



Paper questionnaire booklet for adults (aged 18+)

Who should complete the questionnaire?

Up to two people in your household can complete a paper questionnaire as long as they are aged 18 or over. If you have already completed the web survey please do not complete this paper questionnaire.

How to fill in this questionnaire

1. Most questions can be answered by putting a tick in the box next to the answer that applies to you, like this:



Example

2. Some questions will ask you to **“tick all that apply”** Please tick as many boxes that apply to you when you see this instruction.
3. Please read each question carefully and try to answer every question. If you change your mind about an answer you have given, completely block out the box you have ticked like this and then put a tick in your preferred box.



Example

4. Please use black or blue ink to complete the questionnaire.
5. Sometimes you are asked to write in a number or the answer in your own words. Please enter numbers as figures rather than words.



Example, write in number

6. Follow the  **GO TO instructions**

All answers you provide will be entirely confidential.

Please return your questionnaire using the pre-paid envelope provided.

If you prefer you can complete the questionnaire online at:
survey.natcen.ac.uk/OGSurveyB

You will be asked to enter a unique access code that can be found on the letter that came with this questionnaire.

Where can I get more information?

Website: natcen.ac.uk/OGSurvey

Email: OGSurvey@natcen.ac.uk

Telephone: 0800 652 4570

SN: 1001 - 1009
CKL: 1010
BATCH: 1011 - 1015
CARD: 1016 - 1017
VERSION: 1018
SPARE: 1019 - 1049



Q1

In a typical month, which of the following activities, if any, do you usually do?
Please tick **ONE** box for each activity

	YES	NO	
Spend time with friends/family	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1050
Read for pleasure	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1051
Listen to music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1052
Watch TV	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1053
Eat out at restaurants	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1054
Go to pubs/bars/clubs	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1055
Do DIY or gardening	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1056
Go shopping (to the high street or shopping centre)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1057
Do sports/exercise	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1058
Do arts or crafts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1059
Play a musical instrument or make music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1060
Go to the cinema, theatre or music concerts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1061
Visit museums or galleries	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1062
Attend religious service/place of worship	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1063



Q2

In the last four weeks have you used the internet for any of the following?
Tick all that apply

Communication e.g. email, instant messaging, video or telephone calls	<input type="checkbox"/> ₀₁	Travel or navigation	<input type="checkbox"/> ₀₆
Using social media	<input type="checkbox"/> ₀₂	Playing puzzle games online e.g. Sudoku, Wordle	<input type="checkbox"/> ₀₇
Watching TV or films, listening to the radio, using streaming services or watching short video clips	<input type="checkbox"/> ₀₃	Playing other games online	<input type="checkbox"/> ₀₈
Online shopping or online banking	<input type="checkbox"/> ₀₄	Something else	<input type="checkbox"/> ₀₉
Finding out information, including news, weather	<input type="checkbox"/> ₀₅	Have not used the internet in the last four weeks	<input type="checkbox"/> ₁₀

1064 - 1083

If **YES** to Playing Other Games Online → **Go to Q3**

If **NO** to Playing Other Games Online → **Go to Q6**



When playing games online for example, Fortnite, Overwatch, CS:GO, Roblox, Candy Crush, FIFA it is possible to collect in-game items such as weapons, skins, power-ups etc.

In the past 4 weeks, how often, if at all, have you done the following things when playing computer/console or mobile games?

	Very often	Fairly often	Occasionally	Never	Not sure
Q3 Paid money (or bought virtual currency) to buy specific in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1084
Q4 Paid money (or bought virtual currency) to open loot boxes/packs/chests to get in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1085
Q5 Bet with in-game items on websites outside of the game you are playing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1086

Q6: Everyone please answer

Have you spent money on any of the following activities, including online and in-person, in the past 12 months?

Tick one box on each line

	Yes	No	
Tickets for National Lottery draws - Lotto, Euromillions, Thunderball, Hotpicks, Set for Life	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1087
Tickets for other charity lotteries, including the Health Lottery, Postcode Lottery and other lotteries	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1088
National Lottery scratchcards	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1089
Other scratchcards	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1090
National Lottery online instant win games	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1091
Other online instant win games	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1092
Betting on sports and racing online / via an App , including virtual sports/races and e-sports	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1093
Betting on sports and racing in-person , e.g. at a bookmakers, including virtual sports/races and e-sports	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1094
Betting on the outcome of events such as TV shows, elections online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1095
Betting on the outcome of events such as TV shows, elections in-person , e.g. at a bookmakers	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1096
Bingo played online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1097
Bingo played at a venue e.g. a bingo hall, social club	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1098
Casino games played online / via an App e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1099
Casino games played at a casino e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1100
Casino games played on a machine at a bookmakers e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1101
Fruit/slot machines played in-person	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1102
Fruit/slot games played online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1103
Football pools	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1104
Private betting with e.g. friends, family, colleagues	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1105
Another form of gambling in the last 12 months	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1106

