





Non-traumatic Musculoskeletal Emergencies

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European Society of Emergency Radiology

Special thanks to Dr Marcela de la Hoz Polo





Pollev.com/edick900



Objectives

- Learn how to classify MSK emergencies according to compartment and etiology (infection, inflammation, ischaemia and insufficiency)
- Know which imaging modality to use in which clinical scenario
- Understand what constitutes a surgical emergency and when to pick up the phone
- Understand the limitations of imaging in making the diagnosis

- Learn how to cic. VANONYMISED Objective

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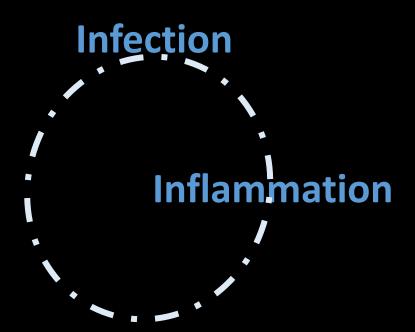
 Learn how to cic. VANONYMISED

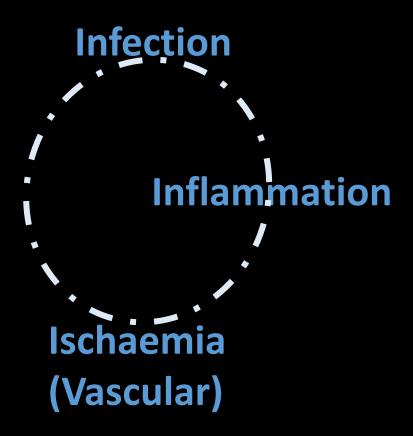
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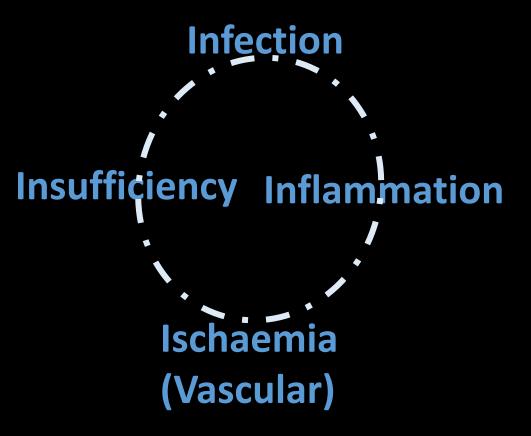
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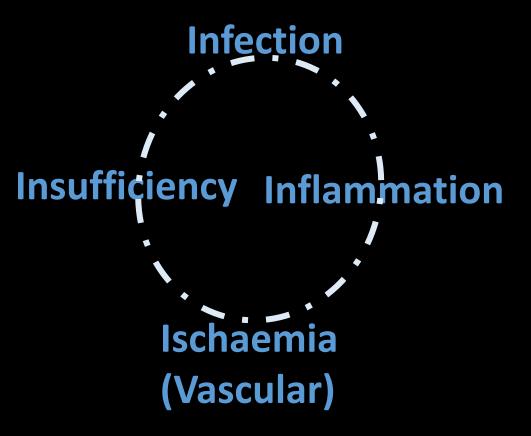
 - Understand what constitutes a surgical emergency and when to pick up the phone
 - Understand the limitations of imaging in making the diagnosis

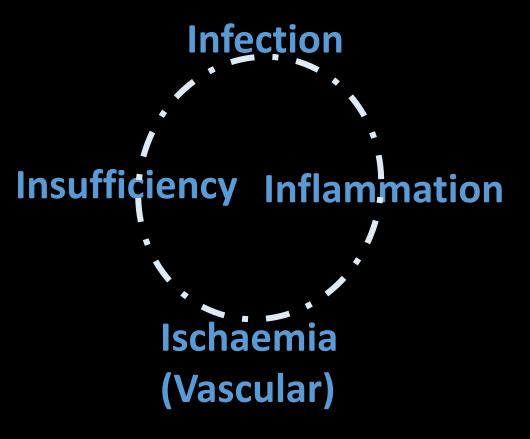


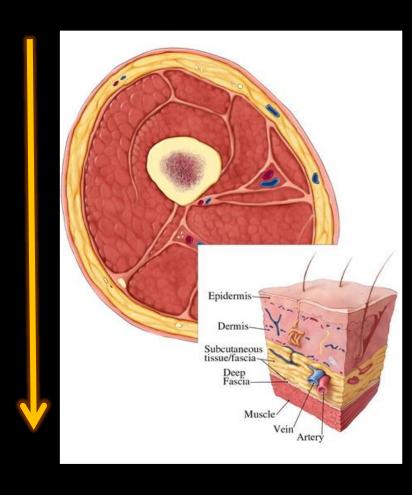


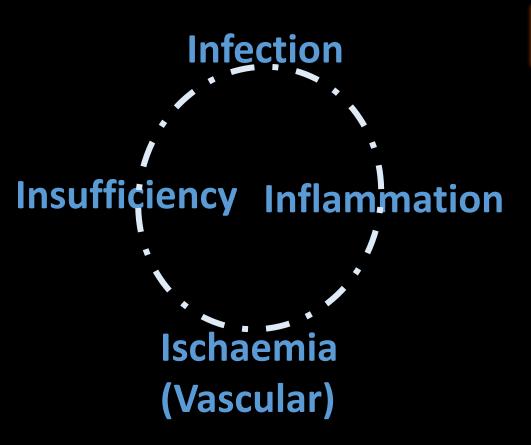












Non-Traumatic

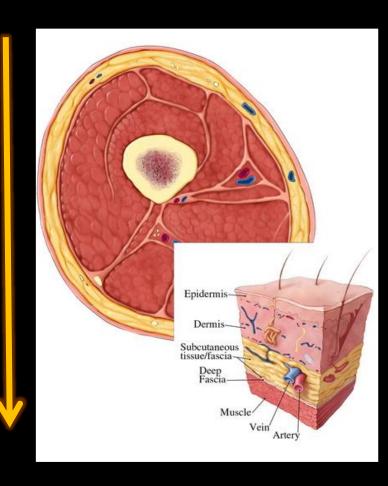
Subcutaneous

Fascia

Muscle

Bone

Joint



Non-Traumatic

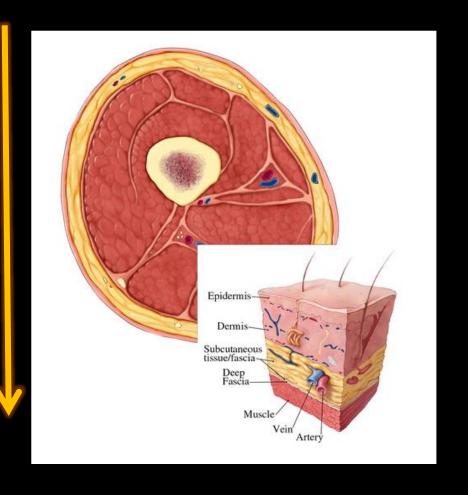
Subcutaneous

Fascia

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Joint

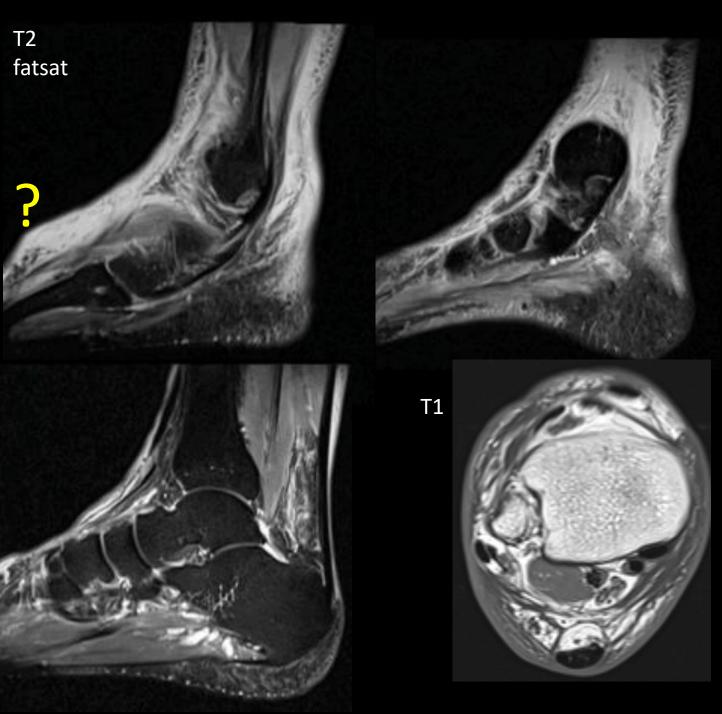


Clinical Question: T2 fats

Cellulitis or

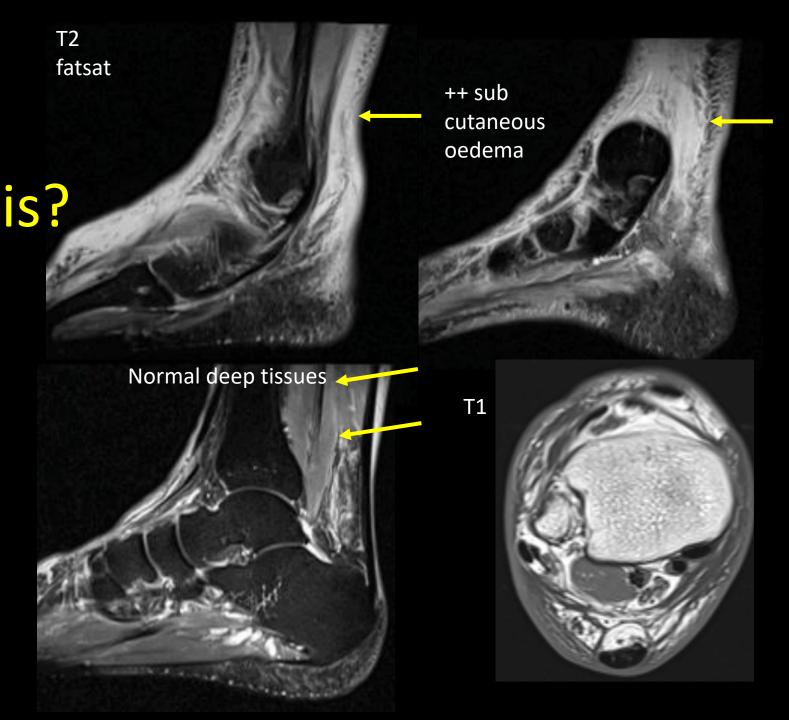
Necrotising Fasciitis?



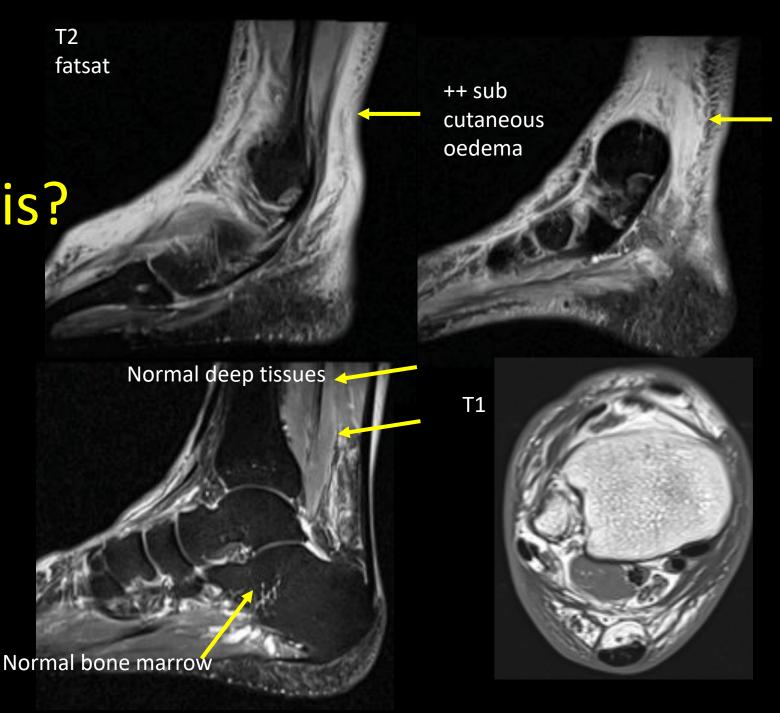


Clinical Question: T2 fait
Cellulitis or
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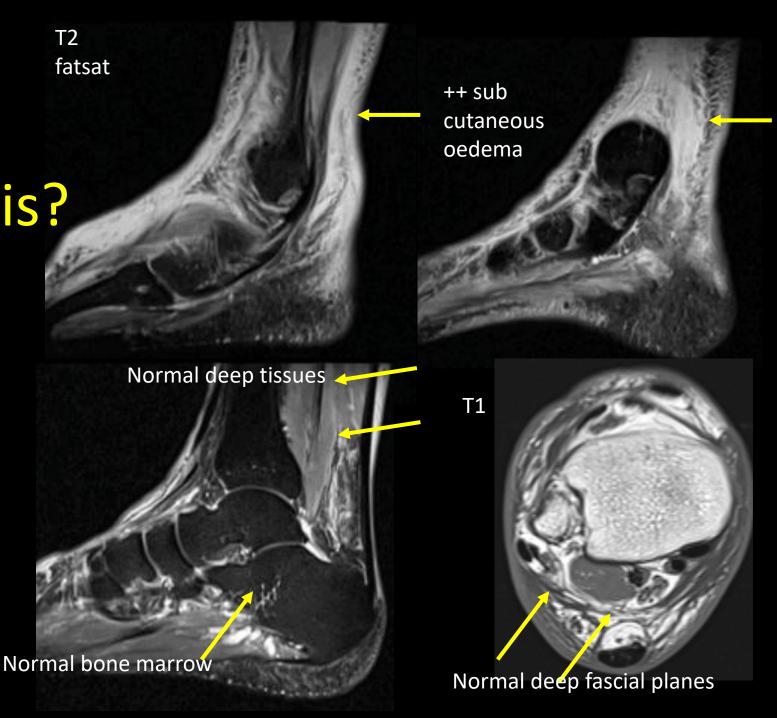




Clinical Question: Ta factorial Cellulitis or Necrotising Fasciitis?



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QUESTION 1

Cellulitis or Necrotising Fasciitis

Cellulitis

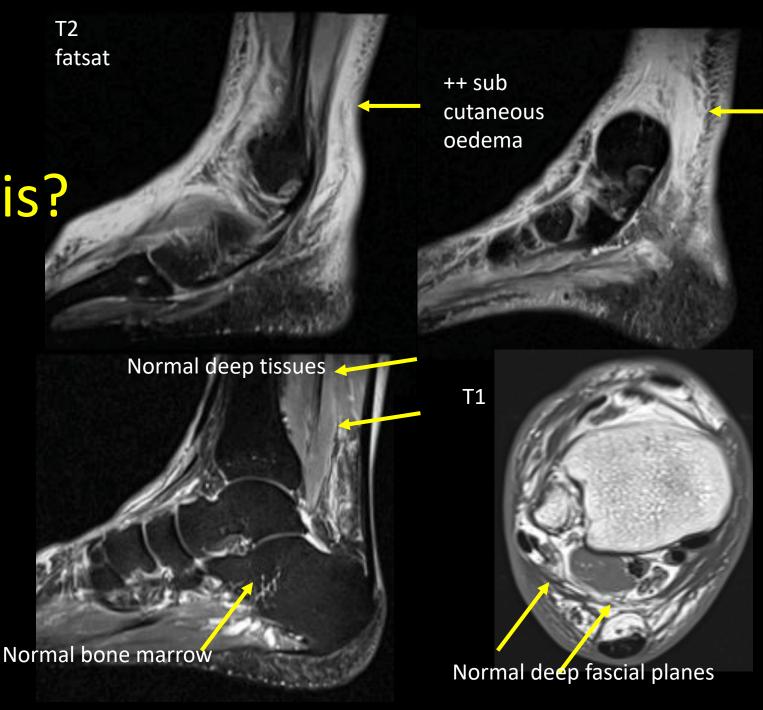
100%

Necrotising Fasciitis Clinical Question: T2 fats
Cellulitis or
Necrotising Fasciitis?

Vote NOW:

A. Cellulitis

B. Necrotising Fasciitis



Clinical Question: T2 fats

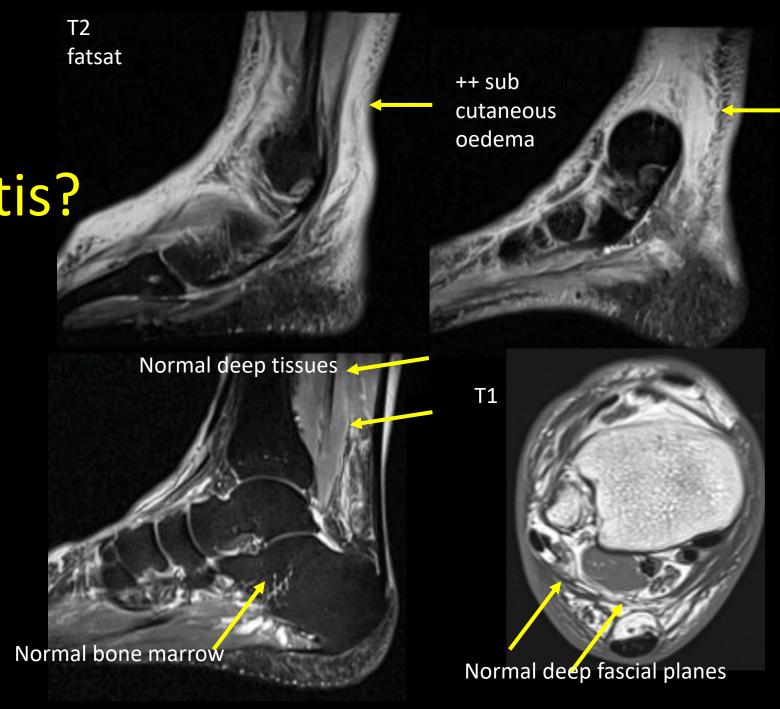
Cellulitis or

Necrotising Fasciitis?

Vote NOW:

A. Cellulitis TRUE

B. Necrotising Fasciitis FALSE



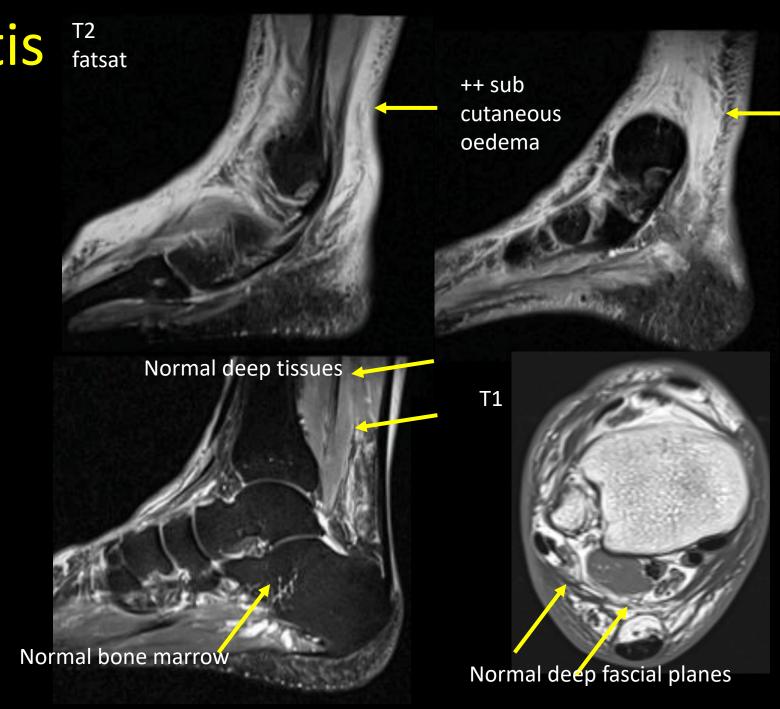
Diagnosis: Cellulitis T2 fatsat

EXTENSIVE SUBCUTANEOUS OEDEMA

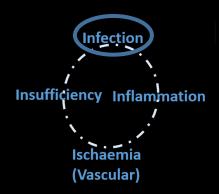
DEEP FAT PLANES PRESERVED

OEDEMA CONFINED TO THE SUPERFICIAL TISSUE.

NO BONE INVOLVEMENT



Diagnosis: Cellulitis T2 fatsat

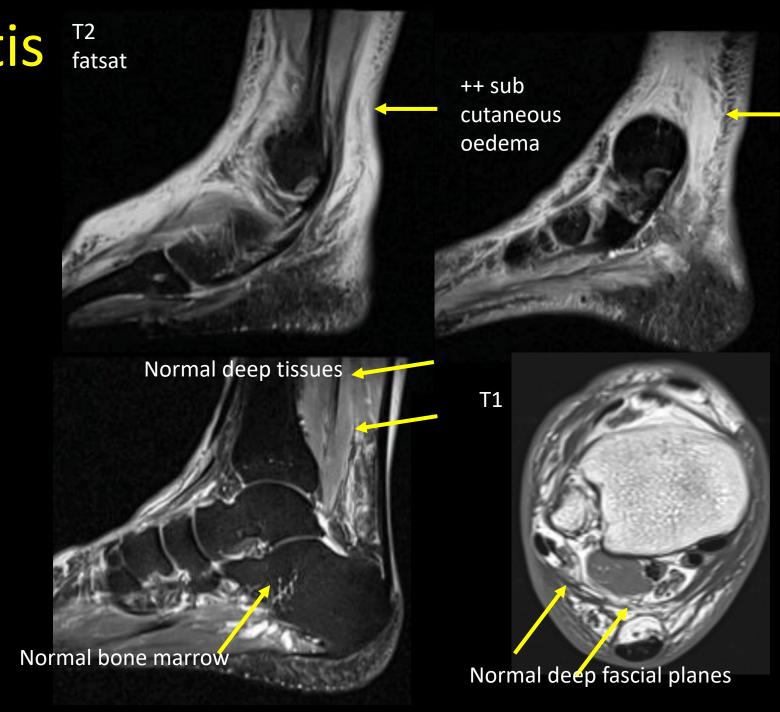


EXTENSIVE SUBCUTANEOUS OEDEMA

DEEP FAT PLANES PRESERVED

OEDEMA CONFINED TO THE SUPERFICIAL TISSUE.

NO BONE INVOLVEMENT



What happens if the cellulitis spreads?

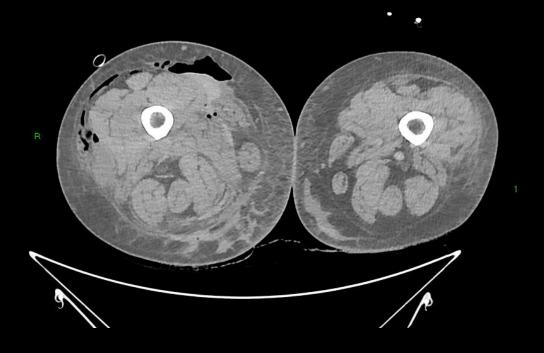
Soft tissue infections

- Cellulitis
- Necrotising Fasciitis
- Pyomyositis

QUESTION 2

Different patient

• Dx: Necrotising Fasciitis



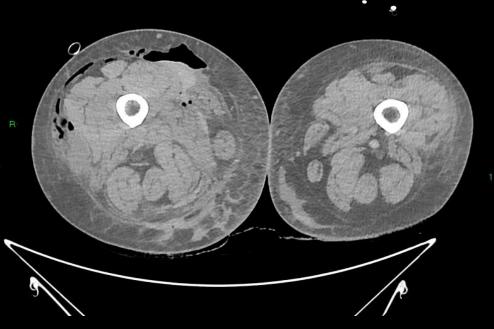
Q2: Concerning necrotising fasciitis. Choose one correct answer

A: Absence of gas excludes necrotising fasciitis

B: Soft tissue gas and deep fascial fluid suggest necrotising fasciitis

C: Necrotising fasciitis usually responds to conservative management

D:necrotising fasciitis is common



Concerning necrotising fasciitis. Choose one correct answer

Absence of gas excludes necrotising fasciitis

Soft tissue gas and deep fascial fluid suggest necrotising fasciitis

100%

Necrotising fasciitis usually responds to conservative management

necrotising fasciitis is common

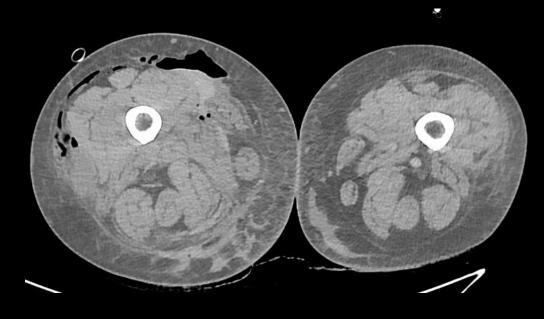
Q2: Concerning necrotising fasciitis. Choose one correct answer

A: Absence of gas excludes necrotising fasciitis False

B: Soft tissue gas and deep fascial fluid suggest necrotising fasciitis True

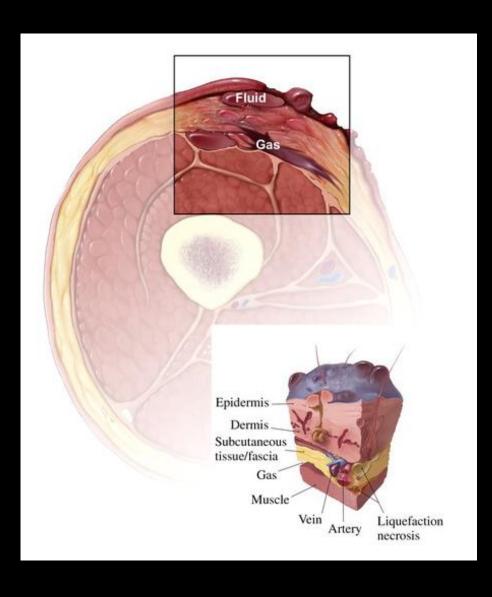
C: Necrotising fasciitis usually responds to conservative management False

D:Necrotising fasciitis is common False



Necrotising fasciitis

Necrotizing Fasciitis



- Rapidly progressive infection of deep tissue
- Various organisms
- Severe pain out of proportion to the degree of skin manifestations
- Difficult to recognize clinically
- High Morbidity & Mortality 70-80%



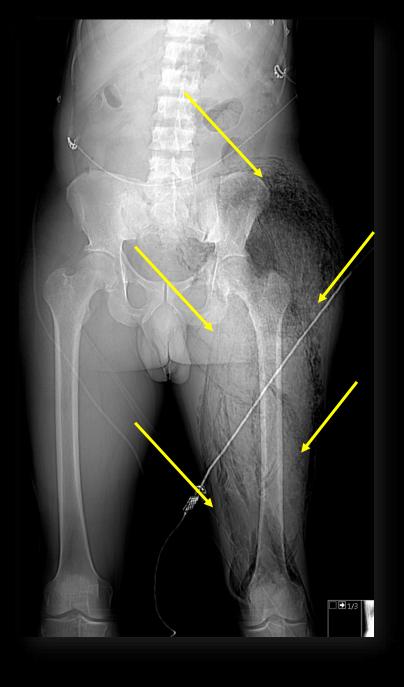
What the Clinicians Want to Know?

