

Delivering Early Help and Prevention in Adult Social Care

2025 - 2030



Ambitious Stockport, creating opportunities for everyone



Delivering Early Help and Prevention in Adult Social Care

Introduction

It is our ambition to be the best place to live happy and healthy lives.

Everyone has the right to a good life. People shouldn't be defined or limited by their illness or disability. People want to have a 'gloriously ordinary life', defined by personalisation, choice and control.

We want people to be able to live in the place they call home with respect and dignity and have choices about their lives. We want to enable people to be as independent as possible, with access to their community, in control of their care and support and living a life free from abuse.

This strategy outlines how Adult Social Care will deliver early help and prevention in line with the aims of One Stockport One Future, the Council Plan, and the Care Act 2014. It sets out the framework for transforming services to better promote independence, highlighting current efforts and future priorities:

- Information, Advice and Guidance: Reliable advice and information empower people to make informed choices.
- Enabling Independent Living: Supporting people to live independently is vital for autonomy and well-being, requiring a holistic approach across health, safety, social support, and accessibility.
- Commissioning for Early Help and Prevention: Early help and prevention are central to commissioning strategies, with a focus on maximising independence.

Adult Social Care collaborates with other stakeholders in the implementation of the Stockport Live Well programme. The aims and actions outlined in this strategy are aligned with those of Stockport Live Well, focusing on neighbourhood-based work, recognising the strengths and needs of different areas, and adjusting community engagement approaches to promote well-being for all residents of Stockport.



Stockport's changing population

Population growth

- Stockport's current population is 294,800, a 4.1% increase since 2011.
 - The population is **older than average**, with significant growth in residents **aged 65 and over**.
- By 2030, the population is projected to reach 305,100, with:
- 21.9% over age 65
- 11.2% over age 75

Health of our borough

- Stockport remains one of the healthiest boroughs in Greater Manchester.
- Health outcomes are average compared to national and similar areas.

Health inequalities

- Stockport has both the most and least deprived electoral ward and GP practice in Greater Manchester.
- People in the **most deprived areas live 10 years less** on average than those in the **least deprived**.
- Healthy life expectancy gap is even larger:
- 25% of life in fair/poor health in deprived areas
- 15% in more affluent areas

Long term conditions

- Prevalence is rising faster than the population growth.
- Over 40% of residents registered with GPs have one or more long-term conditions.
- Among those aged 85+, this rises to 92%.
- Diabetes and dementia are the fastest-growing conditions.













Thinking Stockport

Achieving as a

Working with Ambition

Showing everyone Respect



National Drivers

By aligning with national policies and frameworks, Stockport Council is committed to fostering a preventative, strength-based approach to Adult Social Care that supports residents in achieving and maintaining independence within their communities.

National priorities including:

- People at the Heart of Care (2023-2025) Emphasises the need to prevent care
 needs from escalating by supporting people earlier, closer to home. It promotes
 personalised, preventative support that helps people stay independent and reduces the
 need for long-term care.
- The Care Act 2014 Places a duty on councils to provide or arrange services that
 prevent or delay the development of care needs. This includes helping people maintain
 independence, stay active, and avoid unnecessary care or hospital admissions. The
 statutory guidance highlights 'at every interaction with a person, a local authority should
 consider whether or how the person's needs could be reduced or other needs could be
 delayed from arising' (DHSC, 2016).
- Accelerating Reform in Adult Social Care Aims to shift the focus of Adult Social
 Care from crisis response to prevention and early action. Encourages innovation and
 local models that delay or reduce the need for formal care through community-based
 solutions and strength-based practice.
- NHS England's Public Health Functions Agreement 2025–2026 Focuses on preventing avoidable ill health, achieving earlier diagnoses, and reducing health inequalities through proactive public health services.
- Local Government Finance Policy Statement 2025–2026 Highlights the importance
 of preventative, personalised social care delivered by a professional workforce to
 enable independent living.
- NHS Operational Planning Guidance 2025/2026 Outlines priorities for integrated care systems, including the delivery of proactive, personalised care and the use of digital tools to support prevention.
- NHS 10-year plan This sets the direction of the NHS and the wider health and care
 system for the next decade. This plan is rooted in a desire to shift care from hospitals
 to the community, to create a more digital healthcare system, and to develop a model
 that emphasises prevention over treatment. This will mean focusing more on
 preventing ill health than on treatment, including likely the wider determinants of health
 and factors that influence a person's need for care.