IF YOU TICKED 'YES' FOR ANY OF THE ACTIVITIES ABOVE PLEASE GO TO Q7 ON THE NEXT PAGE OTHERWISE GO TO Q60 ON PAGE 15

Q7

In the **past 4 weeks**, have you spent money on any of the following activities, including online and in-person?

Tick one box on each line

	Yes	No	
Tickets for National Lottery draws - Lotto, Euromillions, Thunderball, Hotpicks, Set for Life	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1151
Tickets for other charity lotteries, including the Health Lottery, Postcode Lottery and other lotteries	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1152
National Lottery scratchcards	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1153
Other scratchcards	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1154
National Lottery online instant win games	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1155
Other online instant win games	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1156
Betting on sports and racing online / via an App , including virtual sports/races and e-sports	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1157
Betting on sports and racing in-person , e.g. at a bookmakers, including virtual sports/races and e-sports	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1158
Betting on the outcome of events such as TV shows, elections online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1159
Betting on the outcome of events such as TV shows, elections in-person , e.g. at a bookmakers	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1160
Bingo played online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1161
Bingo played at a venue e.g. a bingo hall, social club	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1162
Casino games played online / via an App e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1163
Casino games played at a casino e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1164
Casino games played on a machine at a bookmakers e.g. Poker, Roulette, Blackjack	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1165
Fruit/slot machines played in-person	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1166
Fruit/slot games played online / via an App .	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1167
Football pools	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1168
Private betting with e.g. friends, family, colleagues	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1169
Another form of gambling in the last 4 weeks	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1170

IF YOU TICKED 'YES' FOR ANY OF THE ACTIVITIES ABOVE PLEASE GO TO THE NEXT PAGE. THE NEXT FEW PAGES ASK QUESTIONS ABOUT THE ACTIVITIES YOU HAVE SPENT MONEY ON IN THE PAST 4 WEEKS. OTHERWISE GO TO Q36 ON PAGE 13

IF YOU BOUGHT **LOTTERY TICKETS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
OTHERWISE GO TO Q13 ON THE NEXT PAGE

Q8 During the past 4 weeks, how often have you spent money, including by direct debit, on National Lottery tickets, including Lotto, Euromillions, Thunderball, Hot Picks, Set for Life ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1207
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1208

Q9 How much, approximately, do you think you spent on National Lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1209 - 1214

₂ Did not spend money on National Lottery tickets in past 4 weeks 1215

Q10 During the past 4 weeks, how often have you spent money, including by direct debit, on other lottery tickets, including the Health Lottery, Postcode Lottery and charity lotteries...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1216
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1217

Q11 How much, approximately, do you think you spent on other lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1218 - 1223

₂ Did not spend money on other lottery tickets in past 4 weeks 1224

Q12 Which of the following lottery tickets did you spend money on in the last 4 weeks?
Tick all that apply

Lotto	<input type="checkbox"/>	Set for Life	<input type="checkbox"/>
Euromillions	<input type="checkbox"/>	Health lottery	<input type="checkbox"/>
Thunderball	<input type="checkbox"/>	Postcode lottery	<input type="checkbox"/>
Lotto Hotpicks	<input type="checkbox"/>	Other lottery tickets, including for charity	<input type="checkbox"/>
Euromillions Hotpicks	<input type="checkbox"/>		

1225 - 1242

SPARE: 1243 - 1245

IF YOU BOUGHT **SCRATCHCARDS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q15 BELOW

Q13

During the past 4 weeks, how often have you spent money on **scratchcards** of any type?

.....

About once	<input type="checkbox"/>	1	A few times a week	<input type="checkbox"/>	4
About once a fortnight	<input type="checkbox"/>	2	Everyday	<input type="checkbox"/>	5
About once a week	<input type="checkbox"/>	3			

..... 1246

Q14

How much, approximately, do you think you spent on **scratchcards** in the past 4 weeks?

