



Services to People Psychology Service

We can help you to enhance the learning and well-being of children and young people by applying up to date psychology in practical ways.

We know that the way to achieve the **best results for children** involves working with, valuing and supporting the adults in children's lives, too.

We are a highly experienced team with a wide range of skills and a successful track record of working with schools, families and other professionals.

We are specialists in working with complexity.



Assessment:

Stockport child and educational psychologists use the most accurate and reliable assessment tools. Our skilled assessments lead to clarity about an individual child's strengths and weaknesses. This informs and enhances children and young people's access plans, IEPs and outcomes.

We are uniquely placed to be able to assess a wide range of developmental, learning, social, emotional and behavioural needs. We can conduct assessments relating to dyslexia, autism and attachment.

We provide reports for examination arrangements at all levels, as well as advice which can contribute to statutory procedures.

Therapeutic work:

We provide a wide range of therapeutic support for both individuals and small groups. We are able to provide therapeutic work relating to many issues including bereavement and loss, emotional trauma, and attachment.

We use a range of methodologies, including group work, solution focused therapy, EMDR, CBT, mindfulness based approaches. All of our work is appropriately supervised.



Professional, clinical supervision / coaching:

We have successful experience of providing supervision for a range of professionals, both individually and in groups. This is particularly useful for professionals who do not have a recognised support / supervision structure and for those whose work is challenging and emotionally affecting.

We are trained to use a recognised specialist tool (Realise2) for strengths-based coaching / debriefing.

We also conduct stress debriefing sessions and can use structured person-centred planning tools with you to help you with the most complex cases and issues.

Consultation:

Our consultation processes begin with a recognition of your efforts.

We provide you with structure and focus, leading to an increased impetus to achieve positive outcomes.

We have experience of offering consultation to many professionals including head teachers, SENCos, class or subject teachers, pastoral managers and teaching assistants.



Policy development:

We are able to contribute to the development of school policies and new initiatives at a systems level within school; e.g., looking at a school's inclusive practice or developing an anti-bullying policy.

We have been involved in facilitating and assessing Stockport's Inclusion Quality Mark.

Guidance and advice:

We can give you research-based information relating to all areas of child development, learning, social, emotional and behavioural issues, as well as special educational needs, the SEN Code of Practice and local authority provisions and procedures.

Research:

Stockport's child and educational psychologists are all highly trained in research methodology and we can also help schools to plan and carry out small-scale action research to help you to evaluate your results.



Training:

Stockport child and educational psychologists offer bespoke training in schools to members of teaching, support staff and governors. This can relate to a current case or to any psychological issue which you need to know more about.

Evaluation shows that our training is highly regarded.

This is partly because of the way in which we make it specific to your context and can provide follow-up when this helps.

Recent examples of training provided include:

ADHD, attachment, autism, bereavement and loss (including divorce), domestic abuse, dyslexia, happiness / positive psychology, mindfulness, relaxation / stress management for pupils and staff, resilience, (management of) social, emotional and behavioural difficulties, trauma.



Work with parents:

Stockport child and educational psychologists work together with parents and carers at all levels. Our involvement with individual children will always include a parental consultation.

We offer various means of finding solutions and reducing conflict.

We can help to build bridges between home and school.

We provide training for parents through recognised programmes such as Webster Stratton.

We also provide more specialised work with groups such as foster carers, adoptive parents, parents with disabled children, teenage parents and families in which there has been domestic abuse.

Child and Educational Psychology Service

Child and educational psychologists in Stockport are highly qualified professionals who have:

- a degree in psychology
- a post graduate teaching qualification
- either a master's degree in educational psychology, or a doctorate.

Stockport's child and educational psychologists are all registered with the Health and Care Professions Council, a regulatory body which sets national standards for our training, practice and continuing professional development.

We are all full members of the Association of Educational Psychologists and many psychologists in Stockport have chartered status, via the British Psychological Society.

Regular evaluation conducted with schools and parents shows a high level of satisfaction and significantly improved outcomes for our clients.

Contacts / Offer

To discuss what we can provide for you, please contact your allocated child and educational psychologist, or:

Mark Hancock
Principal Child and Educational Psychologist

or

Debbie Stanley
Business/Administration Manager

Martin Powell
Senior Child and Educational Psychologist

Email: C&YPPsychology@stockport.gov.uk

Tel: 0161 474 3870

Address: Third Floor, Stopford House, Town Hall, Stockport SK1 3XE

Website: www.stockport.gov.uk/psychology

We offer regular visits to all of Stockport's maintained schools as well as some access to prioritised time for some of the most needy and vulnerable children and young people and the opportunity to purchase additional sessions for schools' own priorities.