

Sensory route

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People in the parks

Stockport Growing in Partnership is a social gardening scheme where volunteers work to assist in the greening of the borough. The project is open to any adult and is fully disability compliant. Contact: **07484 278 638**

We G.R.O.W. sell hanging baskets, planters and plants all year round, with 100% of proceeds going direct to their charity supporting the people of Stockport. Contact: **07990 077 528**

Stockport Harriers & Athletics Club manage the Woodbank Athletics Stadium and offer training in all track and field athletic disciplines each week, for everyone aged seven years old and upwards. Contact: **0161 476 0009** or find out more: **stockportharriers.co.uk**

Pure Innovations run the café in the park and support people with disabilities and disadvantaged groups. Their work promotes independent lifestyles, raises aspirations and offers a space to connect with the community. Find out more: **pureinnovations.co.uk**

KIDS offer services to young people, children with disabilities and their families. They are based in Woodbank Community Centre. Contact: **0161 521 8635** or find out more: **facebook.com/stockportwellbeing**

The Kindling Trust coordinate the Community Food Hub in Woodbank Memorial Park, encouraging members of the community to come together and grow organic food. Contact: **0161 818 8384** or find out more: **kindling.org.uk**

Supportability Wheelers run weekly disabled / all ability cycling sessions on the athletics track. Find out more: **facebook.com/supportabilitywheelers**

Stockport Beekeepers' Association have an apiery in Woodbank Memorial Park and educate their members on all things beekeeping. Find out more: **stockportbeekeepers.co.uk**

Cover artwork created by
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Vernon Park and Woodbank Memorial Park Sensory route