

# Healthy Stockport

## Stockport Joint Health and Wellbeing Strategy 2017-2020

### Year 1 Review



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# Foreword

**CLlr Tom McGee**



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One year on from the publication of Stockport’s Health and Wellbeing Strategy 2017-2020 we are delighted with the amount of progress which has been made and the enthusiasm with which people are embracing new ways of working and taking action to improve the health and wellbeing of our population.

The strategy review summarises how health and care organisations around Stockport are working together to meet complex needs and support people to prevent ill health for as long as possible, to provide the most appropriate care when needed close to home that allows people to stay independent and live well longer. It highlights some key achievements from 2016 but also shows where we can still improve, in particular over the next year we need to increase our collaboration in working to reduce social isolation for our most vulnerable populations.

We are proud to say that Stockport continues to be one of the healthiest places to live in the North West, but we know that this is not the experience of all of our residents. Local communities experience varying levels of affluence and have significantly different health needs, in the least affluent areas life expectancy is 10 years lower than in the most affluent. Stockport has a generally older population than the rest of Greater Manchester. The aim of this strategy remains to improve health and wellbeing for all communities in Stockport and to reduce health inequalities.

Our collective ambition is high and will only be met with the support of local people, as a key partner in determining their own health and care.

# Introduction

[Stockport's Health and Wellbeing Strategy 2017-2010](#) was published at the end of 2016.

The strategy

- summarised findings from [Stockport's JSNA](#) about needs and priorities for health and wellbeing
- set out a **whole system view** of the strategies and plans across health, adult social care, public health, children's services and beyond which are being implemented to meet the identified needs.
- identified the **vision for 2020/21** and **outcome measures** by which the overall success of the strategy will be measured.

The strategy pooled the collective work of the Stockport Health and Wellbeing Board and partners, so that the range of activity is more clearly understood, so **gaps can be identified** and so that the Board and local organisations can be **held to account for delivery**.

This document is the **first review of the strategy**, and aims to:

- **describe actions** that have been undertaken and highlight key **achievements**,
- update the strategies and plans the period up to 2020 as they develop

ensuring that the strategy remains relevant and reflects the developing programmes.



## Legal Background

The Health and Social Care Act 2012 introduced equal and joint duties for Local Authorities and CCGs, through their local Health and Wellbeing Boards, to prepare Joint Health and Wellbeing Strategies (JHWSs).

The JHWSs should translate the JSNA finding into clear outcomes the board wants to achieve. The importance of JHWSs lies in how they are used locally to drive improvements in health and reductions in inequalities.

JSNAs and JHWSs should form the basis of CCG and local authority commissioning plans, across all local health, social care, public health and children's services.

The purpose of JHWSs are to improve the health and wellbeing of the local community and reduce inequalities by reviewing the evidence, identifying the priorities and setting out the actions that will be taken by local partners to deliver the change and improvements needed.

# JSNA Progress - All Ages



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – the following five pages describe the progress made towards these priorities at each life stage.

Prevention	Wellness
<p>Increasing levels of <b>physical activity</b> as an effective preventative action at any age.</p> <ul style="list-style-type: none"> <li>Work to increase levels of physical activity and reduce levels of sedentary behaviour has been driven by the <b>Stockport Physical Activity Strategy</b> action plan. There has been a focus on inactivity within the target groups and in the workplace.</li> <li>Stockport is both the most active and least inactive (aged 16+ years) borough in Greater Manchester.</li> <li>The focus for next year will remain engaging currently inactive people in some activity, as the associated potential health benefits for this cohort are substantial.</li> </ul>	<p>Focus on <b>improving healthy life expectancy</b> for all as the priority, focusing especially in <b>the most deprived areas</b> and in a <b>person and family centred way</b>.</p> <ul style="list-style-type: none"> <li>A new <b>Healthy Communities team</b> has been established within public health, working with partners to engage priority communities in cancer prevention, screening, lifestyle and wellness initiatives. The team work closely with Stockport Family, and this year have ensured wellness embedded in service offer within the Brinnington model.</li> <li>The priority for 2017/18 is to increase the number of <b>health champions</b> across Stockport and take learning from work with Stockport Family in Brinnington into other priority areas.</li> </ul>
Systems	Support
<p>Continue work to <b>integrate and improve care systems</b>, especially minimising the use of unplanned hospital care - ensuring that the healthy economy is <b>sustainable and prevention focused</b>.</p> <p>Stockport Together is the key programme driving integration and refocus of our care system throughout 2016/17 further improvements have been made including:</p> <ul style="list-style-type: none"> <li>Development of a <b>Stockport Health and Care phone app</b> - downloaded by over 2,000 people – to help signpost people to the right care.</li> <li>Delivery of <b>hypertensions and COPD awareness campaigns</b>, testing blood pressure of around 2,000 people and the lung age of around 1,000 residents.</li> <li>Reviewing <b>11 out-patient clinics and 27 pathways</b>, resulting in the discharge of just over 1,000 patients from secondary care.</li> <li>Investment in a <b>new community IV service</b> so people can get IV antibiotics at home, rather than having to go into hospital.</li> </ul> <p>Further success are described on pages 7 and 8.</p>	<p>Understanding the size and needs of our vulnerable and at risk groups, especially carers, and using JSNA intelligence to inform the appropriate levels of response.</p> <ul style="list-style-type: none"> <li>In 2016/17 the JSNA team have worked with commissioners to develop insight and analysis for both <a href="#">dementia</a> and <a href="#">autism</a>, with both analyses contributing the evidence base to a revised commissioning strategy.</li> <li>An audit of the health of <a href="#">homeless</a> people has been undertaken by a partnership group across Stockport.</li> <li>An assessment of health needs for the <a href="#">LGBT</a> population has been published by Stockport NHS FT.</li> <li>All of these analysis have contributed to the further understanding of our more vulnerable groups and will be used to inform future planning.</li> </ul>

# JSNA Progress – Start Well (part 1)



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our youngest population for the first two priorities.