Enter amount in whole £s

1 Not sure 1247 - 1252
1253

SPARE: 1254 - 1255

IF YOU SPENT MONEY ON **ONLINE INSTANT WIN GAMES** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q17 ON THE NEXT PAGE

Q15

During the past 4 weeks, how often have you spent money on **online instant win games**, including the National Lottery and other instant win games?

.....

About once	<input type="checkbox"/>	1	A few times a week	<input type="checkbox"/>	4
About once a fortnight	<input type="checkbox"/>	2	Everyday	<input type="checkbox"/>	5
About once a week	<input type="checkbox"/>	3			

..... 1256

Q16

How much, approximately, do you think you have spent on **online instant win games**, including the National Lottery and other instant win games in the past 4 weeks?

Enter amount in whole £s

1 Not sure 1257 - 1262
1263

SPARE: 1264 - 1299

**IF YOU SPENT MONEY ON BETTING ON SPORTS/RACES/OUTCOME OF EVENTS
IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS,
OTHERWISE GO TO Q25 ON PAGE 10**

Q17

During the past 4 weeks, how often have you spent money betting on sports/races - including e-sports and virtual sports/races - and the outcome of events ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1300
...in-person e.g. at a bookmakers, at the track or other venue?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1301

Q18

In the last 4 weeks, have you bet in-play when betting on sports/races or the outcome of events? In-play betting means betting on things that happen once the game, match or event has started e.g., who will win, next goal scorer, next point, next person to be eliminated.

₁ Yes → **Go to Q19**

₂ No → **Go to Q21 (Page 9)** 1302

Q19

How often have you bet in-play in the last 4 weeks? If you are unsure, please estimate

About once	<input type="checkbox"/> ₁	A few times a week	<input type="checkbox"/> ₄
About once a fortnight	<input type="checkbox"/> ₂	Everyday	<input type="checkbox"/> ₅
About once a week	<input type="checkbox"/> ₃		1303

Q20

Thinking back over the last 4 weeks, how many in-play bets would you typically make once an individual game, match or event had started? If you are unsure, enter your best estimate

Enter number

1304 - 1305 SPARE: 1306 - 1309

₁ Not sure 1310

Q21

Did you use a betting exchange in the past 4 weeks?

₁ Yes

₂ No

1311

Q22

How much, approximately, do you think you have spent betting on sports/races/events **online**, including through an App in the past 4 weeks? Include any money you spent in-play and through a betting exchange.

Enter amount to nearest whole £

1312 - 1317

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks online

1318

Q23

How much, approximately, do you think you have spent betting on sports/races/events **in person** at bookmakers or other venue in the past 4 weeks? Include any money you spent in-play and through a betting exchange?

Enter amount to nearest whole £

1319 - 1324

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks in-person

1325

Q24

Which of the following did you spend money betting on in the last 4 weeks? **Tick all that apply**

Live football

₀₁

E-sports

₀₅

Live tennis

₀₂

Virtual games/races

₀₆

Live horse/dog racing

₀₃

None of these

₀₇

Other live sports

₀₄

1326 - 1339

SPARE: 1340 - 1404

IF YOU SPENT MONEY ON **BINGO** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
OTHERWISE GO TO Q28 ON THE NEXT PAGE

Q25

During the **past 4 weeks**, how often have you spent money playing bingo...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	1405
...at a venue e.g. a bingo hall, social club?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5	<input type="checkbox"/> 6	1406

Q26

How much, approximately, do you think you have spent playing bingo **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1407 - 1412

1 Not sure

2 Did not play bingo online in past 4 weeks

1413

Q27

How much, approximately, do you think you have spent playing bingo at a **venue** such as a bingo hall or social club in the past 4 weeks?

Enter amount in whole £s

1414 - 1419

1 Not sure

2 Did not play bingo at a venue in past 4 weeks

1420

IF YOU SPENT MONEY ON **CASINO GAMES, INCLUDING ON A MACHINE IN A BOOKMAKERS**
 IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
 OTHERWISE GO TO Q32 ON THE NEXT PAGE

Q28

During the past 4 weeks, how often have you spent money playing casino games e.g. Poker, Roulette, Blackjack

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online/via an App with a live dealer?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1440
...online/via an App, not with a live dealer?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1441
...in person at a casino?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1442
...on a machine in a bookmakers?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1443

Q29

How much, approximately, do you think you have spent playing casino games **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1444 - 1449

₁

Not sure

₂

Did not play casino games online in past 4 weeks

1450

Q30

How much, approximately, do you think you have spent on playing casino games **in person at a casino** in the past 4 weeks?