Regional and Local Strategy

One Stockport One Future is the next phase of our borough plan. It sets out how we will work together to tackle the challenges we face, so Stockport can be the best place to live happy and healthy lives, a place where anything is possible, a place that everyone, right across the Borough can be proud of. It is embedded into our Council Plan and will be delivered through our organisational and partnership strategies.

Delivering 5 Big Things Together

To achieve our shared vision to 'make Stockport the best place to live happy and healthy lives', we must have a relentless focus on the biggest challenges facing our borough: -

- Fair and inclusive making Stockport a great, diverse place to live, where everyone can thrive
- **Climate Action Now** creating a 'green print' for Stockport so it is a climate friendly place to live, work, play and invest.

No one thing or organisation can address these challenges alone. One Stockport: One Future is a collective call to action to work together to deliver the '5 big things' we believe will transform our borough over the next 15 years to help us achieve our shared vision.



In Adult Social Care we are helping to deliver Thriving Neighbourhoods and Best Health and Care.

Best Health and Care – There are big changes and challenges facing the health, care, and wellbeing of the residents of our borough: our population is changing; inequalities across our borough have impacts on the health of our residents throughout their lives, for example becoming an age-friendly borough.

Thriving Neighbourhoods – Stockport is a borough full of unique neighbourhoods, where people value a sense of community, feeling safe and having pride in their local area, for example, and ensuring there is joined-up health and care in neighbourhoods.

This strategy and action plan aim to transform services so people in Stockport can live and age well, maintaining independence in their communities. Emphasising early intervention, community support, and healthy living, it supports individuals to enjoy fulfilling, independent lives for as long as possible.



Our One Stockport Vision for Health, Wellbeing and Adult Social Care

Our goal is to create a fair, inclusive, caring, and ambitious borough. We aim to support healthier, happier lives in Stockport, helping everyone live as they choose and enabling children and families to reach their potential. Our health and care priorities are giving every resident a strong start, supporting thriving communities, reducing inequalities, improving wellbeing, and focusing on early help, prevention, independence, and continuous service improvement.

Our <u>ONE Health and Care Plan</u>, is our single system-wide plan for health and care, to improve health and care provision in Stockport and to continue to move to a more preventative, holistic, and person-centred health and care system. Our aims for the One Health and Care Plan are: -

- People are happier and healthier, and inequalities are reduced
- Our population has access to safe, high-quality services which make the best use of the Stockport pound
- People and communities are enabled to improve and protect their health
- Communities are thriving and economic development is supported

Greater Manchester (GM) Live Well

GM Live Well champions proactive, community-based support that addresses health and care needs before they become urgent. It promotes healthy lifestyles, early intervention, and community resilience to reduce pressure on services. Our local programme **Stockport Live Well** is Stockport designed but fully complements our shared GM Live Well ambitions.

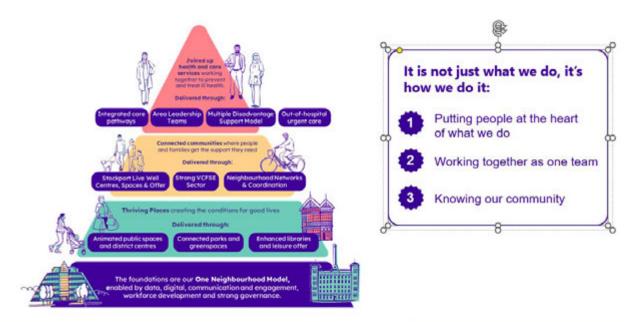




Stockport Live Well

Stockport Live Well - Stockport's neighbourhoods are unique. People value a sense of community, feeling safe and having pride in their local area. When people face challenges, they look for help and support locally, whether that is through family, social connections, communities or neighbourhoods. Stockport Live Well is about working in our neighbourhoods, focusing on the strengths and needs of different areas and redesigning the way we work with people in our communities to create happy and healthy lives for everyone in Stockport.

It is centred on working together as partners across the borough to bring together early help and support, brilliant community spaces, and joined up health and care services to make it easier for residents and communities to help themselves, their families, and those they care for in places close to them. A **relentless focus on prevention** runs throughout everything we do and shapes how we work.



STOCKPORT Happy healthy lives for everyone

Live Well: Connected Communities & Places

The aim is to create a connected and inclusive Stockport by linking people, places, and services through a network of Live Well Centres, community spaces, and accessible options that are available to residents physically, digitally, and socially.

Centres

Support will be offered in accessible locations like Live Well Centres and Family Hubs, where Stockport residents can get universal help. These hubs will connect people to broader care, information, and empowerment resources.



Spaces

We are strengthening connections between services and communities with roles like Work and Skills Navigators and partnerships with VCFSEs. Programmes such as GM Trailblazer, Work Well, and Preparing for Adulthood support residents—especially those with SEND or in low-paid jobs—by providing tailored access to work, wellbeing, and opportunity. A universal Live Well offer is available to all Stockport residents, easily accessed through the Stockport Live Well Community Directory. This includes anti-poverty measures, in-work progression, and community-driven neighbourhood support.

The Neighbourhood Model

Our approach is based on place-based delivery, using neighbourhood action plans, coordinated governance, and regular community engagement. These processes are designed to help services be relevant and timely at a local level. Partnership with the VCFSE sector is part of our overall strategy. By working with social enterprises, making investments, and establishing social value commitments, we aim to create support models developed jointly with community input, utilising available knowledge and resources.

Live Well: Collaborative Health and Care

Collaborative teams prioritise prevention, early intervention, and proactive care to promote improved health, wellbeing, and independence within our communities. In alignment with the NHS's movement toward community-based, proactive care, ASC works in partnership with health services, care providers, and community organisations to harness the capabilities and strengths of individuals and communities, utilising established support networks. The following work programmes are being implemented as part of Collaborative Health and Care:

- Creating the conditions for change
- Enhancing collaboration among partners by building on existing strong relationships
- **Empowering** frontline staff to design innovative working practices
- Enabling clinical and managerial leadership and capacity
- Expanding the use of population health management tools and data
- Utilising all available resources, assets, and community services within each neighbourhood
- Establishing proactive care and prevention as a collective responsibility with a deliberate shift in focus
- Optimising care pathways and ensuring seamless transitions between services

Delivering Adult Social Care

People should not be limited by illness or disability. Everyone deserves a personalised, independent life with choice, dignity, and respect in their own home. Individuals should control their care, participate in their community, and live free from abuse.

We are committed to maintaining high standards by actively seeking feedback and implementing ongoing improvements. This is achieved through our partnership boards and the Making it Real Board, which ensure the provision of inclusive and accessible services that effectively address the needs of individuals with residents and all system partners.



Partners across Stockport are working together to develop and embed early help and prevention, to ensure residents receive timely, proportionate support to meet their health and care needs. Adult Social Care and Public Health jointly commission eight Early Help and Prevention services for Stockport. To make it easier for residents and professionals to find the right help quickly.

The Adult Social Care Plan on a Page describes our core business; all aspects of our delivery in supporting our staff to serve the residents of Stockport.



Putting people first in Adult Social Care helps promote a **gloriously ordinary life** for all. Co-production, or Working in Partnership, is central to our approach, especially when making prevention our core offer. By involving individuals in decisions about communities and care, services become more responsive and better suited to their needs. Developed with our Making it Real board our Adult Social Care charter encompasses our values when working in partnership with people.

Adult Social Care Charter





The Care Act requires local authorities to **prevent**, **reduce and delay** the need for long-term care. The wellbeing principle and strengths-based practice is central to practice, commissioning and good conversations with people.

A preventative, independence-focused approach should underpin all interactions in Adult Social Care, from engagement with universal services and community groups to requests for information, assessment, planning, review, and strategic development.

Prevent

Supporting health lifestyles, independence and social connections and reducing risks of illness or disability, so people do not need care and support in the first place Heping people to stay well, live independently, stay connected and helping people live at home

Reduce

Also known as early intervention, this is about helping people who are starting to show signs of needing support or at higher risk of developing care needs

Identifying people at risk, slowing down their deterioration, seeking to improve their situation

Delay

Focus on helping people who already have health conditions, complex care needs or are carers themselves. The aim is to reduce the impact of their condition, prevent things from getting worse, and support them to live as independently as possible

Reducing deterioration, promoting independent living, supporting greater independence

This approach aims to give people the information and support needed to make informed health and care decisions and keep living independently at home and in their communities. The focus is on prevention and early help, follows the **Gloriously Ordinary Lives** principles.













Prevention is an ongoing, integral part of our work—whether we're reducing carer isolation, helping young adults find jobs, supporting addiction recovery, or preventing neglect, abuse, physical decline, falls, mental health crises, or infections. At times, brief but intensive support may be needed to help someone maintain independence. This means driving prevention for independence at all stages of working with people and their families.



This may include:

- Using technology, community resources in different ways to enable people to be part of their local community and/or work towards employment for example.
- Using information and advice to connect residents with community-based services
- Reduce dependency on long-term support by offering short-term care interventions to aid recovery after illness, falls, or hospital stays.

Areas of Focus

Our areas of focus provide a framework to further transformation of our services to promote individual independence. They are aligned to the wider council and One Stockport objectives and run throughout our Live Well programme.



Information, Advice and Guidance

Access to accurate advice and information can help individuals make informed decisions and maintain control over their circumstances. We have online information designed to provide information, guidance and advice to support people to find their own solutions. What we already have in place;

- Our Stockport Live Well Community Directory; bringing together services and organisations across the borough that can support people to live healthy and independent in their communities
- Welcome to Healthy Stockport website containing information, resources and support to help people to protect their health and mental wellbeing
- <u>The Virtual House</u> online virtual house full of technology, equipment and aids designed to promote independence at home
- Our Making it Real Board online information to get people involved to shape the future of ASC
- Home | Signpost Stockport for Carers advice, information, peer support, practical support and carers assessments
- Contact adult social care Stockport Council online information about ASC including videos about what to expect if you make contact from the initial conversation to paying for care and support.
- Stockport Support Hub brings together 6 key community services supporting people with all elements of advice, information guidance and practical support:
 - Stockport Support Hub Offers information, advice, and guidance for Stockport residents, triages referrals to partner organisations, and operates weekly alongside the Adult Social Care.
 - Your Support One to one support from a dedicated Keyworker with practical issues such as housing, finances, digital skills, and confidence building. Weekly sessions supported by a BSL Interpreter for the Deaf Community
 - Community Support Helping individuals find ways to become more independent and engaged in their communities, including 1:1 support. Identifying service gaps and encouraging new projects or groups to address them.



- **Transport Support** offers door-to-door service for Stockport residents aged 18+ who have difficulty using public transport. **The service helps people reach:** community groups, shops, leisure activities (like swimming or gyms), and social opportunities for volunteering and skills development.
- Home Support Help individuals live independently and stay in their homes, prevent homelessness, support hospital discharges, and reduce admissions.
 Priorities include addressing self-neglect, hoarding, and providing deep cleans and decluttering services.
- Carers Support Offers advice and specialist help for mental health carers (Stockport & District Mind), carers assessments, service champions, outreach to hard-to-reach carers, access to wellbeing resources like peer support and therapies, and administration of the Carers Network and Partnership.
- **Domestic Abuse Support:** Early Intervention & Prevention, Complex Safeguarding, Independent Domestic Abuse Advocate.

Enabling People to Live Independently

Enabling people to live independently is a critical aspect of promoting autonomy, dignity, and well-being. Prevention priorities that support independence focus on empowering individuals with the tools, resources, and opportunities they need to maintain autonomy throughout their lives. Ensuring that people can live at home for as long as possible is crucial for maintaining their independence, dignity, and overall well-being. It often requires a holistic approach that addresses healthcare, safety, social support, and accessibility.

What we already have in place:

- **Stockport Live well** appointments are delivered over the phone and at community locations across Stockport, connecting people to early help, advice and support
- **Universal Care Call** provided through Stockport Homes Group, care call technology in the person's own home
- Occupational Therapy guiding people to say independent in their community
- Equipment Access to aids, equipment and home adaptations
- Viaduct Care social activity groups, peer support and recovery networks
- Making Every Adult Matter; our MEAM hub connects individuals facing multiple disadvantage with community resources
- Integrated working across with Stockport Foundation Trust and Pennine Care Foundation Trust
- Adult Community therapy team offering community rehabilitation services and provide on management of long-term conditions
- **Stockport Homes** offers support for those at risk of losing their home or experiencing homelessness, including mediation, housing advice, and temporary accommodation.
- **The Well Spring** provides homeless individuals with meals, health services, and housing advice.

The public health team coordinates several delivery programmes aimed at improving health and wellbeing in Stockport through various activities. These programmes include:

- Preventing ill-health, promoting wellbeing, and addressing health inequalities
- Increasing equity of provision across services, including access, experience, and outcomes



- Collaborating with communities to identify and enhance assets, build community cohesion, and support collective action for health and service development
- Supporting the borough's efforts to address poverty by assisting individuals in achieving financial, digital, and social inclusion to help prevent and reduce poverty and social isolation
- Developing public health early intervention, prevention, and behaviour change work programmes. Examples include:
 - Implementing the Stockport cancer prevention strategy
 - Focusing on primary prevention of heart disease and diabetes
 - Supporting the development of local drug and alcohol services

Commissioning: Early Help and Prevention

Early Help and Prevention and key components of the Adult Social Care Commissioning Strategy, taking a prevention first approach to promote services that maximise independence and meet needs with a focus on aspirations of people. We want to support individuals to live longer at home, keep and increase their independence, prevent hospital admissions and encouraging ageing well. Ww need to ensure that we have the right **Early Help** offer that prevents people needing more formal care and support.

As people develop care needs, there is a focus on how we **enable** them to regain their **independence** and enable them to remain living at home with no or low levels of support. For those individuals unable to remain in their own home we want to ensure that there are a range of suitable options that enable them to remain living in the community in **housing with support**. For those that need **long term support** we want to ensure that there are a range of suitable options for them to choose from in relation to providers of long-term care, in their own home or an alternative home.

Early help

 The provision of support and assistance to prevent the need for statutory services, support to carers and tech enabled care

Enablement and independence

 Reablement and short-term support, day opportunities and supported employment, community equipment

Housing with support

 Specialist and supported housing, short breaks, shared lives and extra care housing

Long term support

 Residential and Nursing care, long term home care

Next Steps - Over the next five years we will:

- Deliver our detailed action plan please see Appendix A
- Strengthen Area Leadership Teams with clear operational and strategic direction supported by population health knowledge with integrated teams
- Work together to deliver the changes set out in the NHS 10-year plan, to keep people at home in their communities
- Continue to develop, embed and build on the work of our MEAM hub. We will work with experts with experience to help inform us what we need to do to support people who are facing multiple disadvantages.



- Increase the number and location of Stockport Live Well appointments in our neighbourhoods, with the ability to book an appointment at a time and location convenient to them
- Develop and implement a model of Proactive Care tailored to meet the needs of each of our primary care networks.
- Reduce the number of people who need to be admitted to the emergency department by working together to keep people at home
- Deliver Best Health and Care as part of One Stockport One future
- Increase the use of Technology Enabled Care and a Live Well independence hub
- Deliver our community based mental health model (Living Well)
- Identify and develop a plan to work with hidden communities who experience inequalities

Measuring Success

We will know that we have succeeded when:

- We will have more people able to access information advice and guidance at a time and place that is convenient for them.
- We will have more people being supported by technology enabled care, with places that they can access and try both TEC and equipment.
- More people will be supported to be independent in their communities for longer and will have access to short-term services
- We will have integrated care pathways that feel seamless to the residents of Stockport
- Our model of proactive care will be identifying people within communities who may need more help and support

Our performance framework will be used to measure our success;

- The annual care users survey gathers information from a sample of people who access Adult Social Care Services. Key measures include how much control people feel they have over their daily lives, the amount of social contact people have and if people find it easy to access information, advice and guidance. This information is included within our Local Account.
- The biannual carers survey enables us to understand how well supported our carers are. This information is included within our <u>Local Account</u>.
- The Health, Wellbeing and Adult Social Care portfolio reports on performance as part of our portfolio performance and resources reports. These reports are presented to our scrutiny committee twice a year; firstly halfway through the year and secondly at the end of the year. They provide a detailed breakdown of all our key prevention metrics along with the targets that we have set for the year. The 2025/26 metrics can be found here: 2025/26 PPRA report.



Appendix A Our Action Plan

Our action plan provides an overview of the work that we will undertake during the duration of this strategy to achieve our ambitions.

Focused Areas	Koy Dolivorables
Development of the Adult Social Care online offer	 Key Deliverables Continuing to develop the Stockport Live Well directory Further development in improving access to digital information for everyone; people who use services, carers and professionals. Including the development and use of Al Our updated webpage will include Recite.ME which allows text to speech functionality, translation into other languages and a reading aid
Delivering improved access to Adult Social Care and Community Based engagement and support	 Enabling more people to access Stockport Live well community appointments Launch an online system so that people can book their own appointments Work with our partners to offer Stockport Live well community appointments to meet an increasing range of health and care needs Develop our ISF framework to support individuals with more options that deliver choice and control One Stockport Live Well – establish centres that provide a range of information, advice and services including financial, employment, health and social support. Where residents can access comprehensive assistance in one place
Access to Adult Social Care	 Ensure that waiting times for adult social care are minimised, and that people have timely access to the right professional at the right time Continue positive progress on Direct Payments ensuring that we do not have any delays in the setup of Direct Payments.
Increasing the use of Technology and Equipment to support independence	 We will deliver our Technology Enabled Care Strategy by: Embedding a TEC first approach, ensuring we have the right pathways in place to put TEC and equipment in place as part of Stockport Live Well appointments and that our practitioners are supported to keep up to date with TEC developments. Establish a Tech Hub where residents can explore and interact with various gadgets and adaptations that can be installed in their homes. Showcase equipment that supports daily living and independence, encouraging self-purchase and installation. We will increase the number of people who have TEC included in their support plan We will improve the accessibility of TEC for the residents of Stockport



Supporting the valuable role of carers in Stockport	 We will continue to increase the range of TEC available to people and proactively seek out new and emerging technologies Provide Stockport Live Well appointments through our Equipment and Adaptations Team Working with our external providers to ensure that all our commissioning arrangements are using least restrictive support methods and are embedding TEC into their offer We will increase the use of telehealth to support people to be discharged from hospital back into the community, supported by telehealth monitoring systems. Provide self-assessment functionality for people to identify what aids and equipment can help them to be independent at home We will deliver on our Think Carer strategy by Focusing on the health and wellbeing of carers. We will do this by ensuring that timely carers assessments are available and that there are a good range of short break opportunities available through our short breaks framework. We will provide emotional support and counselling as well as financial support and benefit advice. Better identification of carers and caring responsibilities by professionals. Carers of all ages want health and social care professionals to notice that they are carers, recognise their knowledge and expertise, involve them in discussions that affect them and acknowledge the responsibilities they carry. Better information, advice and co-ordination of support when it really matters. Improved co-ordination between services and high-quality information, especially at points of change and transition in caring such as at diagnosis, on discharge from hospital, preparing for adulthood and choosing care or planning for the future. Enabling carers to have access to information and support at the right time; Support for carers in everyday life such as work, education and leisure; enabling carers of all ages to have full lives outside
Preparing for Adulthood	 Aligned with our One Stockport Learning Disability strategy, we will support young people who have care and support needs to be independent as they grow into adulthood. Provide support for young people earlier to better understand their needs, their aspirations and help them to be the author of their own story.



Employment Opportunities for people with care and support needs Housing with support	 Create pathways and opportunities for young people to access employment, including learning opportunities to develop independence and work placements to develop skills Increase the opportunities for young people to live gloriously ordinary lives, as independent as they can be. Daily tasks, with choice that help people to have a good day To have choice in accommodation Ensure that there is good community inclusion for people in Stockport with additional needs Focusing on accessibility of places and spaces Support people with their aspirations to use public transport Support people to live a healthy life Reducing barriers in access to health care and vaccinations Ensuring peoples communication needs are met in health care settings Designing pathways to employment for people who have a support plan Increasing the number of people who have employment as an outcome in their support plan Increasing the number of people with care and support needs into employment, including voluntary, paid employment and self-employment. Working with education providers to ensure that people are supported early on to identify and work towards their employment goals We will deliver our specialist and supported housing strategy. Increasing the range of specialist and supported housing options for people with care and support needs in Stockport. Delivering on extra care options to delay and prevent admissions to residential care Embed the enhanced home support offer to include carers emergency support Deliver the short breaks framework to increase the options available to people and to help our carers. Deliver a programme with supported livi
	proof the offer, and prevent people from moving into residential care setting
Mental Health and Enablement Services	We will deliver our new mental health and enablement contract; the overarching outcomes are: • Providing bespoke outcome-based commissioning that responds to the needs of the Mental Health and Serious Mental Illness population. As well as agile outcomes to enhance the offer and response to the local demographic



	profiles and assessment of demand via grant funded programmes. • Supporting people to live well in communities and preventing people from going into hospital settings. Having good, meaningful lives with choice, control, aspirations and friendships/relationships and great outcomes. How we will achieve this: • A single point of access • Prevent admissions to hospital by enabling individuals to identify their needs in relation to their own mental illness and wellbeing • Addressing physical health co morbidities • Collaboration to address loneliness • Embed co production • Provide specialised support for pre-diagnostic neurodivergent groups • Develop a peer support offer that enhances individual's selfmanagement and overall wellbeing • Ensure we have the right pathways in place with other key services • Deliver a model that encompasses life skills that empower individuals to self-management. (Finances and budgeting / cooking / coping skills) • Reducing digital exclusion. • Deliver recovery education • Develop a voluntary and employment pathway • Offer grant schemes to support the VCSFE sector to deliver community based services linked to peoples needs and
Short Term Urgent Care at Home	 flexibility Further integration of the Adult Social Care front door with our VCSFE partners, supported by improved pathways for support Alignment of the crisis response social work team at the Adult Social Care front door. Development and embedding of reablement pathways from the front door, for people within the community to access short term support. In house short term services provided by our REACH team, delivering a period of reablement in peoples own homes, supporting discharge from hospital.
Stockport Live	We will deliver the Stockport Live well programme, enabling more
Well	people to be supported in our thriving communities