Prevention	Wellness
<p>Taking action to improve the outcomes in <b>early years health</b> and <b>education in deprived communities</b>.</p> <ul style="list-style-type: none"> <li>We are improving communication <b>and joint work between midwifery and health visiting (HV)</b> to identify vulnerable women who need extra support antenatally. <b>Family Nurse Partnership</b> are now offering intensive health, child development and parenting interventions with 100 teenage parents.</li> <li>We are also improving leadership and the quality of <b>teaching</b>, learning and assessment, with a particular focus on those living in areas of disadvantage and those in receipt of 2 year old and Early Years Pupil Premium funding.</li> <li>There is strong partnership working between <b>health and education settings</b>, particularly to support early assessment and identification of children whose development is below that typically expected for their age.</li> <li>In <b>Brinnington</b> resources have been invested to offer an <b>additional developmental assessment</b> at 18 months to ensure that young children are given developmental support prior to starting a 2 year playgroup place;</li> <li>Work streams to improve <b>speech, language and communication skills</b> at the Early Years stage are also a key priority. A speech, language and communication pathway has been defined and is now working effectively, used by Stockport Family early years workers to identify needs.</li> <li>The <b>Ages and Stages Questionnaire</b> is currently being piloted at an earlier stage in Brinnington, using 'WellComm' assessment to support the early identification of speech, language and communication needs in priority areas.</li> <li>We are promoting <b>breast feeding</b> and achieved <b>UNICEF Baby Friendly</b> stage 2 accreditation in June 2017. We are working to work full accreditation in 2018.</li> <li>Targeted work to reduce maternal smoking in areas with higher rates continues. Eighteen women have been recruited to the <b>smoking in pregnancy</b> incentive initiative including three from Brinnington (an area difficult to recruit from).</li> </ul>	<p>Promoting the <b>mental wellbeing</b> of children and families, especially for older children and young adults.</p> <ul style="list-style-type: none"> <li>The Children and Young People <b>mental health transformation plan</b> has been refreshed and was presented to the Children and Young People Scrutiny Committee in April for discussion. Focused work is being progressed in relation to several areas including infant parent mental health and wellbeing services for young people .</li> <li>During 2016/17 <b>Healthy Young Minds (HYM)</b> introduced a new service to schools, providing every high school in Stockport with a named link worker. Extra capacity has also been provided by HYMs to Stockport's Leaving Care team to improve the support available for Care Leavers in relation to their mental wellbeing. School nurses provide drop in clinics in high schools and have close links with HYM's.</li> <li>An <b>emotional wellbeing strategy</b> for education settings in Stockport is to be launched in Autumn 2017. A scoping exercise highlighted the need for better information provision for young people, parents and professionals and Public Health will be leading on a project to improve the information currently available in 2017/18.</li> <li>The infant parent service is developing an enhanced <b>perinatal mental health provision</b>, linked to social and emotional pathways and parenting programmes. A new Early Days postnatal programme has been launched to reduce social isolation for new parents and support the transition to parenthood.</li> </ul>

# JSNA Progress – Start Well (part 2)



Stockport JSNA

The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our youngest population for the final two priorities.

Systems	Support
<p>Ensuring that the acute care needs of children and young people, especially for <b>injuries, asthma and self harm</b> are dealt with appropriately and opportunities to promote prevention are maximised.</p> <ul style="list-style-type: none"> <li>The <b>Home Safety scheme</b> has been expanded and is now available to all social housing properties and families who are part of the Family Nurse Partnership Programme; the scheme provides free home safety equipment, which is fitted by GMFRS and Stockport Homes.</li> <li>The Early Days course, run by the Health Visiting service for first time mothers, has been revised with the home safety element updated.</li> <li>Stockport's policy for schools on <b>responding to self-harm</b> has been updated and refresher training offered to Stockport's schools to ensure that young people who do self-harm receive the best possible care and support in school.</li> <li>The Health Partnership Board reviewed <b>childhood Asthma admissions</b> in June 2016 and a series of actions were initiated which included; regular GP patient review reminders, medical updates for staff, decision on named Children's Asthma Lead in GP practices and Inhaler technique training pilot in schools.</li> <li>School nurses support schools with medical needs training in accordance with the medical needs policy for the borough.</li> <li>Further work is need to understand the causes of high rate of unplanned admissions for diabetic children.</li> </ul>	<p>Supporting and safeguarding the most <b>vulnerable children, young people and families</b>, especially looked after children and those with autism.</p> <ul style="list-style-type: none"> <li><b>OFSTED</b> have rated Stockport services for children in need of help to be good and Adoption services have been graded outstanding following an inspection in June 2017. There was a simultaneous review of the Safeguarding Children Board which was judged to require improvement.</li> <li>Following a review of the <b>Multi Agency Safeguarding and Support Hub</b> (MASSH) and services provided at the 'front door', it was agreed that the MASSH would develop into a Stockport Family First Response Team. The team went live in February 2017 and is now ensuring timely decisions are made.</li> <li>Stockport Family are developing the <b>team around the school</b> model to enrich existing provision for early help and early intervention. Early Help Assessment is central to work restoratively with families; promoting good planning.</li> <li>The Domestic Abuse and Child Sexual Exploitation team have been renamed as the <b>'Aspire – Stockport Family Complex Safeguarding team'</b> and now have responsibility for work for children and families affected by: <ul style="list-style-type: none"> <li>High risk domestic abuse,</li> <li>Forced marriage</li> <li>Child sexual exploitation</li> <li>Female genital mutilation</li> <li>Modern slavery and trafficking</li> <li>Honour based violence</li> <li>Radicalism and extremism</li> <li>Serious organised crime</li> </ul> </li> <li>The ASPIRE team will further develop multi-agency input into the team with key partners such as Greater Manchester Police, Health and Education</li> <li>The <b>Autism Spectrum Disorders (ASD)</b> assessment and diagnosis pathway has been reviewed, a key outcome is that children and young people are now being linked up with a specialist at an earlier point in the pathway.</li> <li>Closer work with education and inclusion services is taking place to ensure that the <b>SEND strategy</b> is strong. Stockport remains on course to meet the statutory requirement to change all Statements of SEN to EHC Plans by 2018.</li> </ul>

# JSNA Progress – Live Well



Stockport JSNA

The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our working age population.

Prevention	Wellness
<p>Prioritising a <b>whole systems approach to reducing smoking, alcohol consumption and obesity</b> as the key causes of preventable ill health and early death.</p> <ul style="list-style-type: none"> <li>The development of a <b>Whole Systems Approach (WSA) to obesity</b> is ongoing, with the framework now complete and the draft recommendations and desired outcomes being finalised. The WSA aims to support Stockport's population by enhancing localities in which they live to not only promote a healthy lifestyle but also actively support healthy behaviour.</li> <li>We have launched new <b>integrated lifestyle services</b> (including smoking, healthy eating, physical activity/being more active, and healthy weight) along with introducing a revised offer around alcohol brief interventions. Between 1st October 2016 – 31st March 2017 there were 2,433 referrals to START, the main point of access.</li> </ul>	<p>Improve the prevention, early detection and treatment of <b>cancer</b> (the major cause of early death) <b>liver disease</b> (which is increasing) and <b>diabetes</b> and <b>heart disease</b>.</p> <ul style="list-style-type: none"> <li>GP Practice based <b>Cancer Champions</b> and Healthy Living Pharmacy staff have supported by the Public Health team to encourage cancer screening non-responders to attend.</li> <li>The <b>NHS Health Check</b> to identify early modifiable risk factors for heart diseases continues with more than 7,000 people receiving a NHS Health Check in 2016/17. Stockport are leading GM work to target and improve the effectiveness of this programme as part of the GM population health plan.</li> <li>In 2016/17 Stockport successfully applied to join the National <b>Diabetes Prevention Programme</b>, and the scheme will roll out throughout 2017/18. So far 1,000+ Stockport patients at risk have been invited to join the programme.</li> </ul>
Systems	Support
<p>Giving equal weight to <b>mental wellbeing</b> as a key determinant of physical health and independence; especially for people of working age.</p> <ul style="list-style-type: none"> <li>Wellness is embedded in proposed Stockport Together work streams. New initiatives include establishing "<b>collaborative practice</b>" where patients and GP practice staff together produce wellbeing initiatives for the practice as a whole and work to improve wellbeing of job club users.</li> <li>The 2017-8 priority is to ensure that <b>workforce development plans</b> in Stockport Together and with partners puts emphasis on wellbeing.</li> <li>In 2017/18, a <b>Community Investment model</b> is being developed which will facilitate community-led activity around health, wellbeing and resilience. Self-care coaches are being appointed, based in neighbourhoods to work with people individually and in groups to develop the knowledge, skills and confidence to manage their health and wellbeing, and access support.</li> </ul>	<p>Improving the physical health and lifestyles of those with <b>serious mental health</b> conditions.</p> <ul style="list-style-type: none"> <li>Stockport CCG are developing a <b>Mental Health Strategy</b> and Investment plan. This will improving the health and lifestyles of those with serious mental health conditions, by piloting a health check and wellbeing planning approach.</li> <li>A scoping exercise was performed on sport and physical activity engagement, as a result information will be created to ensure that all operational teams are fully informed of <b>local resources to signpost their service users</b> to appropriate activities. This work is planned to be complete by the late summer 2017.</li> <li>The Council is working with Stockport Together partners to develop <b>integrated community mental health provision</b> around four themes: psychological medicine, mental wellbeing, improving access to psychological therapy (IAPT) and managing crisis in mental health.</li> </ul>

# JSNA Progress – Age Well



The overall objectives for health and wellbeing in Stockport are to **improve life expectancy** and **reduce health inequalities**, in 2015/16 the JSNA identified priorities to help us achieve these objectives – this pages describe the progress made towards these priorities for our working age population.

Prevention	Wellness
<p>Supporting <b>healthy ageing</b> across Stockport, recognising that preventative approaches that promote <b>self care and independence</b> are essential.</p> <ul style="list-style-type: none"> <li>Stockport has begun development of an <b>Ageing Well strategy</b> to promote healthy ageing across the borough. Over the next year the Council will further develop and then publish the Ageing Well strategy. This work will join up with the WHO Network of Age Friendly cities and embed actions from our strategy.</li> <li>A falls prevention programme called '<b>Steady in Stockport</b>' has been produced which promotes the benefits of strength and balance exercise in preventing falls, and highlights the need to consider other key factors which can reduce the risk falling.</li> <li>A further focus will be on <b>nutrition and hydration</b> and the risks of malnutrition in the older population. Awareness of the issue will be raised in the community and work will be done with community groups to offer advice.</li> </ul>	<p>Aim to prevent and delay the need for care whilst responding to the <b>complexity of needs</b> that older people with multiple long term conditions may have.</p> <ul style="list-style-type: none"> <li>As part of Stockport Together <b>holistic care plans have</b> been developed for the 2% of the population with the highest support needs to ensure that their conditions are managed outside of hospital.</li> <li><b>Multi-Disciplinary Team</b> meetings are convened to ensure that staff across organisations come together to discuss and coordinate care plans for service users with multiple needs.</li> <li>Additional <b>patient education courses</b> have been funded to support people with long-term conditions to manage their condition well.</li> </ul>
Systems	Support
<p>Providing <b>services and housing</b> that are suitable for the changing needs of our <b>ageing population</b> and those with specialist needs.</p> <ul style="list-style-type: none"> <li>Strategic Housing Service were able to access funding to improve the thermal efficiency of the Castle Hill park home site in Stockport. These works were completed in 2016, these reduced heating costs and CO2 emissions.</li> <li>Strategic Housing dealt with the installation replacement heating systems, repairs to existing heating systems, rent debt arrears advice and energy advice/signposting. Your Housing Group refurbished its sheltered scheme to create a brand new <b>Extra Care development of 55 apartments</b> with mixed tenure (27 with affordable rent).</li> <li>GP ward rounds now take place in <b>care homes</b> to prevent unnecessary hospital episodes and provide training for staff.</li> </ul>	<p>Continuing to improve the identification of and support available to those with <b>dementia and their carers</b>.</p> <ul style="list-style-type: none"> <li>Stockport is continuously working on early <b>identification of people with dementia</b>. Over the years our dementia diagnosis rate has improved from 40% to 75% (2017). The memory assessment service has improved their service delivery reducing the waiting time between referral and receiving a diagnosis significantly. All patients receive a dementia type specific diagnosis through Stockport Dementia Care training and a peer support group.</li> <li><b>Carers Connect</b> will give carers another opportunity for support in looking after someone with dementia. An improvement plan has been developed to increase lifestyle support as part of the increased dementia prevention message for people with dementia and carers.</li> </ul>

