

Stockport Dementia Care Training

Dementia Training January – June 2019

Stockport Dementia Care Training is a partnership between Pennine Care NHS Foundation Trust and Stockport Council. We provide training for the dementia workforce and for care partners – the family and friends of people living with dementia. All our courses are free to staff and carers who live or work within the borough of Stockport, unless otherwise stated.

The role of EDUCATE in our training programme

EDUCATE members make a unique contribution to our training programme by using their lived experience of dementia to improve understanding of the condition. They are experts in describing their symptoms and the techniques they use to overcome them.

Dementia awareness

Stockport supports the national Dementia Friends initiative, a campaign to raise awareness about dementia led by Public Health England. You can become a dementia friend by watching an on line video or by attending an information session. Local information is available at:

www.stockport.gov.uk/services/socialcarehealth/workinginpartnership/dementia

Dementia awareness is not an adequate level of training for staff working in health and social care and personal assistants. These staff should complete our two day foundation course in person centred dementia care. This course is mapped to the Dementia Training Standards Framework and is appropriate for all grades of staff.

For more information about the induction, training and accreditation of your workforce, visit www.skillsforcare.org.uk/Skills/Dementia SDCT can support accredited learning, but this is a chargeable service.

The Social Care Institute of Excellence (SCIE) has useful resources at its Dementia Gateway, www.scie.org.uk. We recommend you complete the Open Dementia e-learning programme prior to attending our foundation course.

The two day foundation course in person centred dementia care

Day One – An Introduction to Dementia - looks at how dementia is experienced by each individual, and how we can learn from people with dementia themselves. Emphasis will be placed on the right of people with dementia to make their own decisions and have meaningful involvement and occupation. Facts and figures about the different types and symptoms of dementia are presented. A 'whole person' approach to dementia is taken,

explaining how factors like the environment, an individual's 'life story', their physical health and the responses of others can cause difficulties for people with dementia. We look at how adjustments can be made to promote wellbeing.

Introduction to Dementia (day 1) must be completed before any other course provided by Stockport Dementia Care training can be accessed.

Day Two – *Understanding Behaviour and Supporting Communication* - looks at how both the symptoms of dementia and the individual's circumstances can bring about changes in their behaviour and responses to others. We look at the communication difficulties dementia can cause, and the abilities that are likely to remain. We explain how our own communication style can be adapted to support people with dementia. We look at the 'different realities' some people with dementia experience, and the messages behind challenging responses and behaviour. We consider the management of risk, and strategies for meeting individual needs.

Follow on courses

We run a number of courses throughout the year, available to staff and volunteers who have **completed our Introduction to dementia course.**

Learning Disability and Dementia

As people with learning disability are living longer, their risk of developing dementia is increasing significantly. This course will look at the identification of dementia in people with LD, how to improve communication, and how to respond to changing needs as dementia develops. Consideration will be given to supporting people with LD and dementia who experience strong feelings, and whose unmet needs present a challenge to carers.

Life Story, Reminiscence and Music – Enhancing Personhood

Life Story work has been called 'the passport to person centred care'. This workshop explores techniques for understanding people with dementia as individuals, so that relationships are enhanced and support strategies are genuinely personal. We will also consider some of the risks involved and how they can be avoided. Recent research stresses the therapeutic value of music. EDUCATE members will share their own Life Story books.

Understanding Fronto Temporal Dementia

This course is delivered alongside members of Stockport FTD Carers Support Group, who have expertise gained in their role as carers for people with this rarer form of dementia. The course will explain how the changes brought about in the frontal and temporal areas of the brain affect people with FTD, and how the symptoms experienced differ from other forms of dementia.

What is Lewy body Dementia?

This course provides an explanation of dementia with Lewy bodies, which shares symptoms with both Alzheimer's disease and Parkinson's disease. Case studies will be used to enable more effective support strategies.

What is Delirium?

