

Easy Read Learning Disability Strategy

2025 to 2030

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2025 to 2030

INTRODUCTION

	This is the Learning Disability Strategy. A Strategy is a plan of how we will all work together to make things better. This plan is for the years 2025 to 2030.
	We have worked with: Speaking Out Group PossAbilities Making it Real Board Opportunities Together This helped us understand what is important to people with Learning Disabilities. Thank you to the people who have talked to us.
	We agreed: We want people with Learning Disabilities to be happier. We want people with Learning Disabilities to be healthier. We want people with Learning Disabilities to do as much as they can for themselves. We want people with Learning Disabilities to feel they belong.

	There are five things we are going to work on with people with Learning Disabilities.
  	1) Living my Life. This is all the things someone does in their day. It could be: • going to work • trying something new • Going on holiday • Going somewhere overnight for a short break (respite)
	2) Getting to Where I need to be. This is: Using the bus Walking or riding a bike Getting a train Using taxis



3) Are the people who support me “wise” and “kind”.

This is the people who support someone.

These people could be:

- Family and friends
- Support Workers
- Social workers
- Advocates
- Health workers



4) Living a healthy life

This is all the things people to do stay well and healthy.

This could be:

- Eating healthy food
- Doing sports or going to an exercise class
- Going to the Doctors for a health check.
People with Learning Disabilities can do this every year.
- Making sure people have the things they need when in hospital.
- Making sure that there are not things that are stopping someone from being able to be healthy.

This might be if someone needs a quiet space at the doctors.

This might be sports centres having classes that have been changed so someone can join in.



5) Home, Family and Friends – where I live

Where someone lives
Who they live with



Whether they can have pets



How people can meet find love or friends.



How people can have sex safely.

LIVING MY LIFE



People told us.

They wanted to have paid jobs.
People told us they enjoy their volunteering jobs.



What are we going to do?

We will work with people and providers to create opportunities which will give them the skills they need to go into paid work.



People told us.

People also said they wanted to go out to work, meet friends and try something new outside of mornings and early afternoons.

What are we going to do?

We want everyone to be able to learn or try something new.



We will work together to make sure that we're supporting people to do what they can for themselves.

GETTING TO WHERE I NEED TO BE



People told us:

People told us that getting to where they need to be is difficult.

What are we going to do?



We want people to be able to travel to where they need to be safely like everyone else.

We want people who work in public transport to know what a learning disability is and what things can support them to travel.

We call these reasonable adjustments.



We want people to get to where they are going doing as much for themselves as they can. We will support people to learn new routes to places if they change where they are going.



We will work together to build people's confidence and skills so they can use busses or trains.

We call this travel training.

THE PEOPLE WHO WORK WITH ME ARE WISE AND KIND



People told us:

That they wanted rights to be at the heart of all planning.

They want to have good connections with people in:

Social Care
Hospital
GP



What are we going to do?

To make sure that the Learning Disability Partnership Board focuses on working together.

This is sometimes called “co-production” or “working in partnership”.

We will give training to the people who support people with Learning Disabilities. We want to help them to continue learning what makes people’s lives better.



Information

Make sure that people are able to find the right information they need.

LIVING A HEALTHY LIFE



People told us:

That they wanted to keep healthy.

What are we going to do?

Work with Life Leisure to develop a more accessible leisure offer.

We will also work with Life Leisure to help other classes be as disability friendly as possible.



People told us.

That when they had needed to stay at hospital to get better they would like their experience to be better.



We will continue to work with GPs to learn from what had gone well for people.



We will make sure people have good access to vaccinations and health screening such as for breast cancer.

Things we will do that people did not tell us about but we know is important.

LeDeR

When a person with Learning Disabilities dies their death is looked into.

This happens because we know that people with Learning Disabilities are not living as long as other people.

We want to change this.

When their death is looked into they check what went well and what could have been done better.

We want to then use what they find to make things better for everyone with a Learning Disability.

The people who look into these deaths are called “LeDeR”. This stands for Learning from lives and deaths of people with a learning disability and autistic people.

Being in Hospital when you do not need to be

We know that being in hospital when you do not need to be is not good for people with Learning Disabilities.





What are we going to do?

We will all work together to review what things and places are available to people outside of hospital to stop them needing to go to hospital.



This will help us make sure the things a person needs is ready for them when they need it.

The things and places could be:

Where someone lives, their home.

The support they get at home or from other people like psychologist or nurses.

HOME, FAMILY AND FRIENDS – WHERE I LIVE



People told us:

That they wanted:

A garden.

A pet

Having the internet.



People also told us that they did not always know why they could not have a pet.



What are we going to do?

Will explore opportunities for people to have outdoor space and build relationships with animals.



We will develop a supported housing strategy and action plan to make sure we have the right housing for the future.



People told us.

People told us that that having a break was important to them.

People told us they wanted choice about how they had a break.

Sometimes people wanted to have a break overnight.

We used to call this “respite”, we will now call this “Overnight Short Breaks”.

What are we going to do?

We will look at the choices people have for a break.

We will then put a place in place to do more of the things that are good.

We will then put a plan in place to make sure we do more of the things that work well for people.

We want anywhere you stay overnight to feel like home.

We want the places people stay overnight to help people with Learning Disabilities learn new things. This might be:

Learning to cook

Learning how to use a washing machine

How to use the bus.



Things we will do that people did not tell us about but we know is important.

Technology

We want people to do as much as they can for themselves. We want to make sure that people have everything they need to do this.

We want to make sure that people know about things that might mean that they can do more for themselves.

This might be:

Having an alexa/google speaker that reminds someone to take tablets or have a drink.

Having a ring door bell so someone can see who is at their door.

Using an app on your phone to help get to see friends.

We call this technology.

What are we going to do?

We will improve our technology offer to make sure that people with Learning Disabilities know about this.



For further advice and guidance, please contact;

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