# Stockport Family



## What is Stockport Family?

Stockport Family aims to ensure the highest quality support for Stockport's most vulnerable children and families. It comprises:

- Integrated Children's Services
- Children's Social Care
- Children with Disabilities Service
- Safeguarding and Learning;
- Multi-agency Safeguarding and Support Hub (MASSH)
- Young Carers Service

## What's the long term goal?

- Our children are given the very **best start in life** by their parents and carers;
- Our children and young people **enjoy good health** and receive the services they need to become as **independent as possible** and to achieve the best health outcomes;
- Our children and young people are well prepared for adulthood and **engage in education, employment and training**;
- Our children and young people and families are supported in **contributing to their community**;
- Our children and young people **live safely and happily** within their families and there are fewer family breakdowns

Find out more:

<https://www.stockport.gov.uk/topic/stockport-family>

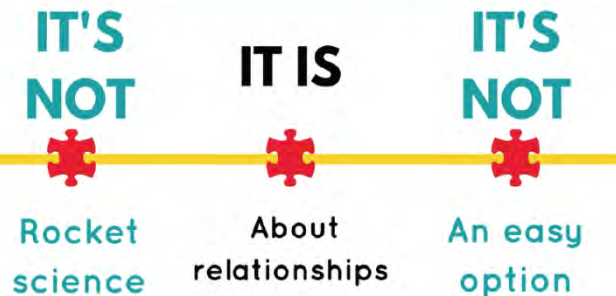
## Restorative approach

Stockport Family is underpinned by **restorative practice**; working together with children and families to build and repair relationships; to understand where families need extra help and develop shared plans. The restorative approach delivers assessments and interventions that take into account a family's strengths as well as their vulnerabilities, and ensure that families understand and take ownership of their role in any decisions that are being made.

All Stockport Family partners have been enabled to participate in a restorative practice training programme with on-going learning sets to embed a restorative approach to their work. Families have told us

- 'The last few years have been a tough journey for us as a family but we have always been grateful for your input, support and help. The fact that he has engaged well with both of you speaks for itself and reflects both of your skills and determination to help.'
- 'Thank you so very much for all you have done. You have helped us, supported us, guided us and kept us all together. I just wanted you to know how valuable you have been to us and it is very much appreciated.'

### WHAT IS RESTORATIVE PRACTICE?



**HIGH SUPPORT, HIGH CHALLENGE**

# Stockport Family



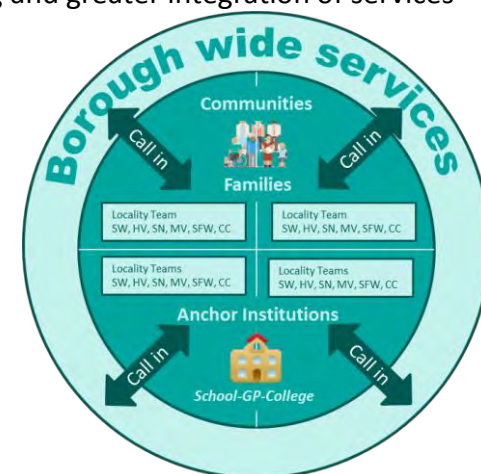
## 2016/17 Achievements

- Stockport Family has become embedded over the past year following the major transformations of previous years, developing links with schools has been a key focus in 2016/17.
- **School Age Plus Teams** are now linked to Children's Centres, Nurseries, Primary Schools, High Schools and Colleges in Stockport and offer parenting and other support to ensure early help is offered when problems are identified by schools;
- The **Stockport Family Team around the School** is a partnership between schools, Stockport Family and key external agencies which identifies and provides early support needs for children and families. All schools and colleges now have a link social worker
- There has been a significant increase in the percentage of social care **referrals converted** to social work assessment, from 88.5% in quarter 1 of 2015/16, to 96.8% in quarter 1 of 2017/18, indicating that the referrals received are increasingly appropriate.
- The percentage of children subject to a **child protection plan** for a second or subsequent time has reduced over the past two years; and the percentage of children on a child protection plan lasting two years or more has decreased from 8.7% in 2015/16 to 2.4% in 2016/17.
- Following the Ofsted inspection of services for children in need of help and protection, children looked after and care leavers, carried out in June 2017, Stockport's children's services were judged to be **good with examples of outstanding practice**. Key strengths include: an extensive range of early-help support, children's needs are well understood, young people leaving care receive very well-

coordinated support, Looked after children are supported well to improve or maintain their physical and emotional health and well-being, most LAC make good educational progress, Service delivery is enhanced by active engagement of partner agencies.

## 2017/18 Ambitions

- An analysis of current trends shows a picture of increasing need, complexity and risk:
  - sustained increase in the number and complexity of social care referrals;
  - increase in the number of children in care;
  - increase in the number and complexity of need in children with SEND;
  - continued gap in life chances between children living in poverty and the Borough average.
- Work over the coming year will continue to focus on the further development of early help and prevention, further development of whole family working and greater integration of services
- The Children's Trust Strategic Plan is currently being refreshed and will include further detail about priorities in relation to the broad themes set out above.
- The locality model for Stockport Together will continue to develop:



# Stockport Together

## What is Stockport Together?

Stockport Together is a partnership of local health and social care organisations:

- NHS Stockport Clinical Commissioning Group
- Stockport Metropolitan Borough Council
- Stockport NHS Foundation Trust
- Pennine Care NHS Foundation Trust
- Stockport's GP federation, Viaduct Health

working alongside GPs and voluntary organisations to develop an integrated system that meets growing needs and creates sustainable health and social care system for the future.

## What's the long term goal?

Our collective vision remains as it was in 2016, a **sustainable** health & care system for the people of Stockport delivering improved health outcomes, reduced health inequalities, more independence, a lower need for bed-based care and shifting the balance **from treatment to prevention**. To achieve this we are delivering **new forms of care, with a community and social focus**, to specific cohorts of our population through a **new form of organisation** constructed from the GP registered list, based on primary care, at **neighbourhood level** and incentivised by a **new form of commissioning**. Our model of care will ultimately serve the whole population, starting with older people with complex care needs.