Enter amount in whole £s

1451 - 1456

₁

Not sure

₂

Did not play casino games in person at a casino in past 4 weeks

1457

Q31

How much, approximately do you think you have spent on playing casino games **on a machine in a bookmakers** in the past 4 weeks?

Enter amount in whole £s

1458 - 1462

₁

Not sure

₂

Did not play casino games on a machine in a bookmakers in the past 4 weeks

1463

IF YOU SPENT MONEY ON **FRUIT/SLOT MACHINES OR ONLINE FRUIT/SLOT GAMES**
 IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
 OTHERWISE GO TO Q36 ON PAGE 13

Q32

During the past 4 weeks, how often have you spent money playing fruit/slot-based games ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1464
...on a fruit/ slot machine?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1465

Q33

How much, approximately, do you think you have spent playing **online** fruit/slot-based games in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1466 - 1472

₂ Did not play fruit/slot games online in past 4 weeks 1473

Q34

How much, approximately, do you think you have spent playing fruit/slot **machines** in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1474 - 1479

₂ Did not play fruit/slot games on a machine in past 4 weeks 1480

Q35

In the last 4 weeks, where did you play fruit/ slot machines? **Tick all that apply**

<input type="checkbox"/> ₀₁ Pub/bar	<input type="checkbox"/> ₀₅ Bookmakers
<input type="checkbox"/> ₀₂ Gaming centre/arcade	<input type="checkbox"/> ₀₆ Other, please specify
<input type="checkbox"/> ₀₃ Casino	<input type="text"/>
<input type="checkbox"/> ₀₄ Bingo hall/social club	<input type="checkbox"/> ₀₇ Only played online, including an App 1907 - 1980
	1481 - 1494

SPARE: 1495 - 1509

IF YOU SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS ANSWER THE FOLLOWING QUESTIONS
 IF YOU HAVE NOT SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS PLEASE GO TO Q60 ON PAGE 15.

Tick **ONE** box on each line

In the past 12 months, how often...	Almost always	Most of the time	Sometimes	Never	
Q36 ...have you bet more than you could really afford to lose?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1510
Q37 ...have you needed to gamble with larger amounts of money to get the same feeling of excitement?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1511
Q38 ...have you gone back to try to win back the money you'd lost?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1512
Q39 ...have you borrowed money or sold anything to get money to gamble?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1513
Q40 ...have you felt that you might have a problem with gambling?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1514
Q41 ...have you felt that gambling has caused you any health problems, including stress or anxiety?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1515
Q42 ...have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1516
Q43 ...have you felt your gambling has caused financial problems for you or your household?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1517
Q44 ...have you felt guilty about the way you gamble or what happens when you gamble?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1518



Q45

Thinking back to your last occasion of gambling, how did you feel about gambling the last time you gambled? **Circle one number between 0 and 10.**

Hated it										Loved it
0	1	2	3	4	5	6	7	8	9	10

1519 - 1520



The next few questions are about the impact that gambling can have on some people. Please answer as honestly as you can. All of the answers you provide will be entirely confidential.

Tick **ONE** box for each question

Thinking about your own gambling, how often in the last 12 months has your own gambling led you to...

Very often Fairly often Occasionally Never

Q46	...reduce or cut back your spending on everyday items such as food, bills and clothing?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1521
Q47	...use savings or borrow money e.g. from family/friends; credit cards; overdrafts/loans; money lenders?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1522
Q48	...experience conflict or arguments with friends, family and/or work colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1523
Q49	...feel isolated from other people, left out or feel completely alone?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1524
Q50	...lie to family, or others, to hide the extent of your gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1525
Q51	...be absent or perform poorly at work or study?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1526

In the last 12 months...

Yes No

Q52	...have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1527
Q53	...has your relationship with someone close to you, such as a spouse, partner, family member or friend broken down because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1528
Q54	...have you experienced violence or abuse because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1529
Q55	...have you committed a crime in order to finance gambling or to pay gambling debts?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1530

Thinking about your own gambling in the last 12 months, have you sought help, support or information online, in-person or by telephone from...

Yes No

Q56	...mental health services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1531
Q57	...food banks or other welfare organisations?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1532
Q58	...relationship counselling and support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1533
Q59	...gambling support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1534



Q60: Everyone please answer

The next set of questions are about gambling advertisement and marketing. By marketing we mean all the different ways that gambling companies use to communicate or promote themselves to people.