- Extent
 - DISTAL TO PROXIMAL
 - DEEP TO SUPERFICIAL (myonecrosis, osteomyelitis)

- Plain film: Gas
 - only in 24% cases
 - ominous sign

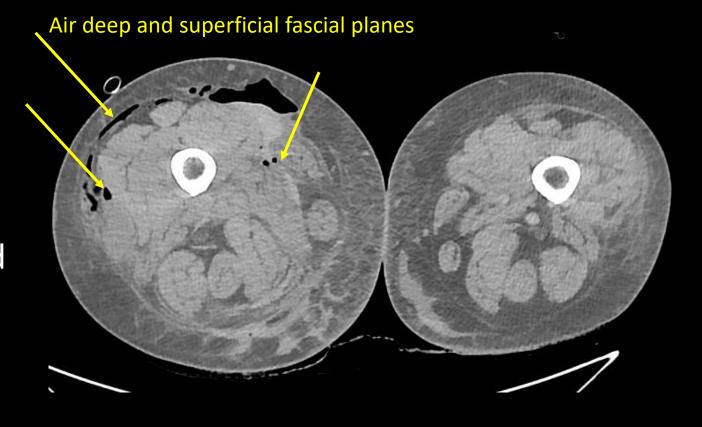
CT

• MRI



Plain film

CT: initial modality of choice.
 Subcutaneous oedema and fat stranding with/without gas, intermuscular fascial oedema and thickening



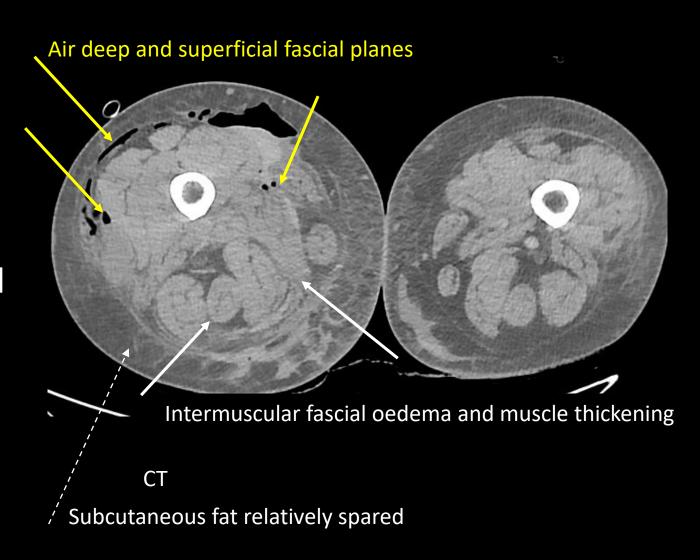
• MRI:

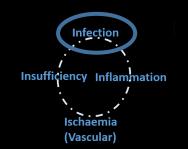
CT

Plain film

CT: initial modality of choice.
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MRI



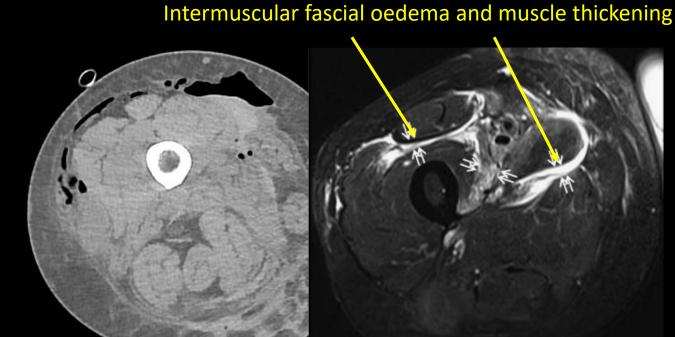


MRI different patient

Plain film

CT

- MRI:
 - Relatively less subcutaneous oedema in comparison with cellulitis
 - Thickening fascia, fascial fluid



CT

ar muld

Insufficiency Inflammation (Vascular)

MRL die

ent patient

d muscle thickening

Plain film

CT

• MRI:

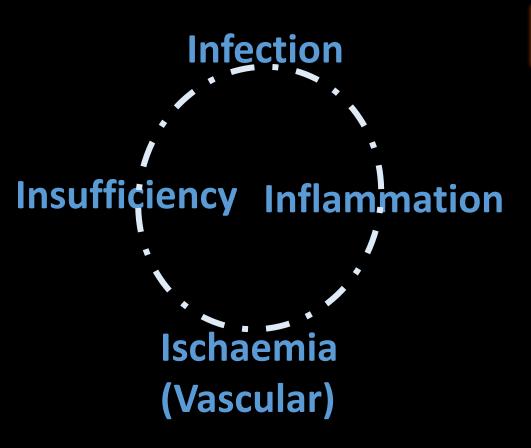
 Relatively in compari

Thickening

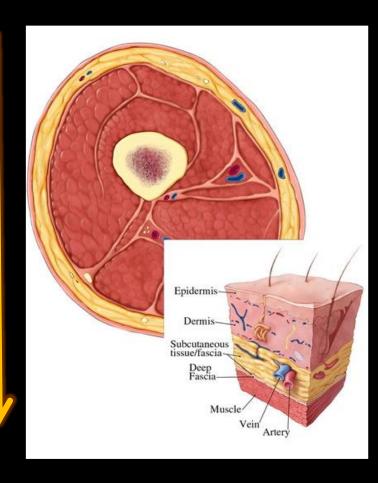
No imaging modality can reliably exclude underlying necrotizing fasciitis in the absence of soft tissue gas Imaging plays a very limited role in diagnosis and should not delay surgical

CT

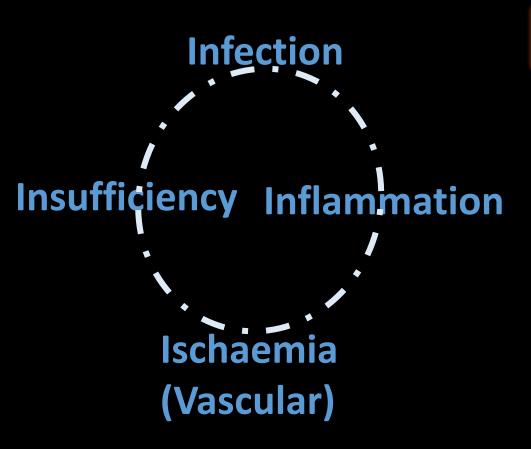
What is a MSK Emergency?



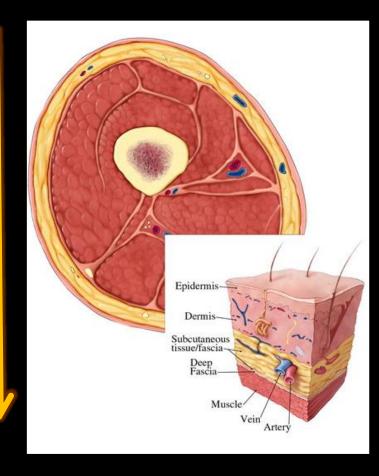




What is a MSK Emergency?

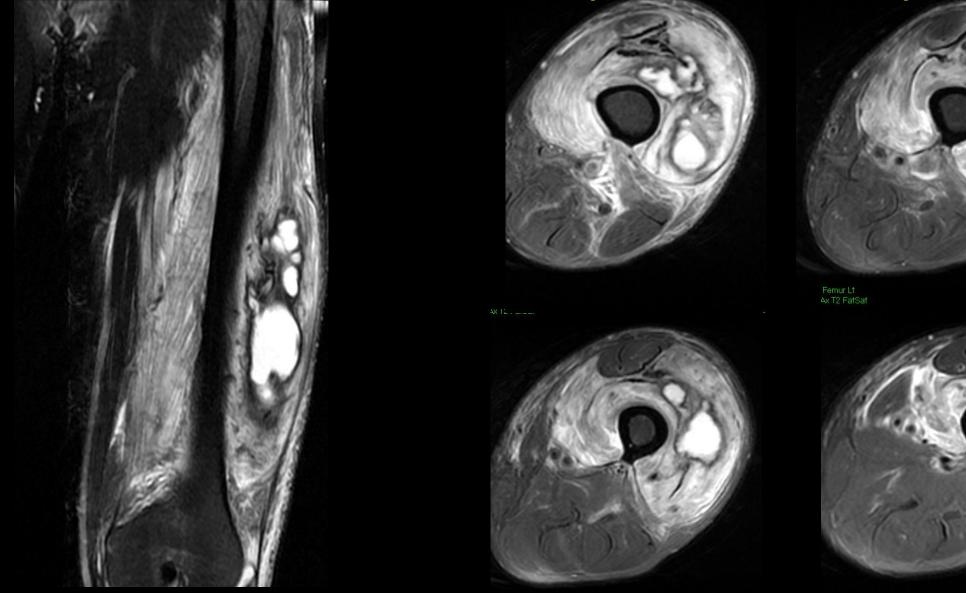


Non-Traumatic Subcutaneous Fascia Muscle Bone Joint



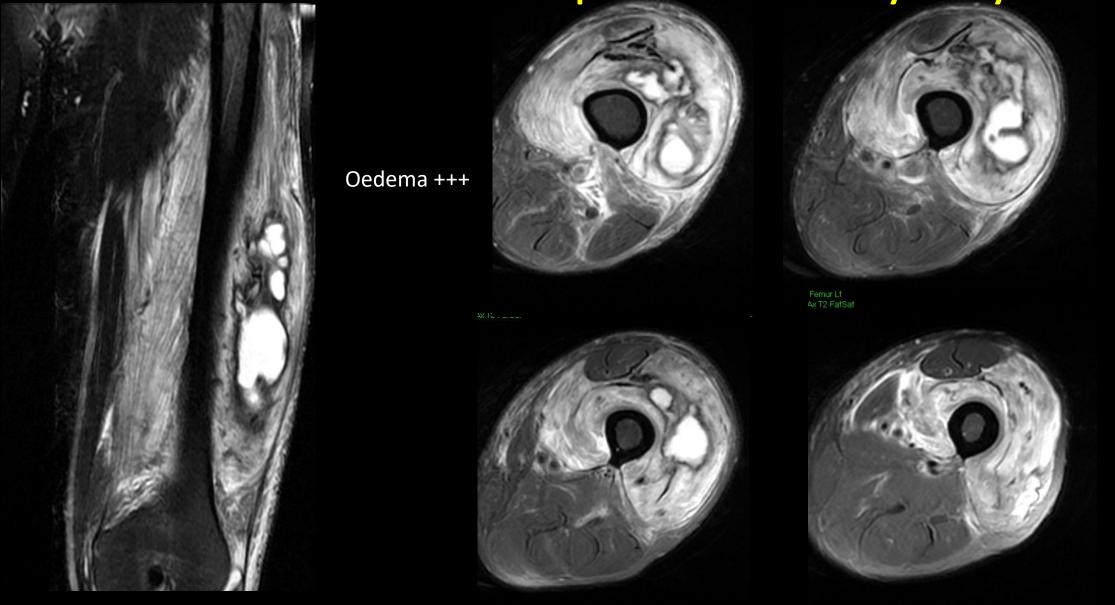
Moving deeper...

Clinical Q: Immunocompromised Pyomyositis

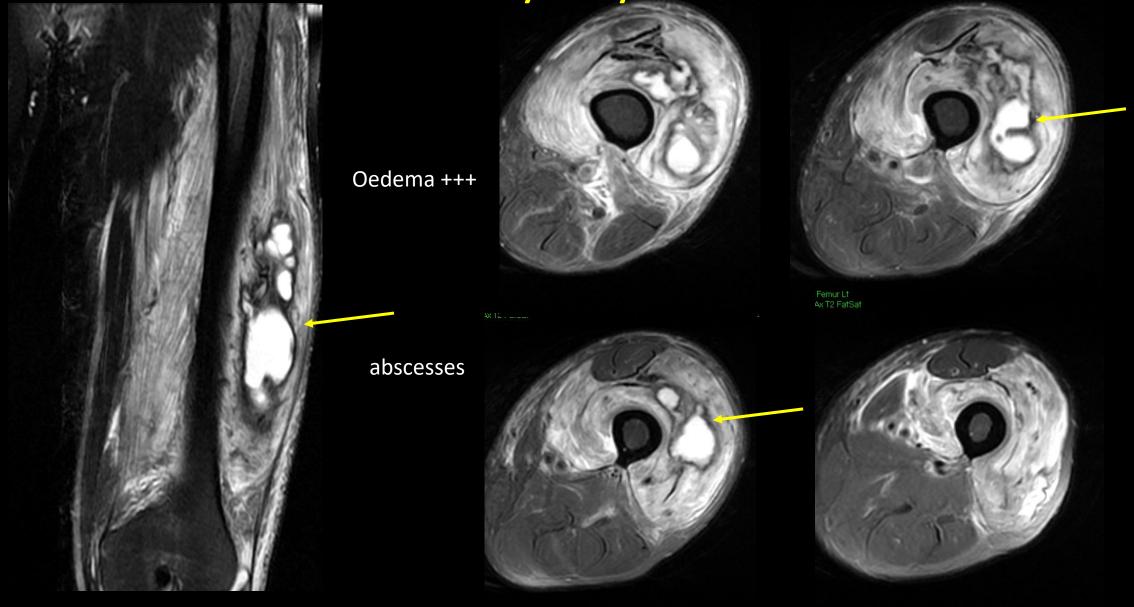


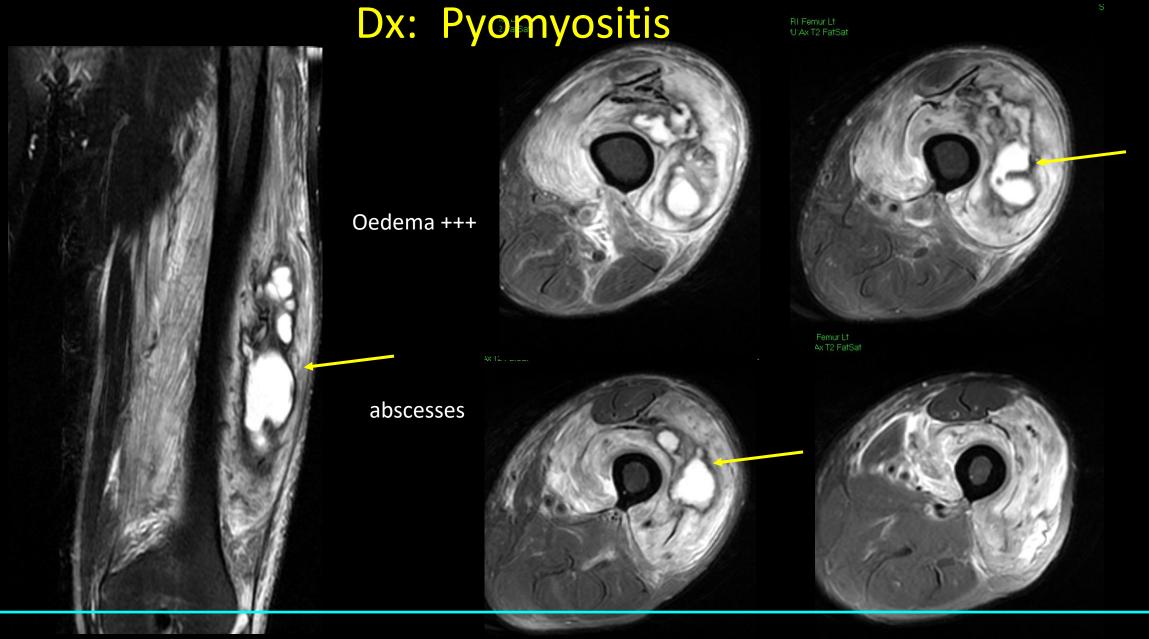
Describe the findings

Clinical Q: Immunocompromised Pyomyositis



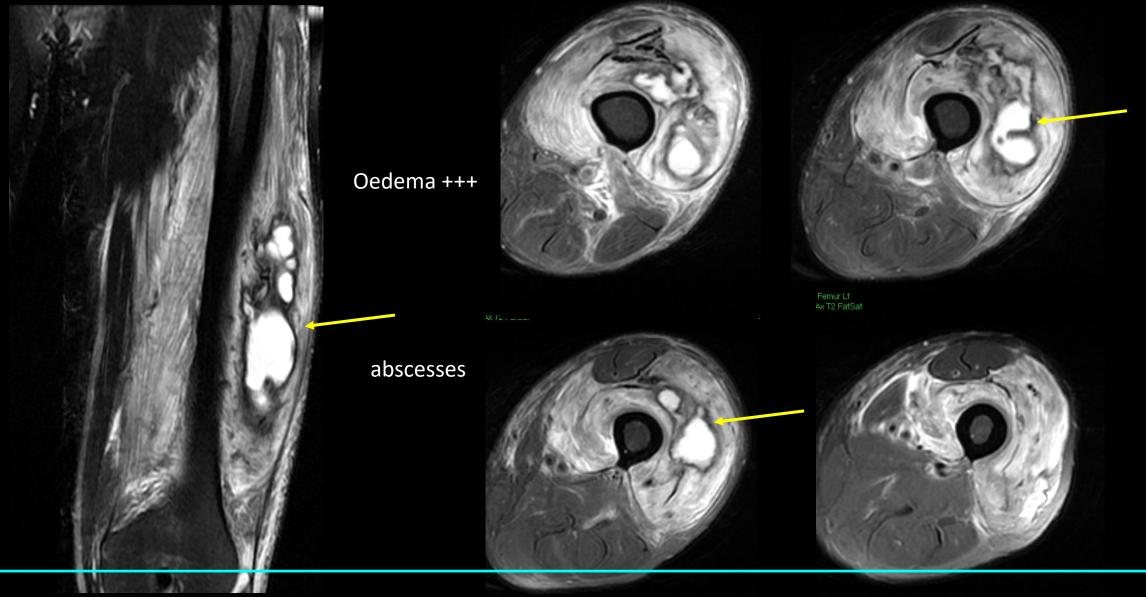
Clinical Question:? Pyomyositis Quads muscles





• Pyomyositis is a primary infection of the skeletal muscle

Dx: Pyomyositis - Resolved w Antibiotics



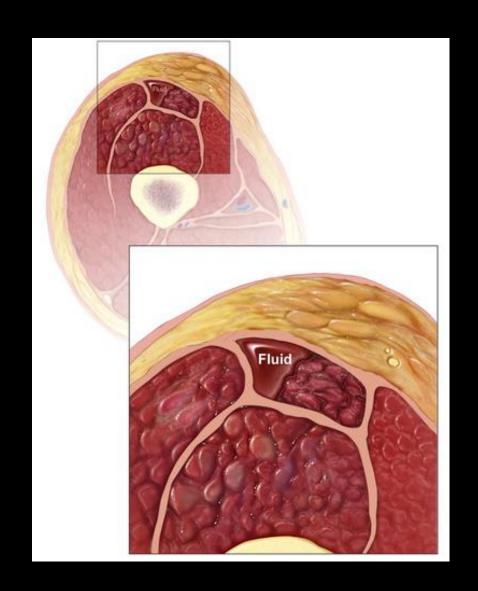
Pyomyositis is a primary infection of the skeletal muscle

Pyomyositis

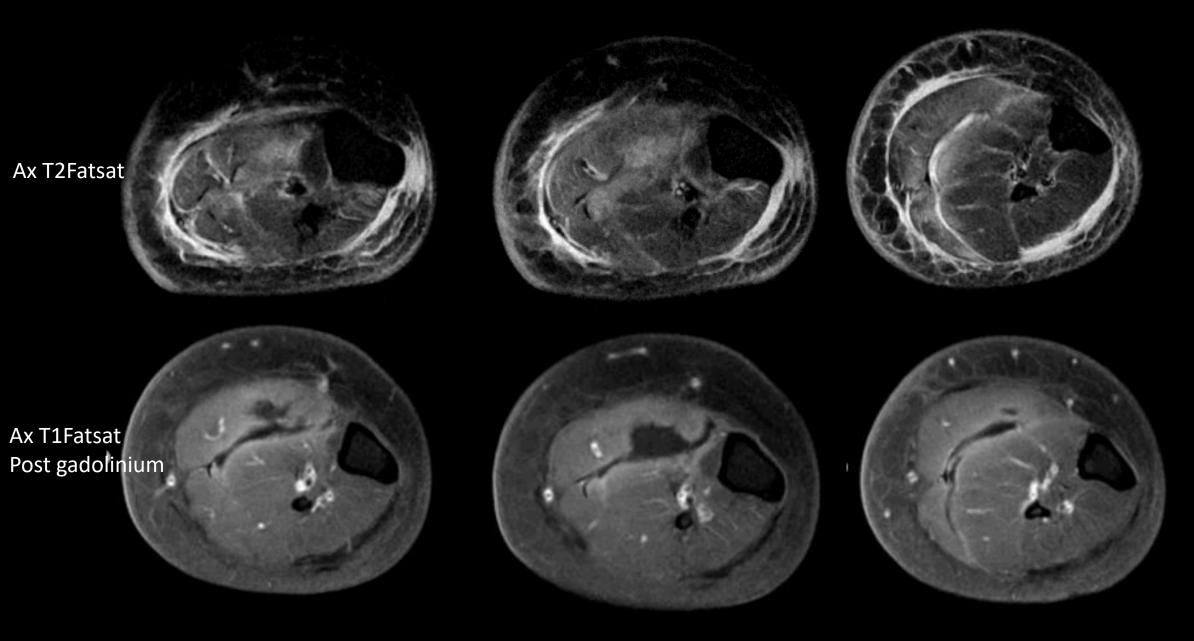
At risk: Immunocompromised

Haematogenous or direct spread

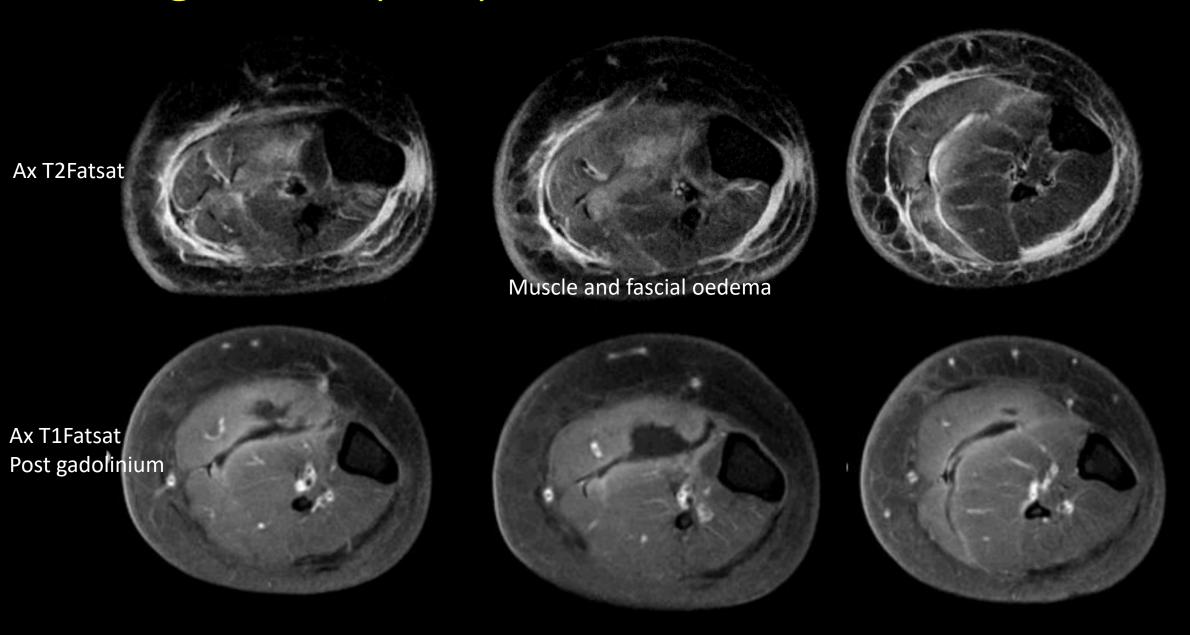
Staph Aureus



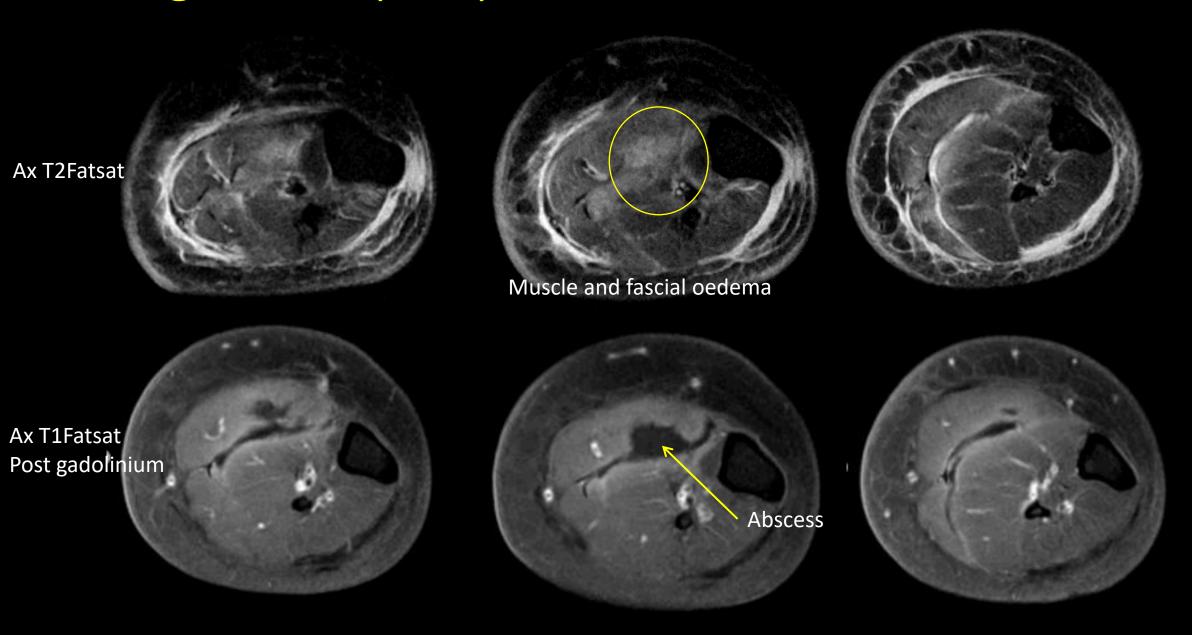
Clinical Question:? Pyomyositis Calf muscles



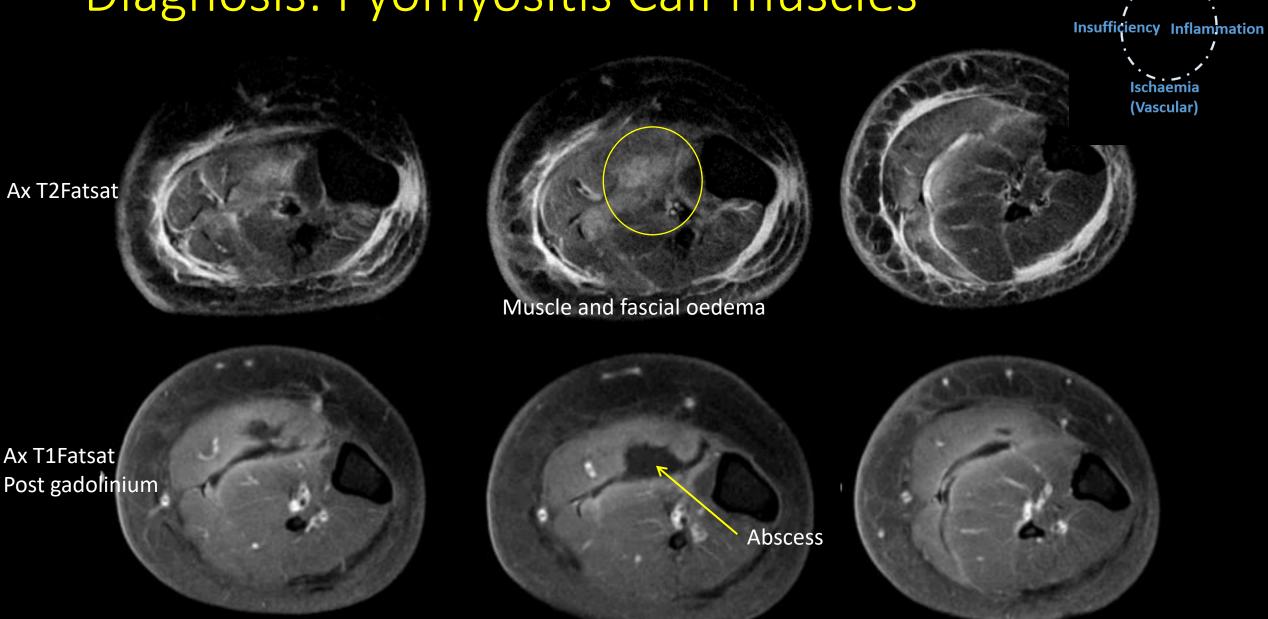
Diagnosis: Pyomyositis Calf muscles



Diagnosis: Pyomyositis Calf muscles



Diagnosis: Pyomyositis Calf muscles



What the Clinicians Want to Know?

