**Continue the Rhythm**

 10 min  1 participant

 

**Let’s play**

1. Feel the bricks on the base plate. They are arranged in a rhythm.
2. Pick bricks to continue the rhythm.

**How to prepare**

* 1 base plate
* 12 bricks or more
* 1 bowl

Start a simple left to right pattern on the top left of the base plate with 4 bricks: i.e. one vertical brick - one horizontal - another vertical - one horizontal…

Place the rest of the bricks in the bowl.

**Facilitation tips**

* Suggest setting the rhythm to music: e.g. a short sound for a vertical brick, a long sound for a horizontal one. Move your finger along the pattern and sing its song.
* Change perspective: ask the child to start a new rhythm for you to complete.

**Possible variations**

* Change the number of bricks.
* Vary the pattern: space between the bricks; 2 bricks next to each other, 1 separate, 2 next to each other…; a mini tower of 2 bricks, 1 alone, a mini tower of 2…

**Children will develop these holistic skills**

* COGNITIVE - Build a suite identical to a proposed ordered suite
* EMOTIONAL - Know the purpose of the activity
* CREATIVE - Reproduce and interpret a melodic and rhythmic model
* PHYSICAL - Develop bilateral hand use
* SOCIAL - Plan and carry out routine or non-routine activities requiring multiple steps

**Did you know**

* Emotional, social, creative and physical skills are of equal value to cognitive skills; they must feature prominently in assessment.
* This activity assists in development of the 5 holistic skills: cognitive, creative, emotional, physical and social.