In the last month, have you seen or heard gambling being promoted in the following ways?
Please tick **ONE** box for each activity

	YES	NO	
Adverts on television	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1535
Adverts on radio	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1536
Sponsorship of sports people, teams or events by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1537
Sponsorship of other TV programmes by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1538
Adverts for gambling on social media such as YouTube, Facebook, Twitter and other social media	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1539
Pop-up adverts online for gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1540
Adverts and promotions from gambling apps	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1541
Famous people or influencers promoting gambling companies via social media (YouTube, Facebook, Twitter etc)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1542

Q61

In the last month, which of the following, if any, have gambling companies sent directly to you?

Please tick all that apply

- 01 Emails about gambling
- 02 Texts about gambling
- 03 Messages on social media (Facebook, Twitter, Instagram etc) about gambling
- 04 Messages and notifications from gambling apps
- 05 Letters by post about gambling
- 06 None of the answer options

1543 - 1554

Tick **ONE** box for each question

The following question lists things that some people have said about gambling. How much do you agree or disagree with each one of the following statements?

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Q62	People should have the right to gamble whenever they want	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1555
Q63	There are too many opportunities for gambling nowadays	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1556
Q64	Gambling should be discouraged	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1557
Q65	Most people who gamble do so sensibly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1558
Q66	Gambling is dangerous for family life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1559
Q67	On balance, gambling is good for society	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1560
Q68	Gambling livens up life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1561
Q69	It would be better if gambling were banned altogether	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1562

Q70

In the past four weeks, which of the following, if any, have you spent money on? **Please tick all that apply**

Buying and selling stocks, shares and bonds through a stockbroker	<input type="checkbox"/> ₀₁	Investing in the Metaverse	<input type="checkbox"/> ₀₇
Buying and selling stocks, shares and bonds through an investment company (e.g. Vanguard, JP Morgan or Hargreaves Lansdown)	<input type="checkbox"/> ₀₂	Spread betting	<input type="checkbox"/> ₀₈
Buying and selling stocks and shares yourself with a mobile/App service (e.g. eToro, Robinhood or Pepperstone)	<input type="checkbox"/> ₀₃	Binary options (betting on whether an event will happen or not)	<input type="checkbox"/> ₀₉
Buying and selling cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₄	Futures trading (metals and currency)	<input type="checkbox"/> ₁₀
Gambling with cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₅	None of these	<input type="checkbox"/> ₁₁
Buying or selling non-fungible tokens (NFTs)	<input type="checkbox"/> ₀₆		

1563 - 1584

Q71

Does anyone you are close to gamble, even if only occasionally? By gambling we mean spending money on activities such as lotteries, betting, casino etc

Tick all that apply

₁ No → Go to Q90

₂ Yes, a partner/spouse → Go to Q72

₃ Yes, another family member (that is not your partner/spouse) → Go to Q72

₄ Yes, a friend → Go to Q72

₅ Yes, someone else → Go to Q72

1585 -1589

Q72

And do you live with this person/any of these people?

₁ Yes

₂ No

1590



The next few questions are about the impact that someone else's gambling may have had on you, whether you live with them or not. Please answer as honestly as you can.

Tick **ONE** box for each question

Thinking about someone else's gambling, in the last 12 months...

Almost always

Most of the time

Sometimes

Never

Q73

...have you borrowed money or sold anything to get money because of someone else's gambling?

₁

₂

₃

₄

1591

Q74

...have you felt that someone else's gambling has caused you any health problems, including stress or anxiety?

₁

₂

₃

₄

1592

Q75

...have you felt that someone else's gambling has made you feel embarrassment, guilt or shame?

₁

₂

₃

₄

1593

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often

Fairly often

Occasionally

Never

Q76

...use your savings or increase your use of credit, such as credit cards, overdrafts and loans?

₁

₂

₃

₄

1594

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often Fairly often Occasionally Never

Q77	...reduce or cut back your spending on everyday items such as food, bills and clothing?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1595
Q78	...experience conflict or arguments with friends, family and/or work colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1596
Q79	...feel isolated from other people, left out or feel completely alone?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1597
Q80	...be absent or perform poorly at work or study?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1598
Q81	...lie to family, or others, to hide the extent of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1599

Tick **ONE** box for each question

Yes No

Q82	In the last 12 months, has your relationship with someone close to you such as a spouse, partner, family member or friend broken down because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1600
Q83	In the last 12 months, have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1601
Q84	In the last 12 months, have you experienced violence or abuse because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1602
Q85	In the last 12 months, have you committed a crime in order to finance someone else's gambling or to pay their gambling debts?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1603

Tick **ONE** box for each question

In the last 12 months, has someone else's gambling led you to seek help, support or information online, in-person or by telephone from...

