the developing programmes.



Legal Background

The Health and Social Care Act 2012 introduced equal and joint duties for Local Authorities and CCGs, through their local Health and Wellbeing Boards, to prepare Joint Health and Wellbeing Strategies (JHWSs).

The JHWSs should translate the JSNA finding into clear outcomes the board wants to achieve. The importance of JHWSs lies in how they are used locally to drive improvements in health and reductions in inequalities.

JSNAs and JHWSs should form the basis of CCG and local authority commissioning plans, across all local health, social care, public health and children's services.

The purpose of JHWSs is to improve the health and wellbeing of the local community and reduce inequalities by reviewing the evidence, identifying the priorities and setting out the actions that will be taken by local partners to deliver the change and improvements needed.

JSNA Progress - All Ages



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – the following five pages describe the progress made towards these priorities at each life stage.

Prevention	Wellness
<p>Increasing levels of physical activity as an effective preventative action at all ages.</p> <ul style="list-style-type: none"> • Work to increase levels of physical activity and reduce levels of sedentary behaviour is driven by the recently published whole system Active Communities Strategy and action plan, focusing on inactivity in target groups. • Programmes launched in 2018 include Active Ageing Stockport aimed at helping individuals aged 65+ who have experienced a significant life event to become more physically active with 12 weeks of peer mentor support. • Stockport is the second most active and least inactive (aged 16+ years) borough in Greater Manchester and has the highest levels of physical activity for pupils in our schools across Greater Manchester. • The focus for next year will remain engaging currently inactive people of all ages in some activity. The key programmes to address inactivity include the Stockport Cycling and Walking Plan, Stockport Local Pilot, Stockport Active Ageing Programme, Stockport SHAPES Alliance and The Stockport Early Year's Physical Development Champions. 	<p>Focus on improving healthy life expectancy for all as the priority, focusing especially in the most deprived areas and in a person and family centred way.</p> <ul style="list-style-type: none"> • Stockport's Practice Health Champion programmes continued to develop offering a wide range of activities for Stockport residents, including new walks, drama and allotment groups. • Learning from place based approaches in Brinnington and Heaton's has led to development of Team Around the Place approach to support social prescribing and community capacity building, this is now being implemented in more areas with the aim of reaching all neighbourhoods. • To date Stockport Local Fund has distributed £268,769 funding to 65 community groups aiming to address social isolation and wellbeing, such as Pure Innovations The Kitchen, Arts for Ageing Well and MIND's Food for Thought. • Health and wellbeing will be a core part of new partnership initiatives in disadvantaged areas including Mottram Street, Adswood, Lancashire Hill and Brinnington.
Systems	Support
<p>Continue work to integrate and improve care systems, especially minimising the use of unplanned hospital care - ensuring that the healthy economy is sustainable and prevention focused.</p> <ul style="list-style-type: none"> • Development of 7 day access service for routine GP Practice appointments and acute home visiting service across all 8 CCG neighbourhoods, supporting more people to get the right support, at the right time. • Improvements to the Active Recovery and Crisis Response pathways. • Support to care homes including the Red Bag scheme and Trusted Assessor programme have been implemented, saving hospital visits where possible and streamlining the processes where not. • Development of a new model for Adult Social Care is underway, focussed on helping the people of Stockport live their best lives possible. 	<p>Understanding the size and needs of our vulnerable and at risk groups, especially carers, and using JSNA intelligence to inform the appropriate levels of response.</p> <ul style="list-style-type: none"> • In 2018/19 the JSNA team have worked with commissioners to develop insight and analysis for children and young people with Special Educational Needs and Disability (SEND), contributing part of the evidence base for the SEND Improvement Board. • Work is underway to complete an in-depth review of need for adults with Learning Disability as part of the JSNA refresh 2019-20. This will complement the reviews already completed for dementia and autism. • New reporting arrangements are in place for the CDOP (Child Death Overview Panel) and LeDeR (Learning Disability Mortality Review) to ensure the Health and Wellbeing Board responds to findings in a timely and robust manner.

JSNA Progress – Start Well



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**. In 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our youngest population.

