

Acute Aorta – Endovascular Management



EMERGENCY RADIOLOGY 2023

May 8th - May 11th, 2023

8th Nordic Course in Emergency Radiology, Aarhus, Denmark

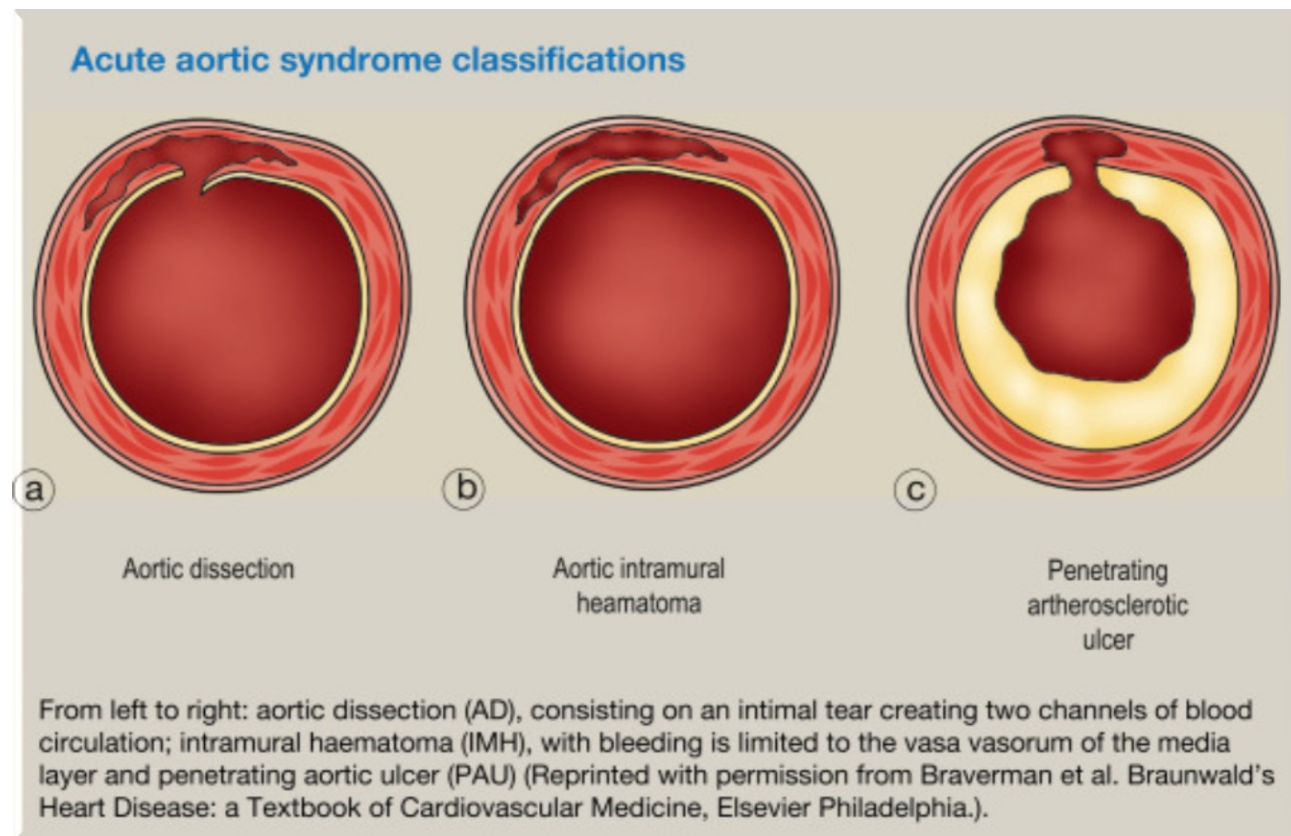
Arindam Bharadwaz, MD, EBIR

Senior Consultant & Assoc. Professor – Aarhus University Hospital
President, Danish Society of Interventional Radiology

Acute Aorta Acute Vascular Conditions



- **Dissection**
- Intramural **haematoma**
- Penetrating atherosclerotic **ulcer**
- Aneurysm leak/ Aorta **rupture**
- **Trauma** - transection



Surgery (Oxford)

Volume 39, Issue 3, March 2021, Pages 147-155



Cardiothoracic surgery



Major aortic surgery: from root to diaphragm

Ana Lopez-Marco, Aung Ye Oo

In the 1990s, the International Registry of Acute Aortic Dissections (**IRAD**) was developed

Aortic **dissection account for 80%–90%** of acute aortic syndromes)

Incidence of acute aortic syndromes is 3.5 to 6.0 per 100,000 patient-years, and contemporary **in-hospital mortality** rate for acute aortic syndromes derived from the IRAD registry is **~21%**

Acute Aortic Syndromes  

The International Registry of Acute Aortic Dissection (IRAD): new insights into an old disease

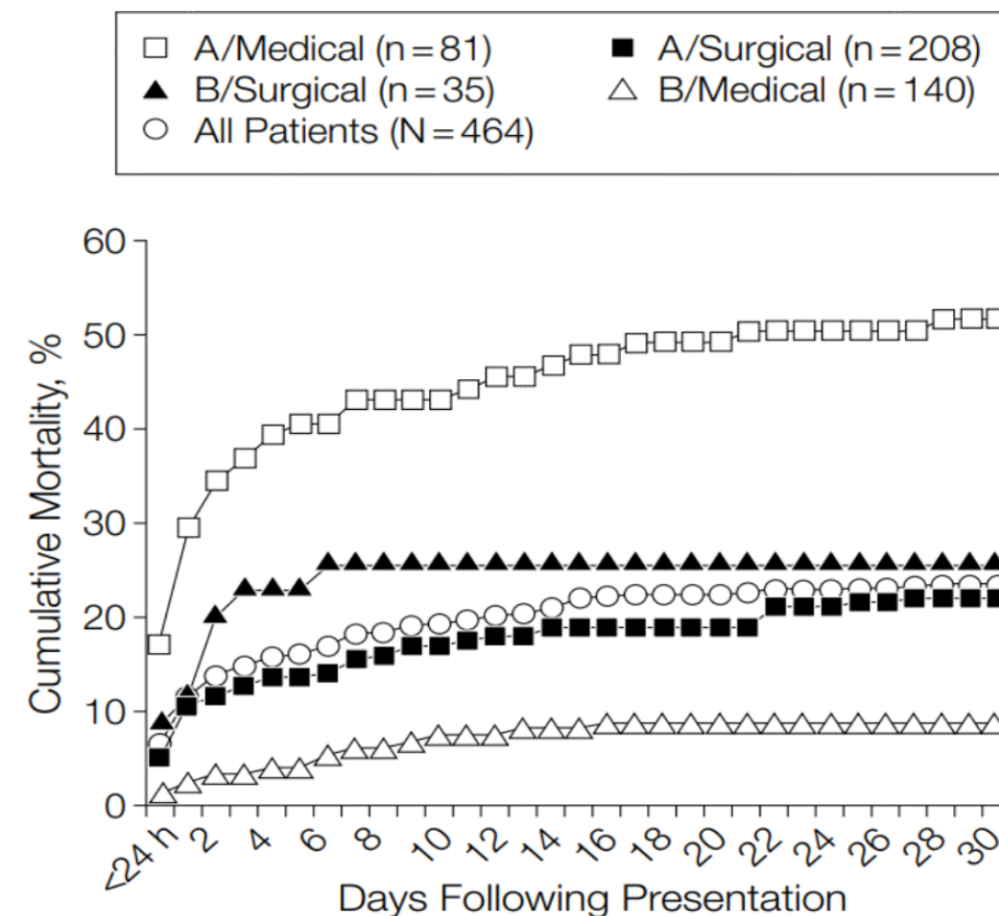
P G Hagan¹, C A Nienaber, E M Isselbacher, D Bruckman, D J Karavite, P L Russman, A Evangelista, R Fattori, T Suzuki, J K Oh, A G Moore, J F Malouf, L A Pape, C Gaca, U Sechtem, S Lenferink, H J Deutsch, H Diedrichs, J Marcos y Robles, A Llovet, D Gilon, S K Das, W F Armstrong, G M Deeb, K A Eagle

Table 4. Management and Outcomes of Acute Aortic Dissection

	Type A (n = 289) Management, No. (%)		Type B (n = 175) Management, No. (%)	
	Surgical	Medical	Surgical	Medical
No.	208 (72)	81 (28)	35 (20)	140 (80)
In-hospital mortality	54 (26)	47 (58)	11 (31.4)	15 (10.7)
Total*	101 (34.9)		26 (14.9)	

*Total mortality for both groups was 127 (27.4%). For definitions of type A and B dissections, see footnote to Table 1.

Figure. Thirty-Day Mortality by Dissection Type and Management



Diagnosis and Management of Acute Aortic Syndromes: Dissection, Penetrating Aortic Ulcer, and Intramural Hematoma

[Rebecca Sorber](#) & [Caitlin W. Hicks](#) 

[Current Cardiology Reports](#) **24**, 209–216 (2022) | [Cite this article](#)

Autopsy ~ 50% of patients with a Type A die before ever reaching a hospital

<1 in 4 with Type A are alive one month later

Delayed recognition - mortality rate of 1–2% per hour over the first 24 h and exceeding 75% in the first 2 weeks

Type A dissection is a cardiothoracic surgical emergency regardless of patient's symptoms or clinical stability.

Type B aortic dissection (TBAD) less common than Type A (TAAD)
30 days mortality rate –TAAD 50%, TBAD only 13%

Typical target systolic blood pressure < 120 mmHg and diastolic blood pressure < 80 mmHg,
heart rate < 80 beats per minute

Diagnostics - Acute Aortic Dissection

CT sensitivity of 95% to 100%; **specificity** of 98% to 100%

Transthoracic echocardiography (TTE) sensitivities and specificities as low as 60% for Stanford type A dissections and even lower for type B dissections.

Transesophageal echocardiography (TEE) - Sensitivity 89% and the specificity close to 99%.