Find out more: <http://www.stockport-together.co.uk/>

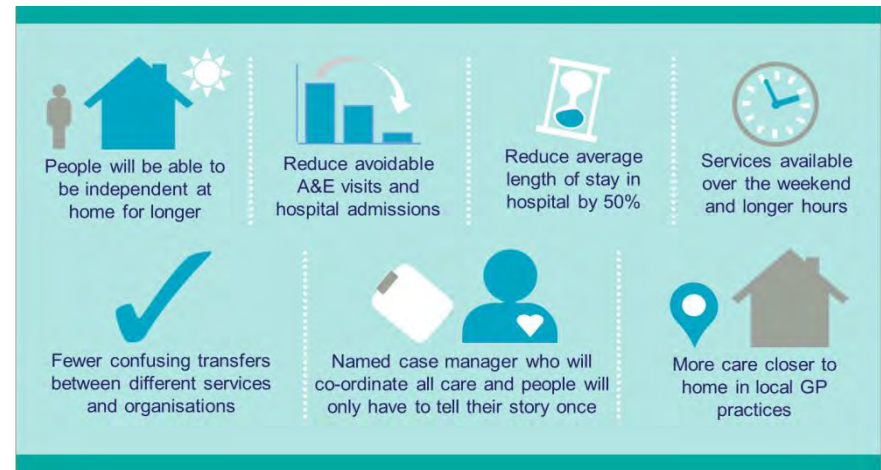


## 2016/17 Achievements

Through 2016/17 a full set of business cases have been agreed and the **model has continued to develop** (as shown on the next page) and some key successes have been achieved:

### Healthy Communities

- Stockport Together began to deliver on a range of projects to change how we work with individuals, communities and voluntary sector partners, including supporting **Carers Connect** a new resource providing online and face to face opportunities for carers to support each other
- In partnership with Altogether Better we started to test a **Health Champions** programme to engage GP practices with people in their communities, by coproducing social support and activities that keep people healthy and improve wellbeing.
- **Health as a Social Movement Funding**, in partnership with Oldham and Tameside, has provided £60,000 in 'Small Sparks' funding to 47 groups to tackle social isolation and develop art and food based social movements for health.

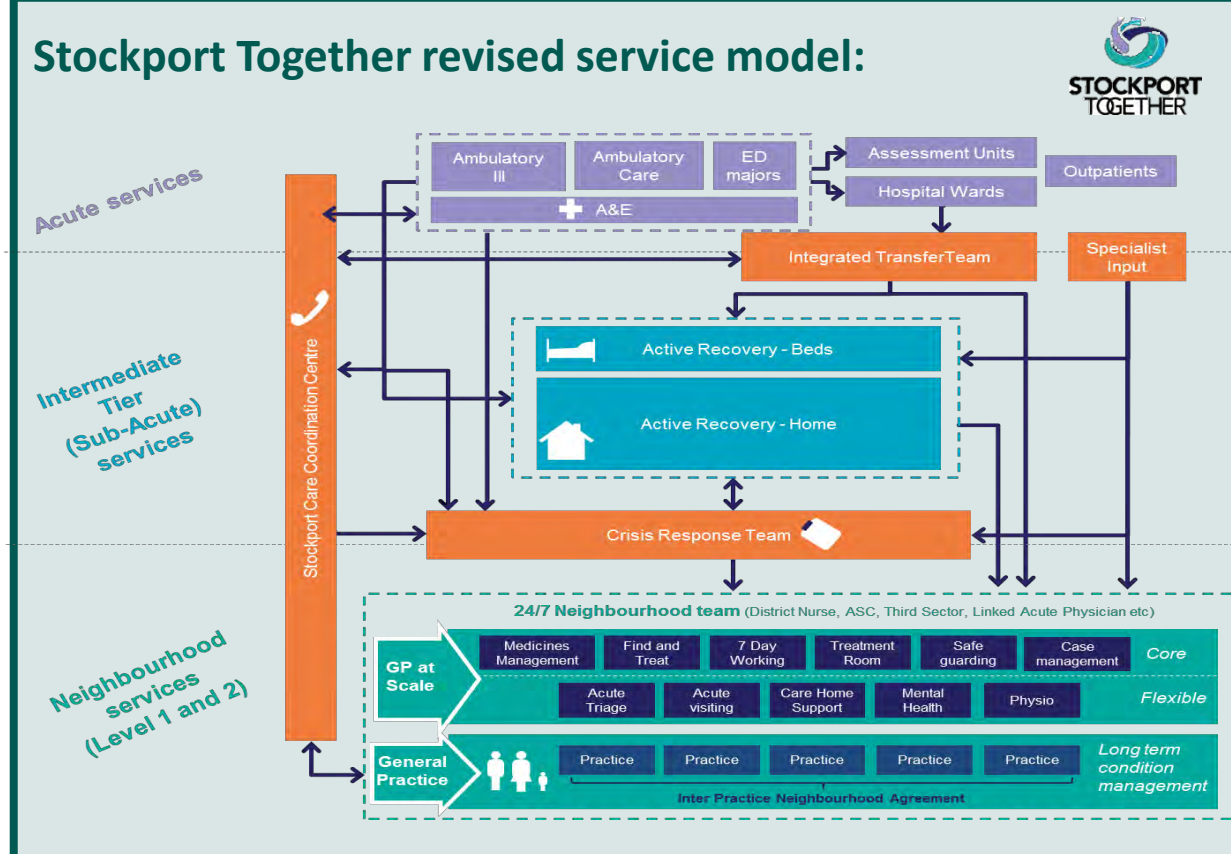


# Stockport Together

## 2016/17 Achievements -Proactive Care

- **Holistic care plans** have been developed for 2% of the population with the highest support needs to ensure that their conditions are managed outside of hospital.
- **Multi-Disciplinary Team** meetings ensure that staff across organisations come together to coordinate care plans for service users.
- GP ward rounds now take place in **care homes** to prevent unnecessary hospital episodes and provide training for staff.
- We have piloted real-time tests for **asthma patients** in primary care using video consultations and a **new Consultant-Connect** service, allowing GPs immediate access to advice from a hospital consultant.
- More **patient education courses** have been funded to support people with long-term conditions to manage their condition well.