Prevention	Wellness
<p>Taking action to improve the outcomes in early years health and education in deprived communities.</p> <ul style="list-style-type: none"> • We are improving communication and joint work between midwifery and health visiting (HV) to identify vulnerable women who need extra support antenatally with the Family Nurse Partnership offering intensive support. • There is strong partnership working between health and education settings, particularly to support early assessment and identification of children whose development is below that typically expected for their age through the Team around the Early Years Model. • A School Readiness and Start Well Plan has been launched April 2019. • The Ages and Stages Questionnaire and ‘WellComm’ assessment to support the early identification of speech, language and communication needs are now used by practitioners across Stockport, following pilot work in previous years. • We are promoting breast feeding and achieved UNICEF Baby Friendly stage 2 accreditation in June 2017. We are working to work full accreditation in 2019. • Targeted work to reduce maternal smoking in areas with higher rates continues with a new Maternity Support Worker for stop smoking work, funded by GMHSCP, now in post, to increase capacity for this work. 	<p>Promoting the mental wellbeing of children and families, especially for older children and young adults.</p> <ul style="list-style-type: none"> • During 2018/19, Healthy Young Minds have continued to work with Stockport’s high schools, providing a named link worker. They have also worked closely with school wellbeing leads to develop knowledge and skills. • During 2018/19, Stockport was one of twenty areas nationally to take part in a DfE pilot project to improve links between mental health services and schools. • The emotional wellbeing strategy for education settings in Stockport was launched in early 2018 and schools have been supported to implement the strategy and complete a self-evaluation process. • During 2018/19, the iThrive framework has been embedded across the borough; an exercise programme in schools aimed at reducing behaviour issues and improving wellbeing has been trailed and resources for schools to support pupils’ anxiety have been developed. • A bidding process is now open to appoint a voluntary sector organisation to lead a young people’s mental health service, aimed at improving our offer for children and young people in relation to advice and low level support. • A new Parent Infant Mental Health Pathway has been produced in May 2019.
Systems	Support
<p>Ensuring that the acute care needs of children and young people, especially for injuries, asthma and self harm are dealt with appropriately and opportunities to promote prevention are maximised.</p> <ul style="list-style-type: none"> • The expanded Home Safety Scheme has continued to work with Stockport Homes and all other social housing companies in Stockport. An evaluation of the scheme has been carried out this year to monitor its effectiveness. • Following its 2017 update, the self-harm policy for schools has been recirculated to all school emotional wellbeing leads to ensure that all current wellbeing leads are familiar with the policy. 	<p>Supporting and safeguarding the most vulnerable children, young people and families, especially looked after children and those with autism.</p> <ul style="list-style-type: none"> • Stockport SEND system had an Ofsted inspection in 2018, and while highlighting a number of strengths including that young children with SEND have their needs well met, the inspectors found 5 areas that required significant improvement. The local authority and CCG have taken immediate steps to address these concerns, working co-productively with parents/carers and young people. A written statement of action has been agreed and is updated regularly.

JSNA Progress – Live Well



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**. In 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our working age population.

Prevention	Wellness
<p>Prioritising a whole systems approach to reducing smoking, alcohol consumption and obesity as the key causes of preventable ill health and early death.</p> <ul style="list-style-type: none"> The development of a Whole Systems Approach (WSA) to obesity is ongoing and will include the development of a Children's Healthy Weight Self-Assessment Tool as part of the Excellence in GM programme. This was the basis of a recent Scrutiny review published in October 2018. 2019/20 will see START (Stockpot Triage, Assessment and Referral Team) linking to new services including social prescribing and team around the neighbourhood community offers, widening the range of support offered to local people and streamlining the service offer. Stockport are actively involved in the implementation of a range of new programmes aimed at supporting people to quit smoking, including CURE a new hospital based project offering NRT and specialist support to inpatients. During 2019 a review of the current lifestyle services provision will be undertaken, informing future commissioning arrangements. 	<p>Improve the prevention, early detection and treatment of cancer (the major cause of early death), liver disease (which is increasing), diabetes and heart disease.</p> <ul style="list-style-type: none"> Stockport is performing well for two cancer screening programmes (cervical and bowel) with uptake rates increasing; however performance for the breast cancer screening programme is deteriorating. Through 2019 work will prioritise improvements in uptake for breast cancer screening, patient engagement will help identify areas where the service model could be improved. The NHS Health Check to identify early modifiable risk factors for heart diseases continues with more than 6,700 people receiving a NHS Health Check in 2018/19. Stockport are part of Greater Manchester pilot work to target and improve the effectiveness of this programme. The local implementation of the National Diabetes Prevention Programme, has continued, and the service is now live in all parts of Stockport . So far 2,350 Stockport patients at risk of developing diabetes have joined the nine month programme.
Systems	Support
<p>Giving equal weight to mental wellbeing as a key determinant of physical health and independence; especially for people of working age.</p> <ul style="list-style-type: none"> GPs now can refer people who need extra non-medical support to 16 dedicated health and wellbeing advisers in the new Wellbeing and Self-Care Teams available in each neighbourhood, and managed by Viaduct Care. The existing Suicide Prevention Strategy and Action Plan are being updated, working with a broad range of active partner organisations, to further reduce suicides and self-harm. Stockport Council offer Connect 5 training to equip our workforce to talk about mental health with confidence. 	<p>Improving the physical health and lifestyles of those with serious mental health conditions.</p> <ul style="list-style-type: none"> The CCG and Local Authority are supporting the development of physical health checks for people with serious mental illness, in order to improve their long-term health outcomes. A business case has been developed for implementation through 2019/20. A review of the accessibility of lifestyle services for those with SMI has been undertaken as part of the development of Health Checks, and while no service excludes people with SMI it is recognised that the service models may not meet every need. During 2019/20 adaptations for those with SMI to the National Diabetes Prevention Programme group based offer will be piloted.