People with dementia are particularly vulnerable to developing delirium, which can pose a serious risk to health. This course provides both a clinical explanation of the condition and how it is experienced by the person. Using case studies, there will be an emphasis on how delirium can be identified, what treatments are available and how support can be best **delivered**.

Advanced Communication Skills for Decision makers

This course aims to enable staff working with people with dementia to enhance their communication skills and develop their ability to understand needs and wishes people may be struggling to express.

The course is delivered by Buz Loveday, Lead Trainer from Dementia Trainers

Dementia Train the Trainer course

This two day course trains experienced staff to use modular units that can be delivered in the workplace. The course comes complete with training materials for use once you have completed the training.

The course is delivered by Buz Loveday, Lead Trainer from Dementia Trainers.

You will need to have completed both days of our foundation course in person centred care prior to enrolment.

Dementia Awareness for volunteers

This course supports the increasing contribution volunteers and people living with dementia are making to dementia friendly communities. Aimed at those working in an unpaid capacity in community settings like drop-ins and activities groups, we will look at the kind of support people with dementia need to stay active and involved.

Dementia and the End of Life

Evidence shows that people with Dementia are more likely to experience pain and unnecessary medical interventions at the end of their lives. Staff can feel worried and unprepared when supporting people living with dementia at this time.

This course develops understanding of the signs that may mean a person with Dementia is entering the last year of life. We will explore the role of care planning in ensuring that people with Dementia not only live well but are also helped to die well.

This course is delivered by Palliative Care Dementia Specialist Nurses from Pennine Care NHS Foundation Trust and ex family care partners.

Stockport Dementia Care Training

Dementia Training January – June 2019

**All courses are held at the Carers Centre, Thornfield Road,
Heaton Moor Stockport SK4 3LD**

Please note there is no access to the building before 9:15am

Introduction to Dementia

Monday 28th January 2019

9:30-16:30

Trainers – Mark Perry & EDUCATE

Dementia and the End of Life

Tuesday 29th January 2019

9:30-16:30

Trainers – Rachel Price, Bridget Willis & EDUCATE

Please note this course can provoke strong feelings. Managers should take this into account when making bookings. Support will be available on the day.

Understanding behaviour & supporting communication

Tuesday 12th February 2019

9:30-16:30

Trainer – Mark Perry

Nutrition, Hydration and Risk in Dementia

Monday 11th March

14:00-16:30

Trainer – Clinical Staff from Pennine Care NHS Foundation Trust

What are the different types of Dementia?

Tuesday 12th March 2019

9:30-16:30

Trainer – Helen Griffiths

Introduction to Dementia

Tuesday 9th April 2019

9:30-16:30

Trainers – Mark Perry & EDUCATE

Dementia Train the Trainer Course – 2 day course

Monday 29th April & Tuesday 30th April

9:30-16:30

Trainers - Buz Loveday, Dementia Trainers & EDUCATE

Introduction to Dementia

Monday 13th May 2019

9:30-16:30

Trainer – Mark Perry & EDUCATE

Life Story, Reminiscence & Music Therapy

Tuesday 14th May 2019

9:30-12:30

Trainers – Mark Perry, Claire White & EDUCATE

What is Delirium?

Monday 10th June 2019

9:30-16:30

Trainers – Dr Carol-Ann McArdle

Understanding behaviour & supporting communication

Tuesday 11th June 2019

9:30-16:30

Trainer – Mark Perry

How to book places:

Send the nomination form:

By email: stockportdementiacaretraining@nhs.net

By fax: 0161 716 4506

By post: SDCT, the Meadows, Owens Farm Drive, Stockport SK2 5EQ

You are welcome to give us a call to discuss your training needs

Telephone: 0161 716 4531

NOMINATION FORM – Please Print Details

Name <i>(as you wish it to appear on certificate)</i>	
Job Title: Workbase address and telephone number	
Email (please print)	
Course Title	
Course Date	
Line Manager <i>contact details: including Address, Tel No, Email</i>	
Access needs/ other information	