Yes No

Q86	...mental health services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1604
Q87	...food banks or other welfare organisations?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1605
Q88	...relationship counselling and support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1606
Q89	...gambling support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1607

Q90: Everyone please answer

How is your health in general?
Would you say it was...

- ₁ Very good
- ₂ Good
- ₃ Fair
- ₄ Bad
- ₅ Very bad

1608

Q91

Do you smoke cigarettes at all nowadays?

- ₁ Yes → Go to Q92
- ₂ No → Go to Q93

1609

Q92

On average, about how many cigarettes a day do you usually smoke?

- Write in number smoked a day

1610 - 1611

Q93

How often did you have a drink containing alcohol in the past year?

- ₁ Never → Go to Q96
- ₂ Monthly or less → Go to Q94
- ₃ Two to four times a month → Go to Q94
- ₄ Two to three times a week → Go to Q94
- ₅ Four or more times a week → Go to Q94

1612

Q94

How many drinks did you have on a typical day when you were drinking in the past year?

- ₁ None, I do not drink
- ₂ 1 or 2
- ₃ 3 or 4
- ₄ 5 or 6
- ₅ 7 to 9
- ₆ 10 or more

1613

Q95

How often did you have six or more drinks on one occasion in the past year?

- ₁ Never
- ₂ Less than monthly
- ₃ Monthly
- ₄ Weekly
- ₅ Daily or almost daily

1614

Everyone please answer:

Tick **ONE** box for each question

Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last 2 weeks

None of the time Rarely Some of the time Often All of the time

Q96	I've been feeling optimistic about the future	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1615
Q97	I've been feeling useful	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1616
Q98	I've been feeling relaxed	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1617
Q99	I've been dealing with problems well	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1618
Q100	I've been thinking clearly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1619
Q101	I've been feeling close to other people	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1620
Q102	I've been able to make up my own mind about things	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1621

Q103

In the past 12 months have you ever thought about taking your life, even though you would not actually do it?

₁ Yes

₂ No

1622

Q104

In the past 12 months, have you made an attempt to take your life, by taking an overdose of tablets or in some other way?

₁ Yes

₂ No

1623

Q105

To what extent, if at all, was this related to your or someone else's gambling?

₁ Not at all

₂ A little

₃ A lot

1624

If Yes to either Q103 or Q104

➔ Go to Q105

If No to both ➔ Go to Q106

Everyone please answer:

Q106

What is your sex?

A question about gender identity will follow

₁ Male

₂ Female

1640

Q107

Is the gender you identify with the same as your sex registered at birth?

This question is voluntary

₁ Yes

₂ No, write in gender identity in the box below

1641

1642 - 1691

Q108

What is your date of birth?

If you are not willing or able to provide the day or month of your birth, please enter '01' for the day or '06' for the month.

Day

1692 - 1693

Month

1694 - 1695

Year

1696 - 1699

Q109

What was your age last birthday?

Write in years

1700 - 1702

Q110

What is your ethnic group?

₀₁ White

₀₂ Mixed / Multiple ethnic groups

₀₃ White – Gypsy or Irish Traveller

₀₄ Asian / Asian British

₀₅ Black / African / Caribbean / Black British

₀₆ Chinese

₀₇ Arab

₀₈ Other ethnic group - (please write in the box below)

1703 - 1704

1705 - 1774

Q111

Including you, how many **adults aged 18 or over** are currently living in your household?

By 'your household' we mean the group of people (not necessarily related) living at your address who share cooking facilities with you and also share a living room or sitting room or dining area.

Number of adults aged 18 and over

1775 - 1776

Q112

And how many **children aged under 18** currently live in your household?

If 'none', write in '00.'

Number of children aged under 18

1777 - 1778

Q113

What is your legal marital or registered civil partnership status?

Never married and never registered in a civil partnership	<input type="checkbox"/>	01	Divorced	<input type="checkbox"/>	06
Married	<input type="checkbox"/>	02	Formerly in a civil partnership which is now legally dissolved	<input type="checkbox"/>	07
In a registered civil partnership	<input type="checkbox"/>	03	Widowed	<input type="checkbox"/>	08
Separated, but still legally married	<input type="checkbox"/>	04	Surviving partner from a registered civil partnership	<input type="checkbox"/>	09
Separated, but still legally in a civil partnership	<input type="checkbox"/>	05			

1779 - 1780

Q114

Thinking of the income of your household as a whole, which of the groups on this list represents the total income of the whole household before deductions for income tax, National Insurance, etc.?

Include income from benefits and savings. Tick **ONE** box only.

MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	<input type="checkbox"/>	MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	<input type="checkbox"/>
£0 to £949	£0 to £11,399	<input type="checkbox"/>	£2,800 to £3,349	£33,600 to £40,199	<input type="checkbox"/>
£950 to £1,349	£11,400 to £16,199	<input type="checkbox"/>	£3,350 to £3,999	£40,200 to £47,999	<input type="checkbox"/>
£1,350 to £1,799	£16,200 to £21,599	<input type="checkbox"/>	£4,000 to £4,999	£48,000 to £59,999	<input type="checkbox"/>
£1,800 to £2,249	£21,600 to £26,999	<input type="checkbox"/>	£5,000 to £6,599	£60,000 to £79,199	<input type="checkbox"/>
£2,250 to £2,799	£27,000 to £33,599	<input type="checkbox"/>	£6,600 or more	£79,200 or more	<input type="checkbox"/>

1781 - 1782

Q115

In which of these ways is your accommodation occupied? Tick **ONE** box only.

Own it outright	<input type="checkbox"/>	01	Rent it from another type of landlord	<input type="checkbox"/>	05
Buying it with the help of a mortgage/loan	<input type="checkbox"/>	02	Live here rent-free	<input type="checkbox"/>	06
Part own and part rent (shared ownership)	<input type="checkbox"/>	03	Squatting	<input type="checkbox"/>	07
Rent it from a housing association or local council	<input type="checkbox"/>	04			

1783 - 1784

Q116

Do you have any of the educational or school qualifications listed?

Tick the **first** box that applies

- ⁰¹ Higher degree or postgraduate qualifications (e.g. M.A., MSc., M.Ed, Ph.D. etc)
- ⁰² First degree level qualification
Degree, or degree level equivalent (e.g. BA; BSc,) including foundation degrees such as PGCE
- ⁰³ Diploma in higher education; HNC; HND; Nursing or Teaching qualification (excluding PGCE)
- ⁰⁴ A level; AS level; NVQ level 3 GNVQ Advanced; or equivalent
- ⁰⁵ GCSE grade A* - C / 4 - 9; O level; CSE grade 1; NVQ level 2; GNVQ intermediate; or equivalent
- ⁰⁶ GCSE grade D - G / 1 - 3; CSE below grade 1; NVQ level 1; GNVQ Foundation level; or equivalent
- ⁰⁷ None of the listed options

1785 - 1786

Q117

Which of these descriptions applies to what you were doing last week?

Tick the **first** box that applies

- ⁰¹ Going to school or college full-time (including on vacation)
- ⁰² In paid employment or self-employed (or temporarily away)
- ⁰³ On a Government scheme for employment training
- ⁰⁴ Doing unpaid work for a business that you own, or that a relative owns
- ⁰⁵ Waiting to take up paid work already obtained
- ⁰⁶ Looking for paid work or a Government training scheme
- ⁰⁷ Intending to look for work but prevented by temporary sickness or injury
- ⁰⁸ Permanently unable to work because of long term sickness or disability
- ⁰⁹ Retired from paid work
- ¹⁰ Looking after home or family
- ¹¹ Doing something else – please write in the box below

1787 - 1788

1789 - 1888

Q118

As a result of the current cost of living crisis, in the past 4 weeks, have you cut back on any of the following items? **Please tick all that apply**

- Supermarket shopping ⁰¹ Gambling activities including Lottery tickets ⁰⁶
- Non-essential spending with other retailers i.e. clothes, shoes, etc. ⁰² Charitable donations ⁰⁷
- Leisure activities i.e. hobbies, gym membership, cinema, etc ⁰³ Home improvements / DIY ⁰⁸
- Going to restaurants and bars ⁰⁴ I have not cut back on any of the above items ⁰⁹
- Home entertainment and subscriptions i.e. Netflix, Sky, etc. ⁰⁵

1889 - 1906

Q119

Sometimes we ask people who've taken part in this study to take part in other studies too. These studies may be carried out by NatCen Social Research or the Gambling Commission. You will only be contacted again for research purposes and only where there is a genuine reason for contacting you. You may never be contacted again, but if you are, you will still be free to decide whether you want to take part or not.