JSNA Progress – Age Well



Stockport JSNA

The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**. In 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our working age population.

Prevention	Wellness
<p>Supporting healthy ageing across Stockport, recognising that preventative approaches that promote self care and independence are essential.</p> <ul style="list-style-type: none"> Stockport's Ageing Well strategy to promote healthy ageing across the borough is now published and work is underway to embed actions from the strategy. A falls prevention programme called 'Steady in Stockport' is now fully operational promoting the benefits of strength and balance exercise in preventing falls, and highlights the need to consider other key factors which can reduce the risk of falling. A further focus is on nutrition and hydration and the risks of undernutrition in the older population. The Paperweight Armband Project launched in Stockport in 2018 and is now available across the Borough. 	<p>Aim to prevent and delay the need for care whilst responding to the complexity of needs that older people with multiple long term conditions may have.</p> <ul style="list-style-type: none"> Steady in Stockport is an interdisciplinary approach, focussing on primary and secondary prevention of falls and fragility fractures. The model includes an integrated pathway between new falls, fracture and bone health service and various existing services and facilities in the community. Our Active Ageing Programme supports inactive over 65s to become more active, particularly after times in their lives when circumstances mean that remaining physically active is particularly challenging, like bereavement. Our Ageing Well Strategy aims to make Stockport an age-friendly borough. Work is ongoing in several relevant domains, including housing, outdoor spaces and buildings, and social participation, among others. In February 2019, the Heatons have been recognised as an age-friendly neighbourhood as part of the Mayor's Age-Friendly Challenge.
Systems	Support
<p>Providing services and housing that are suitable for the changing needs of our ageing population and those with specialist needs.</p> <ul style="list-style-type: none"> Happy, Healthy Homes to Age Well in Stockport, is a prospectus for all age living. Developed by housing, health and social care it sets out a vision for Stockport to 2035 responding to the ageing population and changing expectations about how older people can, should and want to live. Strategic Housing continue to support the reduction of fuel poverty with new heating systems, energy saving actions, supplier switches and arrears advice. Stockport Homes are currently developing 12 units of high quality accommodation for people with learning disabilities and their staff. Hospital discharge work continues, a successful pilot with Equity Housing will now roll out to other housing associations. A 'care room model' is also being developed, aiming to prevent hospital admissions and provide respite 	<p>Continuing to improve the identification of and support available to those with dementia and their carers.</p> <ul style="list-style-type: none"> Carers connect has been established to aid carers to develop their skills and resources and to gain support from other carers though informal networks. The programme gives carers opportunities to learn practical and emotional skills, and how to live well with the sense of isolation and grief that sometimes comes with the responsibility of caring. During 2019/20 we will continue to develop the frailty, dementia and end of life pathways, building on the work developed through Stockport Together to meet the outcomes set by our population. In 2019 joint work will commence on to develop Stockport wide technology strategy to support independent living.

Stockport Family



What is Stockport Family?

Stockport Family is an integrated service for children, young people and families. Strong relationships and the development of an integrated 'team around the school' are at the heart of Stockport Family. We have created a simplified structure to allow professionals and families to "call in" the right intervention, specialist knowledge and skills at the right time.

Stockport Family aims to ensure the highest quality support for Stockport's most vulnerable children and families. It comprises:

- Integrated Children's Services
- Children's Social Care
- Children with Disabilities Service
- Safeguarding and Learning
- Multi-agency Safeguarding and Support Hub (MASSH)
- Young Carers Service

We have an engaged and dedicated workforce that is committed to different ways of working with children, young people and families.

Most importantly, we believe a child's biggest influence is their family. With many different services now working together it is easier for families to find the support they need, when they need it.

Find out more:

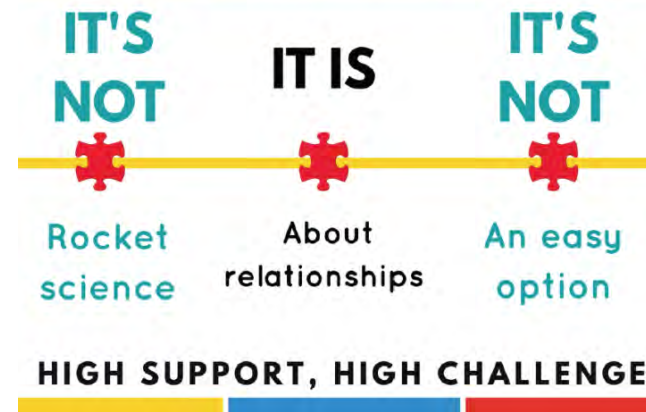
<https://www.stockport.gov.uk/topic/stockport-family>

What's the long term goal?

