**Be the Cook**

Create a favorite sandwich and transform letters into delicious treats.

 10 min  1 participant

   

**Let’s play**

Each letter brick represents an ingredient

1. Think of a sandwich you want to eat.
2. Search the alphabetical base plate for the first letters of each ingredient in your sandwich
3. Build your sandwich on your base plate

**How to prepare**

* 2 base plates
* All letter bricks

Prepare one of the base plates alphabetically for ease in finding letter bricks.

**Facilitation tips**

* Suggest “Imagine you are ordering your favorite sandwich in a fun restaurant”
* Ask “How did you stack your sandwich? In a pile? Flat on the baseplate?”
* Offer sandwich ideas “s’mores: “G” for graham, “C” for chocolate, “M” for marshmallow”

**Possible variations**

* Use letter bricks to represent a story: “L” for lake, “T” for trees, “H” for house…
* Determine bricks are food items at the supermarket or clothes in a chest of drawers.
* **Children will develop these holistic skills**
* COGNITIVE: Tell, express, analyze: explain how to operate in a realistic situation: by stating a few key words describing action
* CREATIVE: Retell or create simple stories
* EMOTIONAL: Discuss personal likes and dislikes
* SOCIAL: Engage in game, pretend play activities, verbal play with peers
* PHYSICAL: Learn to preplan actions

**Did you know**

* Children learn more when they are actively engaged as opposed to passive, when activities are meaningful to them and when they learn together with others.
* When playing in an imaginary store, children use mathematical abilities and oral language skills.