

Reading Friends Volunteer Role Job Description with Stockport Libraries

Purpose of role

To befriend older people within the Stockport area who are potentially vulnerable and isolated.

Leading group sessions with these individuals.

Main activities and tasks

1. Support elderly people within the area, who are vulnerable and isolated. And support professional carers in activity based environments for people affected by dementia
2. Helping to lead sessions focused around these individuals.
3. Be aware and sensitive to those in the group.
4. Helping with set up for various themed activities, whether this is reading, crafts, etc.
5. Helping to lead focused activities (memory boxes, etc.).
6. Helping to clean up & tidy following events.
7. Support staff and the group on day trips.

Qualities, skills and experience sought

1. A reliable, confident and responsible individual, with enthusiasm and effective communication and interpersonal skills.
2. Have a friendly, patient and approachable manner.
3. Ability to empathise with older people and people with disabilities.
4. Have the ability to cope with the duties and responsibilities of the role and the associated environment, including an understanding of health and safety.
5. Able to follow guidelines/instructions.
6. Initiative and the ability to work without supervision.
7. Willing to learn new knowledge and skills.

Location

Various locations in Stockport, including libraries and other settings.

Time commitment

This will vary and we are happy to discuss this with you.

Training and support

Volunteers will be inducted and trained prior to carrying out this role.

They will also have a named supervisor who will provide ongoing support.

Information about the national project can be found at

<https://readingagency.org.uk/adults/quick-guides/reading-friends/>

For further information, please contact Libraries libraries@stockport.gov.uk