## Stockport Together revised service model:



## Neighbourhood Working

- **Integrated teams of health and social care staff** have started to work together.
- We have invested in a **GP Development Scheme** to improve the care of people with long-term conditions and complex care needs outside of hospital, including **recruiting 7 pharmacists** to work part-time in Primary Care and care coordinators at 6 GP Practices.

- We have funded **145 additional opening hours** each week in General practice and no longer have any half-day closures.
- **All practices now offer online booking** and access to records.
- We **reviewed 11 out-patient clinics and 27 pathways**, resulting in the discharge of just over 1,000 patients from secondary care.
- We invested in a **new community IV service** so people can get IV antibiotics at home, rather than having to go into hospital.
- We have **increased investment in mental health services** to improve access and quality and take the pressure off other health and social care services.

# Stockport Plan – Working with Communities

## What is Working with Communities?

Resilient and caring communities are a precious resource; the very lifeblood of Stockport. Finding new ways to engage and work with communities is vital to improving outcomes and supporting our ambitions for inclusive growth and public service reform. We will be able to better harness the assets of our voluntary, community and social sectors.

Working with Communities has developed over the last year and proposals now set out interrelated activities we will pursue to develop a **circle of support to Stockport's communities**, creating the conditions for communities to thrive:

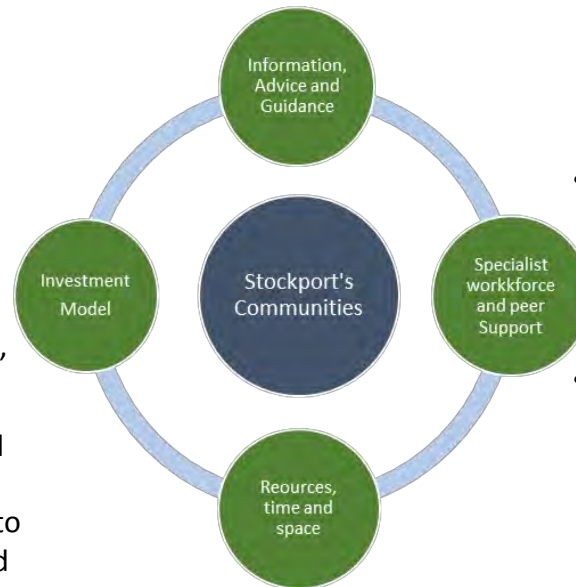
- a new community investment model to give communities a stronger voice, particularly in prioritisation, and promote social action;
- information and advice about organising, contributing or benefitting from community action;
- specialist workforce and peer support to sustain and grow their efforts;
- access to shared community spaces to meet and hold events, and people with time to help organise those events.

Community groups will have their own account with the Council through which they can share and access information; recruit, organise and share volunteers; draw on and offer peer support to each other; book space and events in public buildings, parks and other assets; source financial and other support; and access Council and other funding where necessary.

Work in the in Heatons is testing the model of engagement, encouraging the involvement of all stakeholders and taking a restorative and asset based approach to supporting members of the local community.

## What's the long term goal?

We aim to reshape the relationship with our communities, supporting social movements which complement and work collaboratively with strategic commissioning and service delivery, by:



- providing a circle of support for people that want to learn more, get involved and organise community activities;
- developing and supporting our workforce so that that they can work differently with and create spaces of hope for communities to grow;
- transforming relationships with and within communities, so that people are empowered to become more resilient and better able to maximise the resources within their community

# Taking Charge of Health and Social Care GM

On 1 April 2016 Greater Manchester took charge of its health and care system, determined to improve the health and wellbeing of its population faster and further than other parts of the country. They have now published the first [annual report](#).



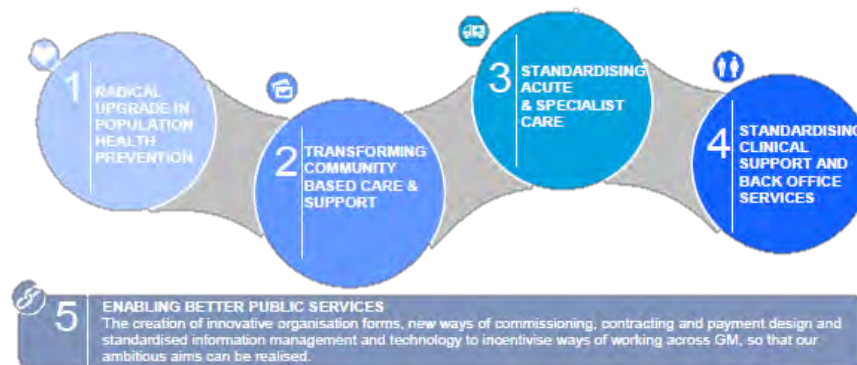
## What did GM do well on in 16/17?

- GM ended up with £236.5m left over from the total NHS budget for the year. Some of this goes back to the NHS nationally but the rest can be spent on local services, including hospitals and infrastructure over the coming years.
- GM reduced emergency admissions to hospitals and also met core elective (planned) surgery and cancer targets.
- GM set standards to help patients with mental health needs who come to hospital with suicidal thoughts or who self-harm.
- GM introduced online learning so GPs and other community health staff are supported to refer patients they suspect have cancer to specialists.
- GM helped people at risk of type 2 diabetes change their lifestyle.

The transformation journey is now well underway. GM have given out £270m from the £450m [Transformation Fund](#) including £42m to increase the care people get through GPs, dentists, pharmacists and opticians. The second year will see new types of care service and new arrangements begin to operate properly and have an impact. GM especially expect fewer people to have to visit or stay in hospital because they'll get the right treatment closer to home.

Find out more: <http://www.gmhsc.org.uk/>

## Creating a new health and care system



## Reaching a new deal with the public



## Other Stockport and Regional Strategies

Alongside the major change programmes, the member organisations of the Stockport Health and Wellbeing Board also deliver their own **strategic plans** and a range of **theme based strategies** in partnership to meet the needs identified in the JSNA. A number of these were listed in the 2017-2020 report. In this report we have listed **new and revised strategies**, with link to the individual strategy:

**Dementia Strategy** 2017-2020 is a refresh of the first local strategy and describes Stockport's approach to dementia prevention and support for people with dementia and their carers from timely diagnosis to end of life. It also works towards a Dementia Friendly Stockport.

