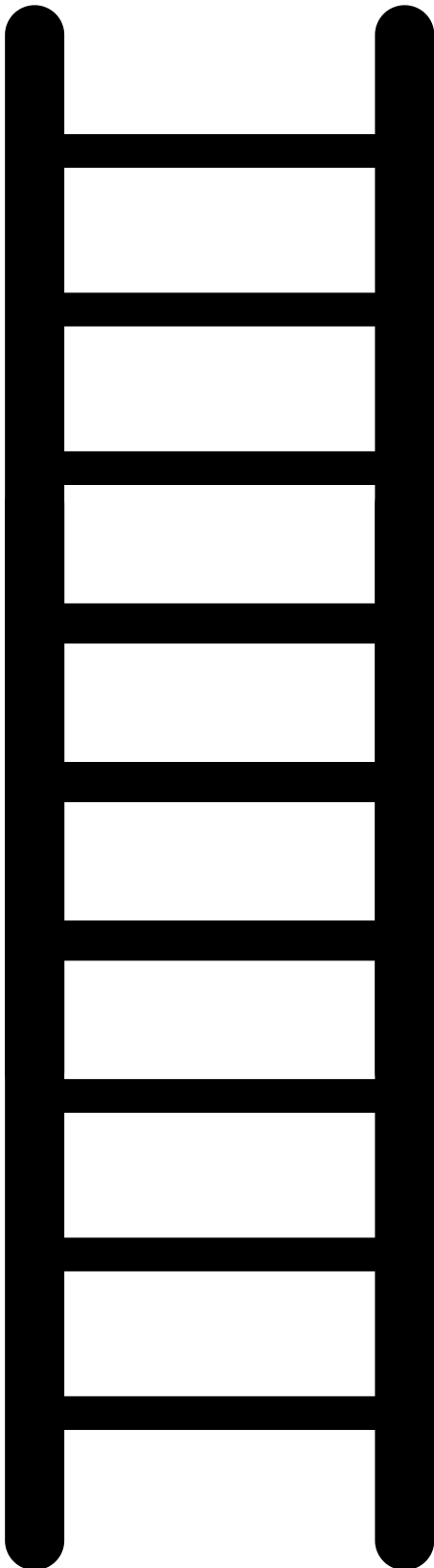


Anxiety stepladder

I want to overcome my



Step 9:

Step 8:

Step 7:

Step 6:

Step 5:

Step 4:

Step 3:

Step 2:

Step 1: