**PHYSICAL – ACADEMIC**

* Name spatial relationships
  + Use spatial phrases, especially those based on oppositions: on/under, in/out, next to/far from…
* Name logical relationships
* Adopt a comfortable posture
* Discover the “spatial organization of a page”
  + Take reference points in the page
  + Find way around a page (go from left to right and maintain alignment)
* 4.3 Use appropriate vocabulary: top and bottom, left and right…
* Read each letter, combine several letters together, produce a series of identical letters
* Recognize real situations that can be modeled by geometric relationships (alignment, parallelism, perpendicularity, symmetry)
* Use and produce representations of solids and spatial situations
* List, enumerate the characteristic elements of shapes, objects...
* Use and produce representations of location
  + Construct spatial landmarks: find direction, orient and locate self in a geographical space
  + Use the eight points of a compass
  + Locate objects or people in relation to each other or to other landmarks
* Engage in an activity over time and explore different possibilities, using manipulated objects
  + Build a construction, copy from a reference manipulated or observed model
  + Handle with care
  + Carry out increasingly complex assemblies
* Understand collective rules
  + Achieve, through parallel actions, a common goal or effect
  + Be part of a given team and play different complementary roles
* Play competitive games
  + locate self in a space opposing the project of opponents or teams simultaneously playing an antagonistic role
* Compare previous and current performances to demonstrate improvement and achieve personal bests
* Develop motor skills and build body language
  + Adapt motor skills to various situations
  + Acquire specific techniques to improve efficiency
  + Develop active body mechanic
* Learn through action, observation, analysis of personal action and observed activity
  + Appropriate methods and tools to learn
  + Learn by trial and error, cause and effects
  + Learn to preplan actions
  + Repeat a gesture for stabilization and effectiveness

**PHYSICAL - VI**

* Improve listening comprehension skills
  + Recognize literal meaning: understand conversation, stories
  + Understand vocabulary
  + Identify main idea
  + Summarize content
  + Make Inferences / auditory closure: fill in the blanks, interpret what is said
  + Analyze/determine point of view of a speaker
  + Analyze a speaker’s reasoning or draw conclusions
* Improve auditory awareness skills
  + Detect sound, be aware that sound exists and responds to sound stimuli
  + Locate the sound source: front/back, left/right, near/far, in relationship to own body
  + Isolate sounds/words/phrases amongst environmental sounds
* Improve auditory discrimination skills
  + Detect differences between sounds in the environment
  + Discriminate non-phoneme aspects of speech: rate, intensity, duration, pitch, and overall prosody (Loud, soft, quiet, high pitch, low pitch)
  + Discriminate sounds in words (syllables)
* Improve auditory memory skills
  + Retain auditory information immediately
  + Retain auditory information after a delay
* Locate objects by touch
  + Randomly find objects
  + Actively reach out to touch objects
  + Intentionally search for an object
* Manipulate, make an intentional movement with an object
* Explore and investigate to get information about the tactual properties of an object (by moving hands or by moving the object)
  + Lateral motion (texture)
  + Pressure (hardness)
  + Static contact (temperature)
  + Unsupported holding (weight)
  + Enclosure (global shape volume)
  + Contour following (global shape/exact shape)
* Recognize and discriminate SIZE by touch
  + Demonstrate the tactile discrimination of size (e.g., large/small, big/little, medium, thick/thin, wide/narrow)
  + Compare sizes
  + Match by size
  + Sort by sizes
* Recognize and discriminate SHAPES by touch
  + Discriminate between 3D shapes
  + Identify shapes (e.g., round/circle, square, triangle, rectangle, oval).
  + Match (3D or 2D) shapes
  + Sort by shape
  + Recognize and interpret tactually solid embossed shapes, outlines of objects, raised lines, raised symbols
* Recognize and discriminate RAISED LINES by touch
  + Match raised line shapes
  + Identify raised line shapes
  + Match one-to-one objects/shapes/angles
  + Sort similar objects/shapes
  + Replicate a pattern of objects/shapes in a defined space
* Compare - discover similarities, differences, and preferences: sort and match
* Organize: find objects in their usual place; return them to their usual place; sort or categorize by placement, function, attribute; gather materials for a task
* Develop grasp and release
* Develop wrist flexibility: rotary, flexion and extension motion
* Develop finger isolation: single finger use
* Develop bilateral hand use
* Develop hand and finger strength
* Develop tactile tracking skills
  + Use both hands to track across a continuous line on a page
  + Sustain tracking along a line of braille.
  + Use both hands to track across broken lines on a page and identify space between lines
  + Track words across a page locating spaces between words
  + Relocate hands to beginning of next line
  + Locate first word or letter on a line
  + Count number of words or letters across a line
  + Identify which word or letter is different/same
  + Locate, read a line
  + Locate, read an identified number of word or letter on a line (i.e. 4th word on line 2)
* Coordinate several motor skills in one activity
  + Start and stop locomotor movement upon request
  + Follow a variety of directions involving moving the body with feet in one place (bend sideways, squat down)
  + Play with several different toys and equipment for gross motor activities.
  + Run for short distances
  + Use blocks or other objects to build constructions.
  + Run and turn, starting and stopping on cue
  + Perform simple locomotor and tumbling stunts
  + Perform basic ball skills
  + Demonstrate knowledge of the rules and technical vocabulary of games and sports
  + Play a variety of physical games and sports.
  + Demonstrate skills for challenging physical activities
* Recognize movement: go, start, stop, fast, slow, push, pull, scribble, draw, trace, bend, close, open, slide, roll(roll up), fold, hold, insert, place (put), put together, reach, sit, squeeze, turn, take apart, follow
* Identify spatial relationship within a braille cell, a line, a page
  + Locate top, bottom,
  + Locate left, right, middle. corner,
  + Locate page numbers
  + Locate first, last, designated number of line (i.e. 4th from the top), beginning/end of line