**Stockport's Housing Strategy 2016-2021** improves our understanding of the housing needs of older people and those with other specialist housing needs and promote delivery of housing to meet those needs.

**Joint Health and Social Care Strategic Commissioning Strategy** focusing on care home provision, support at home and supported housing is in development and forms part of the overall Stockport Together programme.

**Ageing Well in Stockport Strategy** will set out Stockport's approach to supporting people to age well, including our plans to join the World Health Organisation's Network of Age Friendly Cities. The strategy is due to be published in early 2018.

**Stockport Together Carers Charter** due to be published Autumn 2017 is a holding position document for Stockport until the National Carers Strategy is published later in the year.

The **Stockport Council Plan 2017/18** sets out the vision and priorities for Stockport as a whole, focusing on supporting people, developing a thriving economy and making Stockport a place people want to live.

**Greater Manchester Transport Strategy 2040** has a vision to create a transport system to help the local economy to prosper and also allows

residents to more fully contribute to and benefit from that prosperity. As well as to play a part in creating better places and a better natural environment, and in improving people's quality of life.

**Prevention and Early Help Strategy** focuses on ensuring that children, young people and families are ready for school, work and parenthood.

**GM Low Emission Strategy & Air Quality Action Plan** takes a long-term integrated approach to carbon emissions and air quality in the period up to 2040, allowing focus on investment to greatest effect. It establishes a framework within which we will develop detailed action plans to reduce carbon emissions and improve air quality.

**Greater Manchester Moving** is the Blueprint for Physical Activity and Sport that will guide the allocation of investment in physical activity and sport at Greater Manchester level over coming years.

**SEND (Special Educational Needs and Disability)** The key priorities for development to support children and young people with SEND have now been collated into the SEND action plan 2017-2019, this is to be published online shortly.

**The Greater Manchester Spatial Framework (GMSF)** will ensure that we have the right land in the right places to deliver the homes and jobs we need up to 2035.

The **Safer Stockport Partnership Plan 2016-17** describes how we will protect the public, and especially vulnerable people from harm as a result of crime and disorder.

# Stockport Partners

As well as the key change programmes and strategies of the members of the Stockport Health and Wellbeing Board activities undertaken by other partners and other parts of the Council are essential to meet the needs and priorities. A few examples of these are summarised on the following pages:



Pennine Care's priority is mental health and promoting mental wellbeing. Our strategy is built around 'whole-person care' recognising the inter-connection between **good physical & mental wellbeing** which informs involvement in Stockport Together. We deliver programmes for both patients and staff including our recent **Health and Wellbeing College**.



SFT focus on providing **high quality, sustainable services** ; ongoing priorities are developing as a specialist centre for emergency and high risk general surgery (mostly abdominal) for GM and **Stockport Together** .



Viaduct Care provide **GP leadership** for the Stockport Together programme, moving from design to implementation. Increased physiotherapy, pharmacy and mental health services will be provided in neighbourhoods, aiming to improve management of **chronic disease** and early identification of risks.



Mastercall is a Social Enterprise organisation providing **high quality, safe and effective patient centred 'out of hospital' healthcare**. We support hospital admission avoidance and early discharge from hospital where safe and appropriate through a range of services.



SYP works with local schools, youth groups and forums, to make sure that young people views are well represented. Current priorities for health are to ensure all pupils receive **First Aid Training** and to highlight **hidden disability**, like Autistic Spectrum Disorder and Asperger's.



**Inform. Involve. Influence.** Healthwatch Stockport supports the creation of a health & care system that meets the needs of the community by ensuring local people are involved in the monitoring, commissioning and provision of services. Enter & View visits, public engagement and the provision of information all ensure local voices influence change.



There are a wide variety of voluntary and community sector organisations in Stockport, the TPA, WIN and SPAR alliances include **early intervention and prevention, asset-based services , community capacity & peer support**.



NWAS aims to deliver the **right care, at the right time, in the right place** and has three aims for the next five years: Delivering safe care closer to home by empowering staff to make decisions, increasing integration and maximising use of technology, ensuring we remain a great place to work .



Healthy Living Pharmacies provide a broad range of **health promotion and prevention** advice to meet local need, improving the health and wellbeing of the local population.



[Life leisure](#) aims to ensure **high quality leisure facilities** and person centred sport, health and wellbeing programmes are accessible to **all Stockport residents**. Also provides support to smaller charities, helping them to thrive, creating a **resilient and strong, third sector community**.



The current focus for [school's health](#) is **mental health promotion** as part of the CAMHS transformation, developing **whole school approaches** to support:

- mental wellbeing and resilience;
- vulnerable children through transitions;
- staff confidence to address emotional health



Health is a significant element in [Stockport Homes' Social Inclusion Strategy](#). This includes rapid access to free **counselling**, two Health and Housing advocates at Stepping Hill **supporting patients with housing issues to access appropriate accommodation and primary care**, and **preventative support for hundreds of customers**. Analysis show savings are made for many agencies through the interventions offered.



[GMFRS](#) have developed a programme of person centric safety assessments named '**Safe and Well**'. These assessments include risk factors focusing on Health and Wellbeing and 3,200 are planned in Stockport. Identification by GMFRS personnel of **troubled families** leads to support from agencies for interventions from Domestic Violence to Safeguarding.

Stockport Metropolitan Borough Council  
Local Development Framework

[Planning](#) policies and allocations are critical to ensuring that people can access daily needs in ways that benefit their physical and mental health. Policies relating to **takeaway food, children's play and formal sport's provision, sustainable transport, green infrastructure, climate change and affordable housing** are key.



[GMP](#) have developed a **wellbeing strategy and programme** for all **staff** recognising that the organisation will only achieve if it maximises both the talents and wellbeing of its work force. Actions include work based health checks, awareness courses and developing in house provision such as running clubs.



[The Greater Manchester Spatial Framework \(GMSF\)](#) will ensure that we have the right land in the right places to deliver the homes and jobs we need up to 2035. Consultation on a draft GMSF took place between October 2016 - January 2017. Stockport's local plan will develop with the GMSF.



The Greater Manchester authorities work together for their Local [Air Quality](#) Management duties and to produced the regional **Air Quality Action Plan**. Priorities include the Cleaner Vehicles Campaign, Dirty Diesel Campaign, development control issues, open fires, emissions from taxis & low emissions strategies.

**A GOOD PLACE TO LIVE**  
Stockport's housing strategy

[Stockport Housing Strategy's](#) priorities include:

- Providing a **greater choice of housing options**,
- Ensuring vulnerable people have increased choice and access to information & advice about housing,
- Working on links between health, care & housing,
- Preventing homelessness and rough sleeping
- Promoting settled lifestyles and social inclusion.



The Greater Manchester [Transport Strategy](#) is out for consultation. There are a range of priorities, including a transport network that makes it easier to stay healthy through **regular walking and cycling**; improved road safety and reduced crime; and local environments that are not dominated by traffic, noise and pollution.

# Stockport Outcomes

The following table sets out progress towards the key indicators, a full review of outcomes was undertaken as part of the JSNA <http://www.stockportjsna.org.uk/2016-jsna-analysis/outcome-frameworks/>)

	All Ages	Start Well	Live Well	Age Well
Prevention	<b>PHOF2.13i</b> Percentage of physically active adults Was  Now	<b>PHOF2.03</b> Smoking status at time of delivery Was  Now	<b>PHOF2.14</b> Smoking prevalence in adults Was  Now <b>PHOF4.06i</b> Under 75 mortality rate from liver disease Was  Now	<b>PHOF3.03xiv</b> Take up of flu vaccinations by over 65s Was  Now
Wellness	<b>PHOF0.1</b> Life expectancy and healthy life expectancy, for Stockport & Inequality Was  Now	<b>CYPMHW3.2</b> Hospital admissions as a result of self harm (10-24 years) Was  Now	<b>PHOF4.05i</b> Under 75 cancer mortality rate Was  Now	<b>PHOF2.24i</b> Injuries due to falls in people aged 65+ Was  Now <b>PHOF4.15</b> Excess winter deaths aged 65 Was  Now
Systems	<b>NHSOF1a</b> Potential years of life lost from causes considered amenable to healthcare; 0+ Was  Now	<b>NHSOF2.3ii</b> Unplanned hospitalisation for asthma, diabetes and epilepsy in under 19s Was  Now	<b>PHOF2.23i</b> Self-reported wellbeing Was  Now <b>NHSOF2.3i</b> Unplanned hospital use for chronicASC conditions 18+ Was  Now	<b>ASCOF2ci</b> Delayed transfers of care Was  Now
Support	<b>ASCOF1.18ii</b> – social isolation percentage of adult carers who have as much social contact as they would like. Was  Now	<b>CFS.9</b> Emotional Health of Looked After Children Was  Now	<b>PHOF4.09ii</b> Excess under 75 mortality in adults with serious mental illness Was  Now	<b>PHOOF4.16</b> Prevalence rate for dementia Was  Now

Most recent benchmarks to England average, either and improvement or deterioration

# 2018 Ambitions

In September 2017 the Stockport Health and Wellbeing Board met with a range of partners to discuss this strategy review and to identify areas where joint effort need to be focussed.

**Social isolation** was the key area identified as needing more attention. Currently a wide range of agencies and programmes are occupied by this issue, however the work has not been fully coordinated and there are more opportunities for collaboration. It was recognised that social isolation affects many population groups, including older people, refugees, children and families. It was recommended that the Health and Wellbeing Board undertake work in **2018 to review social isolation responses in Stockport.**

**Mental health** was felt to be recognised within the strategy already, but is still an area with many pressures. The **resilience of young people**, especially at transition points and complexities of people with **dual diagnoses** for whom it is still difficult to provide joined up services were highlighted as areas where further focus from the Board and partners may improve the organisation of care.

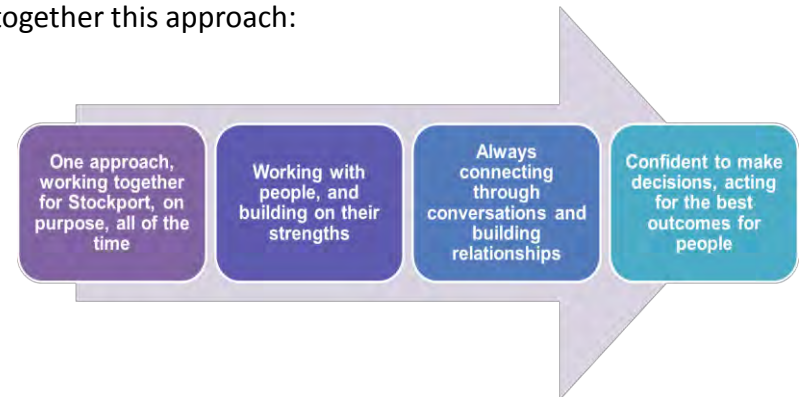
**Housing** needs to be inclusive, adaptable and provide choice particularly for our most vulnerable people. This is already identified as a JSNA priority, and in 2018 there is an opportunity for the Health and Wellbeing Board to influence Stockport's future housing by helping to shape the **Greater Manchester Spatial Framework** and the **Stockport Local Area Plan**, which set the future policy for the area.

More support to engage private employers in **employing people with disabilities** was also recognised as a need, supporting some of the most vulnerable to be independent and fulfilled.

**Asset based approaches** were endorsed as the way in which Stockport can thrive, making use of our:

- physical assets, such as green space and community buildings,
- organisational assets, such as GP practice walking groups and private employers
- individual assets by increasingly empowering our population to take charge of their own health and wellbeing.

The **systems leadership approach** already adopted helps maximise the use of these assets by building relationships between partners across common priorities; the wider workforce need to be supported to make a cultural shift in the way they work with people. The **Stockport Way** recently adopted by Stockport Together brings together this approach:



The work of the **Health and Wellbeing Board** in continuing to build links between organisations, will continue to support the Stockport Way, and the Board committed to creating more opportunities to come together over the next year. There is a need to support and harness **volunteering resources** in Stockport, especially as the importance of VCSE groups to the design and delivery of new models of care increases.

# Stockport Health and Wellbeing Board

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<https://www.stockport.gov.uk/health-and-wellbeing-board>

September 2017



**STOCKPORT**  
METROPOLITAN BOROUGH COUNCIL