- Our children are given the very **best start in life** by their parents and carers
- Our children and young people **enjoy good health and mental health** and receive the services they need to become as **independent as possible** and to achieve the best health and wellbeing outcomes
- Our children and young people are well prepared for adulthood and **engage in education, employment and training**
- Our children and young people **live safely and happily** within their families and there are fewer family breakdowns
- Our children and young people and families are supported in **contributing to their community**

Restorative approach

WHAT IS RESTORATIVE PRACTICE?



Stockport Family is underpinned by **restorative practice**; working together with children and families to build and repair relationships; to understand where families need extra help and develop shared plans that take into account a family's strengths.

Stockport Family

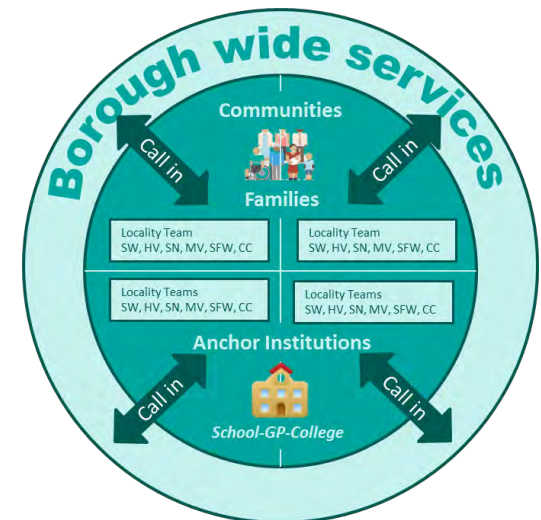


2018/19 Achievements

- **Integrated working between health and education has been strengthened** by linking the Early Years 8 Stage Model, Healthy Child Programme (HCP) and Early Years Foundation Stage (EYFS). This is reducing duplication and better use of resources.
- The **Healthy Young Minds Service** experienced a 27% increase in referrals in 18/19 compared with the same period in the previous year. All high schools now have a HYMs link worker.
- As a result of the Council Motion on **Breastfeeding** in June 2018, all public facing Council buildings now welcome breastfeeding and display information on the Breastfeeding Welcome Scheme. Stockport FT are training 32 new peer support volunteers.
- The integration of the work plan of the two **safeguarding boards** is now reaching maturity. The boards share a joint strategy and a joint strategic delivery plan.
- The **Mosaic (Drugs and Alcohol Misuse Services)** were rated outstanding by Care Quality Commission (CQC);
- An Ofsted focused visit about front door and early help services found that services had further developed and strengthened;
- A letter was received from the Children's Minister congratulating Stockport's performance through **Adoption Counts**.
- **Stockport SEND system** had an Ofsted inspection in 2018, and while highlighting a number of strengths including that young people with SEND have their needs well met, the inspectors found areas that required significant improvement. The CCG and local authority have taken immediate steps to address these concerns, working co-productively with parents, carers and young people.

2019/20 Ambitions

- The **Start Well and School Readiness Strategy** which was approved during 2018/19 and will be implemented through 2019/20, focussing on closing the gap in health, education and social inequalities through the provision of high quality services (universal and targeted), and building capacity and resilience.
- Following the **SEND** Ofsted inspection a [written statement of action](#) has been agreed and is actions will be taken through the year to continue improvements.
- Implementation of Stockport CCG's Children and Young People **Mental Health Transformation Plan** published in 2017 and the Greater Manchester Children and Young People Transformational Programme 2018 - 2021 will continue. Aiming to increase the percentage of children and young people with a diagnosable mental health condition who receive treatment from an NHS funded community mental health service.
- Stockport Family will support the CURE smoking cessation programme with Stockport Foundation Trust, progressing work to reduce levels of smoking in pregnancy and participating in GM smoking cessation campaigns.



Integrating the Health & Social Care system

Stockport Together is a partnership of local health and social care organisations:

- NHS Stockport Clinical Commissioning Group
- Stockport Metropolitan Borough Council
- Stockport NHS Foundation Trust
- Pennine Care NHS Foundation Trust
- Stockport's GP federation, Viaduct Care CIC

Stockport Together works alongside GPs and voluntary organisations to develop an integrated system that meets growing needs and creates a sustainable health and social care system for the future.

What's the long term goal?

Our collective vision remains as it was in 2016, a **sustainable** health and care system for the people of Stockport delivering improved health outcomes, reduced health inequalities, more independence, a lower need for bed-based care and shifting the balance **from treatment to prevention**. To achieve this we are delivering **new forms of care, with a community and social focus, at neighbourhood level**.

