

ENERGY SAVINGS TOP TIPS

Do you want to reduce your fuel bills? Check out our top tips for conserving energy.



When boiling a kettle, only boil as much water as you need- a good way to do this is to fill your cup with water then pour this into the kettle but ALWAYS make sure there is enough water to cover the element.

Use energy saving light bulbs or LED's they may cost a little extra but the savings are greater.



Turn all appliances off standby and unplug appliances (where possible)

Always turn the lights off when you leave a room

Spend 1 minute less in the shower – this could save you £10 per person a year



Buy energy saving recommended appliances

Don't leave your fridge/freezer door open any longer than necessary. Defrost your freezer regularly, if you don't have a frost free one

Close your curtains at dusk and tuck your curtains behind the radiators to stop heat escaping out through the window.

Wash your laundry at 30°C. Use the washing line to dry clothes instead of the tumble dryer.

Fix leaking taps and make sure they are turned off properly – a dripping tap could fill up ½ a bath in just one week.

Don't leave appliances on charge unnecessarily (this includes leaving the plug on for chargers which are not plugged into the appliance- a mobile phone charger left plugged in, but not charging could cost you up to £20 a year in wasted electricity).



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