MRI - sensitivity of 95% to 98% and specificity of 94% to 98%

CT is invaluable for treatment planning – The essence is **TIME & ACCURACY**





JACC: Cardiovascular Imaging

Volume 7, Issue 4, April 2014, Pages 406-424

State-of-the-Art Paper

The Role of Imaging in Aortic Dissection and Related Syndromes

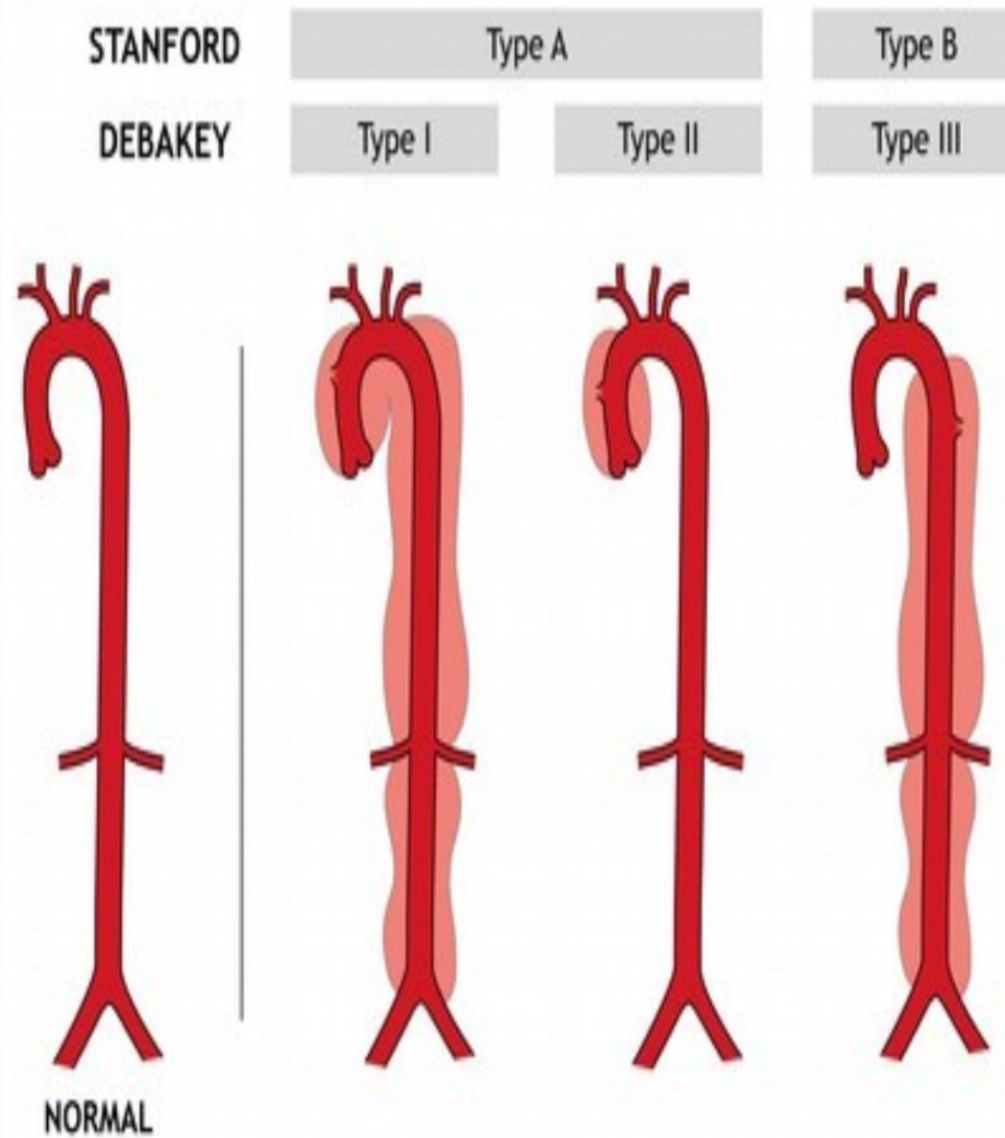
Ragavendra R. Baliga MD, MBA *  , Christoph A. Nienaber MD, PhD †, Eduardo Bossone MD, PhD ‡, Jae K. Oh MD §, Eric M. Isselbacher MD ¶, Udo Sechtem MD ¶, Rossella Fattori MD, PhD #, Subha V. Raman MD **, Kim A. Eagle MD ††

What the image should include??

1. Should be ECG triggered
2. Non-contrast, Arterial and Venous phases
3. Include iliac-common femoral arteries for extension and possible endovascular treatment
4. Neck vessels included in the scan
5. Must include reconstructions

What should you look for??

2. Type A or B - Type A mortality



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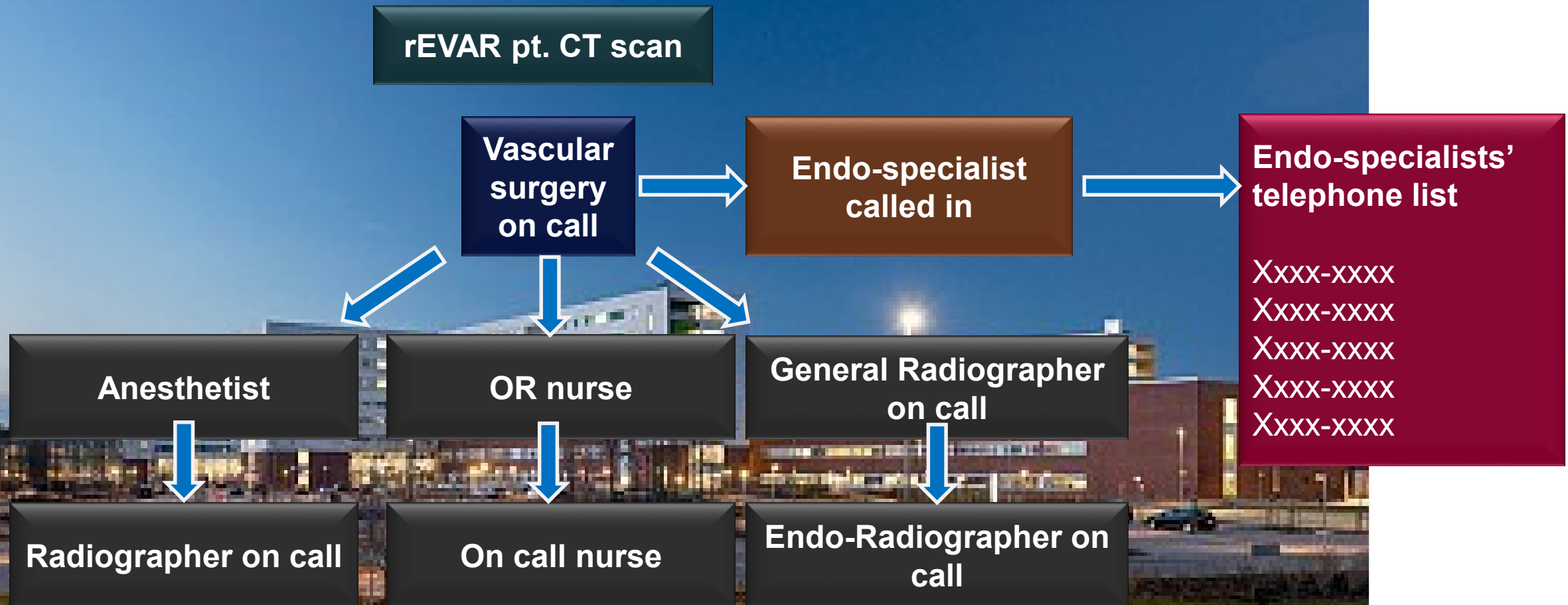
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Endovascular Treatment



Flow chart for treatment of Acute Aorta at Aarhus University Hospital



Fase 2 (Preparation before the patient arrives in the HYBRID-OR)

Endo-specialist

- Makes reconstruction
- Measures graft, find components
- Makes stent planning sketch

OR Nurse

- Makes things ready for operation
- Fetch 2 rEVAR packets from shelf
- Flowchart for OR nurse

Radiographers

- Fetch lead aprons & other gears
- Make pressure injector ready
- Scrub sterile
- Flowchart for Endo-radiographers

Anesthesia Nurse + Doctor

- Make the OR ready for operation according to instructions
- Book blood products
- BAC test

Briefing in the OR

- Patient checklist
- See CT scanning images
- Go through the treatment plan
- Do through the stent-graft sketch

Impact of an Emergency Endovascular Aneurysm Repair Protocol on 30-Day Ruptured Abdominal Aortic Aneurysm Mortality



Retrospective single-center study



376 RAAA patients

Anatomic Inclusion for Emergency EVAR*



Anatomic inclusion criteria for emergency EVAR

1. Aortic neck ≤ 32 mm in diameter
2. Infrarenal neck ≥ 10 mm in length
3. Neck angulation $\leq 60^\circ$
4. Calcification $\leq 40\%$
5. Nonreverse funnel shaped neck
6. Iliac diameter ≤ 20 mm, ≥ 6 mm
7. Ability to preserve one internal iliac

*RAAA primarily treated with open repair prior to protocol.

30-Day Mortality

Pre-Protocol

62.4%

35.8%

Post-Protocol

38.0%

23.2%

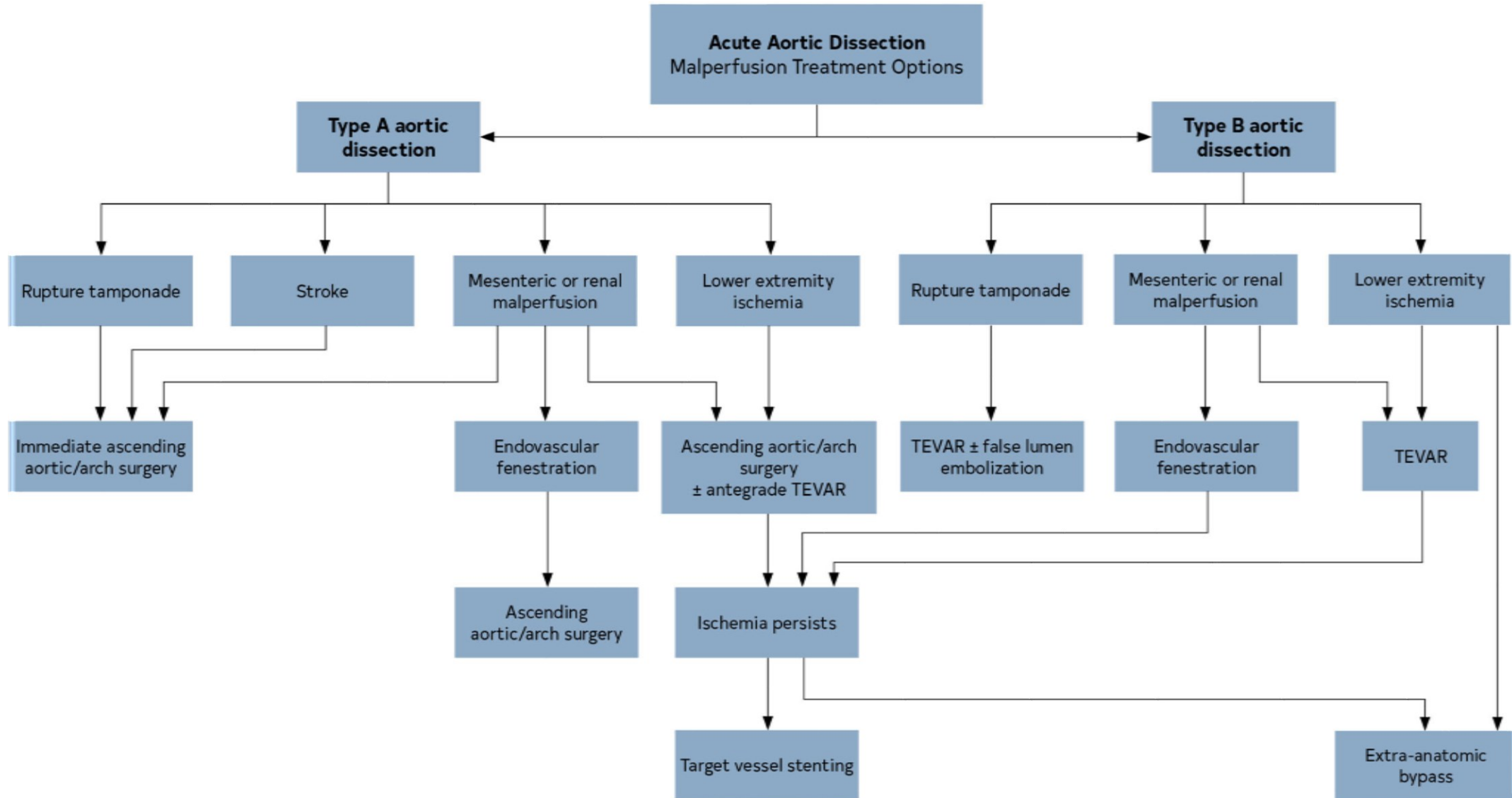
Unstable Patients

SBP < 80 mmHg
P = .019

Stable Patients

P = .073

When & How to treat ??



When & How to treat -simplified

A-dissection – Immediate Open Surgical

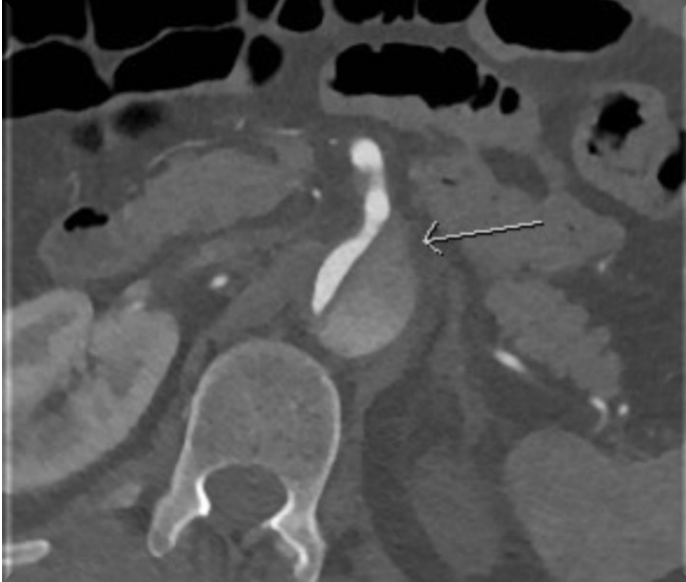
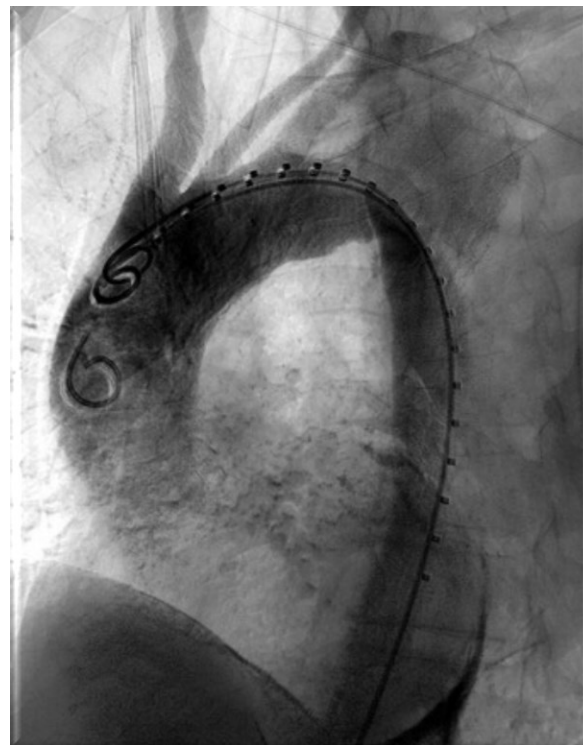
B-dissection – Uncomplicated – Medical

B-dissection – Complicated – Endovascular

B-dissection – When is it Complicated ?

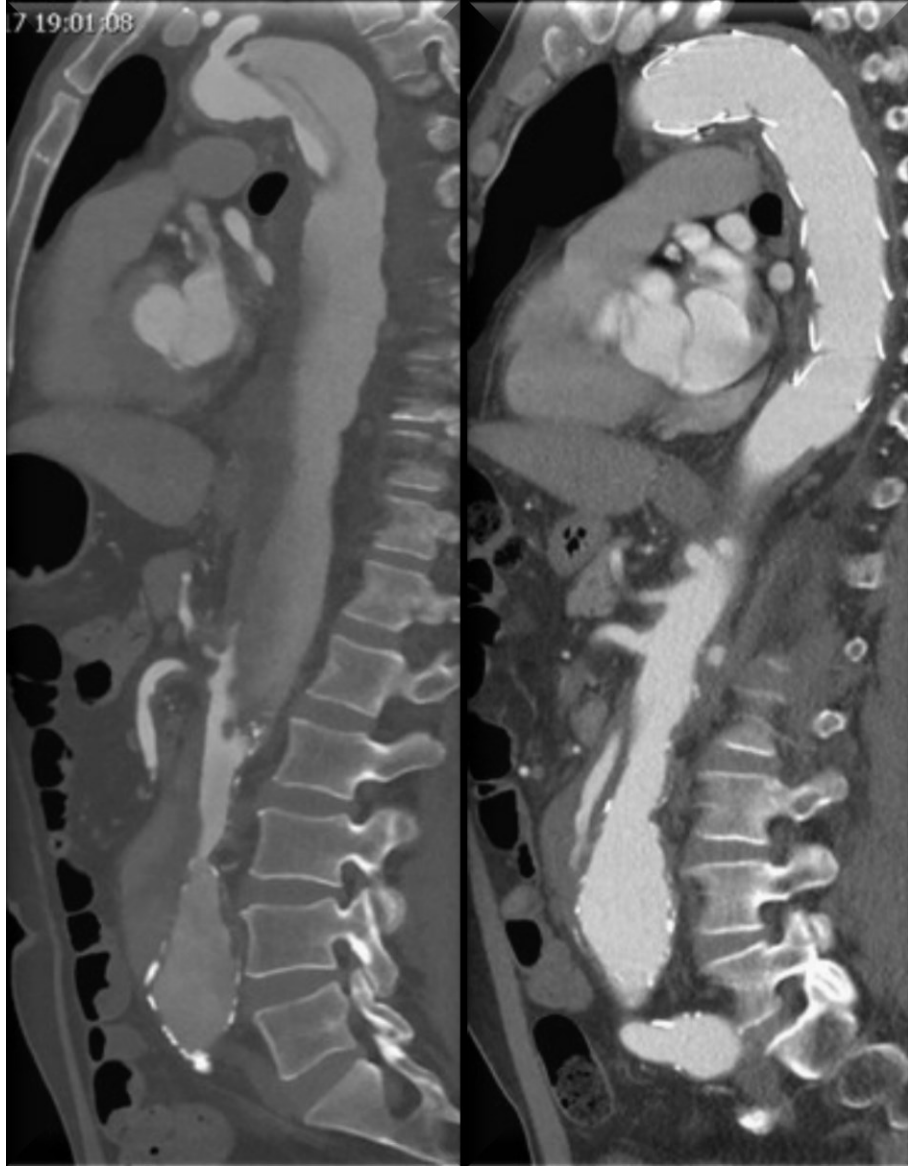
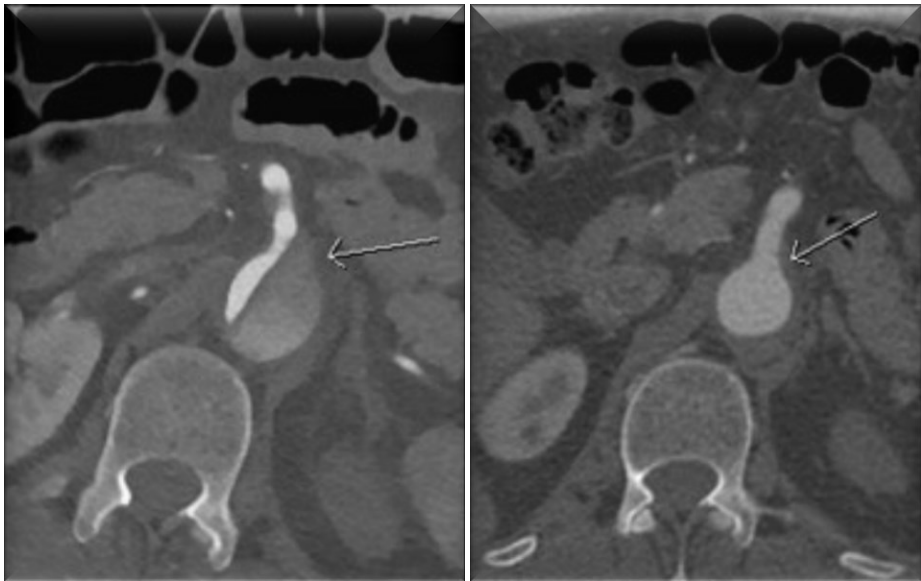
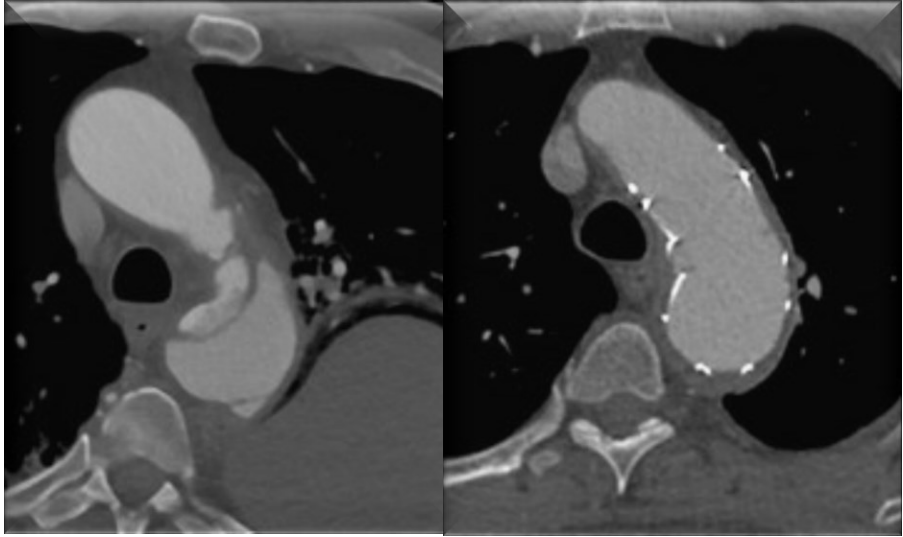
1. Rupture
2. Impending rupture
3. **Size** > 6cm (male) or > 5.5cm (female) in thoracic aorta;
>5.5cm (male) or >5 cm (female) in abdominal aorta
4. Rapid increase in size (~ >5-10mm increase within weeks or a few months)
5. Compromizing vital /visceral arteries
6. Symptomatic – Pain

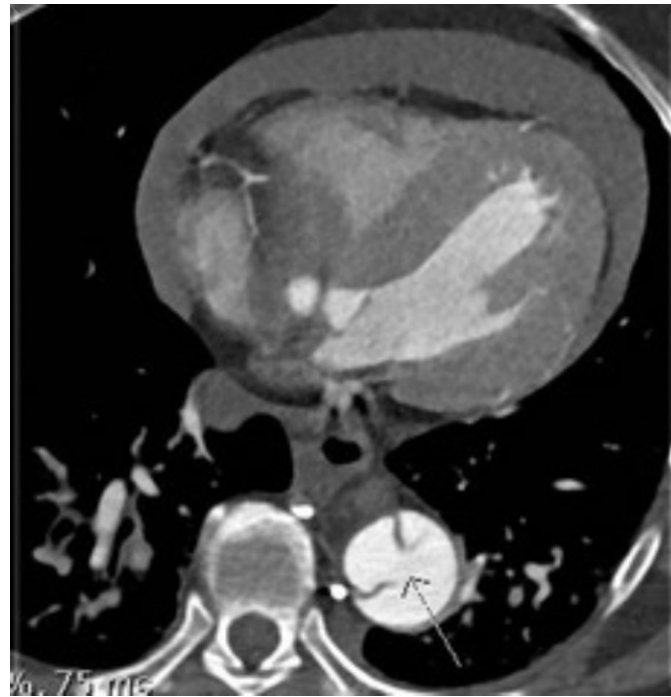
Type –B dissection with rupture
and visceral artery compromise



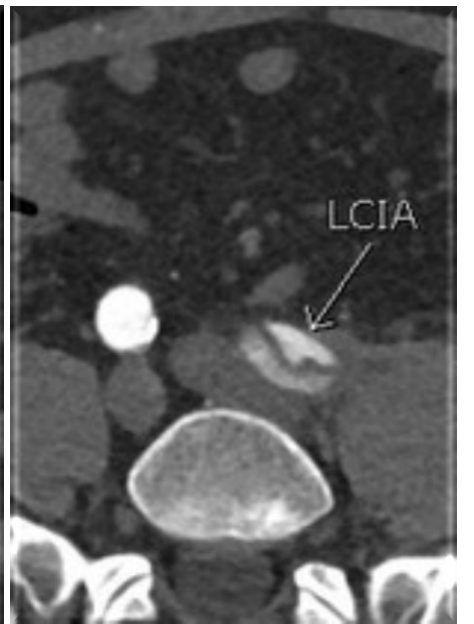
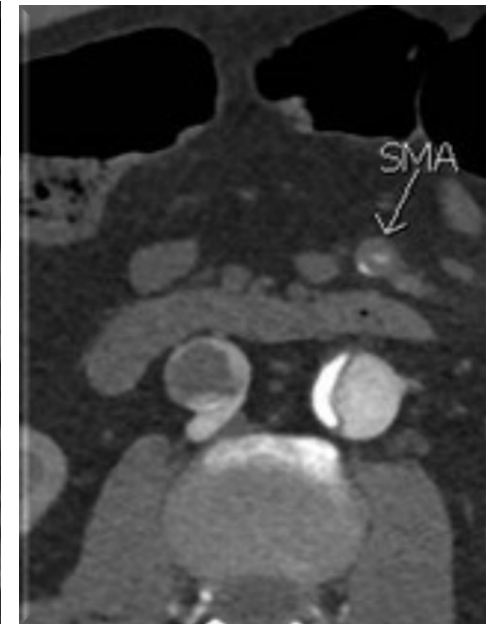
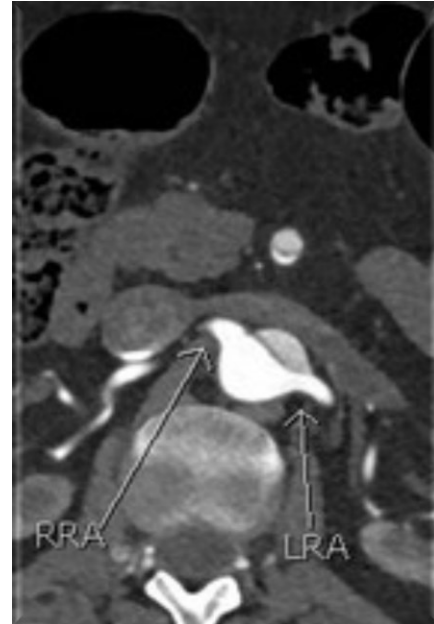
Goal:

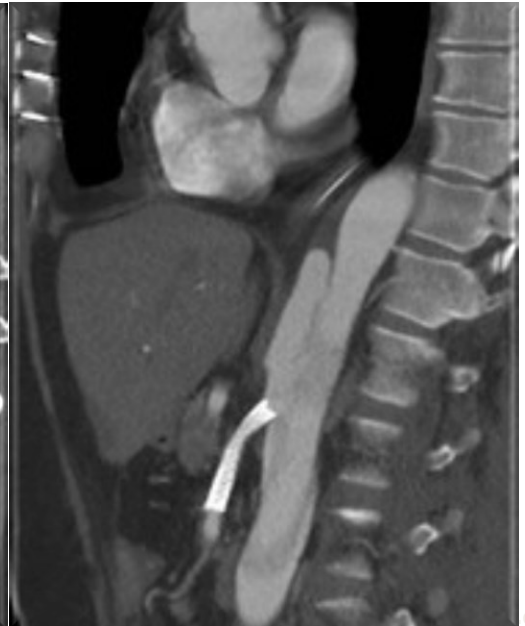
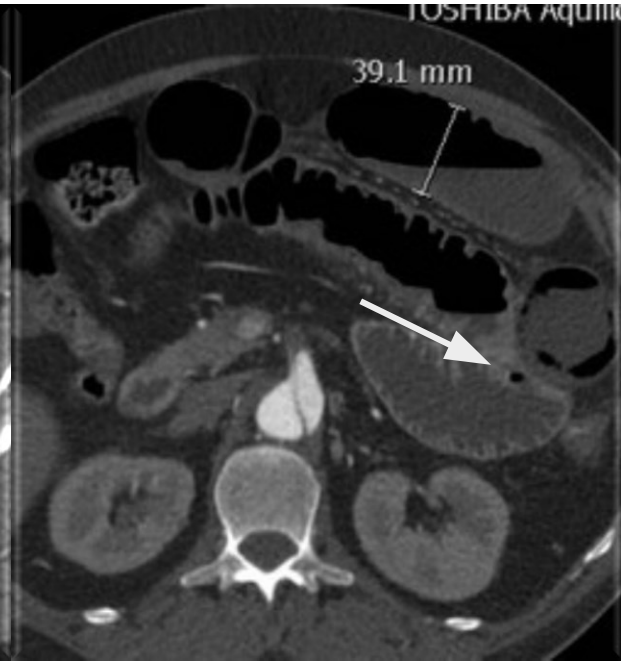
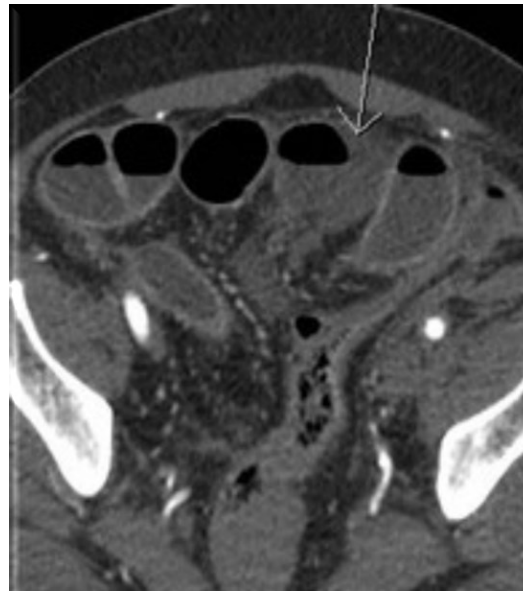
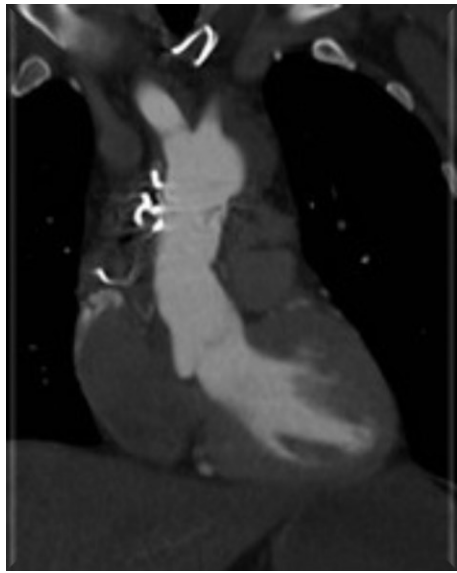
- Block entry/re-entry
- Increase True-lumen dimension
- Restore perfusion





Type –A dissection with rupture and visceral artery compromise







Endovascular Repair of Acute Uncomplicated Aortic Type B Dissection Promotes Aortic Remodelling: 1 Year Results of the ADSORB Trial

J. Brunkwall^a, P. Kasprzak^b, E. Verhoeven^c, R. Heijmen^d, P. Taylor^d
ADSORB Trialists^e

the ADSORB trial, 61 patients with uncomplicated type B dissection were randomized to best medical treatment alone or to endovascular stent grafting

primary outcome

favored the endovascular therapy

Randomized Controlled Trial > Circulation. 2009 Dec 22;120(25):2519-28.

doi: 10.1161/CIRCULATIONAHA.109.886408. Epub 2009 Dec 7.

Randomized comparison of strategies for type B aortic dissection: the INVESTIGATION of STent Grafts in Aortic Dissection (INSTEAD) trial

Christoph A Nienaber¹, Hervé Rousseau, Holger Eggebrecht, Stephan Kische, Rossella Fattori, Tim C Rehders, Günther Kundt, Dierk Scheinert, Martin Czerny, Tilo Kleinfeldt, Burkhard Zipfel, Louis Labrousse, Hüseyin Ince; INSTEAD Trial

B dissections

uncomplicated type

endovascular

medical

optimal medical therapy alone.

did not

show a difference

between groups.

also similar

VIRTUE Investigators. Mid-term outcomes and aortic remodelling after thoracic endovascular aortic repair for acute, subacute and chronic aortic dissection: the VIRTUE Registry. Eur J Vasc Endovasc Surg. 2014;48(4):363–71.

Zipfel B, Czerny M, Funovics M, et al. Endovascular treatment of patients with types A and B thoracic aortic dissection using Relay thoracic stent-grafts: results from the RESTORE patient registry. J Endovasc Ther. 2011;18(2):131–43.

•• Lombardi JV, Gleason TG, Panneton JM, et al. STABLE II clinical trial on endovascular treatment of acute, complicated type B aortic dissection with a composite device design. J Vasc Surg. 2020;71(4):1077–87. **Device trial investigating the application of dissection specific hybrid TEVAR devices for acute TBAD.**

TEVAR in Type B **complicated** dissection

8% perioperative mortality

survival rate of 84–88% at 1–2 years

20% reintervention at 30 days, mostly due to false lumen growth on imaging, development of a malperfusion syndrome, or retrograde dissection

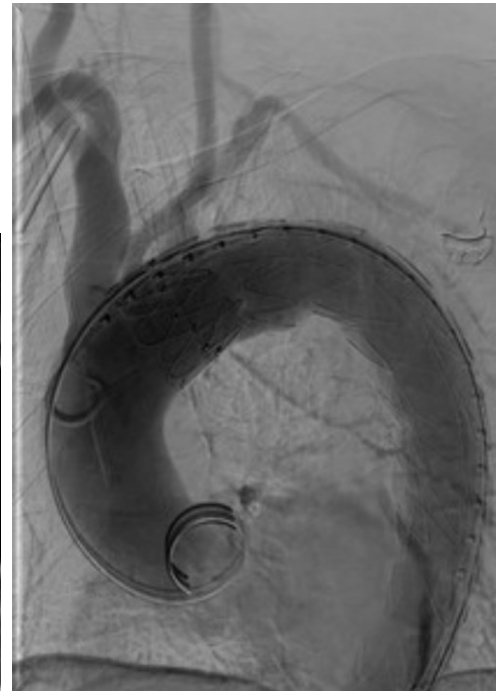
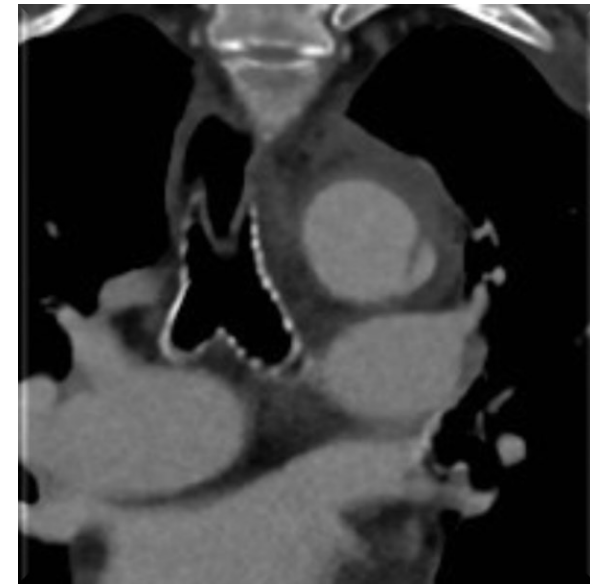
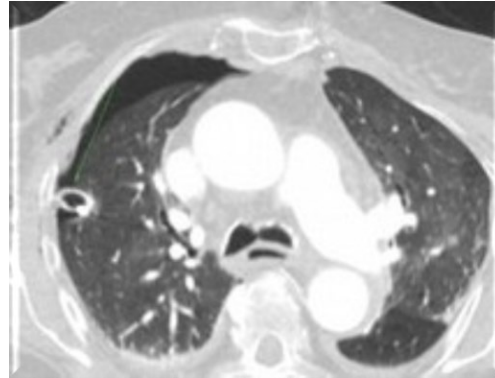
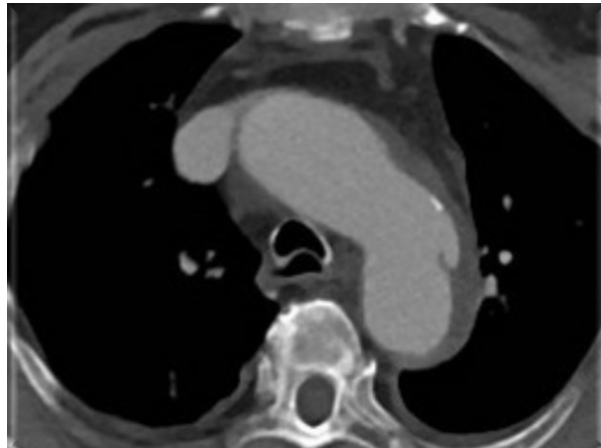
Composite device design (covered stent graft and bare metal stent) with partial or complete false lumen thrombosis seen in 100% of the stent grafted segments and 97.7% of the bare metal stented segments at 1 year

unclear if TEVAR is superior to open surgery
however, the morbidity reduction associated with TEVAR has been demonstrated for emergent operations, as well as for older, more frail patients

Trauma - Aorta

86 yr old lady after road traffic accident

Full-thickness aortic lesion



Original article

Endovascular repair of traumatic aortic isthmic rupture: Early and mid-term results

M. Ben Hammamia^a, M. Ben Mrad^a, J. Ziadi^a, B. Derbel^a, R. Miri^a,
E. Ben Abdelaziz^a, Z. Daoud^a, N. Krarti^a, M.A. Koubaa^a, M. Tarzi^a, Y. Khadhar^a,
A. Lagha^a, F. Ghedira^a, S. Ben Omrane^a, T. Kalfat^a, I. Bounawes^b, R. Denguir^a

The **procedural success rate was 100%**.

The average length of stay was 6 days (range 4–10).

The mean follow-up period was 40.41 months (range 6.5–96).

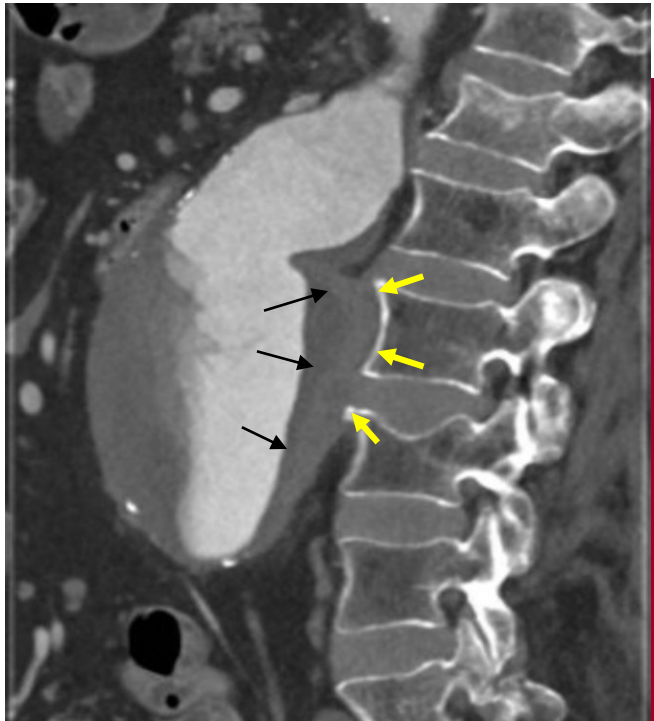
No endoleak was diagnosed and no re-intervention was performed

At one month and during the follow-up, **mortality and paraplegia rates were both 0%**.

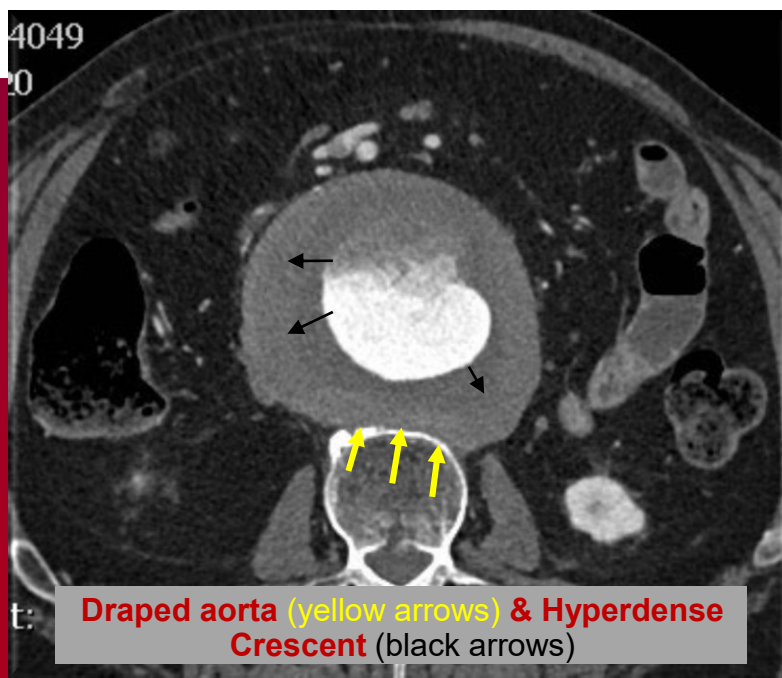
The average systolic pressure in the right arm was 110 mmHg (range 100–160) while the left systolic pressure was 100 mmHg (range 90–110).

No patients reported arm claudication during follow-up.

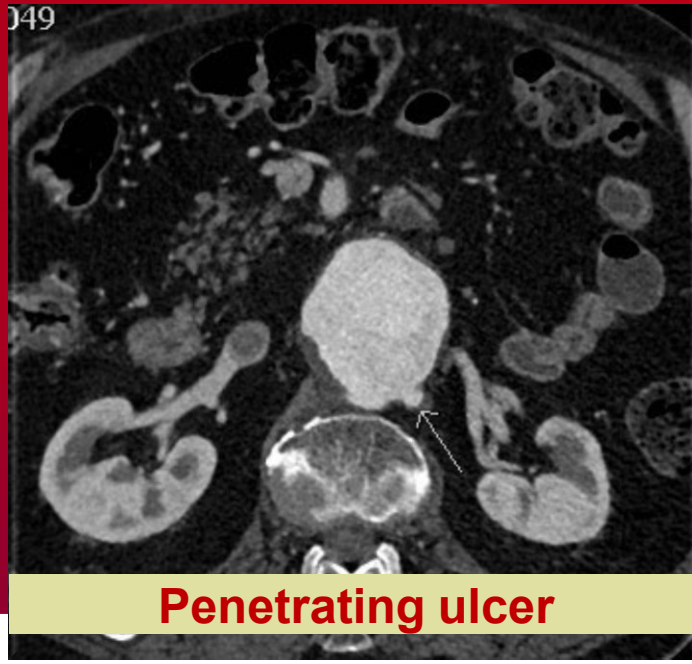
did not perform any subclavian artery bypass.



Draped aorta (yellow arrows) & Hyperdense Crescent (black arrows)

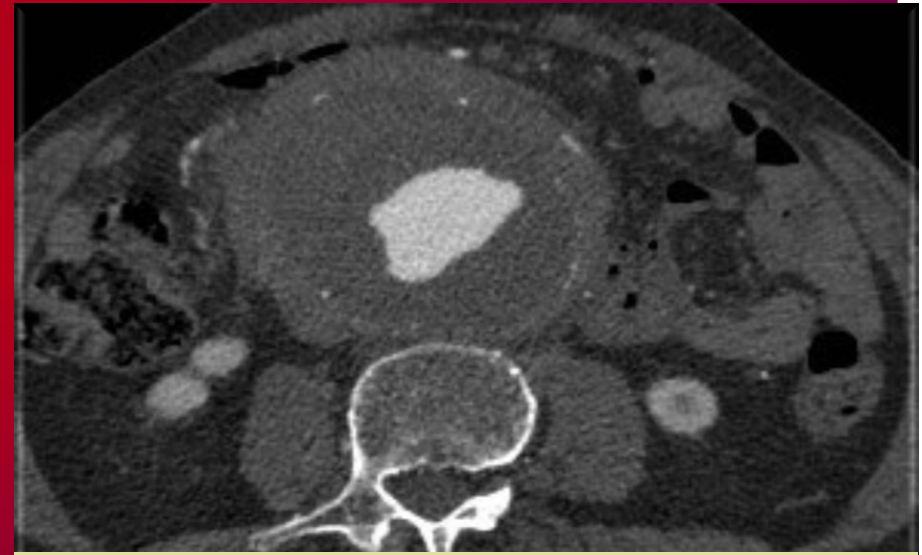


Draped aorta (yellow arrows) & Hyperdense Crescent (black arrows)



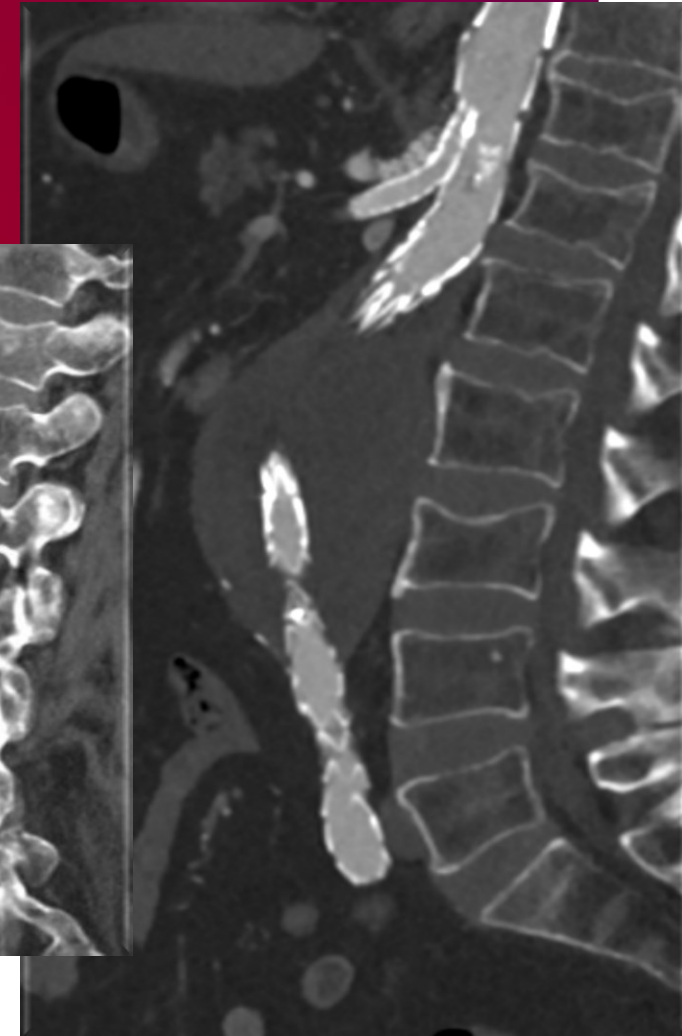
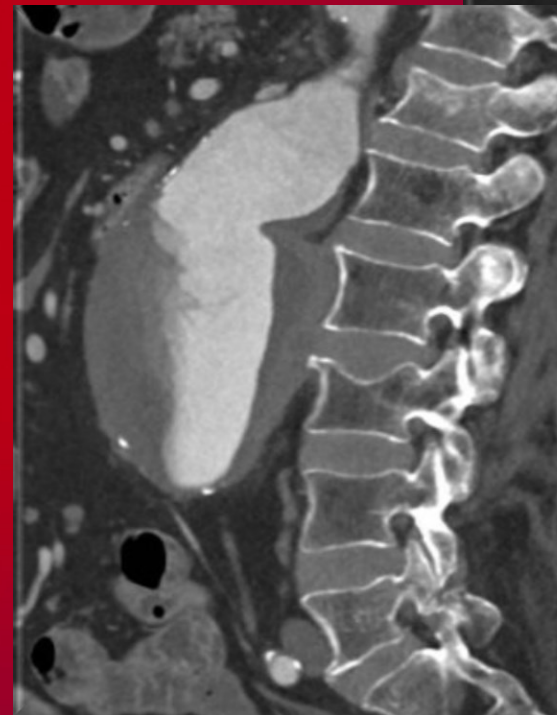
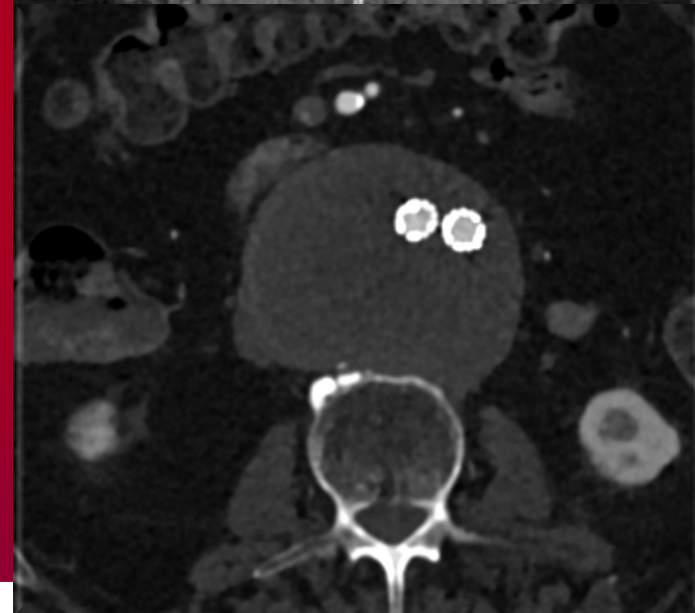
Penetrating ulcer

Before the storm – Impending Rupture



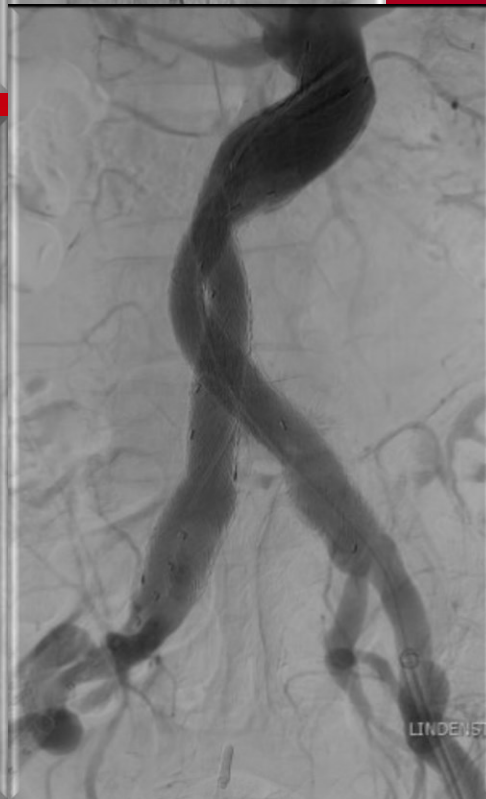
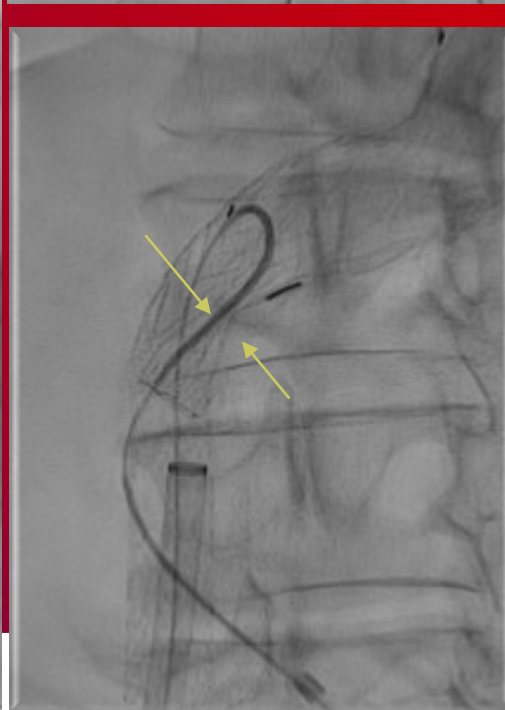
Significant contour irregularity and soft tissue reaction

Pre- and Post- TEVAR

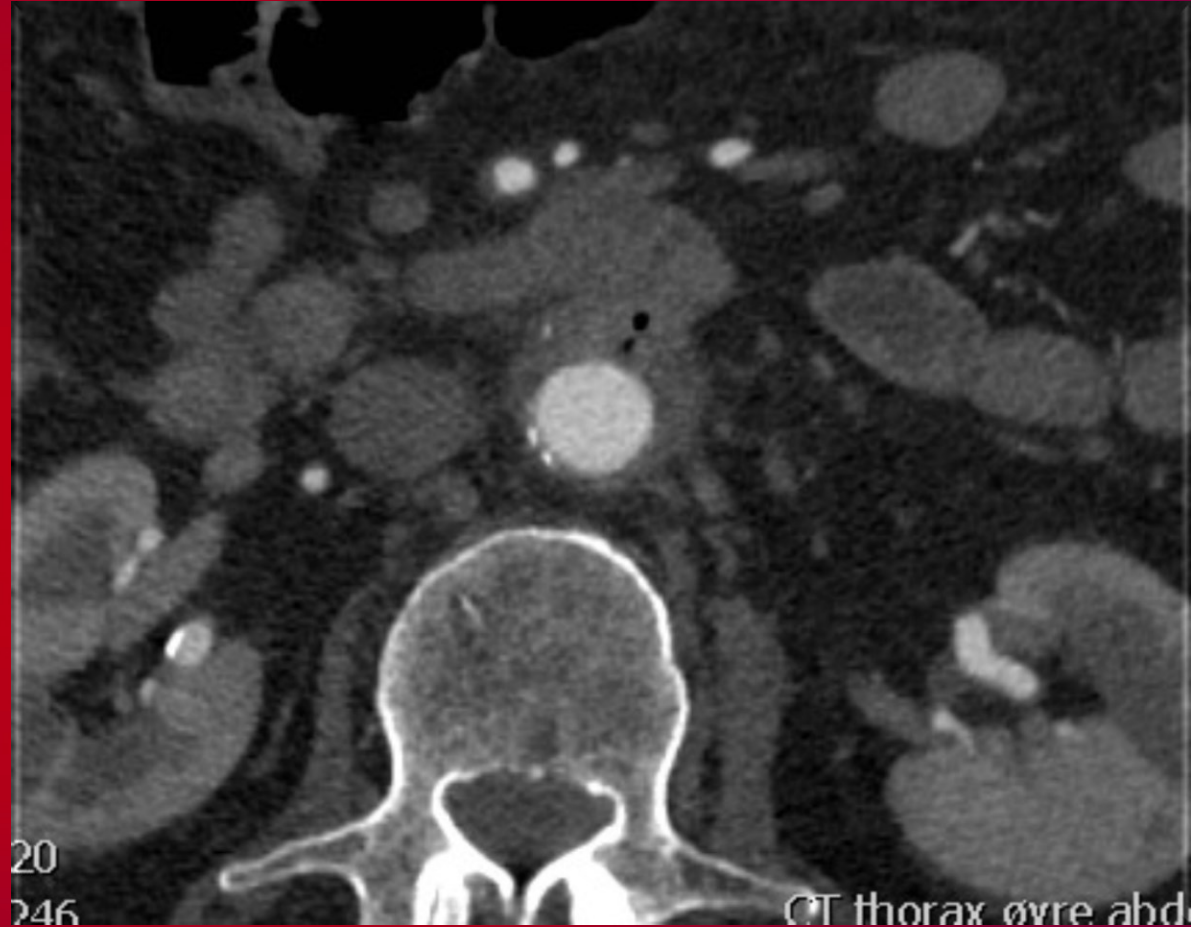
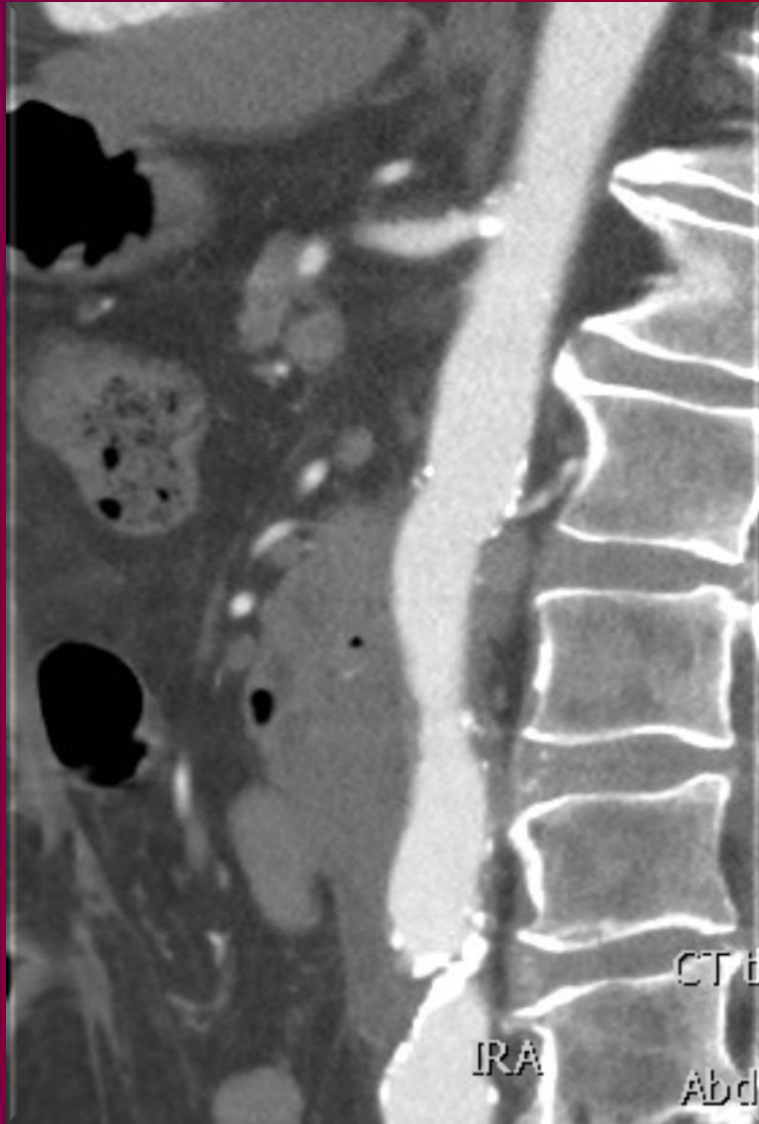




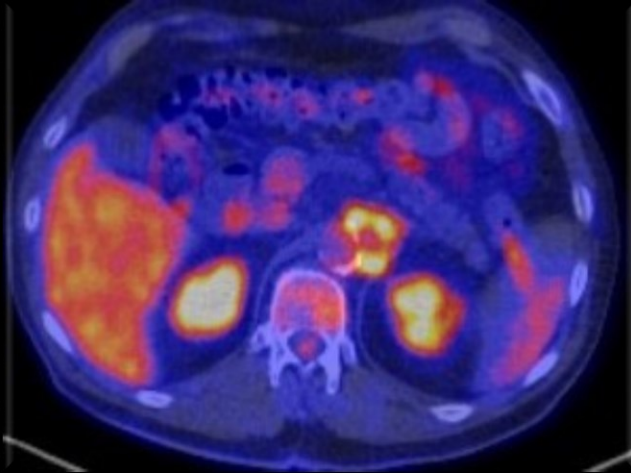
When the Storm has arrived – Rupture REVAR



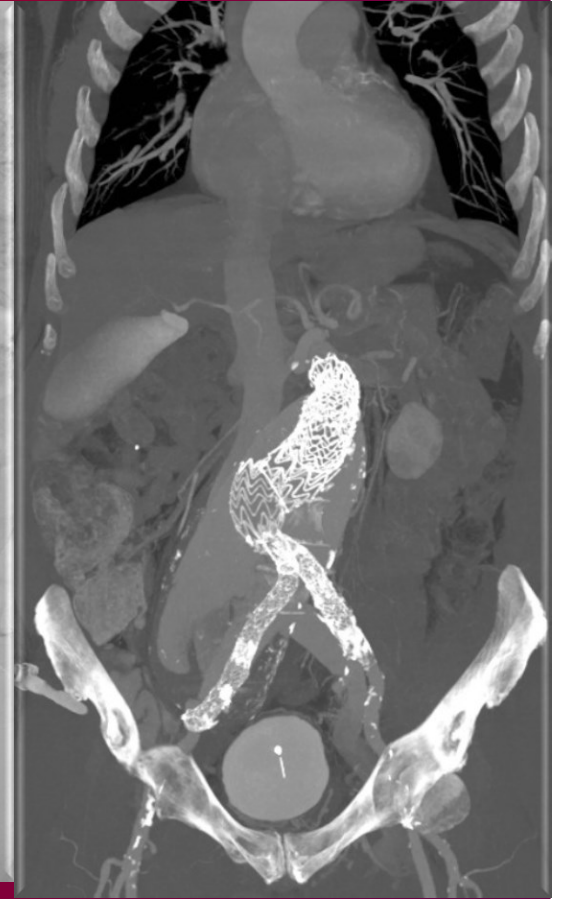
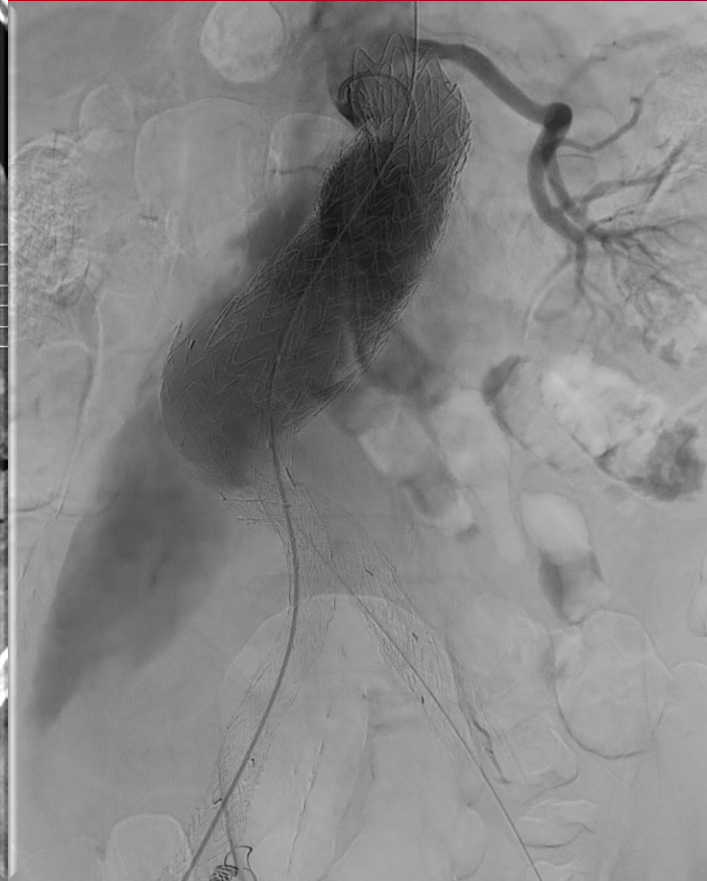
Direct sign of rupture



Mycotic Aneurysm



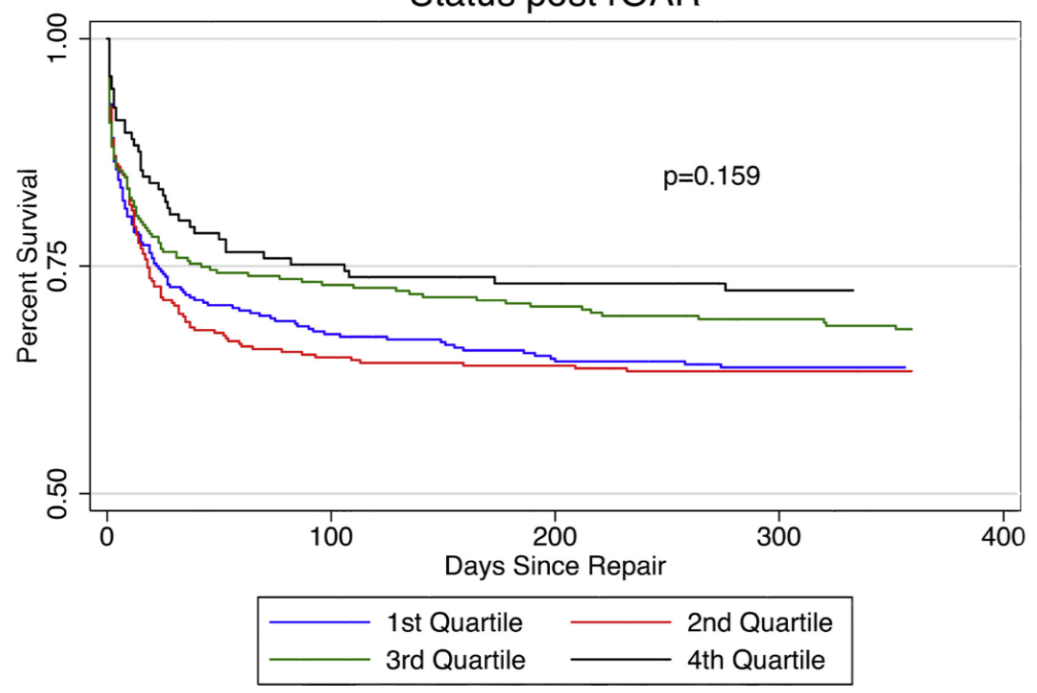
Aorto-caval fistula - Direct Sign of Rupture



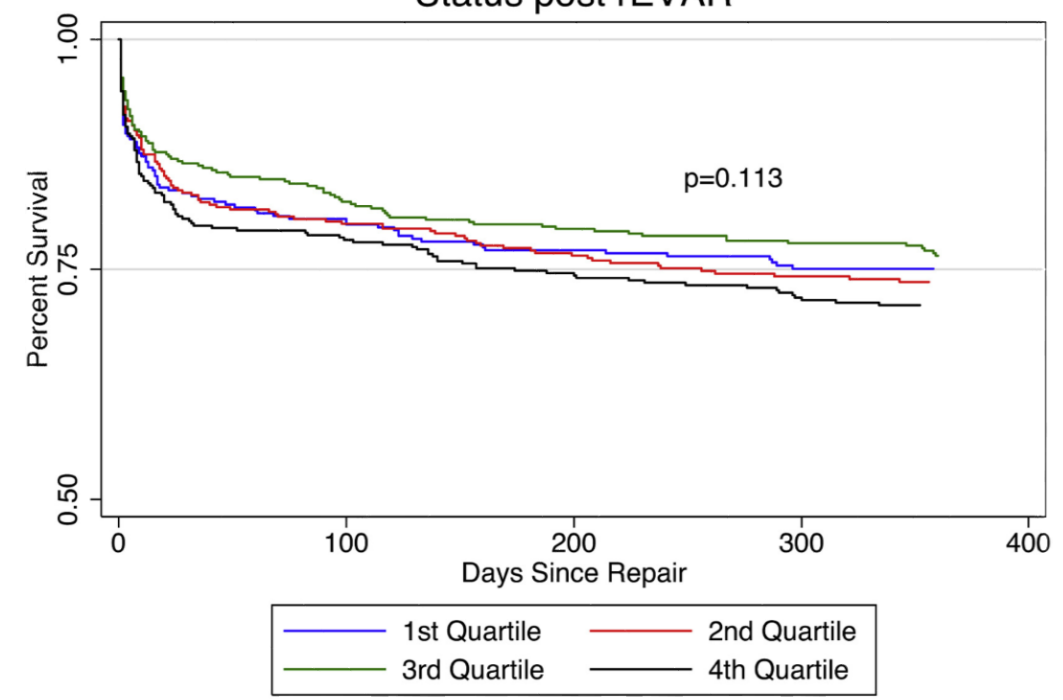
Direct Sign of Rupture



Status post rOAR



Status post rEVAR



Journal of Vascular Surgery
Volume 71, Issue 4, April 2020, Pages 1148-1161



Clinical research study
Abdominal aortic and iliac artery aneurysms

Outcomes after ruptured abdominal aortic aneurysm repair in the era of centralized care

Presented as an oral presentation at the 2018 Vascular Annual Meeting of the Society for Vascular Surgery, Boston, Mass, June 20-23, 2018.

Erin K. Greenleaf MD^a, Christopher S. Hollenbeak PhD^{a b c}, Faisal Aziz MD, DFSVS, FACS^a

Five-Year Survival Following Endovascular Repair (EVAR) of Ruptured Abdominal Aortic Aneurysms (rAAA)

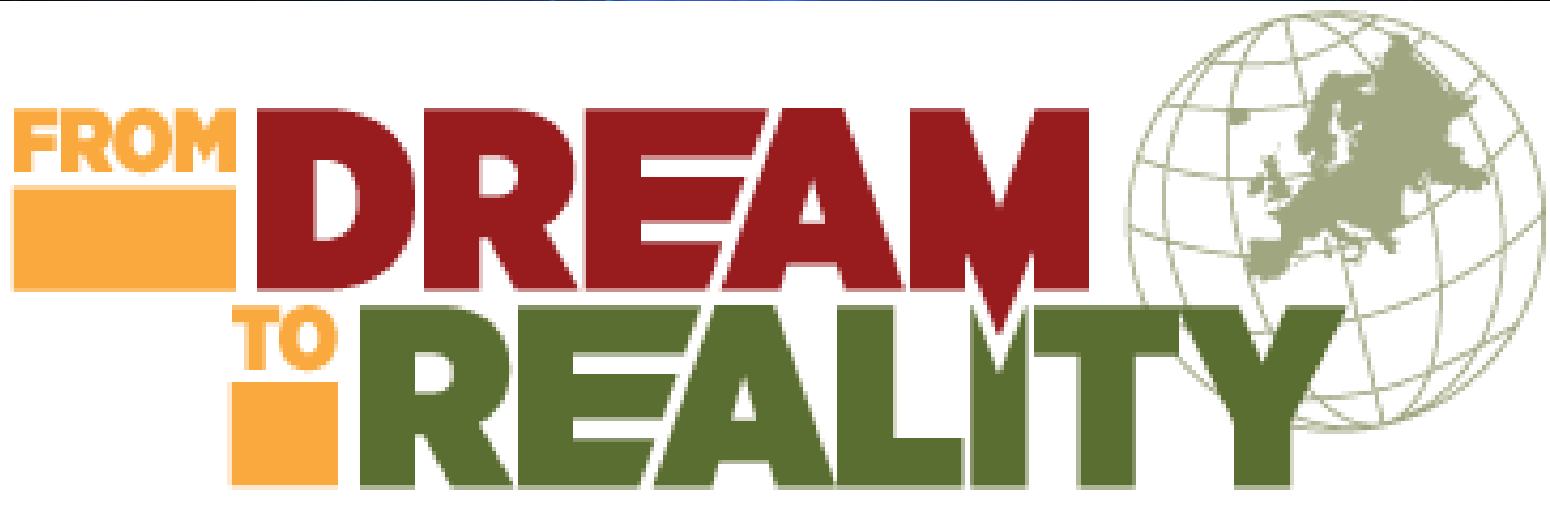
Retrospective review of VQI database

EARLY PERIOD 2004-2012	5-YEAR SURVIVAL	LATE PERIOD 2013-2018
49%	EVAR for rAAA 366 Propensity-Matched Patients <i>P=0.027</i>	63%
59%	Open Repair for rAAA 391 Propensity-Matched Patients <i>P=.69</i>	52%

JVS Journal of Vascular Surgery
Official Publication of the Society for Vascular Surgery

Varkevisser et al. *J Vasc Surg*, July 2020
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Thanks for your attention