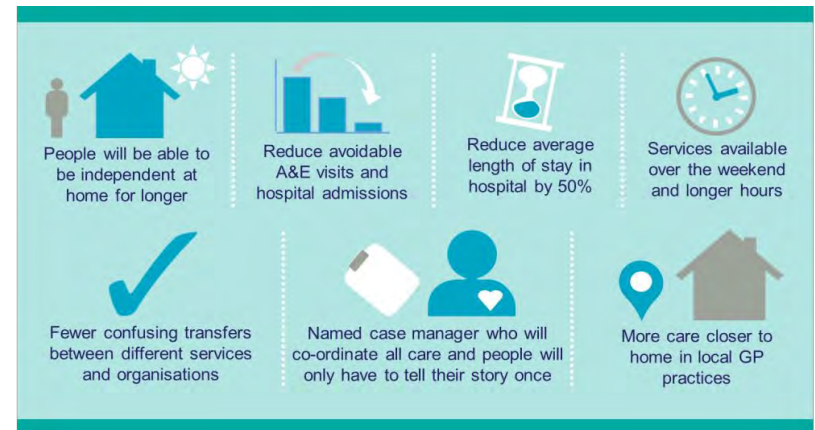
Find out more: <http://www.stockport-together.co.uk/>

2018/19 Achievements

Neighbourhood Care

Viaduct Care services are now live in all areas, including:

- **7 day access** – delivering additional routine GP, practice nurse and health care assistant appointments in the evenings and weekends at 8 neighbourhood hubs.
- **Clinical and Acute Home Visiting Service** offers additional capacity to GP Practices carrying out home visits throughout the day. Responding to urgent care needs, this service supports people to manage in their own homes
- **Wellbeing and Self Care Service** provides a community link, self care and engagement service. Practice-based Self Care Coordinators offer one to one and group work support for people who have been diagnosed, or at risk of, long-term conditions, who are frequent attenders at their GP Practice, or who are experiencing loneliness and social isolation.
- **First contact physiotherapy (FCP) service** provides expert assessment, diagnosis and management of soft tissue, muscle and joint conditions. A patient can book an appointment to see an FCP without having to see their GP first.



2018/19 Achievements Continued

Borough Wide Care

- **Active recovery** models have been revised to fit with new models of neighbourhood and intermediate care. The new model is delivering improvements in length of stay for both home and bed based care.
- The **Steady in Stockport** falls prevention service is now embedded across Stockport, and is reaching into settings such as Care Homes. Peer support will be used to extend the programme further.
- Recruitment to the revised **Crisis Response** team is now complete and the pathways have been revised to enable direct referrals from NWS (ambulance service) and 111.
- Skill mix reviews have been undertaken for both the **Adult Community Therapy** and **Nutrition and Dietetic** services to develop future service models.

Care Market Delivery Group

- The **Trusted Assessor into Care Homes Pathway** is now fully live and available to all care homes in Stockport. Of the 117 people assessed through the pathway to date, an estimated 353 hospital bed days have been saved due to early assessment.
- The **Red Bag** scheme covered all care homes in Stockport by December 2018. This supports care home residents in hospital by ensuring essential belongings and care plans are shared on admission.
- The **EQUIP Team** has been established to support improving quality in Stockport's care market through self-assessment and direct intervention. 43 providers have been intensively

supported since July 2017, with wider support offered through forums and events.

- **Better at Home** and **WIRE additional home** care have been live since September 2017. As of December 2018 these services were supporting over 200 more people compared to a year before.

2019/20 Ambitions

- Viaduct Care to mobilise **community geriatrician and GP Extensivists service** (a new role, functioning primarily in the community but able to follow patients into hospital to provide continuity of care) to support delivery of care for patients needing Enhanced Case Management
- Viaduct Care to mobilise **Find and Prevent service** to support early identification of people at risk
- Further development of **Active Recovery and Crisis Response** pathways of care to better support discharge
- Development of an **Enhanced Domiciliary Care service**
- Development of **Frailty Pathways** across hospital and community settings
- Implementation of a new model for **Adult Social Care** promoting independence and delivering high quality support
- A **Stockport Market Position Statement** is under development, outlining how the council supports and stimulates the local care market, working with providers and citizens to create a varied, responsive and sustainable offer
- Projects have commenced to enhance **end of life care skills** and pathways for care homes and to increase **flu vaccination** uptake for staff

Stockport Local

Strong and resilient communities are a precious resource; the very lifeblood of Stockport. Finding new ways to work collaboratively with communities is vital to improving outcomes, supporting our ambitions for a more inclusive society and delivering services fit for the future.

We want to better harness the assets of our voluntary, community and social sectors, create the conditions for social action to flourish, and communities to have real voice in shaping their local area.

