WE NEED YOUR HELP!
Our Sunday lunch club has changed its day. The group has now moved to every other Wednesday evening 5pm-7.30pm (next one is 13/03/2019) At the moment it's called 'Supper Club’ but we need a new name for the club/group, so for your chance to win 2 tickets to Red Rock Cinema please send your ideas for a new name. We will pick the best 3 and put it to a vote. You can send your idea to Alice Insight or ask your PA to pass it on to Alice. GOOD LUCK we can't wait to hear your ideas. If you would like to come along please contact Alice for more information.

Meet Alice...

Hi I'm Alice. I run Cafe Zest (next one is 20th March 5-7.30pm) and Supper Club, soon to be renamed as mentioned above. (next one is 27th March) I would like to Invite all young people to join our fortnightly groups. During Summer at Vernon Park and winter at The Kitchen.

There's always lots going on, we always cook a meal and this will involve a young person helping a volunteer in the kitchen. We have guests who come along too, like Ali our sexual health worker and Jane our Nurse, and Bernie who has a food stand which is pay as you feel. Lately we have been doing a lot of baking; pizza making, cookies, muffins, tarts and all our young people get to take what they make home. It's always lots of fun, it gets a bit messy but people enjoy getting stuck in and helping each other out. It's a chilled environment and there is plenty of time to sit back and have a chat and meet new people and there are nice outdoor spaces we can sit and walk around if the weather is nice. Contact me on Facebook for more info.

I have a monthly Art group usually on a Monday evening (next one is 15th April 5pm-7.30pm) so if you would like to come along and get crafty please contact me for more information.

If you are interested in any of the above groups and would like to have chat before you come along please contact my mobile on 07887 692 208 leave a message or text and I'll get back to you.

Parent Group
Are you a parent wanting to get out and meet other parents?
Every Monday from 1pm-2.30pm we have a group who meet at a soft play centre. It's FREE and lots of fun and we would love to see some new members join us. If you would like to come along or would like more info please contact our parent worker Tracey Insight on Facebook.
Did you know you can turn up and pay football every Tuesday 10.15am-11.15am at Brinnington park leisure complex? The sessions are for men aged 18+ of all abilities. The sessions will be run by Stockport County Community Foundation. The sessions are free and they provide free refreshments. Please contact your PA for more information.

Fancy winning a BIG Easter egg? We will be hiding 5 golden tickets in and around Stockport for you to hunt out. If you find one and upload a picture to Facebook tagging Janine Insight (add me if you need to) you win an egg. Only 1 ticket per person. Please add me on Facebook to hear when the tickets will be hidden. Good Luck!

Have you seen our Care Leavers website? If you have what do you think? If you have not seen the website please take a quick look at www.stockport.gov.uk/showcase/care-leavers. A group of Stockport care leavers have worked really hard to make the website easy to use and full of the most important things young people want to know about. We would really appreciate your comments on the website. If you would like to make a comment please inbox Janine Insight on Facebook or tell your PA. We are also looking for care leavers to help us record some videos for the website so if you would like to be involved please contact Janine Insight on Facebook or 07711017391.

The forum is now up and running again with once a month sessions discussing issues care leavers face. If you would like to have your say please contact Trudi I (PA) text or whatsapp 07970920704. The sessions run on the first Wednesday of every month, the next one will be on Wednesday 3rd April 5pm-7pm contact Trudi for more info.

Cafe Zest: March 20th, April 3rd, 17th, May 1st, 15th & 29th 5-7.30Pm
Supper Club: March 13th, 27th, April 10th, 24th, May 8th & 22nd 5-7.30Pm
Art Club: March 11th, April 15th, May 13th 5-7.30Pm
Care Leavers Forum: first Wednesday of every month 5-7Pm

WHAT GOES ALL THE WAY AROUND THE WORLD BUT STAYS IN THE CORNER?

get in touch on Facebook to let us know
What Can you get involved in within the Leaving Care Team?

*New projects are still being developed this year within the leaving care team and you can be involved. we are looking to get Stockport young people involved in new developments within the Leaving Care team: please get involved.

*some of our young people have been involved in making the Stockport local offer more accessible to you on our website. please take a look at the website and let your PA know your thoughts www.stockport.gov.uk/showcase/care-leavers . we will soon be looking for young people to help us record some videos for the website. if you would like to get involved tell your PA

* Digital developments – we are setting up our own Memory Box. This will be a tool for young people to keep sentimental photos, letters and memories in a safe online memory box

* A Leaving Care Team Facebook account. what should this look like? we need your help

* Opportunities for young people to be involved in interviewing panels – The interviewing has taken place with the help of our interviewing panel of care leavers and 4 people have been offered PA roles, a massive thank-you to all young people involved in this.

*Stockport Care Leavers Forum is a platform for care leavers to get their voices heard by people who can help make changes to services for care leavers. if you think you would like to have the opportunity to share your experience and share your ideas about how to make services better please get in touch with your PA or Janine insight on FB or Janine on 07711017391

* Are you a Stockport homes resident? Have you heard of H3?

H3 provides a range of positive engagement and volunteering opportunities for Stockport homes residents, to support confidence, self-esteem and independence. We work to prevent homelessness and support those experiencing homelessness to move on.

You can get involved in the following:
- Arts and Upcycling workshops at CERA Cycloan
- Football
- Arts group and exhibitions
- Cycling
- Cooking & more

If you want to get involved contact us at admin@h-.org.uk / 07800 618 628 and ask for Ellie or Molly.
Christmas day 2018 was amazing we had a great day with a beautiful dinner. If you would like to know how to be at our 2019 dinner please ask any of the Insight team or your PA.

Care Leaver Covenant
What is it?
A promise and commitment from public, private and voluntary sector organisations to support people leaving care.

This includes offering care leavers things like
• apprenticeships
• work experience
• free or discounted goods and services

Spectra First will promote CLC and sign up private and voluntary organisations to pledge support.
If you would like to know more about CLC please look at the website. Check out the website for more info
https://mycovenant.org.uk/
App also available

You can find us on Facebook and twitter
check out our websites for lots more info
www.pure-insight.org.uk