



Aortic trauma

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> The 12th Nordic Course in Trauma Radiology 12/06/2024 Stocholm



I have nothing to declare.

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Classification

Radiological evaluation

Cases



Classification – based on trauma mechanism

Blunt

• High energy trauma

Penetrating

• Direct stab or cut





Classification – based on trauma mechanism

Blunt

• High energy trauma



Penetrating

• Direct stab or cut



latrogenic aorta injury

- During transcatheter interventions
- Vertebral transpedicular bone grafting

Foreign body in the oesophagus/trachea





Overview

- Rare but lethal
- Overall incidence <1%
- 80-90% immediately fatal
- The second leading cause of death in blunt trauma
- Mortality rate who were treated in the emergency department ~19%.
- Often present with multiple associated injuries









Eric M. Isselbacher. Circulation. 2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines, Volume: 146, Issue: 24, Pages: e334-e482, DOI: (10.1161/CIR.000000000001106)

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Classification – based on location

Thoracic

• More common (95%)



Abdomen

• Uncommon (5%)



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AAST Injury Scoring Scale

Thoracic Vascular Injury Scale

Grade*	Description of injury	
I	Intercostal artery/vein	
	Internal mammary artery/vein	
	Bronchial artery/vein	
	Esophageal artery/vein	
	Hemizygous vein	
	Unnamed artery/vein	
II	Azygos vein	
	Internal jugular vein	
	Subclavian vein	
	Innominate vein	
111	Carotid artery	
	Innominate artery	
	Subclavian artery	
IV	Thoracic aorta, descending	
	Inferior vena cava (intrathoracic)	
	Pulmonary artery, primary intraparenchymal branch	
	Pulmonary vein, primary intraparenchymal branch	
V	Thoracic aorta, ascending and arch	
	Superior vena cava	
	Pulmonary artery, main trunk	
	Pulmonary vein, main trunk	
VI	Uncontained total transection of	
	thoracic aorta or pulmonary	

Abdominal vascular injury scale

Grade* Description of injury

l	Non-named superior mesenteric artery or superior mesenteric vein branches
	Non-named inferior mesenteric artery or inferior mesenteric vein branches
	Phrenic artery or vein
	Lumbar artery or vein
	Gonadal artery or vein
	Ovarian artery or vein
	Other non-named small arterial or venous structures requiring ligation
II	Right, left, or common hepatic artery
	Splenic artery or vein
	Right or left gastric arteries
	Gastroduodenal artery
	Inferior mesenteric artery, or inferior mesenteric vein, trunk
	Primary named branches of messenteric artery (e.g., ileocolic
	artery) or messenteric vein
	Other names abdominal vessels requiring ligation or repair
III	Superior mesenteric vein, trunk
	Renal artery or vein
	Illiac artery or vein
	Hypogastric artery or vein
	Vena cava, infrarenal
IV	Superior mesenteric artery, trunk
	Celiac axis proper
	Vena cava, suprarenal and infrahepatic
	Aorta, infrarenal
V	Portal vein Extraparenchymal hepatic vein
	Vena cava, retrohepatic or suprahepatic

Aorta suprarenal, subdiaphragmatic



Diagnosis

- Mechanism
- MVC
- Fall

Clinical presentation

- Shock
- Normal hemodynamics
- Chest pain
- Asymptomatic
- Other injuries symptoms



GUIDELINES

ACC/AHA CLINICAL PRACTICE GUIDELINE

2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines

Developed in collaboration with and endorsed by the American Association for Thoracic Surgery, American College of Radiology, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Thoracic Surgeons, and Society for Vascular Surgery

Endorsed by the Society of Interventional Radiology and Society for Vascular Medicine

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Location

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- ➢ 60−90% aortic isthmus
- > 8–27% proximal ascending aorta
- ➢ 8−18% aortic arch
- 11–21% distal descending thoracic aorta





Thoracic aorta segments



Source: Adapted from Yahia AA, Bouvier A, Nedelcu C, et al. Imaging of thoracic aortic injury. Diagn Interv Imaging. 2015;96(1):79–88. https://doi.org/10.1016/j.diii.2014.02.003

• Parts

- Intrapericardial
- Extrapericardial







Case from The Hospital of LUHS Kauno Klinikos

Classification System for BTTAIs









BTTAI High-Risk Imaging Features

Posterior mediastinal hematoma >10 mm	Mediastinal hematoma causing mass effect	
Lesion to normal aortic diameter ratio >1.4	Pseudocoarctation of the aorta	SLA
Large left hemothorax	Ascending aortic, aortic arch, or great vessel involvement	
Aorti hema	ic arch atoma	

BTTAIs Classification System

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* ? LIETUVOS SVEIKATOS MOKSLŲ UNIVERSITETAS

NO

YES



Kapoor H. Published Online: October 02, 2020 https://doi.org/10.1148/rg.2020200066

RSNA°

RadioGraphics



Aortic injury CT signs

Direct signs:

Undirect signs:

- Intraluminal filling defect (intimal flap or clot)
- Abnormal aortic contour (mural hematoma)
 - sudden change in and/or decreased diameter
- Pseudoaneurysm
- Extravasation of contrast

- Mediastinal hematoma
- Periaortic fat stranding
- Other chest injuries

Aorta Intimal injury
- Strands of tissue or tissue flaps within the lumen

- Eccentric thrombus







Cases





Motorcyclist/M45



Motorcyclist/M45







Motorcyclist/M45





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Fall/M25







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Fall/F54 - Trauma surgeon steps

Whole body CT without contrast

- No abdominal organs traumatic injury or free blood
- Recommendations: treat in orthopedics or admit for other injury





Fall/F54 What do we see?







Fall/F54 - Radiologist steps

SOS !!!!!

CTA – severe traumatic aortic injury





Treatment endovascular stents

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MVH driver/M21





MVH driver/M21





False positive findings

Ductus diverticulum:

- smooth bulge
- -inferior aortic arch
- -level of the aortic isthmus.



Traumatic pseudoaneurysm: -narrow base, -irregular margins, -Acute angles







Motocyclist/M48







Motocyclist/M48





Conclusions

Four grades + High risk imaging features

Look for minimal aortic injuries

Major traumatic aortic injury MUST BE recognized ASAP

ALWAYS use CONTRAST in CT for severe trauma

Indirect signs (Mediastinal hematoma) – need more imaging



Literature

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