Stockport Local is creating the conditions for community collaboration building a circle of support around communities comprising:

- A community investment model to facilitate social action and third sector initiatives
- Local networks to facilitate the sharing of knowledge, skills and resources within and across sectors, supported by a directory of local organisations
- A set of shared values that put local people at the heart of what we do and promote person and community centred approaches
- A place based approach to space and physical assets ensuring spaces and infrastructure exist to support collaboration

Approaches tested in the Heatons encouraging the involvement of all stakeholders and taking a restorative and asset based approach to supporting members of the local community are being rolled out into further areas.

Through this place based approach we are creating a holistic understanding of how people are supported in a place and how we can build links between the assets of a community and those in need of support.



What's the long term goal?

We aim to reshape the relationship with our communities, supporting social movements which complement and work collaboratively with strategic commissioning and service delivery, by:

- providing support where it's needed for people who want to get involved and play an active role in their community
- developing and supporting our workforce so that they have the skills and tools to work more collaboratively with communities
- transforming relationships with and within communities, so that people are empowered to become more resilient and better able to maximise the resources within their community

Taking Charge of Health and Social Care GM

On 1 April 2016 Greater Manchester (GM) took charge of its health and care system, determined to improve the health and wellbeing of its population faster and further than other parts of the country. Major targeted investments to improve health and wellbeing have been made and the [second](#) and [third](#) annual reports are now available.

What did GM do well in 17/18 and 18/19?

- GM became the world's first city region committed to the Daily Mile, 43% of schools in Greater Manchester are already on board with the initiative.
- In 2018, approximately 200 more children started school ready to learn in GM. Between 2016 and 2018, we narrowed the 'good level of development' gap with the England average for the most disadvantaged children from 3.4% to 1.4%.
- Rates of smoking are falling – the ambition to reduce smoking at a pace and scale faster than any other major global city will see 115,000 fewer smokers by 2021. Work has focussed on major TV and multimedia campaigns and specific intensive programmes supporting smokers in hospitals.
- During 2018, investments were made to support GM to become a "Walking City Region", Sport England made an additional external investment of £10 million to support this. We are already seeing positive results: the gap between Greater Manchester and the national picture for physical activity in adults has narrowed and 67,000 more people were 'active' or 'fairly active' in GM in 2017/18 than in 2015/16.

- March 2019 saw the launch of the GM Drug and Alcohol Strategy, to meet the ambition for GM be a place where everyone can be safe from the harms caused by drugs and alcohol.
- In March 2018, Greater Manchester became the UK's first age-friendly city region.
- Neighbourhood models are now established in all 10 GM localities proactively managing populations of 30-50,000 structured around the GP registered lists. These teams are delivering locally led transformation programmes which enable people to be managed at home and in the community.

Creating a new health and care system

As GM moves into the fourth year, the health and social care landscape is changing fundamentally. A system is emerging with: a population health system that keeps people well; an at scale community offer that builds from the assets in neighbourhoods; a step change in commissioning – with new-place based models and a pooling of health and care budgets unmatched anywhere in the country; and hospitals working even more closely together.



Find out more: <http://www.gmhsc.org.uk/>

Other Stockport and Regional Strategies

Alongside the major change programmes, the member organisations of the Stockport Health and Wellbeing Board also deliver their own **strategic plans** and a range of **theme based strategies** in partnership to meet the needs identified in the JSNA.

[Ageing Well Stockport Strategy](#) sets out Stockport's approach to supporting people to age well, including our plans to join the World Health Organisation's Network of Age Friendly Cities

Stockport's [Dementia Strategy](#) 2017-2020 is a refresh of the first local strategy and describes Stockport's approach to dementia prevention and support for people with dementia and their carers from timely diagnosis to end of life. It also works towards a Dementia Friendly Stockport.

Stockport's [Adult Autism Strategy](#) 2017-2020 identifies the key issues, actions and priorities for the next three years, developed in partnership with people with autism and their families.

Stockport's [Prevention and Early Help Strategy](#) focuses on ensuring that children, young people and families are ready for school, work and parenthood

[SEND \(Special Educational Needs and Disability\)](#) The key priorities for development to support children and young people with SEND have now been collated into the SEND written statement of action, following an Ofsted inspection in 2018.

Stockport's [Active Community Strategy](#) sets ambitions to 2021/22 for increases in levels of physical activity across the life course. It sets out a whole systems approach and identifies key actions that are being taken to improve the health of the population.

The [Stockport Council Plan 2019/20](#) sets out the vision and priorities for Stockport as a whole, focusing on supporting people, developing a thriving economy and making Stockport a place people want to live in.

[Stockport's Housing Strategy 2016-2021](#) improves our understanding of the housing needs of older people and those with other specialist housing needs and promotes delivery of housing to meet those needs.