Extent

Neurovascular or bone involvement

Abscess amenable to drainage?

Are there MRI features of Compartment Syndrome?





What the Clinicians Want to Know?

Extent

Neurovascular or bone involvement

Abscess amenable to drainage?

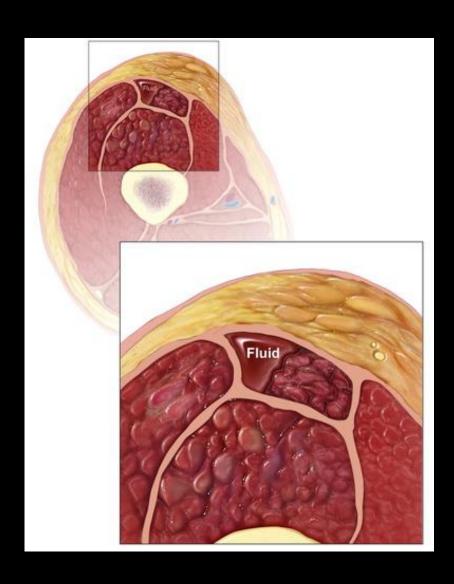
Are there MRI features of Compartment Syndrome?







Causes of Myositis

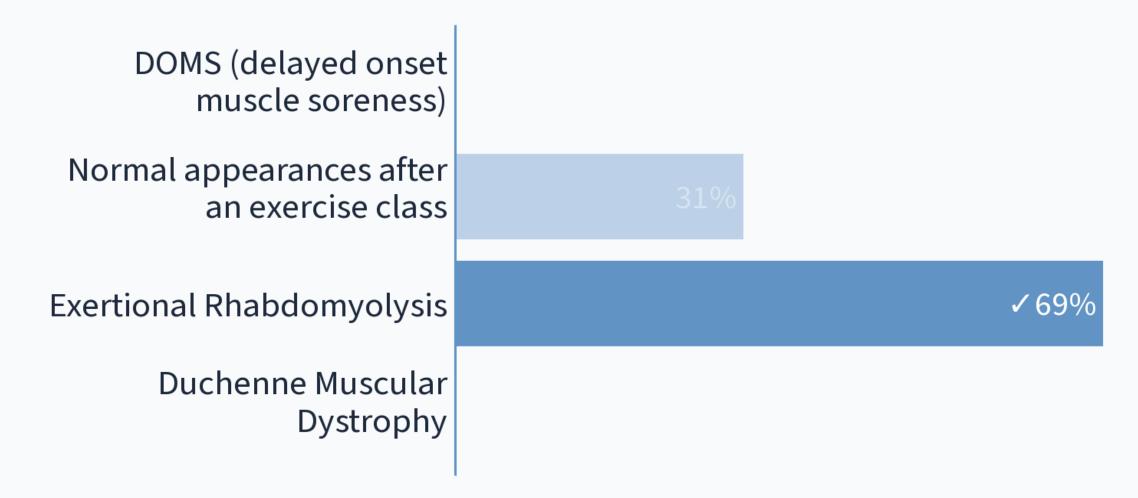


- Pyomyositis (infectious)
- Diabetic myositis/myonecrosis
- Rhabdomyolysis
- [Traumatic]

Other Causes of Myositis

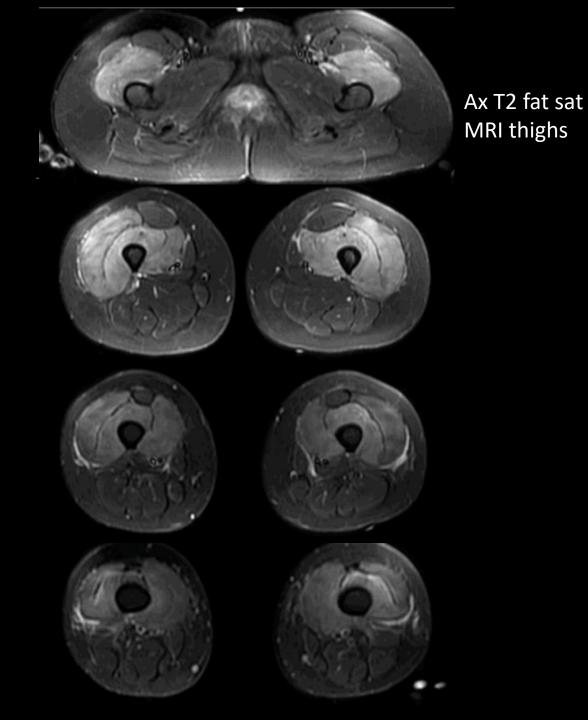
QUESTION

Acute pain after exercise. Diagnosis - Choose one.



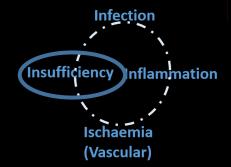
Acute and severe pain in the thighs after exercise. MRI performed 12 hours after. Diagnosis - Choose one.

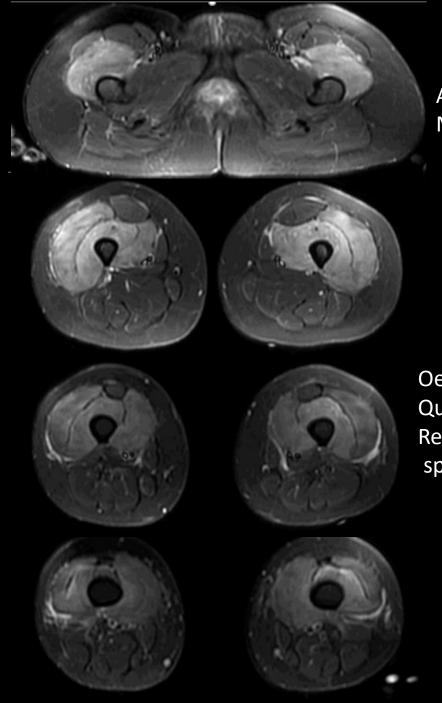
- A. DOMS (delayed onset muscle soreness)
- B. Normal appearances after an exercise class
- C. Exertional Rhabdomyolysis
- D. Duchenne Muscular Dystrophy



Acute and severe pain in the thighs after exercise. MRI performed 12 hours after. Diagnosis - Choose one.

- A. DOMS (delayed onset muscle soreness) FALSE
- B. Normal appearances after an exercise class FALSE
- C. Exertional Rhabdomyolysis TRUE
- D. Duchenne Muscular Dystrophy FALSE



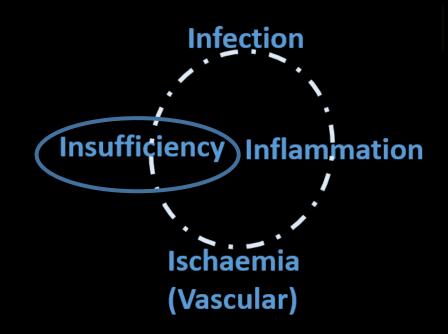


Ax T2 fat sat MRI thighs

Oedema ++ Quads muscles Rectus femoris spared

Exertional Rhabdomyolysis

- Following intense muscular exercise
- Mostly individuals who were inexperienced exercisers and dehydrated
- Very high CPK (creatine phosphokinase) levels
- Urine myoglobinuria



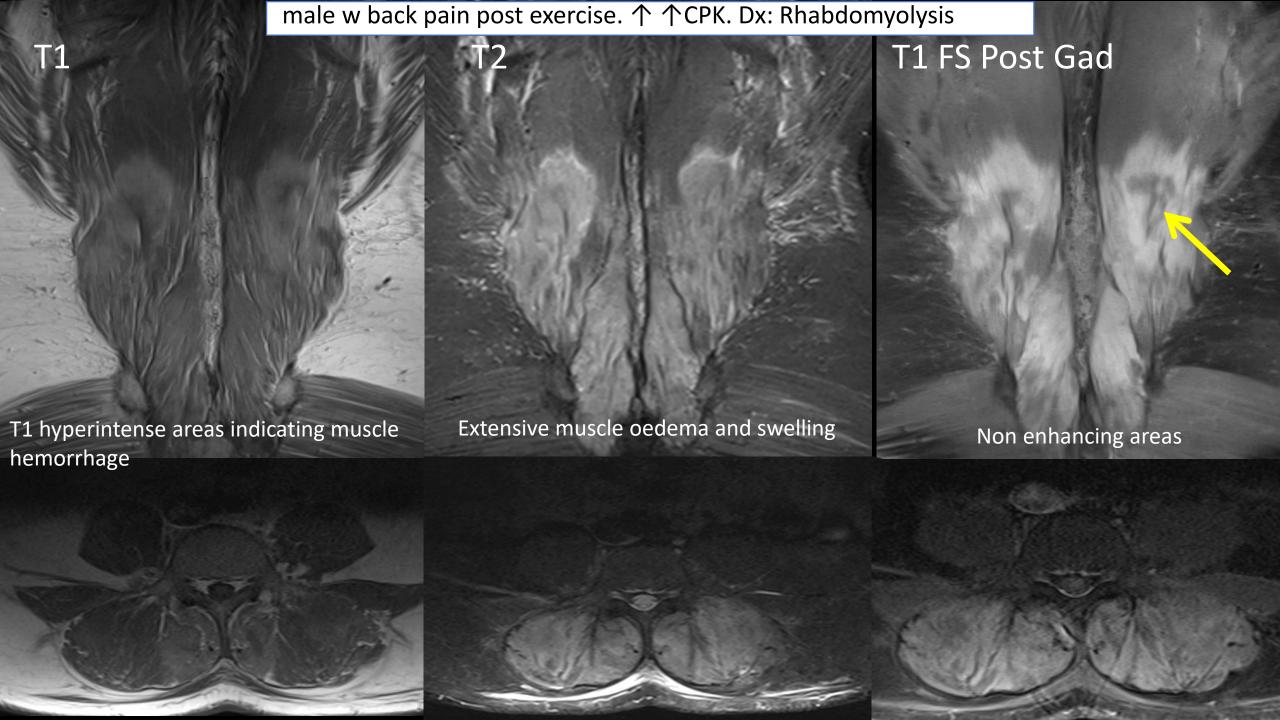
QUESTION

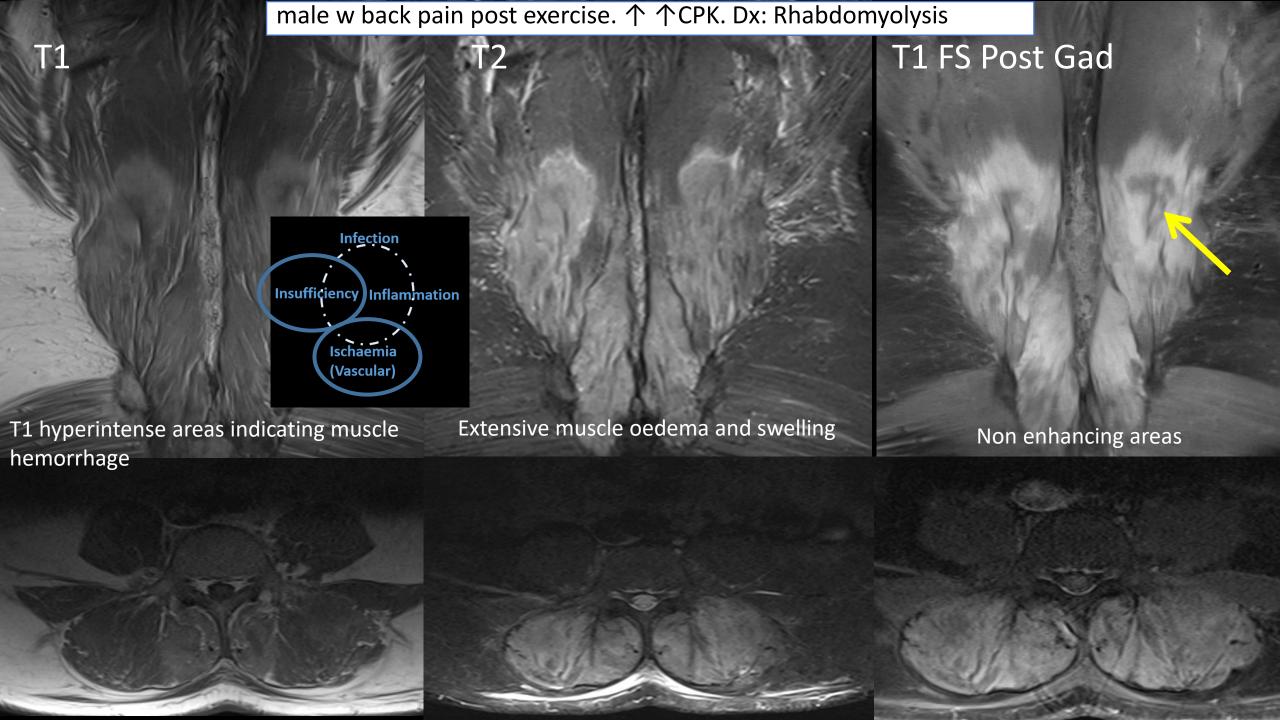
• Yes or no

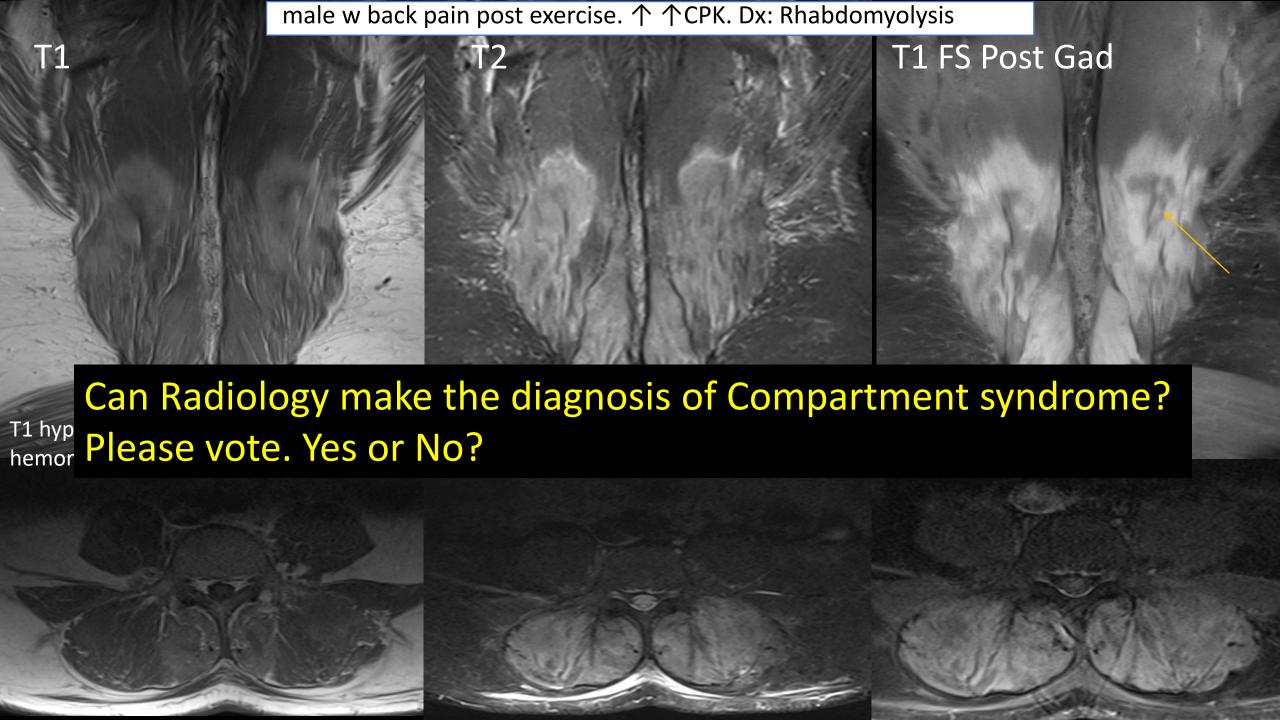
Can Radiology make the diagnosis of compartment syndrome?

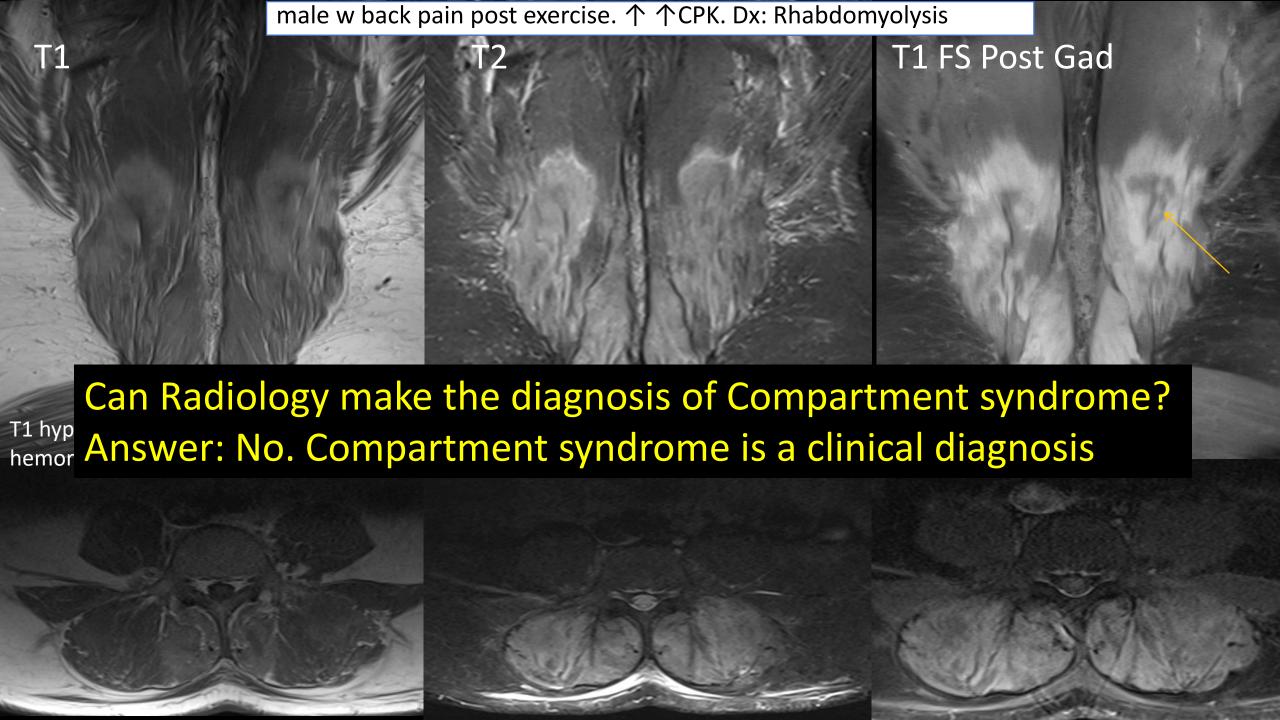
Yes

No

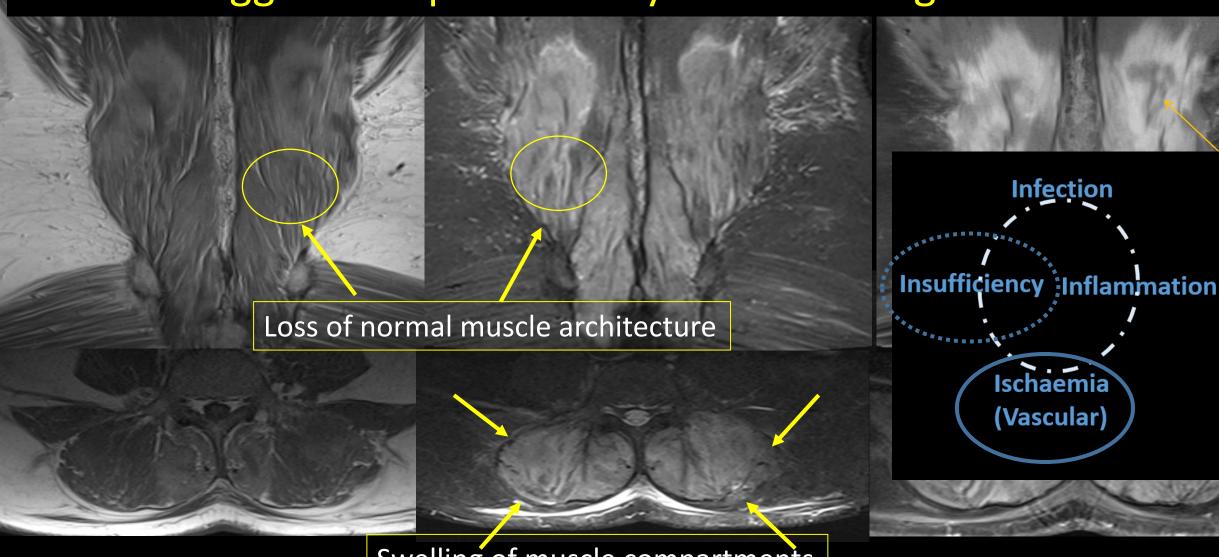








Learning Point: Compartment syndrome is a clinical Dx, MRI can suggest compartment Syndrome and guide fasciotomy

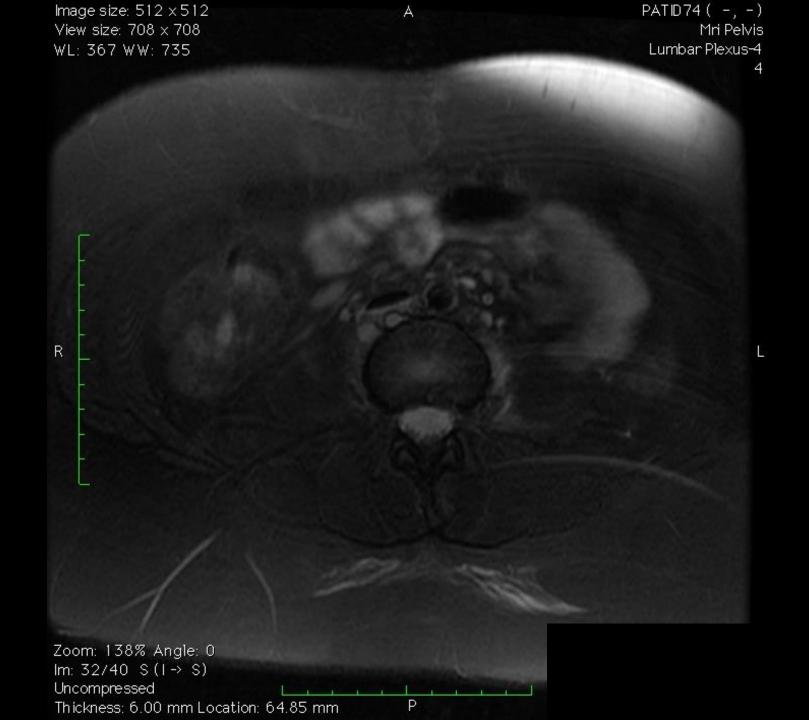


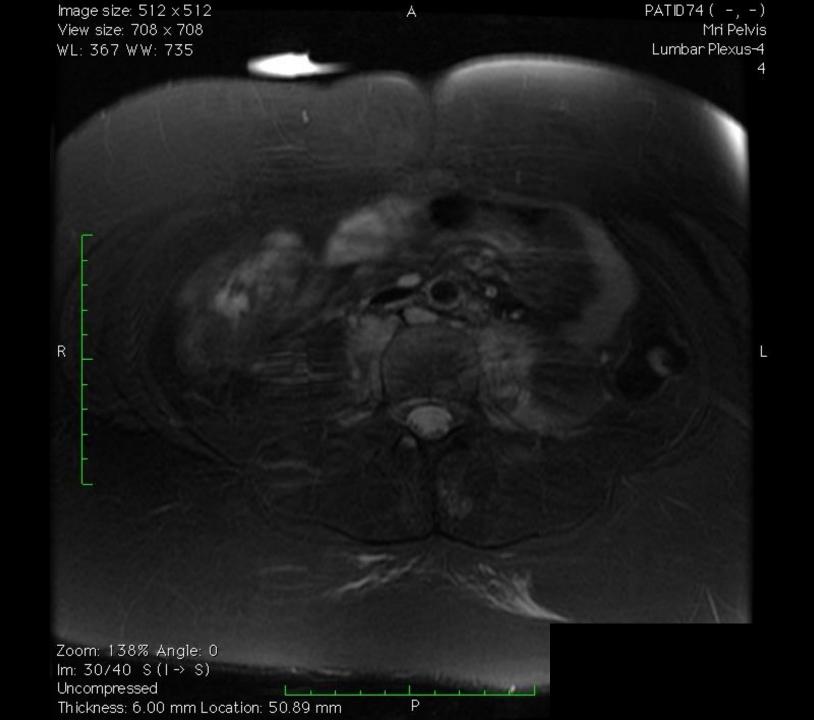
Swelling of muscle compartments

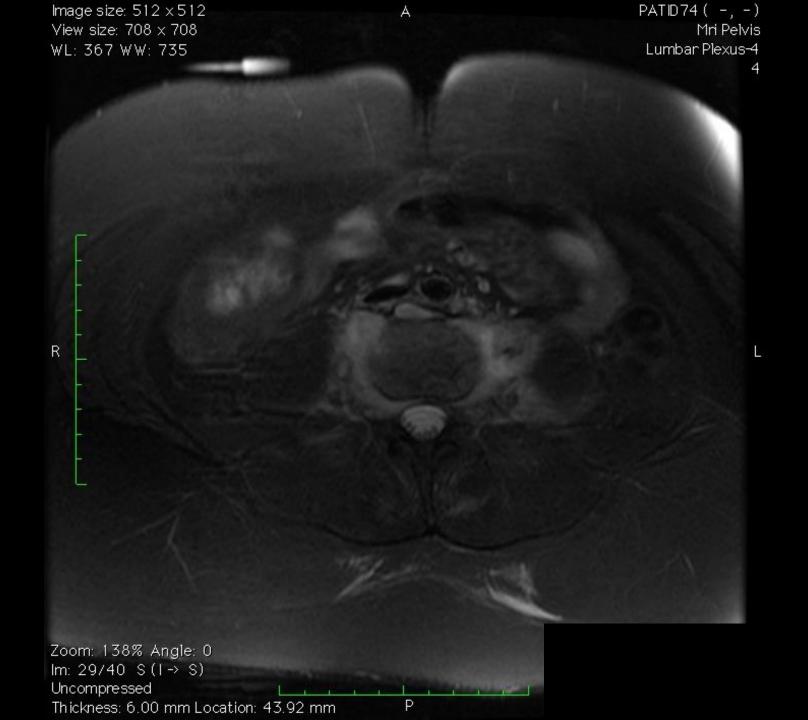
Young man. Difficulty in walking for the last year.

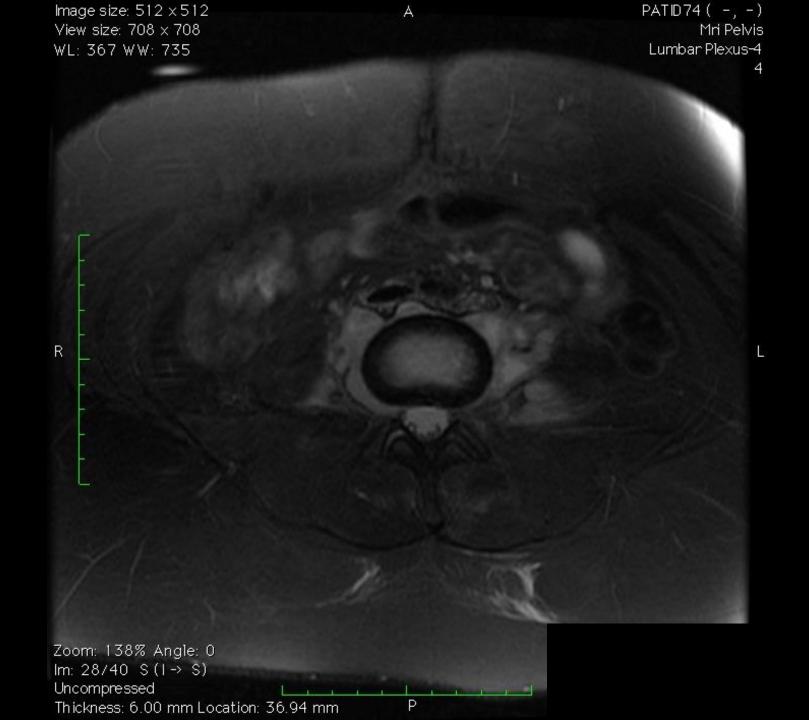
Coronal and Axial T2 fat sat

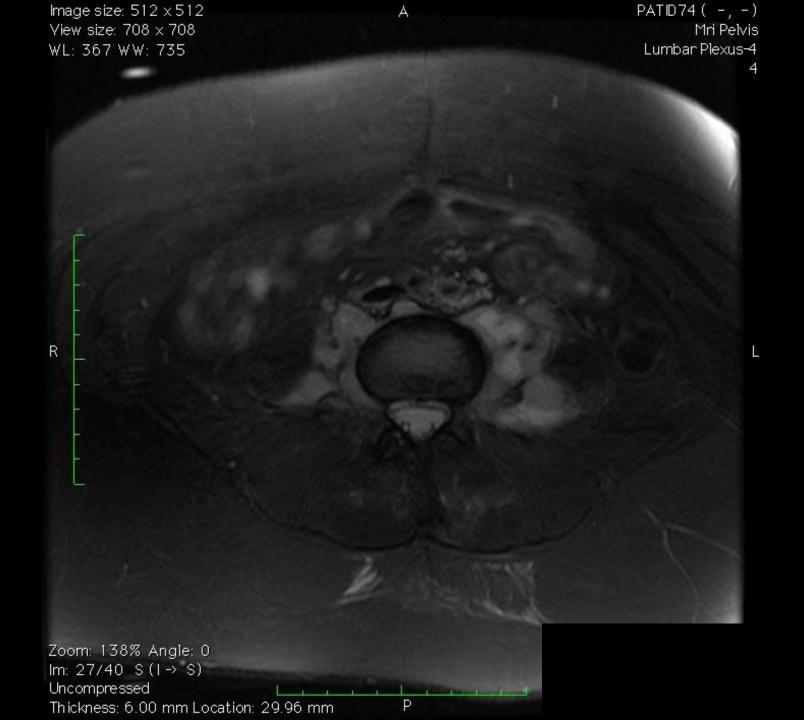




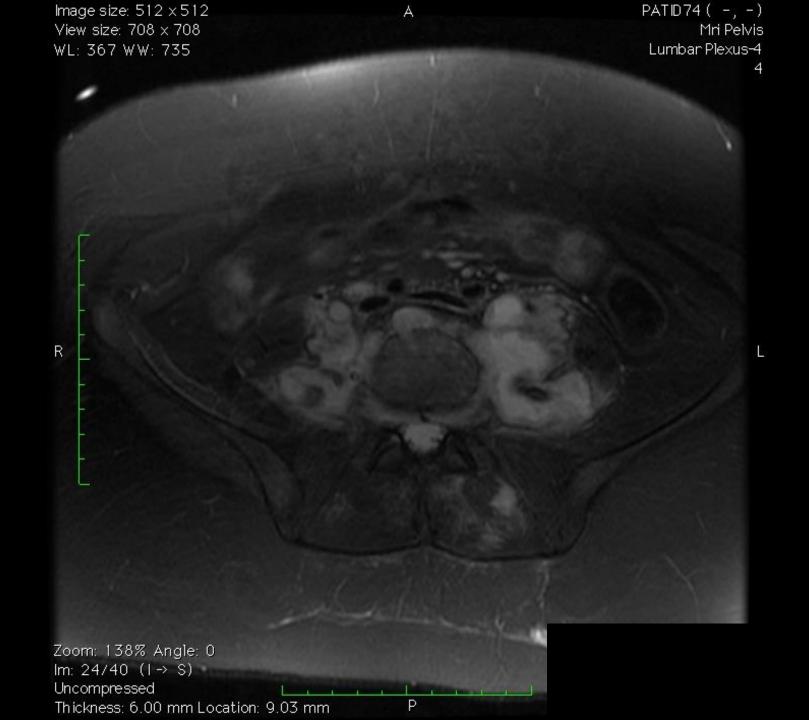


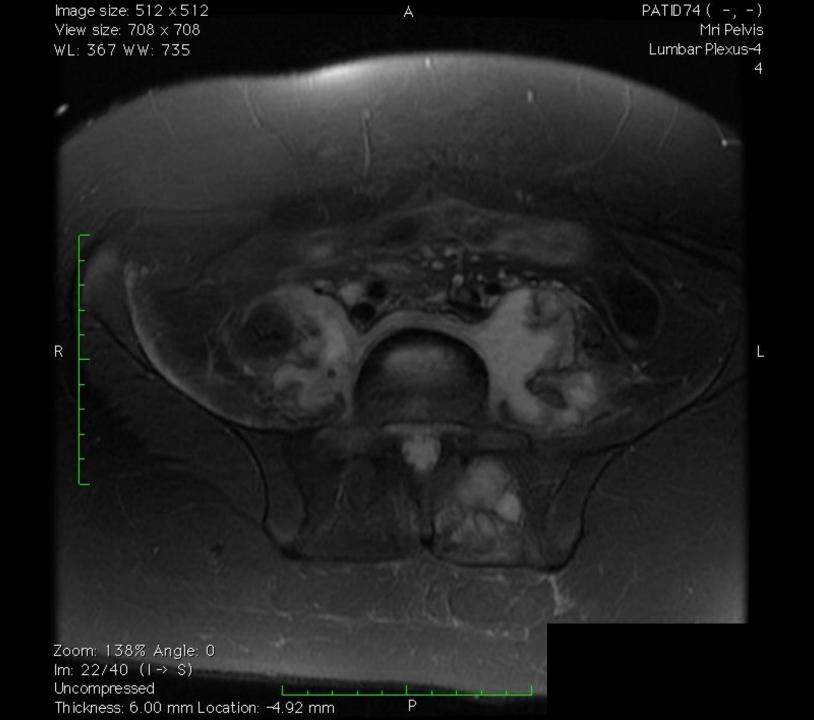


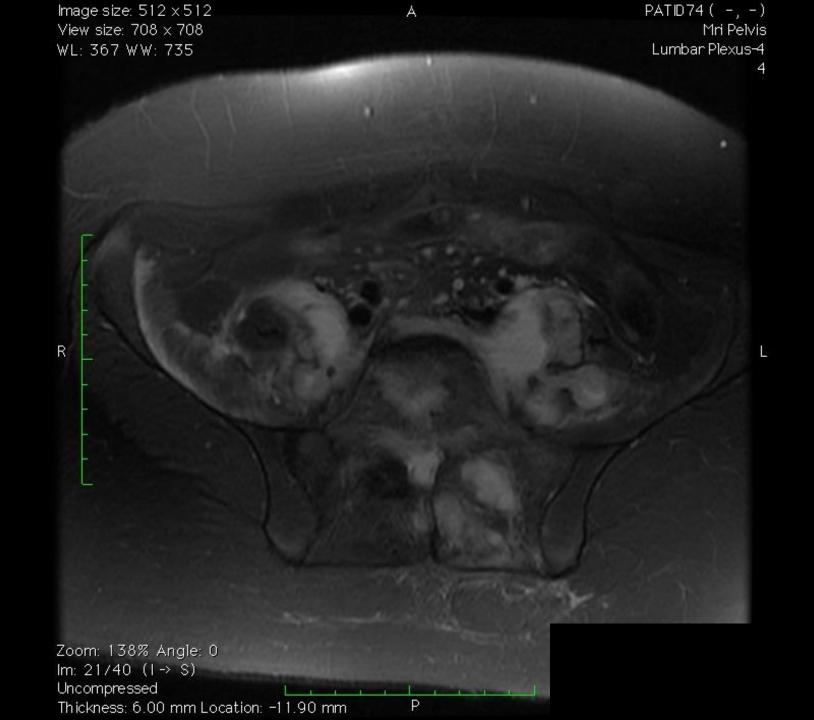




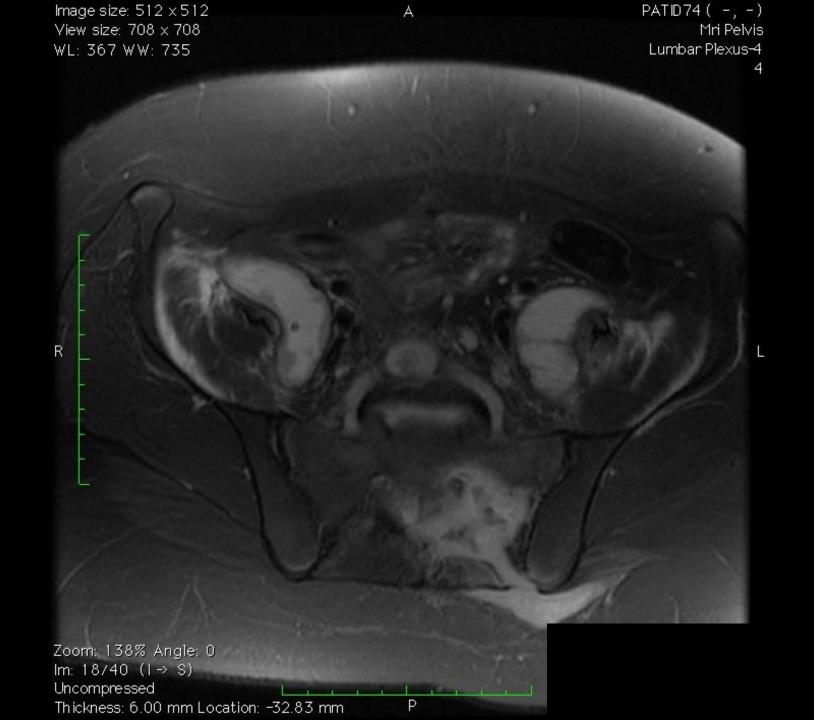




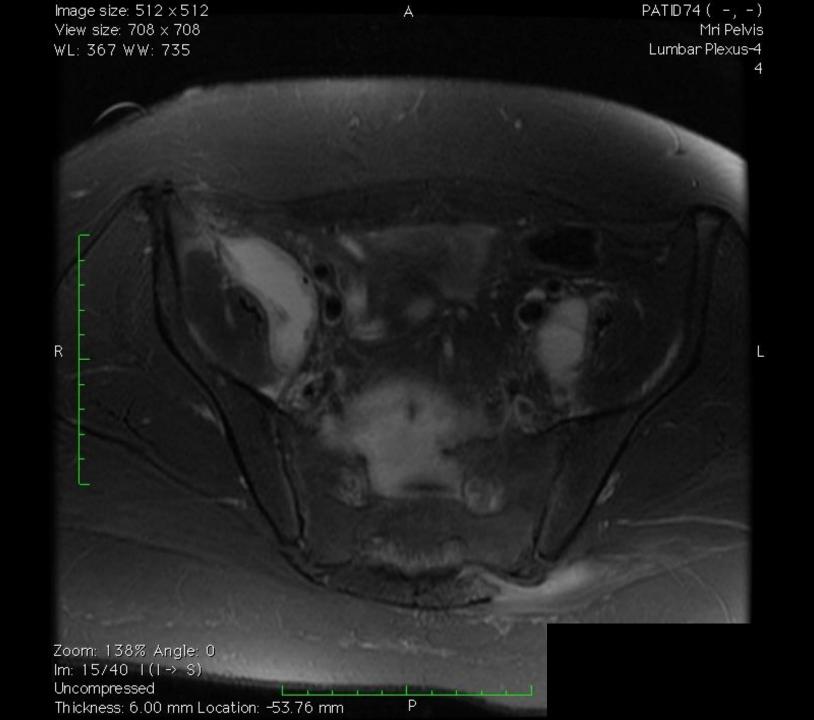


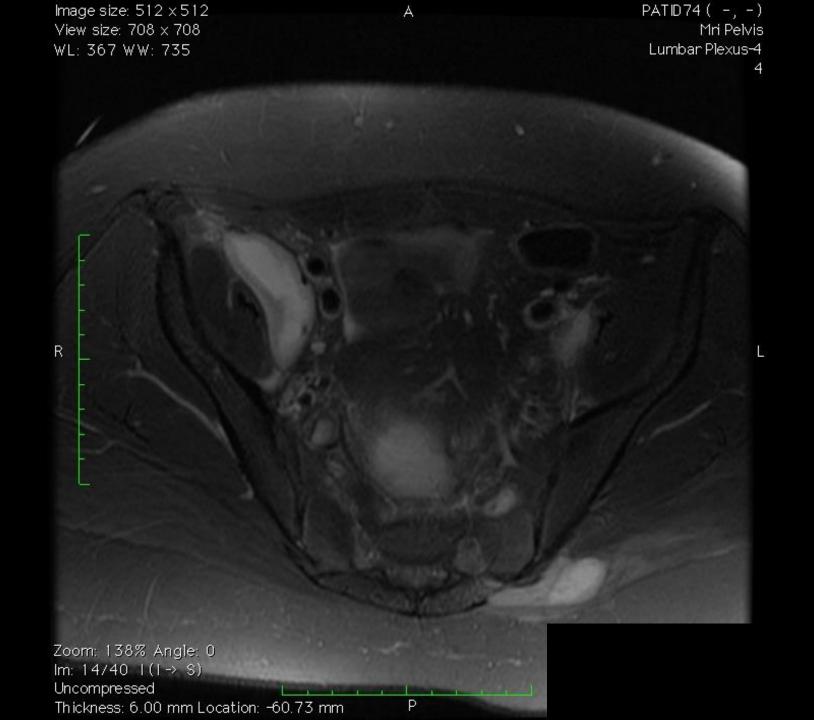


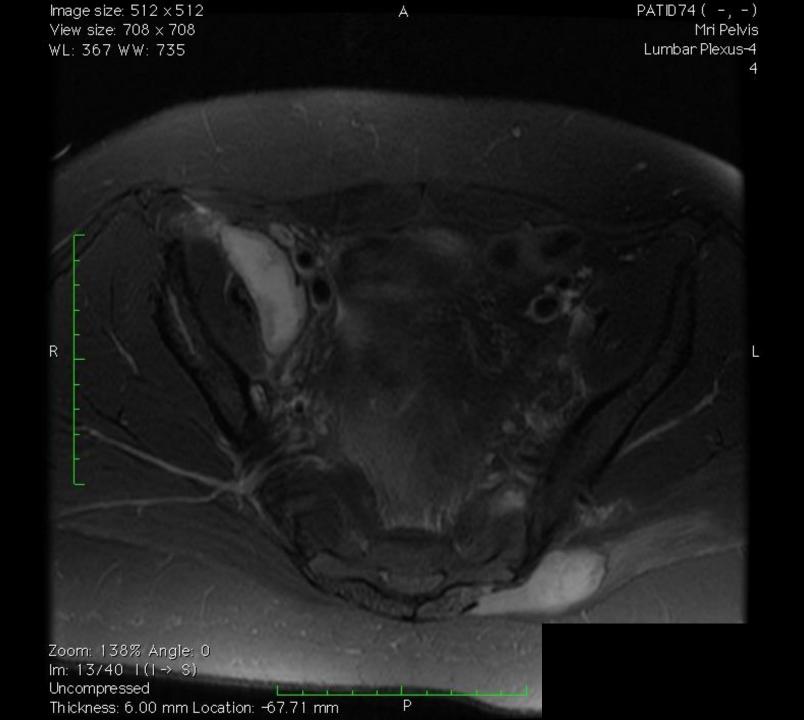


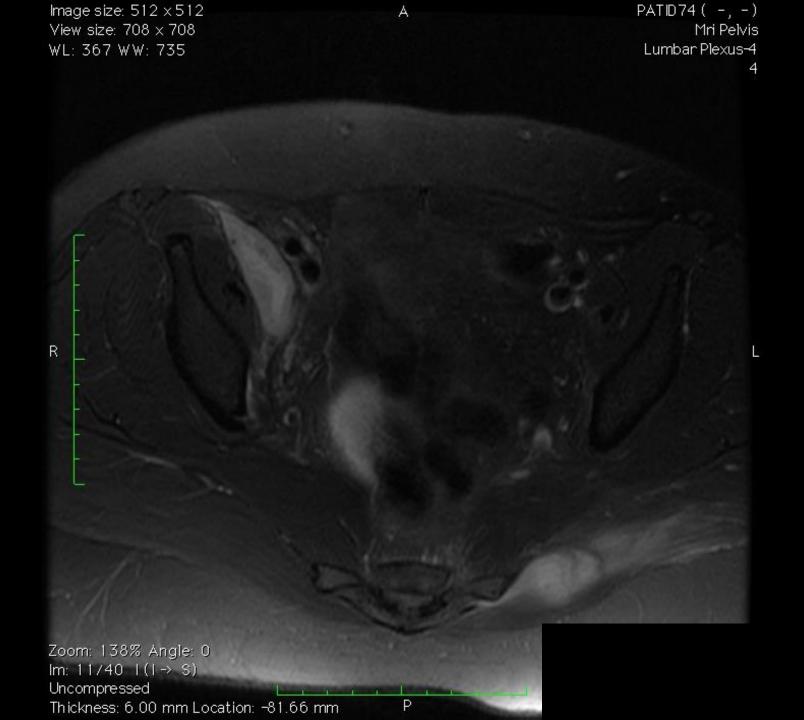


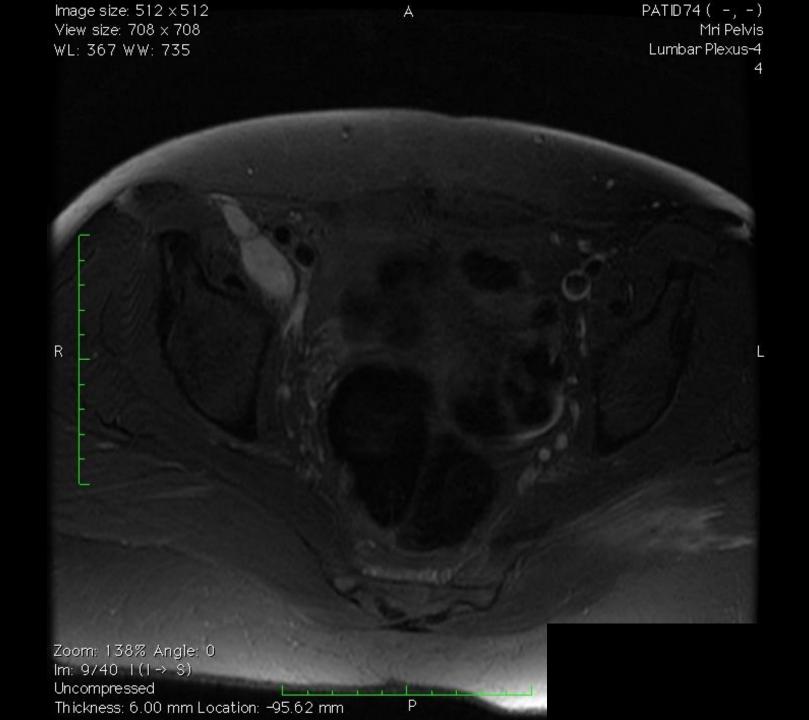


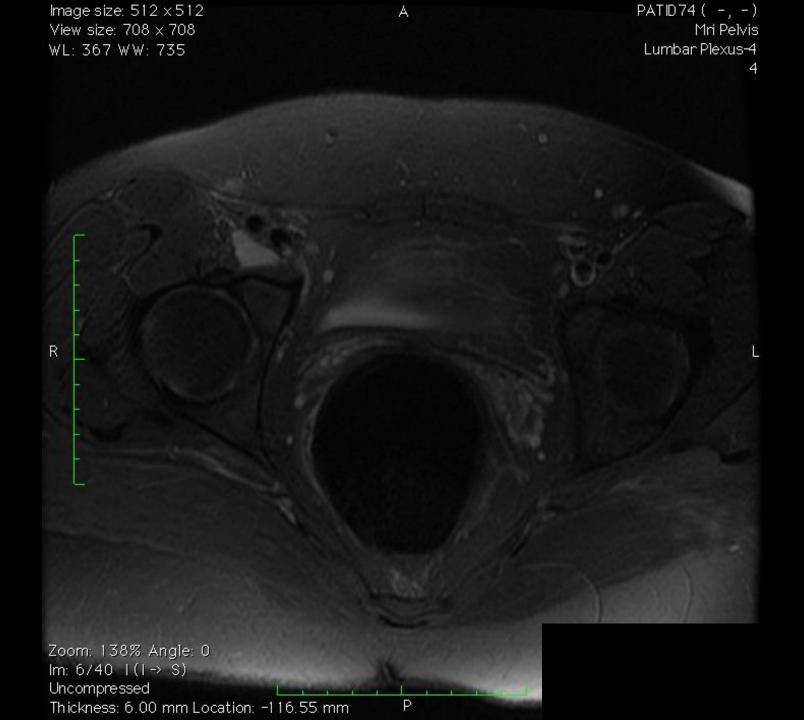






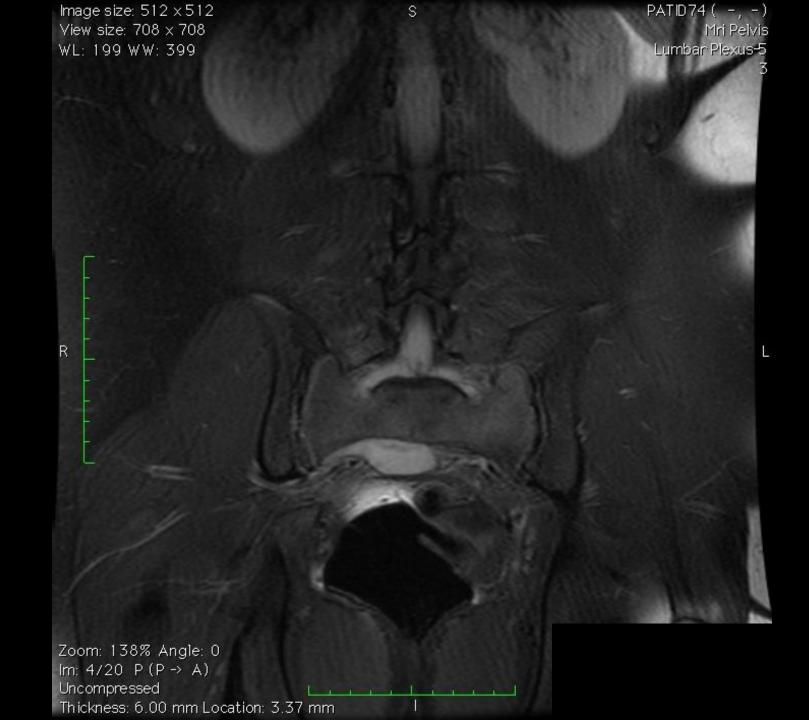


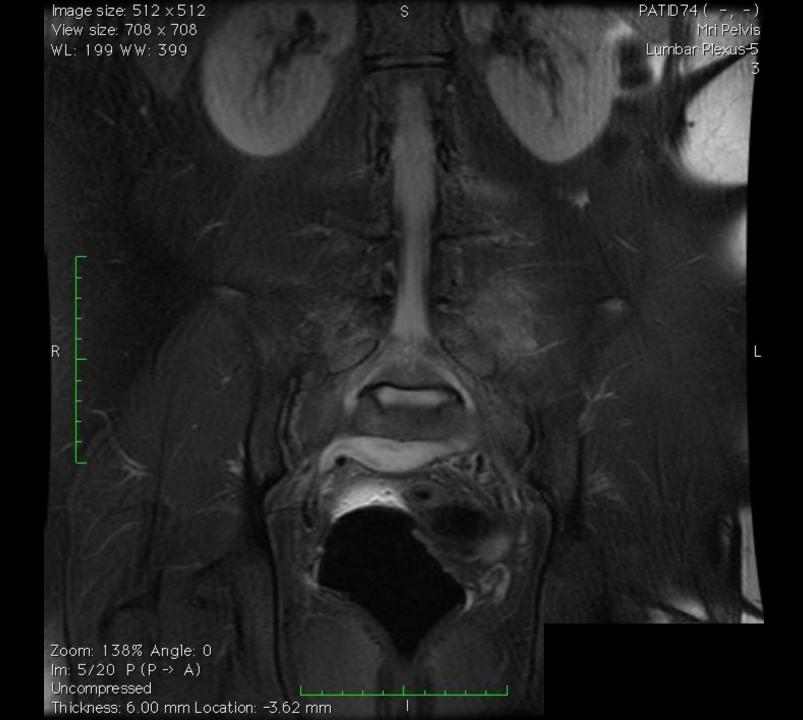
















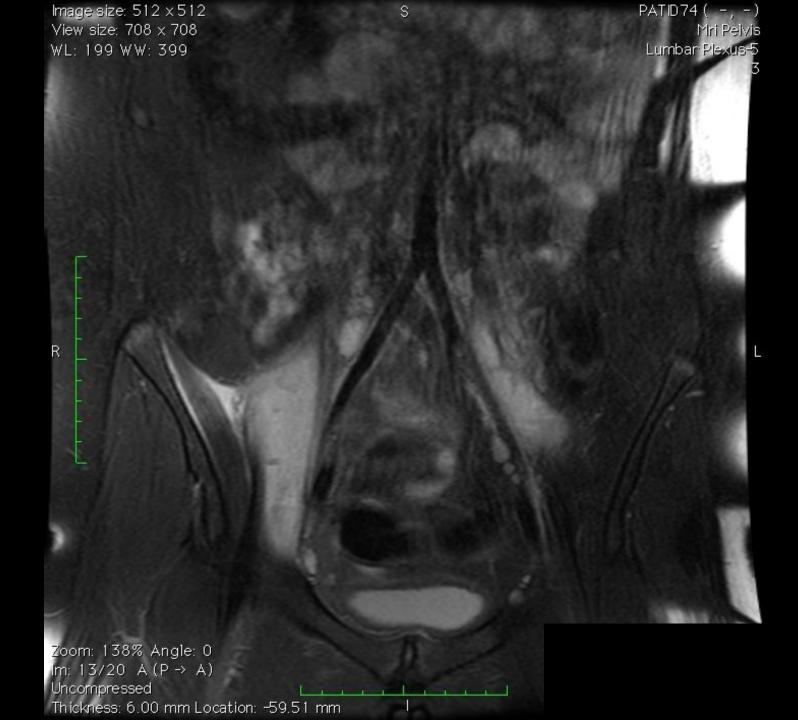




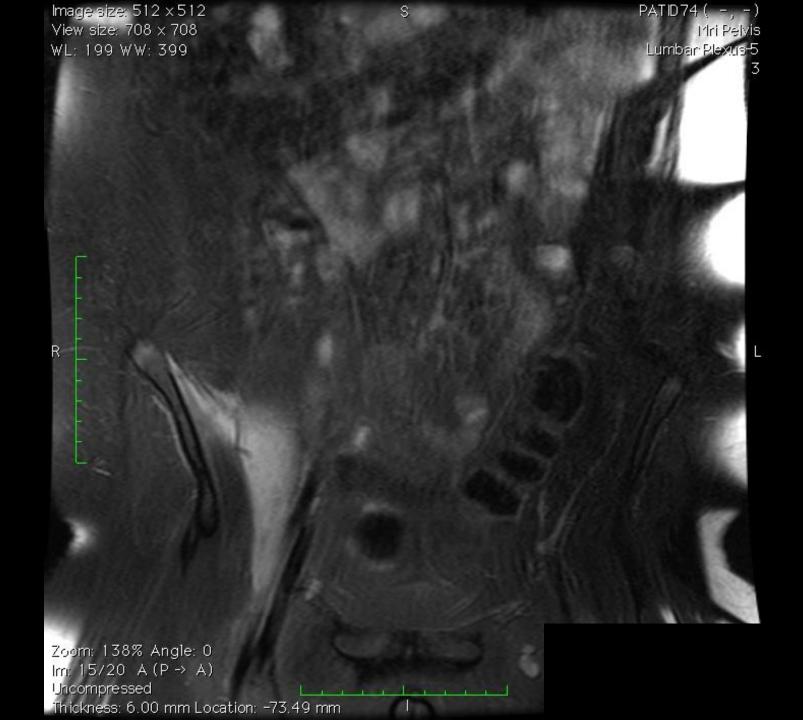












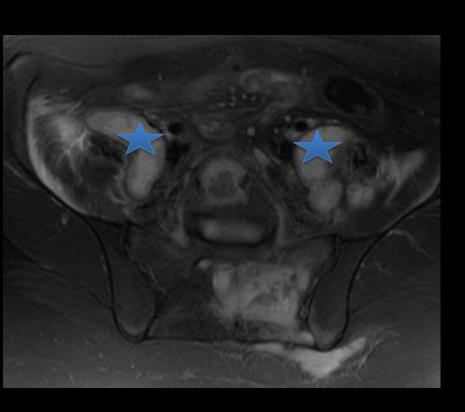


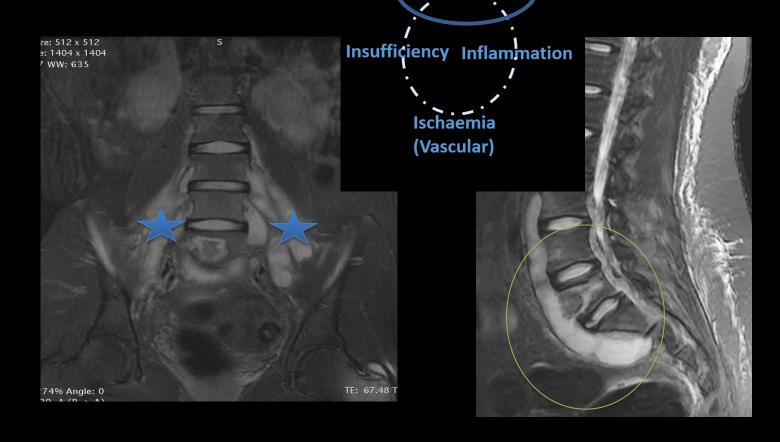
What do you think the Organism is?

What do you think the organism is

Tuberculosis. "Cold" psoas abscess, L5 osteomyelitis,

Epidural collection

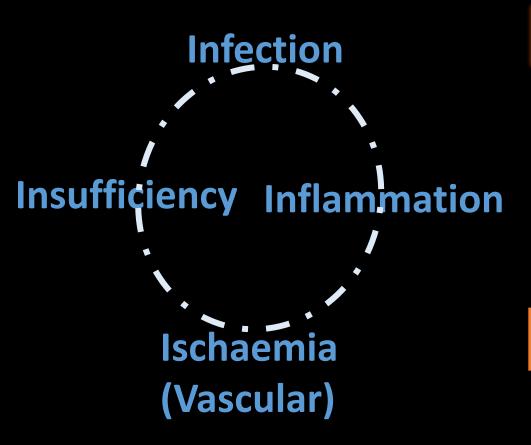




Infection

- Extra-pulmonary form of TB ("Pott's disease") secondary to haematogenous spread
- Screening of the whole spine
- Concomitant pulmonary TB is common (up to 50-75%) !!! → Chest X-ray , isolation if +

What is a MSK Emergency?



Non-Traumatic

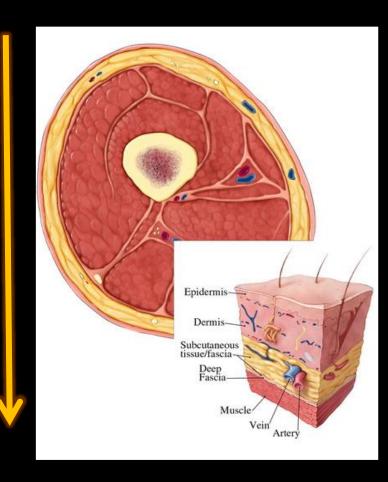
Subcutaneous

Fascia

Muscle

Bone

Joint



Case. Infant with difficulty in weight bearing



Where is the abnormality

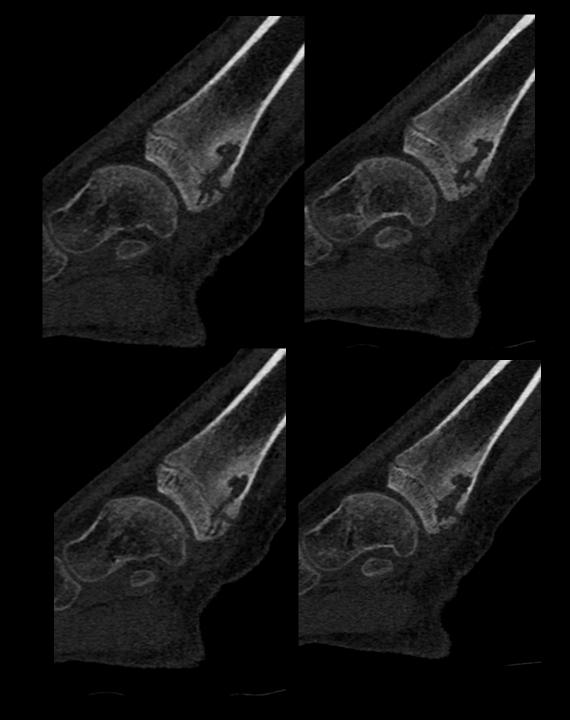




What imaging technique would you recommend next in your report?

What is your clinical suspicion?





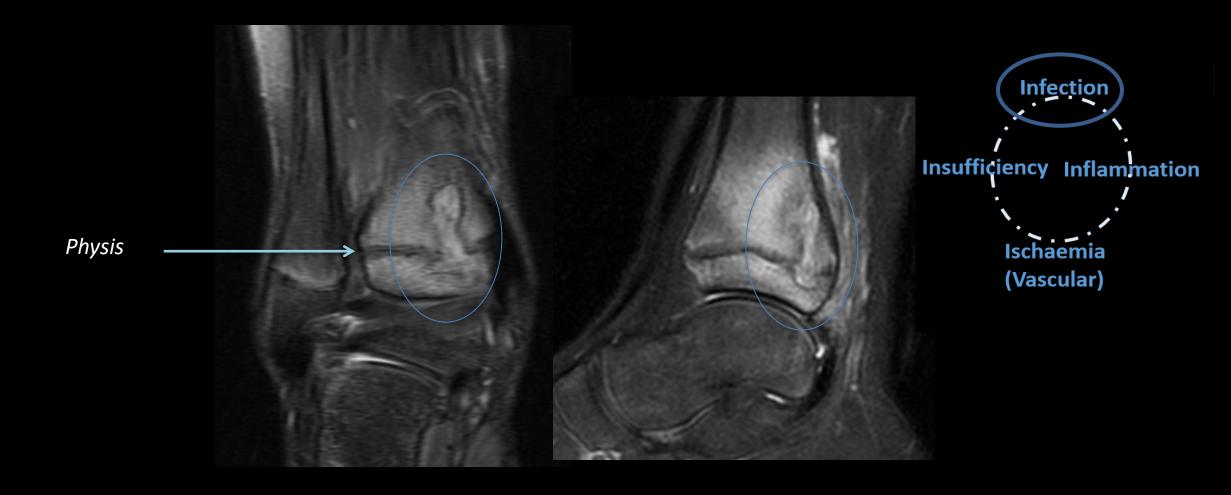
COR T1 COR T2FS







Osteomyelitis

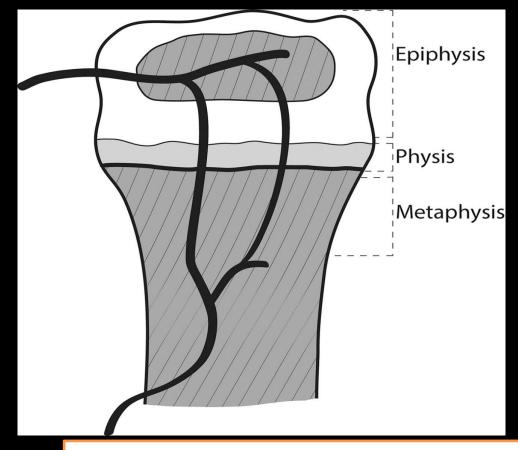


Why does the infection involves the Metaphysis and Epiphysis?

Blood Supply in Infancy (First 18m)

There is free communication between the vessels of the epiphysis and the metaphysis.

Transphyseal vessels can serve as a path of spread of infection from one region to another, usually from metaphysis to epiphysis.



What other risk is this patient at?

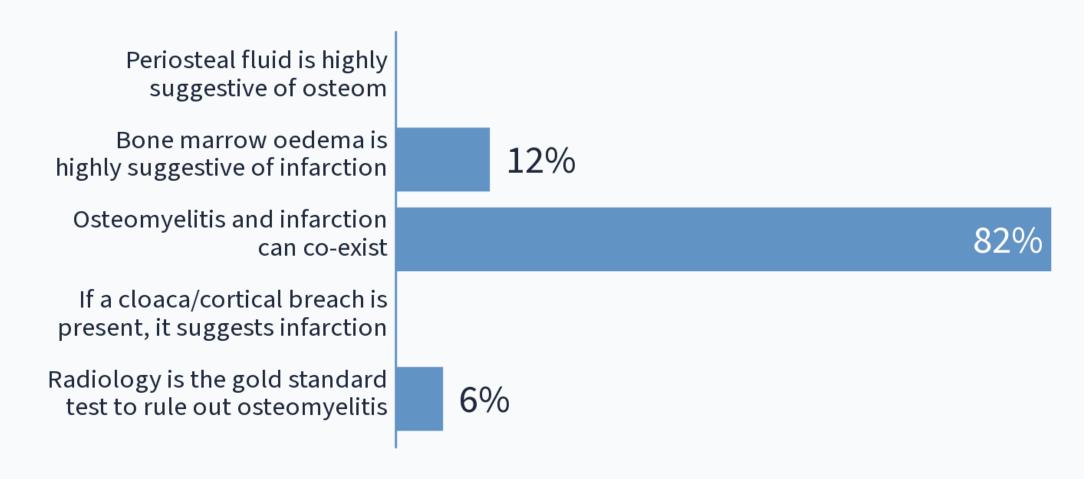
Child with Sickle Cell Disease and acute R leg pain

• Infection, Infarction or both?

Preview Q5. Child with Sickle Cell disease and acute leg pain Choose the single correct answer

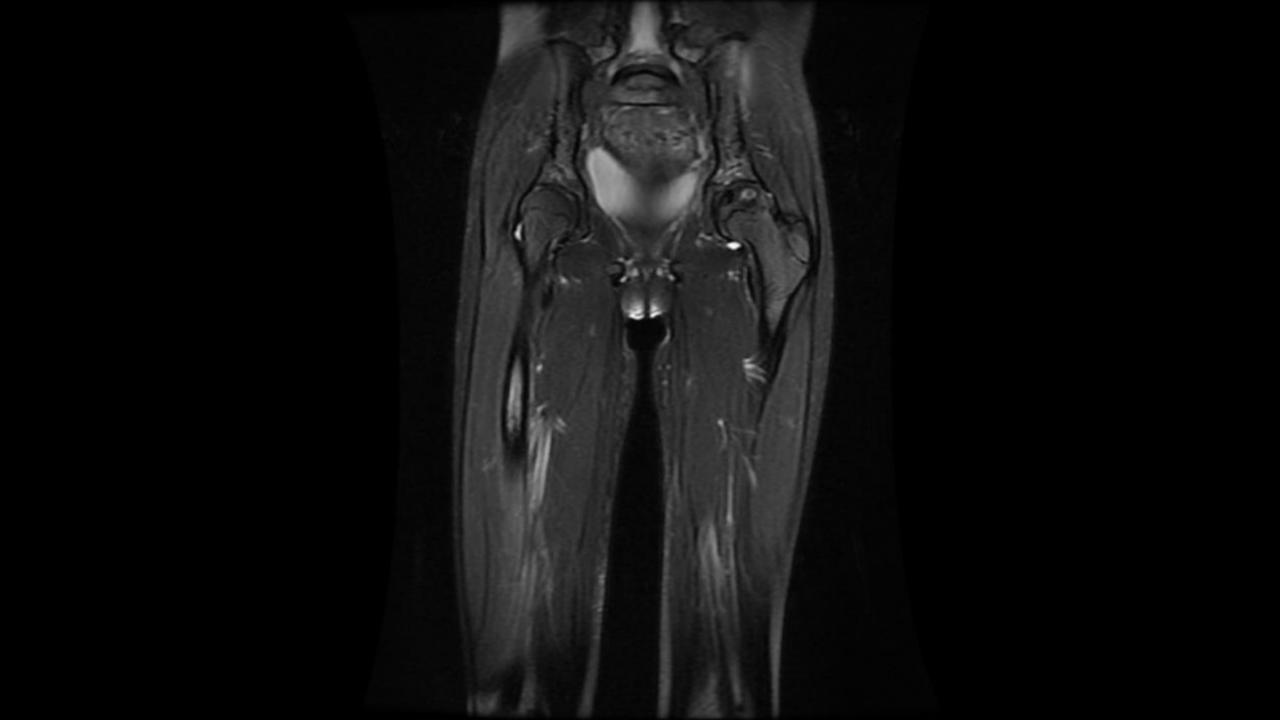
- A. Periosteal fluid is highly suggestive of osteomyelitis
- B. Bone marrow oedema is highly suggestive of infarction
- C. Osteomyelitis and infarction can co-exist
- D. If a cloaca/cortical breach is present, it suggests infarction
- E. Radiology is the gold standard test to rule out osteomyelitis

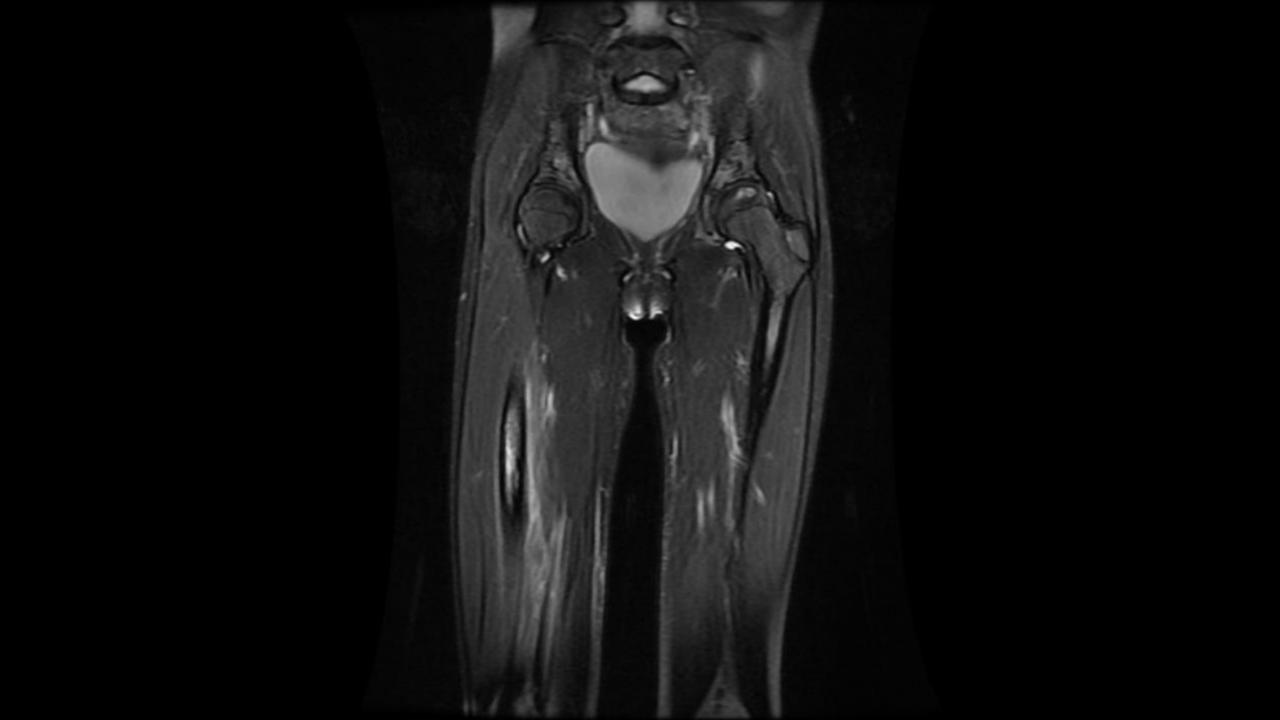
Child with Sickle Cell disease and acute leg pain Choose the single correct answer

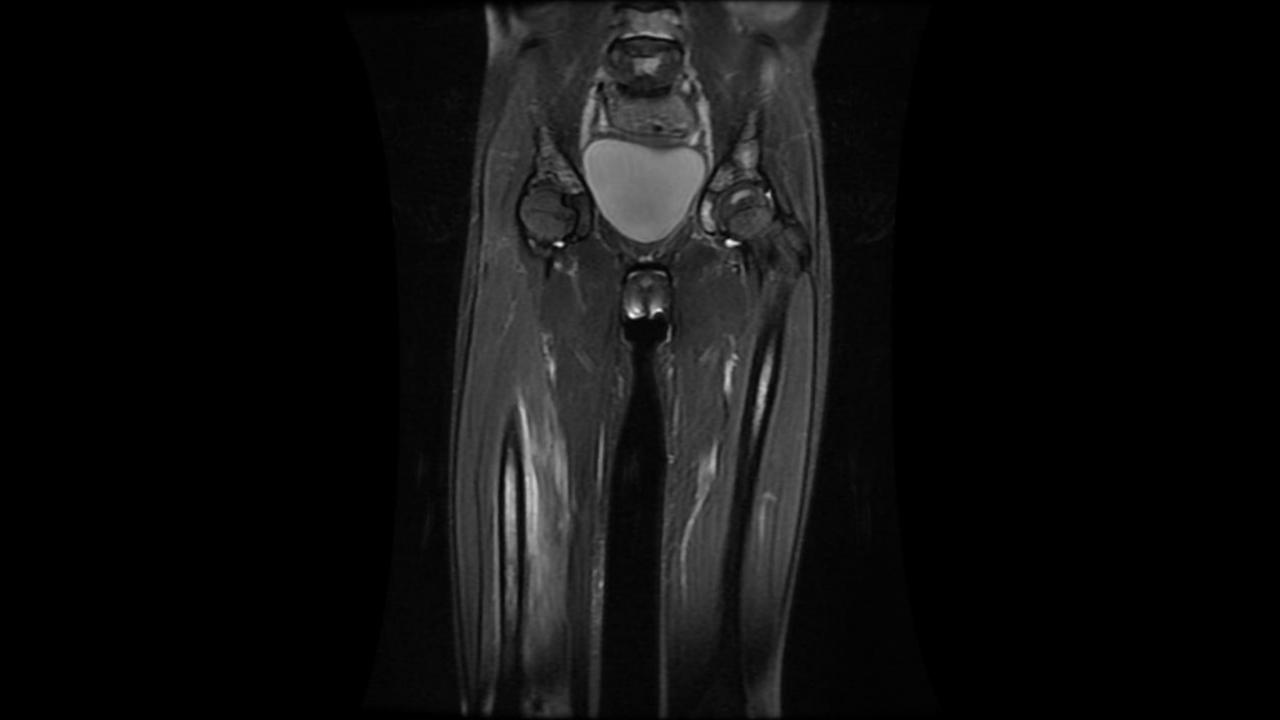


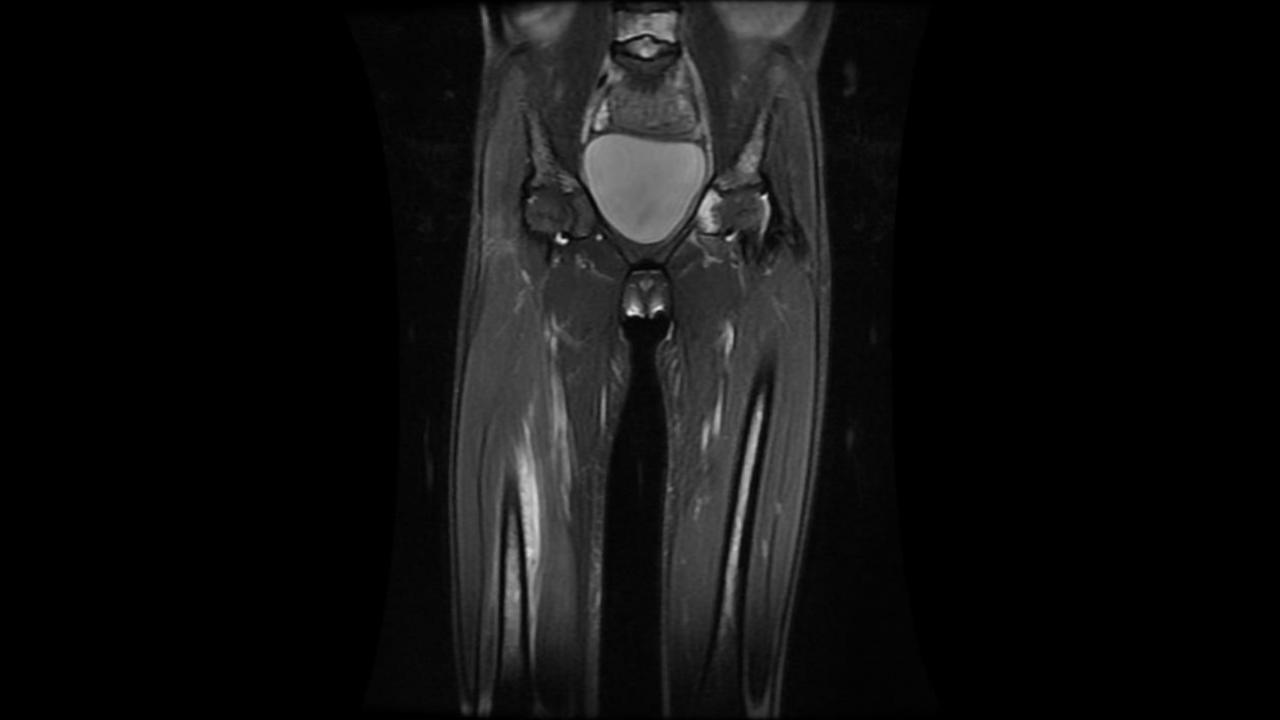
Cor T2 Fat Sat

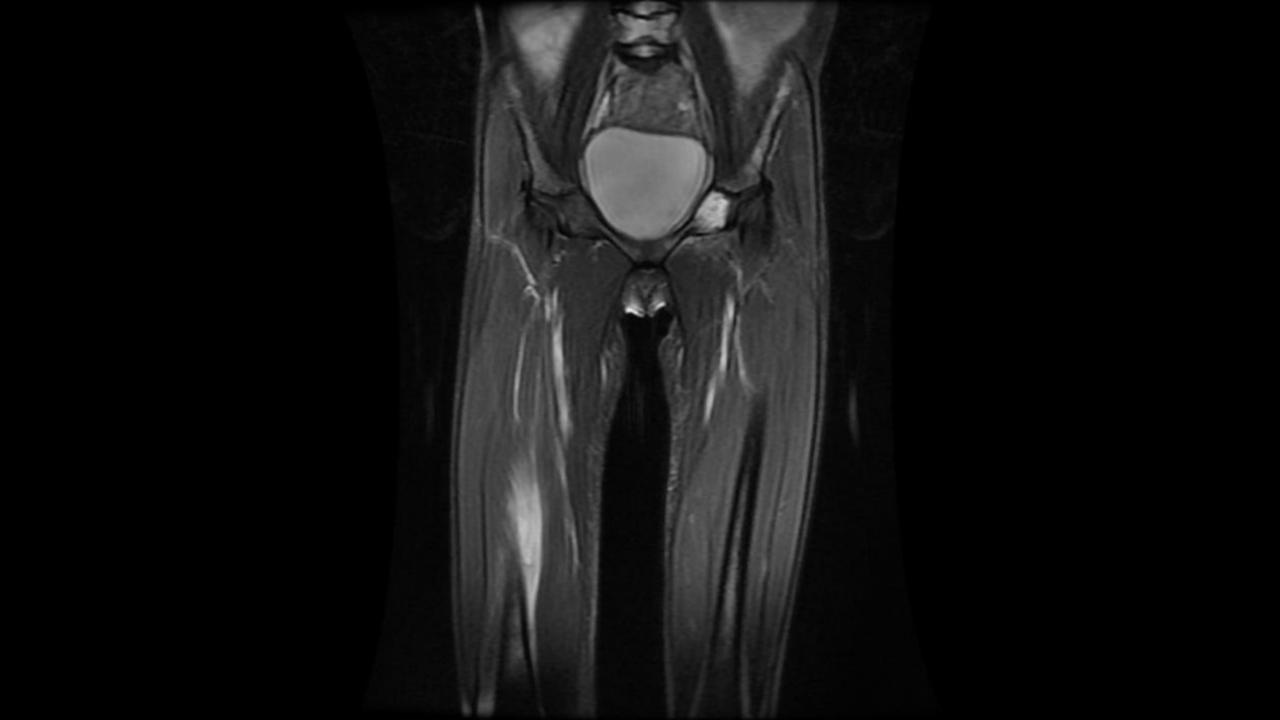






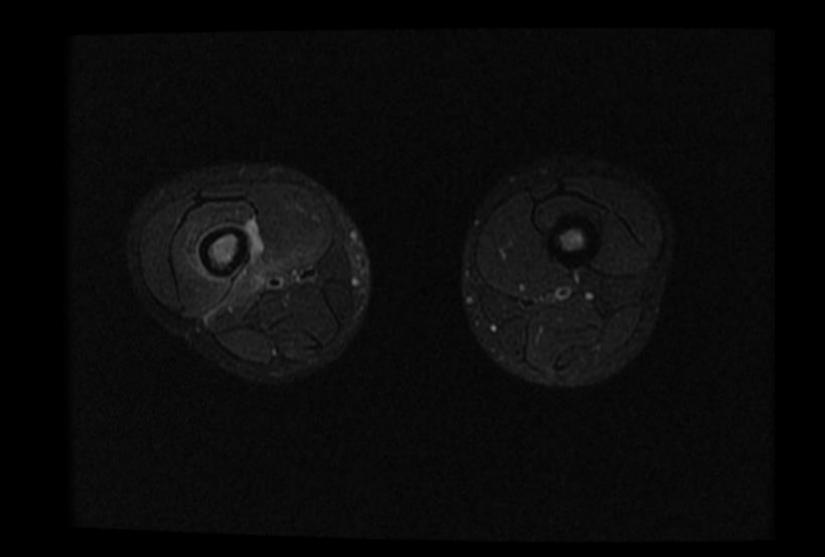


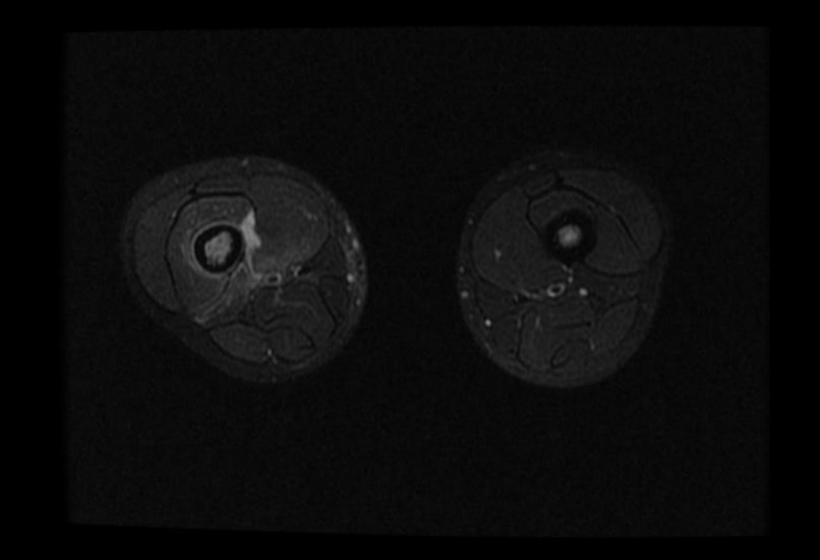


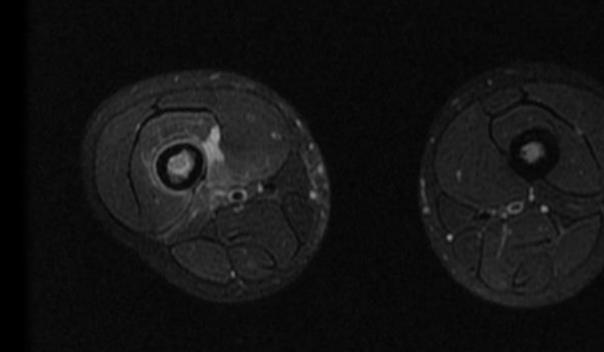


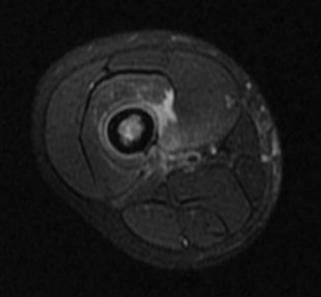


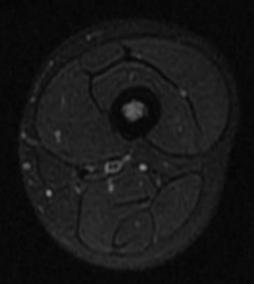
Ax T2 fat sat

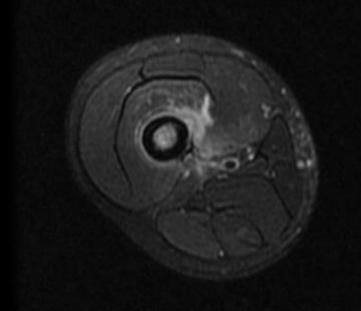


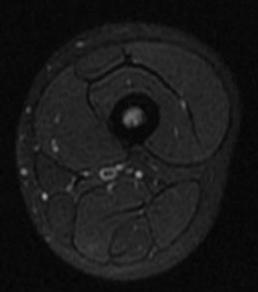


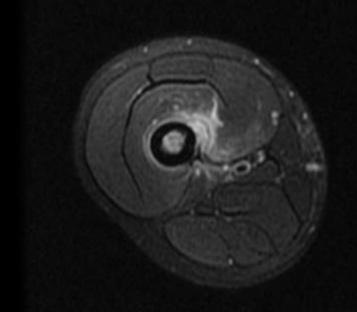


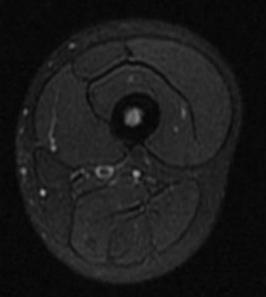


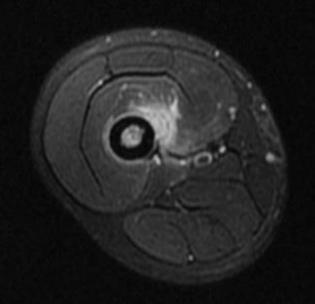


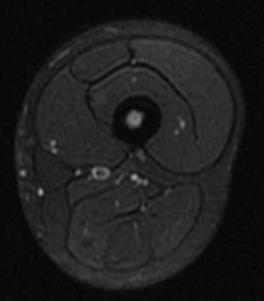


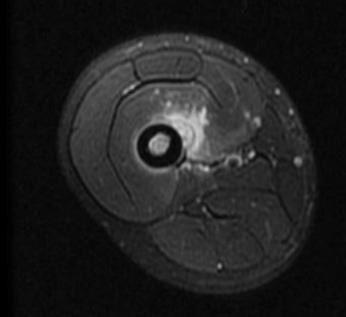


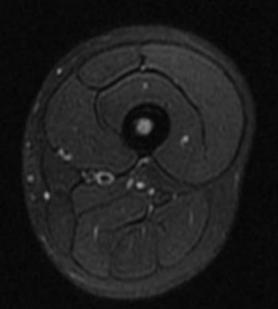


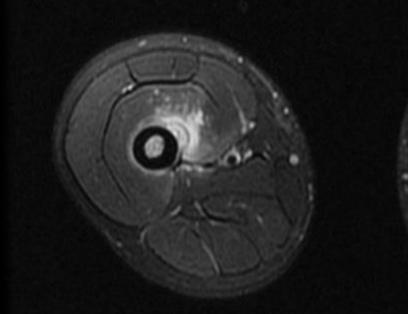


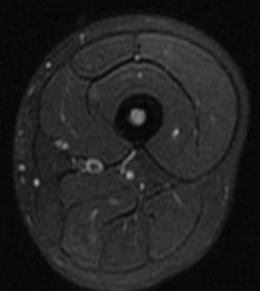


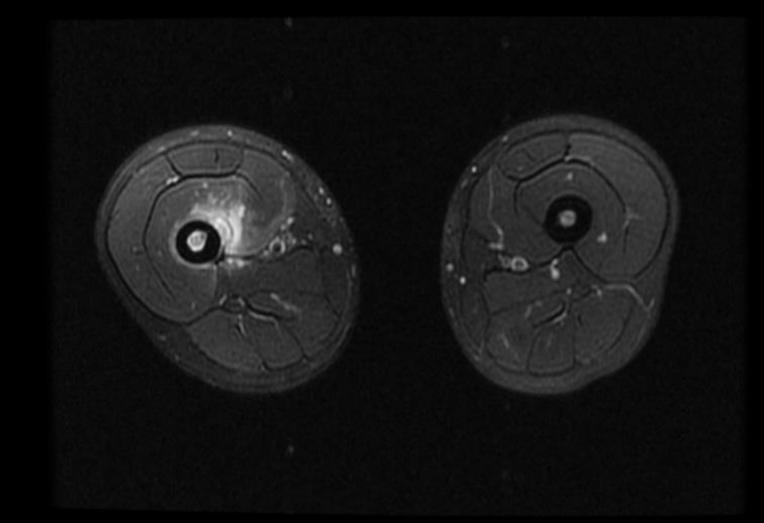


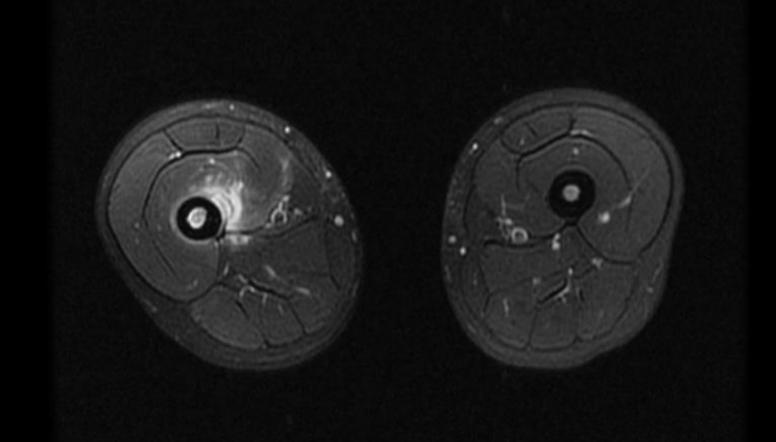


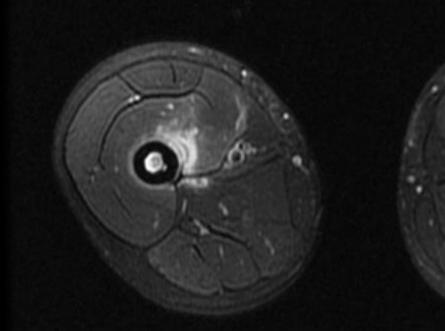


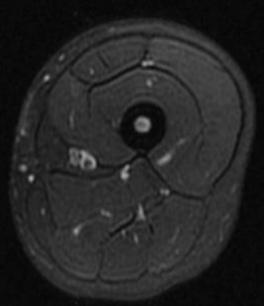


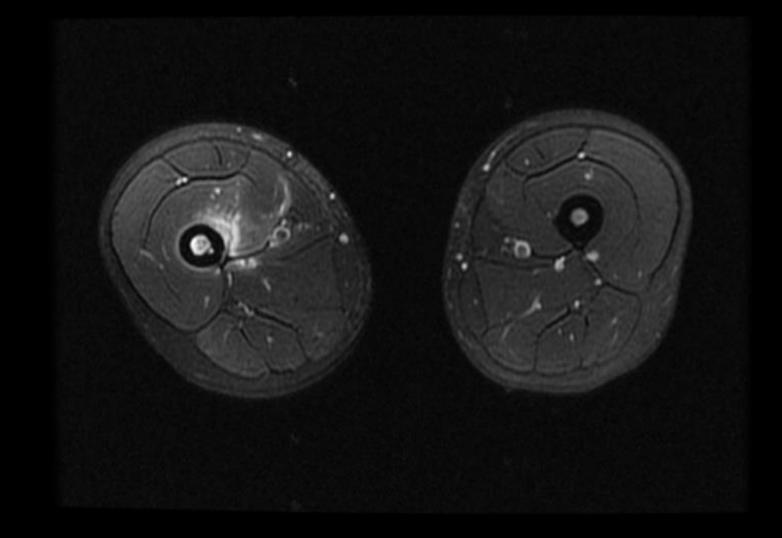


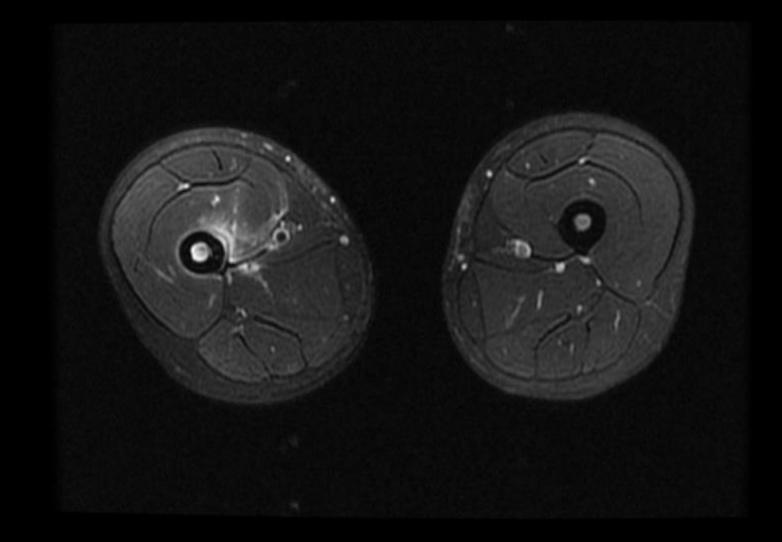


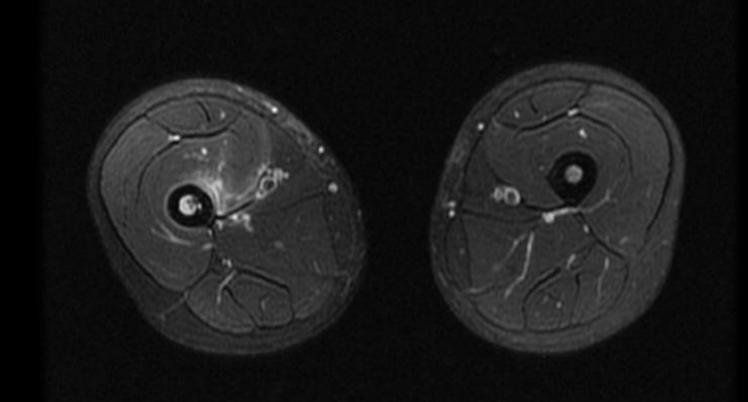


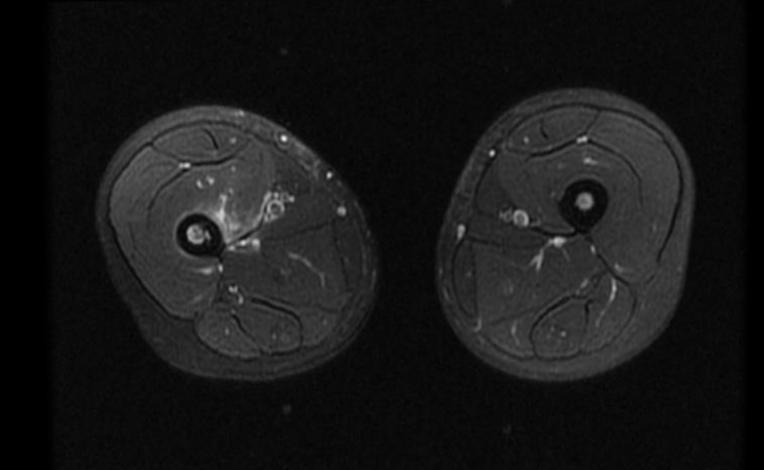


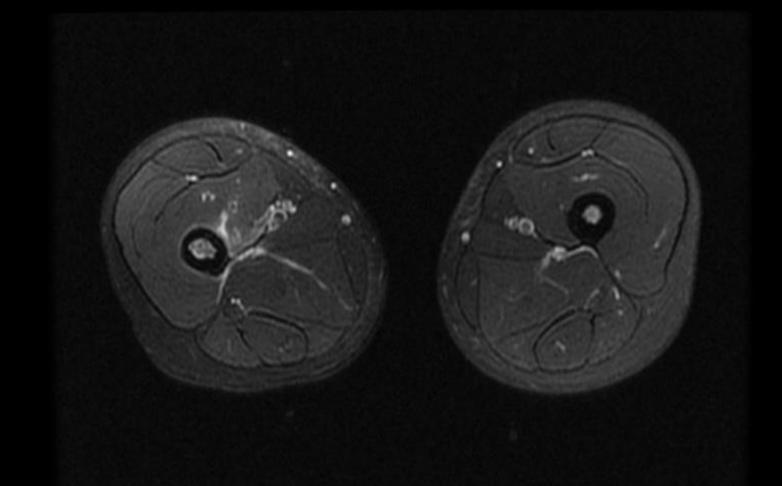






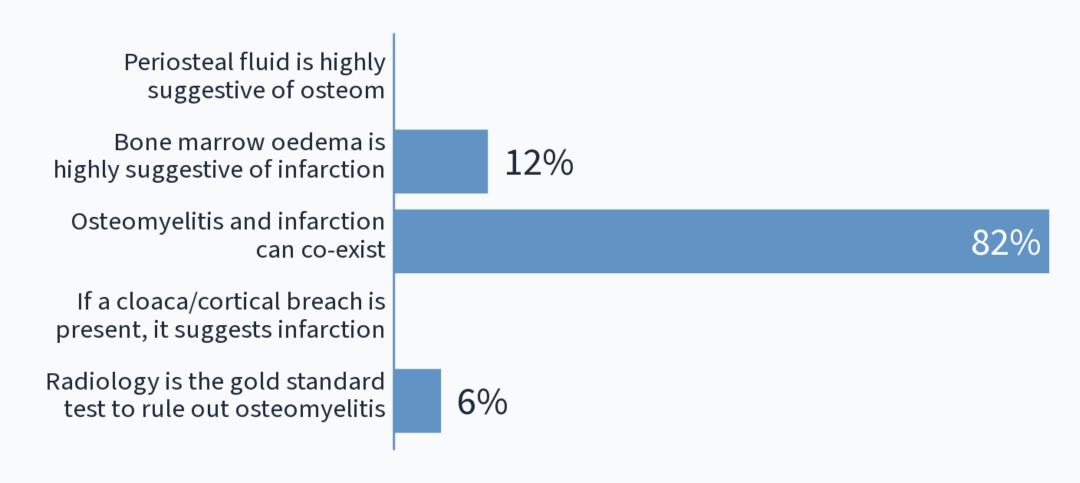






QUESTION 5

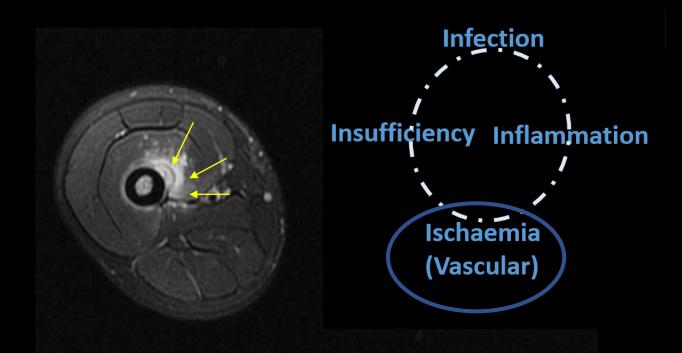
Child with Sickle Cell disease and acute leg pain Choose the single correct answer



- A. Periosteal fluid is highly suggestive of osteomyelitis
- B. Bone marrow oedema is highly suggestive of infarction
- C. Osteomyelitis and infarction can co-exist
- D. If a cloaca/cortical breach is present, it suggests infarction
- E. Radiology is the gold standard test to rule out osteomyelitis

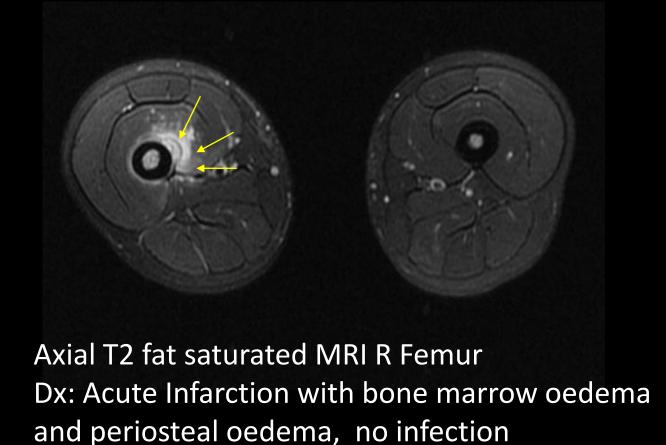


- A. Periosteal fluid is highly suggestive of osteomyelitis F
- B. Bone marrow oedema is highly suggestive of infarction F
- C. Osteomyelitis and infarction can co-exist T
- D. If a cloaca/cortical breach is present, it suggests infarction F
- E. Radiology is the gold standard test to rule out osteomyelitis F



Axial T2 fat saturated MRI R Femur Dx: Acute Infarction with bone marrow oedema and periosteal oedema, no infection

- A. Periosteal fluid is highly suggestive of osteomyelitis F
- B. Bone marrow oedema is highly suggestive of infarction F
- C. Osteomyelitis and infarction can co-exist T
- D. If a cloaca/cortical breach is present, it suggests infarction F
- E. Radiology is the gold standard test to rule out osteomyelitis F



- A. Periosteal fluid is highly suggestive of osteomyelitis F
- B. Bone marrow oedema is highly suggestive of infarction F
- C. Osteomyelitis and infarction can co-exist T
- D. Presence of cloaca/cortical breach suggests infarction F

E. Radiology is the gold standard test to rule out osteomyelitis F

CAN OCCUR in BOTH INFARCTION AND INFECTION

HALLMARK OF INFECTION

NO GOLD- STANDARD – COMBINATION OF CLINICAL AND DIAGNOSTIC TESTS

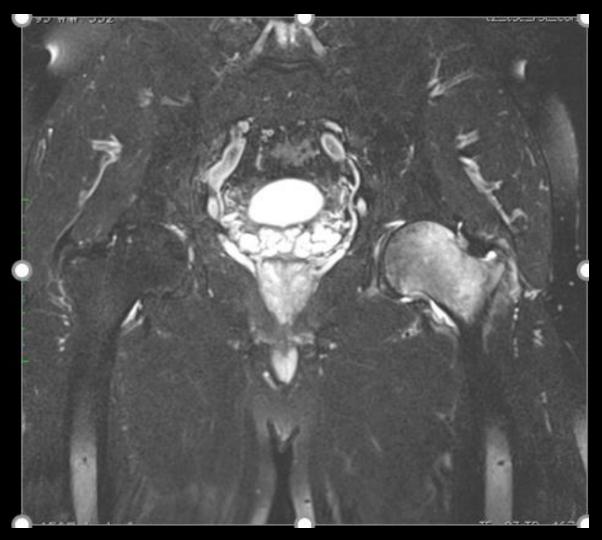
Preview Q6: Young adult with left hip pain. Select one correct answer

A: diagnosis is avascular necrosis

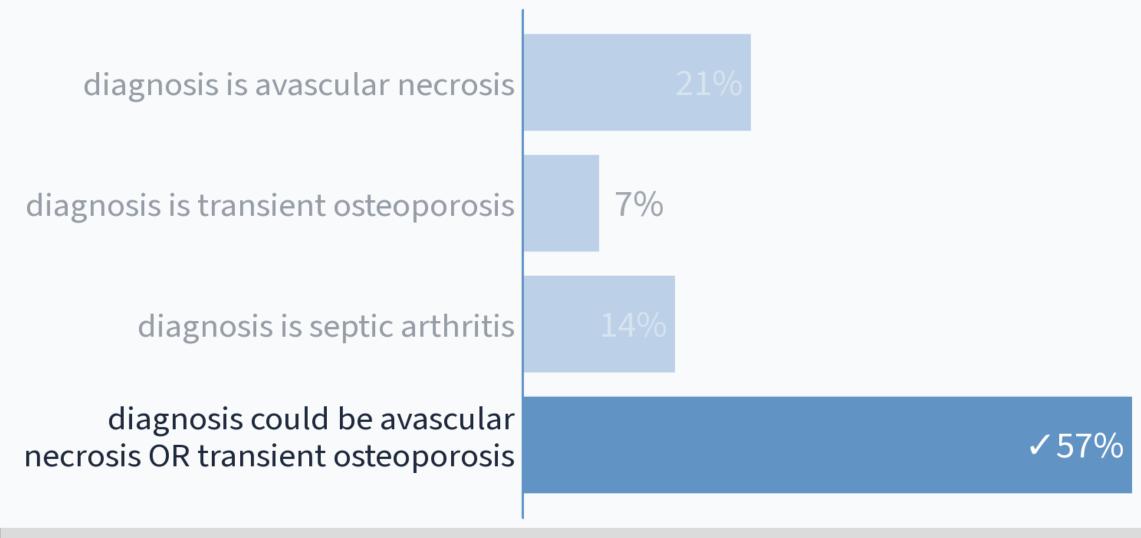
B: diagnosis is transient osteoporosis

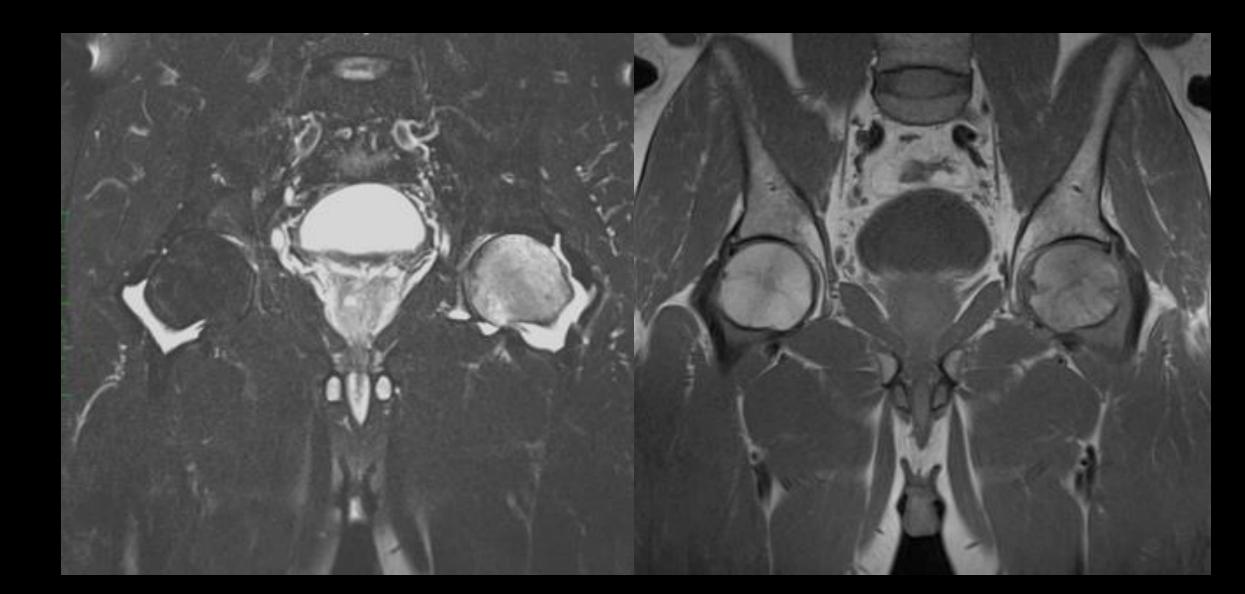
C: diagnosis is septic arthritis

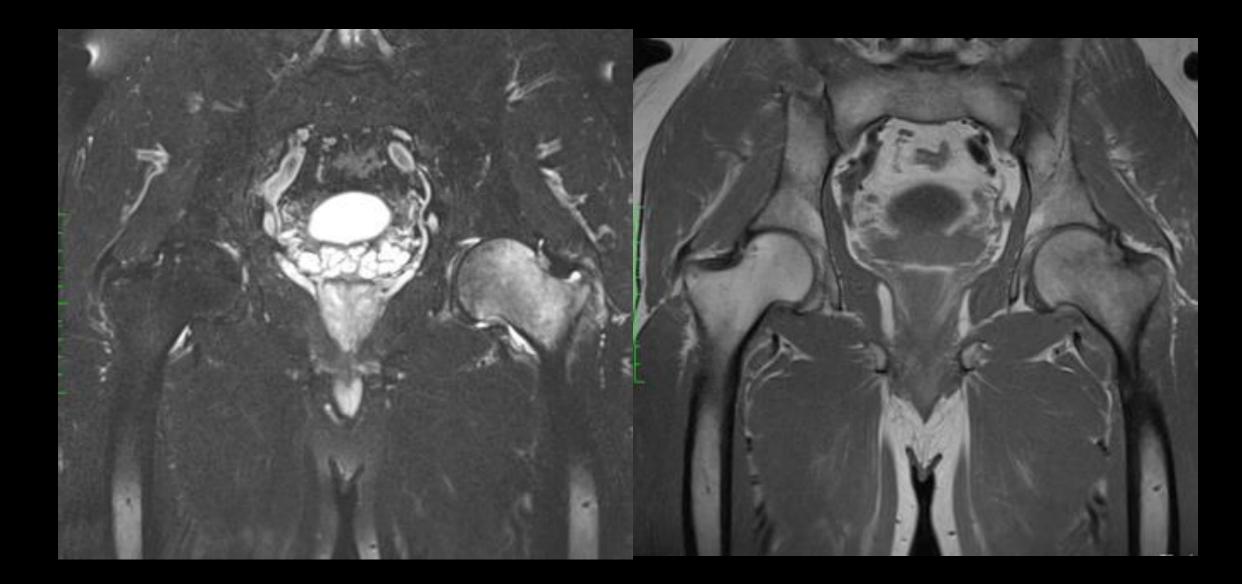
D: diagnosis could be avascular necrosis OR transient osteoporosis



Young adult with left hip pain. Select one correct answer







QUESTION 6

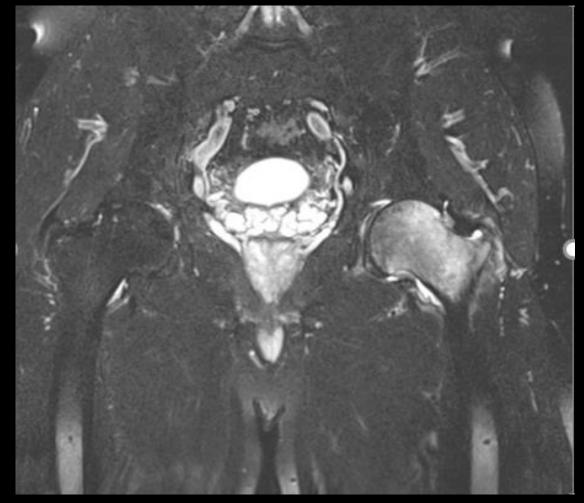
Preview Q6: Young adult with left hip pain. Select one correct answer

A: diagnosis is avascular necrosis

B: diagnosis is transient osteoporosis

C: diagnosis is septic arthritis

D: diagnosis could be avascular necrosis OR transient osteoporosis



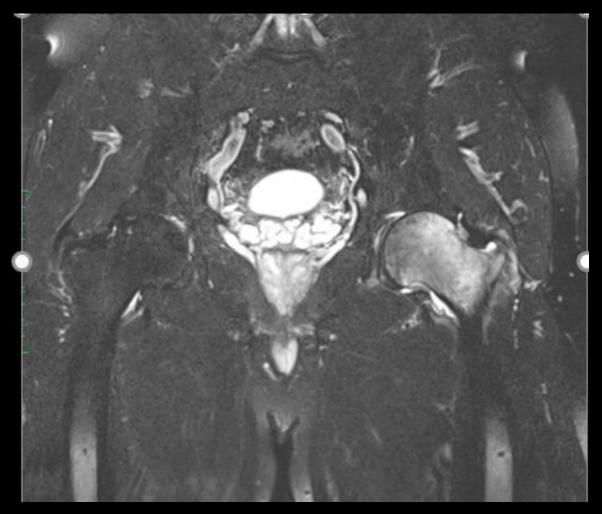
Preview Q6: Young adult with left hip pain. Select one correct answer

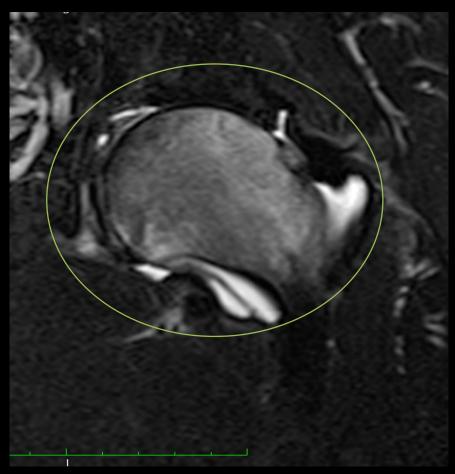
A: diagnosis is avascular necrosis

B: diagnosis is transient osteoporosis

C: diagnosis is septic arthritis

D: diagnosis could be avascular necrosis OR transient osteoporosis



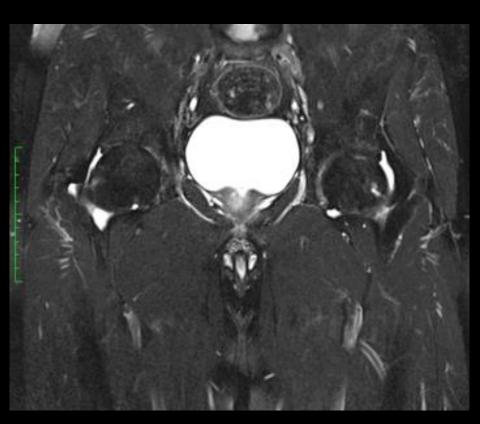


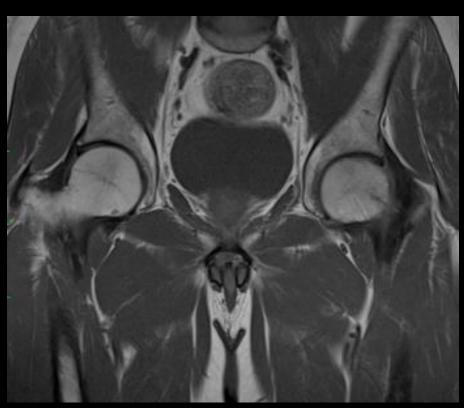


First MRI : BME Left femoral head + Joint effusion. Oedema limited to the femur. NO acetabular involvement.

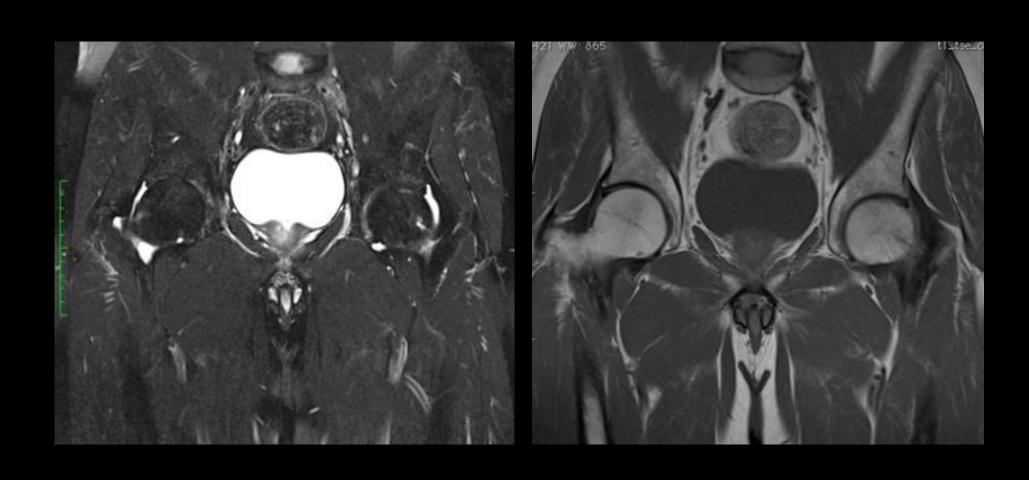
NO DEFINITIVE SUBCHONDRAL FRACTURE

3 mths later: near complete resolution of bone marrow oedema





Diagnosis: Transient Osteoporosis of the Hip

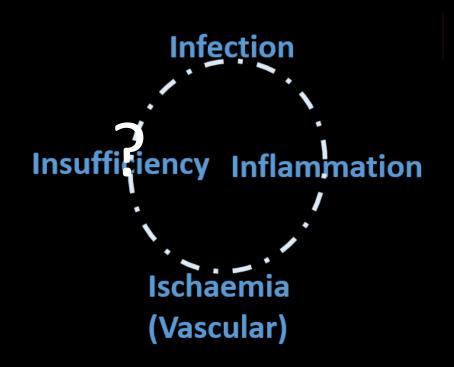


Transient Osteoporosis of the Hip

CAUSE

Idiopathic

• ??? Subchondral fracture



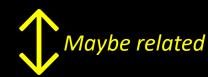
Transient osteoporosis of the hip

Transient regional osteoporosis (TRO)

Regional migratory osteoporosis (migrating TRO)

Transient regional osteoporosis (TRO)

Regional migratory osteoporosis (migrating TRO)



Avascular Necrosis

Transient regional osteoporosis (TRO)

Regional migratory osteoporosis (migrating TRO)

Avascular Necrosis

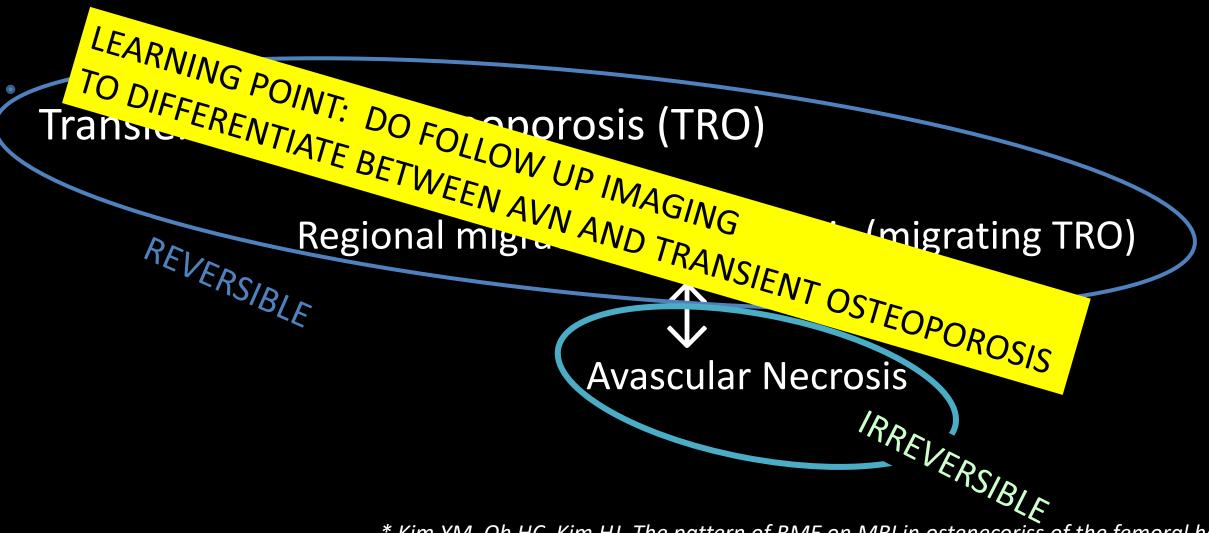
^{*} Kim YM, Oh HC, Kim HJ. The pattern of BME on MRI in ostenecoriss of the femoral head.

J Bone J Surg Br 2000

Transient regional osteoporosis (TRO) Regional migratory osteoporosis (migrating TRO) REVERSIBLE Avascular Necrosis IRREVERSIBLE

* Kim YM, Oh HC, Kim HJ. The pattern of BME on MRI in ostenecoriss of the femoral head.

J Bone J Surg Br 2000



* Kim YM, Oh HC, Kim HJ. The pattern of BME on MRI in ostenecoriss of the femoral head. J Bone J Surg Br 2000

fall, left hip pain, unable to weight bear



NORMAL

Clinician calls you: "There is high suspicion of fracture despite the negative X-ray"

What do you recommend next?

What do you recommend next

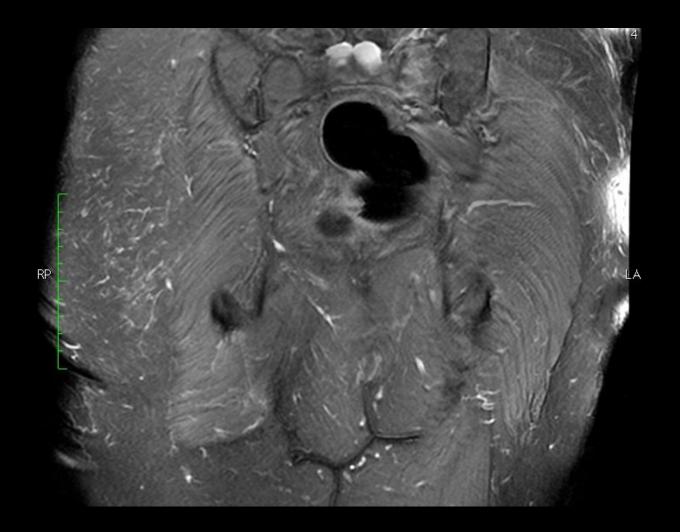
NICE GUIDELINES



1.1 Imaging options in occult hip fracture

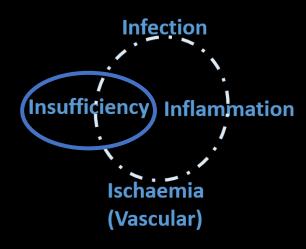
Offer magnetic resonance imaging (MRI) if hip fracture is suspected despite negative X-rays of the hip of an adequate standard. If MRI is not available within 24 hours or is contraindicated, consider computed tomography (CT). [2011, amended 2014]

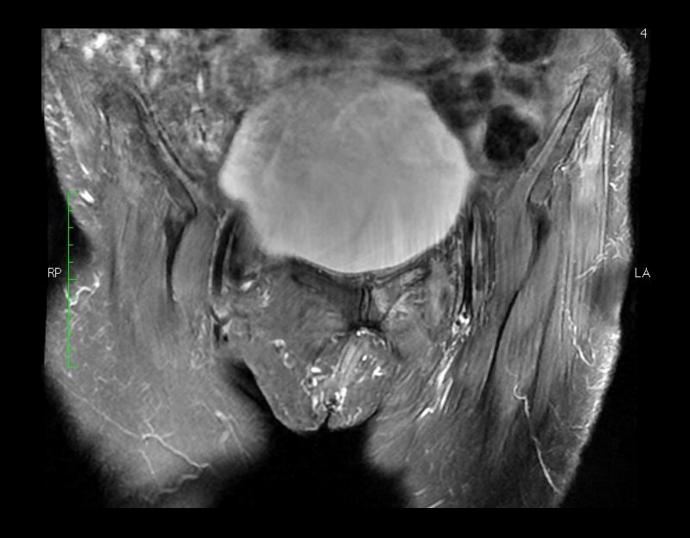
"LIMITED MRI" Pelvis: COR T1, STIR (10 min)



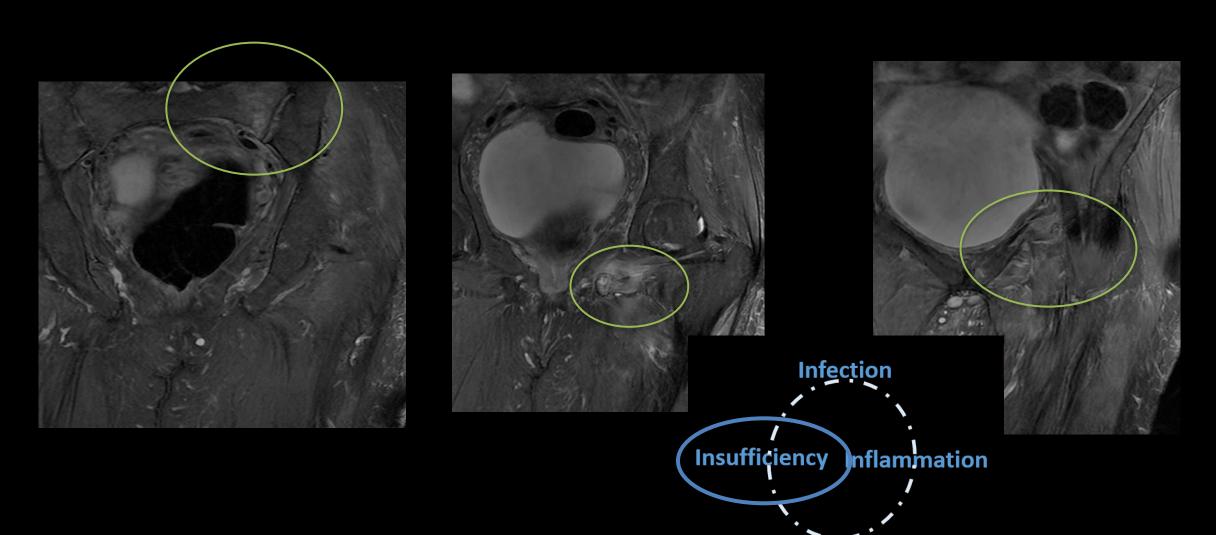








Insufficiency Fractures





What proportion of pelvic insufficiency are seen on Xray alone?

5%

15%

35%

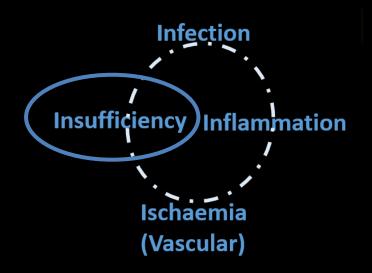
50%

70%

Insufficiency Fractures

- Plain X-ray detects 15% of fractures
- CT detects 69% of #s
- MRI detects 99% of #s
- 70% pts had more than 1 fracture
- 90 % pts w pubic insufficiency # had another #.

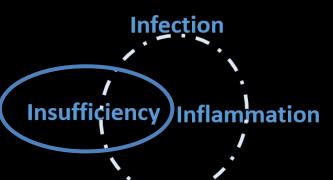
CT – Medullary sclerosis/Cortical disruption



Keen runner Heel pain? Plantar fasciitis? Achilles tendonitis





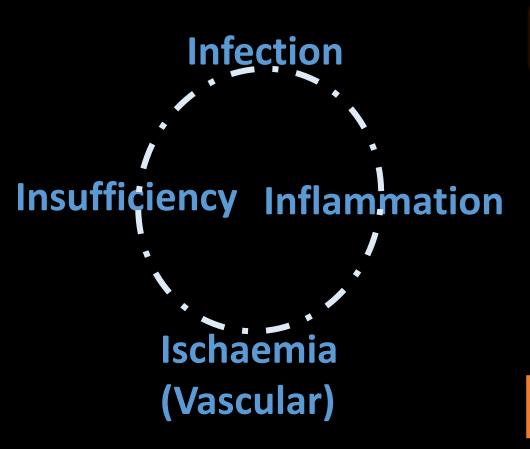


r Heel pain ? Plantar fasciitis ? Achilles tendonitis





What is a MSK Emergency?



Non-Traumatic

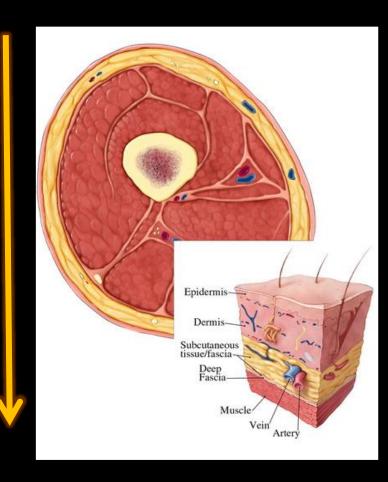
Subcutaneous

Fascia

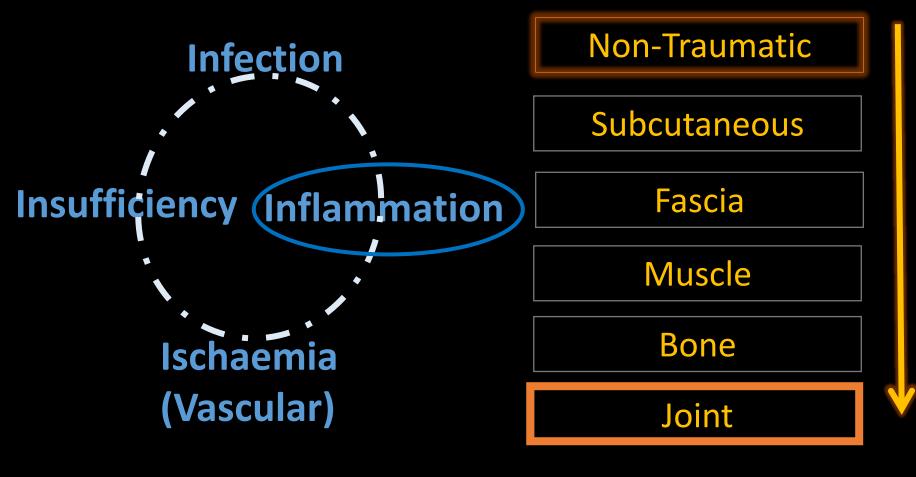
Muscle

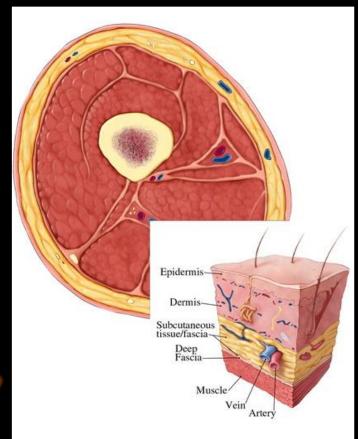
Bone

Joint



What is a MSK Emergency?





QUESTION 7

Q7 Elderly man, Acutely tender wrist, Choose one correct answer

- A. Aspiration would not be useful
- B. In pseudogout (CPPD) the crystal is calcium pyrophosphate
- C. calcification of the TFCC and joint capsule is irrelevant
- D. Gout never presents acutely
- E. Pseudogout never presents acutely



Elderly man, Acutely tender wrist, Choose one correct answer

Elderly man, Acutely tender wrist, Choose one correct answer

6%

In pseudogout (CPPD) the crystal is calcium pyrophosphate

94%

calcification of the TFCC and joint capsule is irrelevant

Gout never presents acutely

Pseudogout never presents acutely

Q7 Elderly man, Acutely tender wrist, Choose one correct answer

- A. Aspiration would not be useful F
- B. In pseudogout (CPPD) the crystal is calcium pyrophosphate T
- C. calcification of the TFCC and joint capsule is irrelevant F
- D. Gout never presents acutely F
- E. Pseudogout never presents acutely F

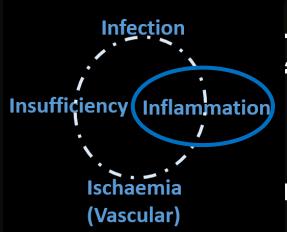




Q7 Elderly man, Acutely tender wrist, Choose one correct answer

- A. Aspiration would not be useful F
- B. In pseudogout (CPPD) the crystal is calcium pyrophosphate T
- C. calcification of the TFCC and joint capsule is irrelevant F
- D. Gout never presents acutely F
- E. Pseudogout never presnts acutely F





27 Elderly man, Acutely tender wrist, Choose one correct answer

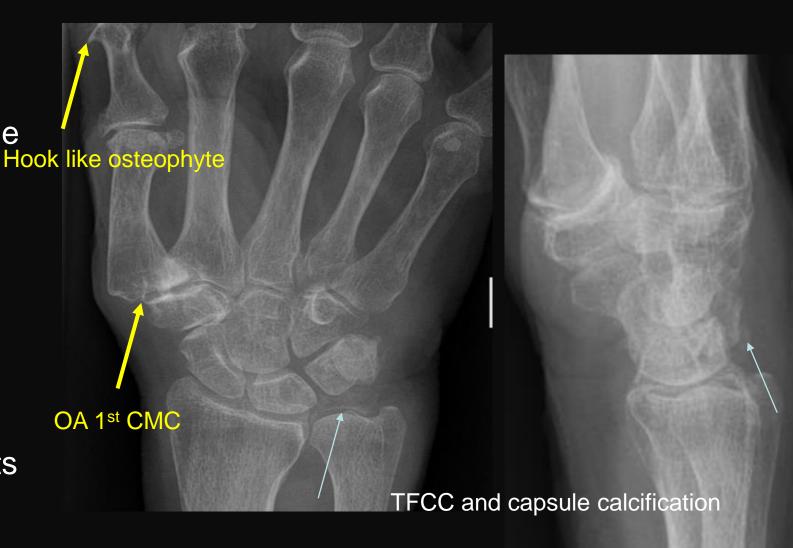
ild not be

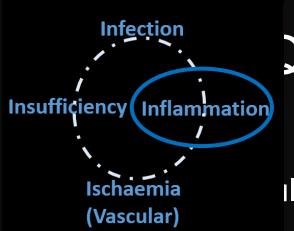
B. In pseudogout (CPPD) the crystal is calcium pyrophosphate

C. calcification of the TFCC and joint capsule is irrelevant F

D. Gout never presents acutely F

E. Pseudogout never presnts acutely F





27 Elderly man, Acutely tender wrist, Choose one correct answer

In pseudogout (Acute arthritis: Differential diagnosis crystal is -seronegative/positive arthritis crystal is calciun pyrophosphate

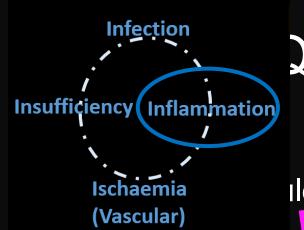
-crystal arthropathy C. calcification of the and joint capsule irrelevant F

D. Gout never presents acutely F

E. Pseudogout never presnts acutely F

OA 1st CMC

TFCC and capsule calcification



27 Elderly man, Acutely tender wrist, Choose one correct and

Acute arthritis: Differential diagnosis ıld not be

- -seronegative/positive arthritis -infection B. In pseudogout crystal is calciun pyrophosphate
- -crystal arthropathy ASPIRATION IS USEFUL! C. calcification of the and joint capsule irrelevant F
- D. Gout never presents acutely F

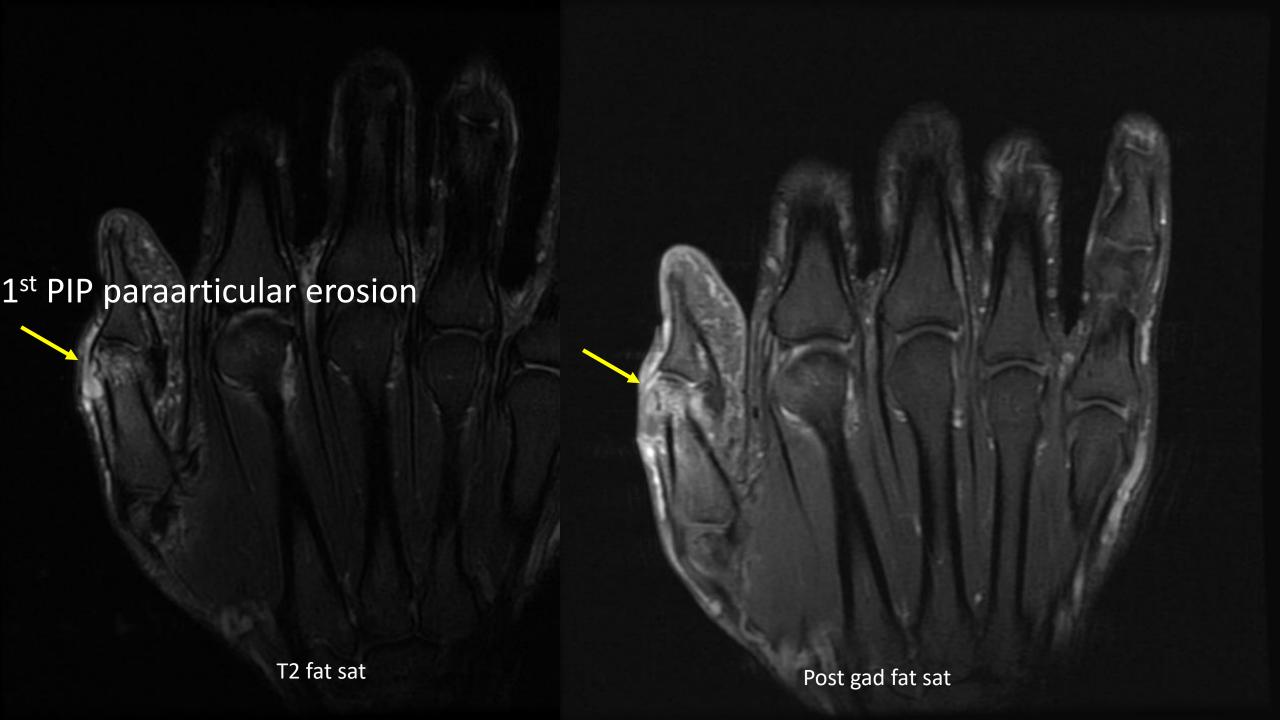
E. Pseudogout never presnts acutely F

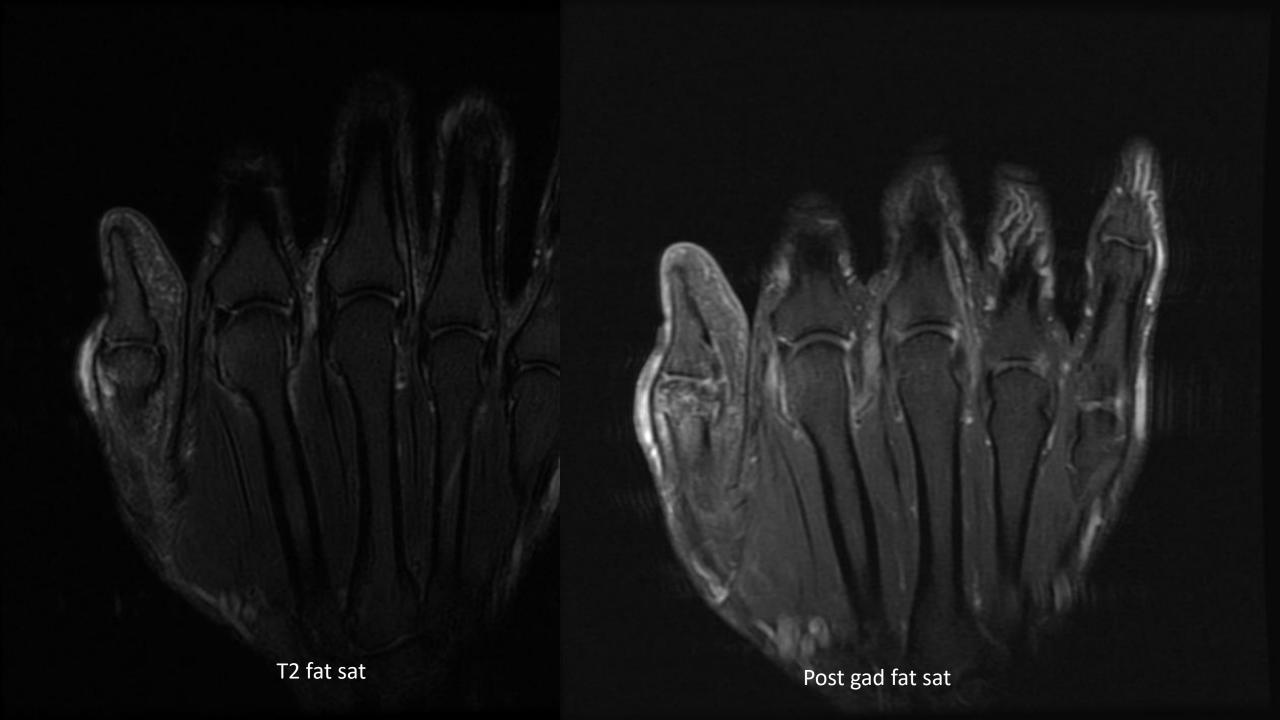
OA 1st CMC

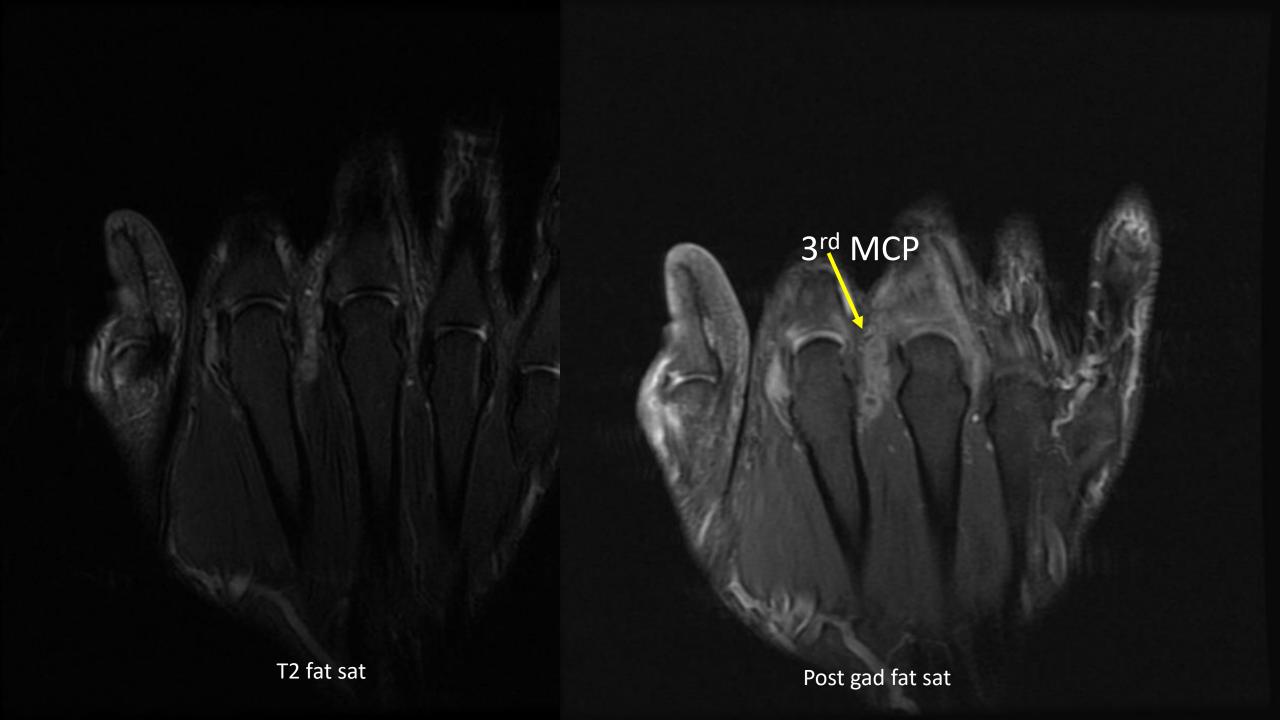
TFCC and capsule calcification

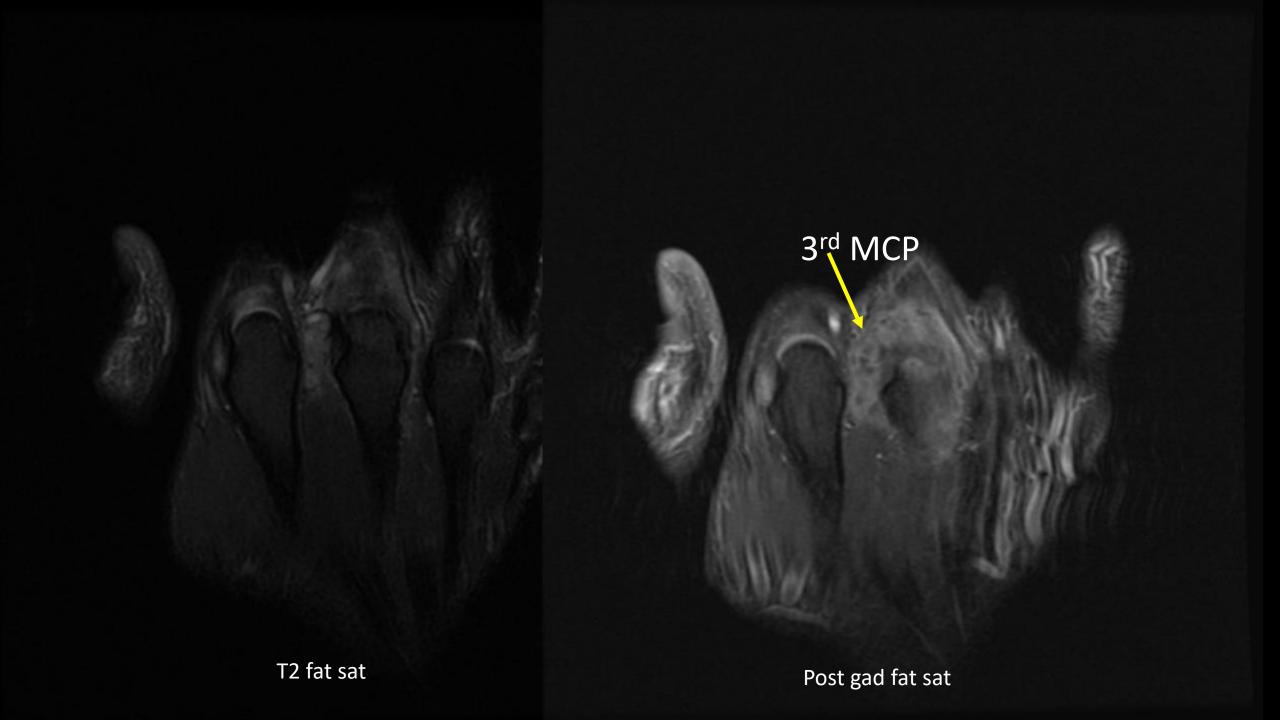
Gout







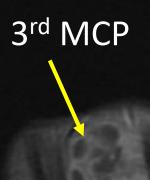




3rd MCP

3rd MCP



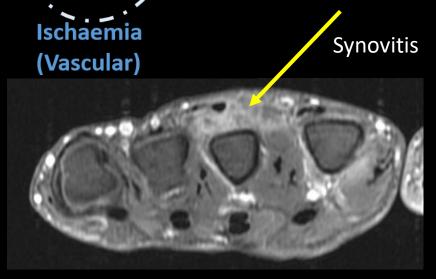


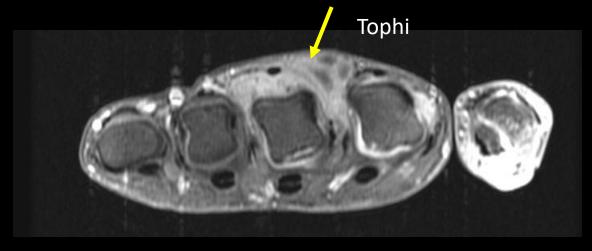
3rd MCP

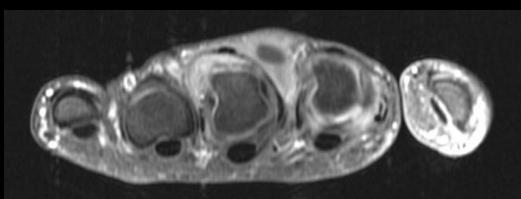


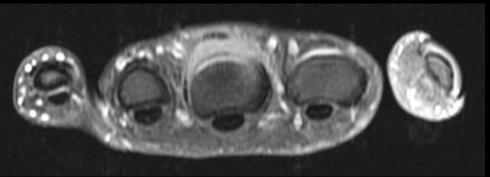
Infection Insufficiency Inflammation

Acute tophaceous gout around 3rd MCP and extensor tendon









Acute erosion

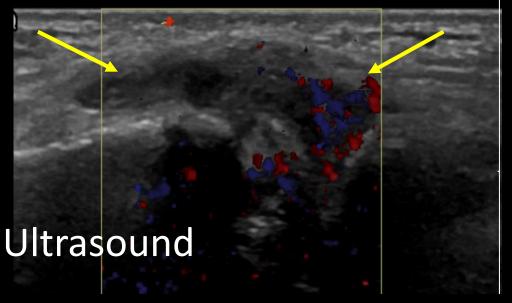
- Pain 5th MTP joint, right foot
- Recent migrant fr Africa

1st Xray



2 yrs later





MRI



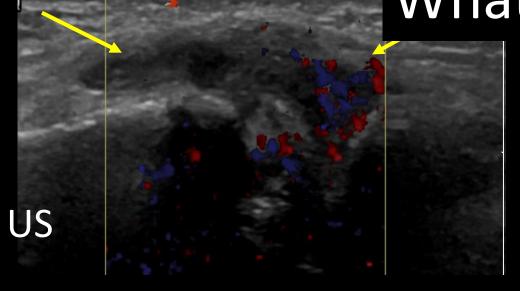


QUESTION 8

• Free voting

What is the diagnosis

What is the diagnosis? Free text

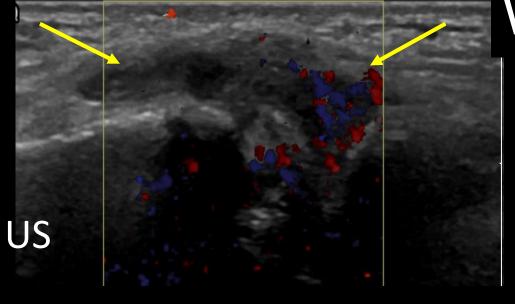








What is the diagnosis? TB

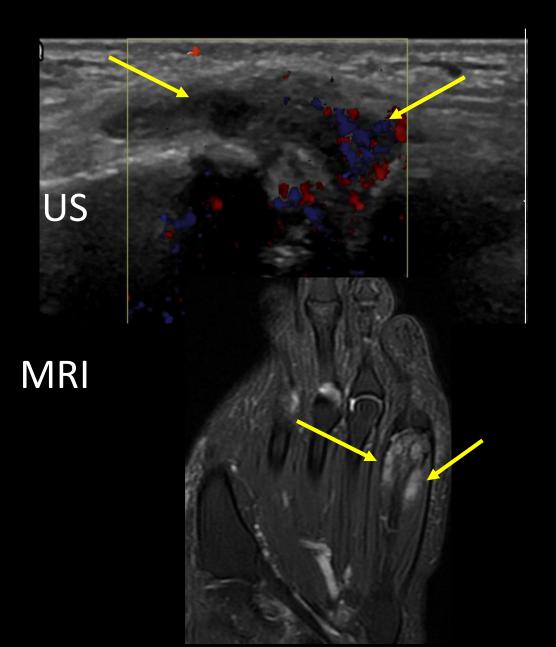








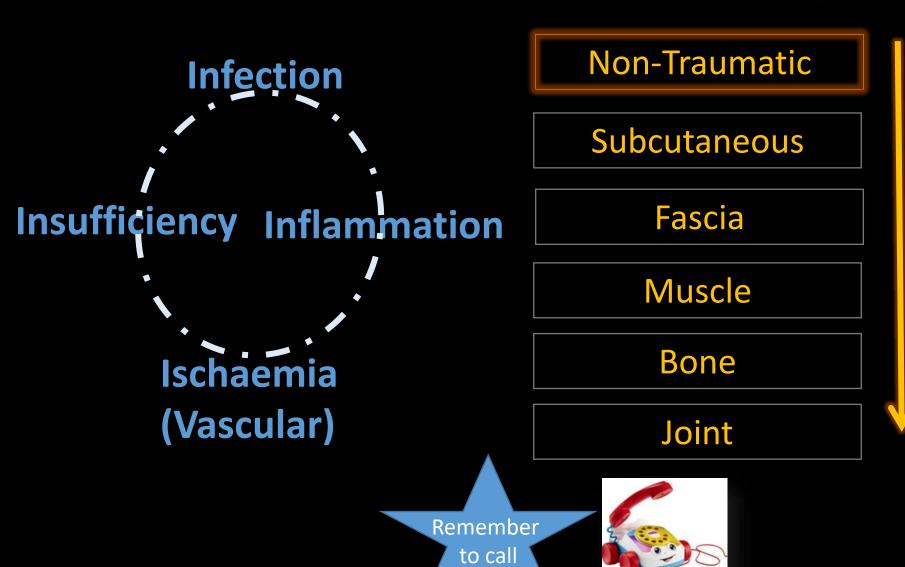
What is the diagnosis? TB

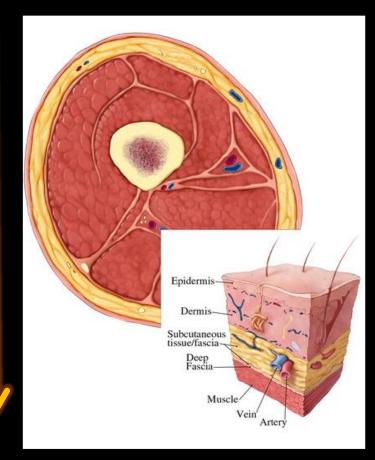




Infection

Summary: MSK Emergencies









Thank You

Dr Marcela de la Hoz Polo **Dr Dimitri Amiras** Dr Syed Babar **Dr Miny Walker** Dr Lisa Meacock Dr Anne Kinderlerer Dr Afshin Alavi **Prof Wady Gedroyc** Prof On Min Kon Mr Reza Mobasheri Mr Nadeem Mushtag Mr Peter Rosenfeld Dr Anish Raithatha Dr Amandeep Sandhu Dr Susan Hesni