The [Safer Stockport Partnership Plan 2018-21](#) describes how we will protect the public, and especially vulnerable people, from harm as a result of crime and disorder.

[Greater Manchester Children's Plan](#) is a four year plan to help hundreds of thousands of children and young people to get better health and care to improve their development and fulfil their potential.

[Greater Manchester Transport Strategy 2040](#) has a vision to create a transport system to help the local economy to prosper and also allows residents to more fully contribute to and benefit from that prosperity to improve quality of life.

[GM Low Emission Strategy & Air Quality Action Plan](#) takes a long-term integrated approach to carbon emissions and air quality in the period up to 2040, allowing focus on investment to greatest effect. It establishes a framework within which we will develop detailed action plans to reduce carbon emissions and improve air quality.

[Greater Manchester Moving](#) is the Blueprint for Physical Activity and Sport that will guide the allocation of investment in physical activity and sport at Greater Manchester level over coming years.

[The Greater Manchester Spatial Framework \(GMSF\)](#) will ensure that we have the right land in the right places to deliver the homes and jobs we need up to 2035.

Stockport Partners

As well as the key change programmes and strategies of the members of the Stockport Health and Wellbeing Board, activities undertaken by other partners and other parts of the Council are essential to meet the needs and priorities. A few examples of these are summarised on the following pages:

	<p><u>Pennine Care's</u> priorities are mental health, learning disabilities, and promoting mental wellbeing. Our strategy is built around 'whole-person care' recognising the inter-connection between good physical & mental wellbeing. We deliver programmes for both patients and staff including our recent Health and Wellbeing College.</p>		<p><u>Stockport Youth Partnership</u> work to make sure that young people's views are well represented. Current priorities for health are to ensure all pupils are aware of mental health support in schools, that young people know how to report hate crime, and sustainability.</p>
	<p><u>SFT</u> focus on providing high quality, sustainable services; ongoing priorities are developing as a specialist centre for emergency and high risk general surgery (mostly abdominal) for GM and Stockport Together.</p>	 	<p>Inform. Involve. Influence. <u>Healthwatch Stockport</u> provides an Information & Signposting service, we listen to and involve the community in having a say about their local health & social care services. Ensure the feedback we receive and gather through our engagement activity and information service influence making services better.</p>
	<p><u>Viaduct Care</u> provide sustainable primary care and GP Services at scale across Stockport. Services include First Contact physiotherapy, Pharmacy, Well-being and self-care. Services are based on the ethos of co-ordinated, accessible and proactive care for the population of Stockport.</p>		<p>There are a wide variety of voluntary and community sector organisations in Stockport, the <u>TPA</u>, <u>WIN</u> and <u>SPAR</u> alliances include early intervention and prevention, asset-based services, community capacity & peer support.</p>
	<p><u>Mastercall</u> is a Social Enterprise organisation providing high quality, safe and effective patient centred 'out of hospital' healthcare including the Out of Hours Service. We support hospital admission avoidance and early discharge from hospital where appropriate.</p>		<p><u>Healthy Living Pharmacies</u> provide a broad range of health promotion and prevention advice to meet local need, improving the health and wellbeing of the local population.</p>



Life leisure aims to ensure **high quality leisure facilities** and person centred sport, health and wellbeing programmes are accessible to **all Stockport residents**. Also provides support to smaller charities, helping them to thrive, creating a **resilient and strong, third sector community**.



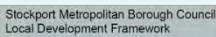
The Greater Manchester Spatial Framework (GMSF) will ensure that we have the right land in the right places to deliver the homes and jobs we need up to 2035. Consultations are being undertaken at various points over the next few years. Stockport's local plan will develop with the GMSF.



Health is a significant element in Stockport Homes' Inclusive Growth Strategy. This includes rapid access to free **counselling**, a network of local pantries to reduce food poverty, ongoing support to numerous community groups linked to social isolation, dementia, domestic abuse, physical activity and working to grow independent living opportunities for older people.



GMFRS work closely with our local communities and partners to make **Greater Manchester** a safe place to live, work and visit. One element of this is the delivery of our **person centred fire risk assessments** within the home. As we move forward GMFRS will be aligned with **Place Based Integration through Place Based Teams**.



Planning policies and allocations are critical to ensuring that people can access daily needs in ways that benefit their physical and mental health. Policies relating to active design, healthy eating, children's play and sports provision, social infrastructure, sustainable transport, green infrastructure, climate change and affordable housing are key.



GMP have an ongoing **wellbeing strategy** and programme for all staff with the intention of improving and celebrating the wellbeing of its employees. Locally this involves an ongoing programme of health checks, educational inputs, raising the awareness of mental health and being alert to the effects of trauma.



The GM Transport Strategy has now been adopted. There are a range of priorities, including a transport network that makes it easier to stay healthy through **regular walking and cycling**; improved road safety and reduced crime; and local environments that are not dominated by traffic, noise and pollution



The Greater Manchester authorities work together in execution of their Local Air Quality Management duties and to deliver the **Air Quality Action Plan**, to provide a joined up approach on activities to tackle air pollution. Priorities include **reducing Nitrogen Dioxide** below National Objectives, and **improving health and wellbeing of our residents**, by delivering actions in the areas of Freight, Buses, Taxis, private vehicles and Cycling & Walking.



Stockport Housing Strategy's priorities include:

- Providing a **greater choice of housing options**
- Ensuring vulnerable people have increased choice and access to information & advice about housing
- Working on links between health, care & housing
- Preventing homelessness and rough sleeping

Stockport Outcomes

The following table sets out progress towards the key indicators, a full review of outcomes was undertaken as part of the JSNA <http://www.stockportjsna.org.uk/2016-jsna-analysis/outcome-frameworks/>)

	All Ages	Start Well	Live Well	Age Well
Prevention	PHOF2.13i Percentage of physically active adults Was Now	PHOF2.03 Smoking status at time of delivery Was Now	PHOF2.14 Smoking prevalence in adults Was Now PHOF4.06i Under 75 mortality rate from liver disease Was Now	PHOF3.03xiv Take up of flu vaccinations by over 65s Was Now
Wellness	PHOF0.1 Life expectancy and healthy life expectancy, for Stockport & Inequality Was Now	CYPMHW3.2 Hospital admissions as a result of self harm (10-24 years) Was Now	PHOF4.05i Under 75 cancer mortality rate Was Now	PHOF2.24i Injuries due to falls in people aged 65+ Was Now PHOF4.15 Excess winter deaths aged 65 Was Now
Systems	NHSOF2.3i Unplanned hospital use for chronic ASC conditions 18+ Was Now Note that previous indicator has been discontinued by the NHS	NHSOF2.3ii Unplanned hospitalisation for asthma, diabetes and epilepsy in under 19s Was Now	PHOF2.23i Self-reported wellbeing Was Now	ASCOF2ci Delayed transfers of care Was Now
Support	ASCOF1.18ii – social isolation percentage of adult carers who have as much social contact as they would like. Was Now	CFS.9 Difficulties score for Looked After Children Was Now	PHOF4.09ii Excess under 75 mortality in adults with serious mental illness Was Now	PHOF4.16 Prevalence rate for dementia Was Now

Most recent benchmarks to England average, and either improvement or deterioration

2018/19 Board Review

Over 2018/19 the Stockport Health and Wellbeing Board reviewed it's membership and purpose. When established in 2013 the Board had a focus on commissioning, however significant changes in national policy and local plans (including the devolution of NHS budgets and powers to the Greater Manchester Health & Social Care Partnership, local transformation and integration programmes such as Stockport Family and Integrating the Health and Care System and the requirement for Sustainability and Transformation Plans) has led to the need for representation of provider organisations too.

Purpose of the Board:

The stated purpose of the Board is to act as the senior forum in Stockport for:

- setting Health & Wellbeing Strategy and determining priorities
- assessing performance and outcomes of the system and delivering outcomes
- assuring accountability for action to drive system improvement.

Membership of the Board

The membership of the board has changed to:

- 3 councillors, to be drawn from the Cabinet (allowing a clear demarcation between the Board and scrutiny committee)
- 3 members of NHS Stockport CCG
- The Council Chief Executive, Director of Children's Services, Director of Adult's Services and Director of Public Health
- Representatives of Viaduct Care CIC, Healthwatch Stockport, Stockport NHS Foundation Trust and Pennine Care NHS Trust.

2019/20 Priorities

The Health and Wellbeing Board has identified the following priorities:

Leadership

- **Urgent and Emergency Care** – working together to solve current performance challenges
- **Health Inequalities** – taking a population approach in all policies, addressing the underling causes
- **Neighbourhood Models of Care** - underlying aim for the transformation of services and shift to community based care

Assurance

- **Special Educational Needs and Disability** – assurance of implementation of actions following the SEND review
- **Children and young people** – assurance of delivery through Stockport Family and Children's Health Partnership Boards
- **Mental health** – assurance of investments in mental health

System

- **Workforce** – ensuring the significant challenge is identified and addressed as a system
- **Resource allocation** – leading the shift in allocation from acute to preventative and primary care

Through 2019 a full refresh of [Stockport's JSNA](#) will be undertaken leading to a revision of our strategic priorities for the next few years. Alongside this work **a new Health and Wellbeing Strategy will also be developed**, describing how Stockport will work together to meet these ambitions and connecting to the wider strategy for the Borough.

Stockport Health and Wellbeing Board

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<https://www.stockport.gov.uk/health-and-wellbeing-board>

July 2019



STOCKPORT
METROPOLITAN BOROUGH COUNCIL