Are you willing to be contacted again for future research purposes?

₁ Yes → Go to Q120

₂ No → Go to Q124

2025

Q120

Do you have an email address we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q121

₂ No → Go to Q122

2026

Q121

Please write your email address in the box below.

2027 - 2126

Q122

Do you have a telephone number we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q123

₂ No → Go to Q124

2127

Q123

Please enter this below as numbers with no spaces. Phone numbers should contain only numbers, start with 0.

2128 - 2138

Q124

We would like to send you a £10 shopping voucher to say thank you for your time and for helping us with this survey.

Please note that your voucher should arrive within 1 calendar month of today's date.

Can you confirm you would like to receive your voucher?

₁ I would like to receive a voucher

₂ I do not want to receive a voucher

2139

Q125

Please write in your full name in block capitals. This would only be used for the purpose of sending you your voucher, and if you gave your permission, to be contacted about future research.

Title

2140 - 2159

First name

2160 - 2209

Surname

2210 - 2260

Q96-102 taken from

Short Warwick-Edinburgh Mental Well-Being Scale (SWEMWBS)
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SPARE: 2261 - 2999



Paper questionnaire booklet for adults (aged 18+)

Who should complete the questionnaire?

Up to two people in your household can complete a paper questionnaire as long as they are aged 18 or over. If you have already completed the web survey please do not complete this paper questionnaire.

How to fill in this questionnaire

1. Most questions can be answered by putting a tick in the box next to the answer that applies to you, like this:



Example

2. Some questions will ask you to **“tick all that apply”** Please tick as many boxes that apply to you when you see this instruction.
3. Please read each question carefully and try to answer every question. If you change your mind about an answer you have given, completely block out the box you have ticked like this and then put a tick in your preferred box.



Example

4. Please use black or blue ink to complete the questionnaire.
5. Sometimes you are asked to write in a number or the answer in your own words. Please enter numbers as figures rather than words.



Example, write in number

6. Follow the  **GO TO instructions**

All answers you provide will be entirely confidential.

Please return your questionnaire using the pre-paid envelope provided.

If you prefer you can complete the questionnaire online at:
survey.natcen.ac.uk/OGSurveyB

You will be asked to enter a unique access code that can be found on the letter that came with this questionnaire.

Where can I get more information?

Website: natcen.ac.uk/OGSurvey

Email: OGSurvey@natcen.ac.uk

Telephone: 0800 652 4570

SN: 1001 - 1009
CKL: 1010
BATCH: 1011 - 1015
CARD: 1016 - 1017
VERSION: 1018
SPARE: 1019 - 1049



Q1

In a typical month, which of the following activities, if any, do you usually do?
Please tick **ONE** box for each activity

	YES	NO	
Spend time with friends/family	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1050
Read for pleasure	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1051
Listen to music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1052
Watch TV	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1053
Eat out at restaurants	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1054
Go to pubs/bars/clubs	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1055
Do DIY or gardening	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1056
Go shopping (to the high street or shopping centre)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1057
Do sports/exercise	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1058
Do arts or crafts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1059
Play a musical instrument or make music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1060
Go to the cinema, theatre or music concerts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1061
Visit museums or galleries	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1062
Attend religious service/place of worship	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1063



Q2

In the last four weeks have you used the internet for any of the following?
Tick all that apply

Communication e.g. email, instant messaging, video or telephone calls	<input type="checkbox"/> ₀₁	Travel or navigation	<input type="checkbox"/> ₀₆
Using social media	<input type="checkbox"/> ₀₂	Playing puzzle games online e.g. Sudoku, Wordle	<input type="checkbox"/> ₀₇
Watching TV or films, listening to the radio, using streaming services or watching short video clips	<input type="checkbox"/> ₀₃	Playing other games online	<input type="checkbox"/> ₀₈
Online shopping or online banking	<input type="checkbox"/> ₀₄	Something else	<input type="checkbox"/> ₀₉
Finding out information, including news, weather	<input type="checkbox"/> ₀₅	Have not used the internet in the last four weeks	<input type="checkbox"/> ₁₀

1064 - 1083

If **YES** to Playing Other Games Online → **Go to Q3**

If **NO** to Playing Other Games Online → **Go to Q6**



When playing games online for example, Fortnite, Overwatch, CS:GO, Roblox, Candy Crush, FIFA it is possible to collect in-game items such as weapons, skins, power-ups etc.

In the past 4 weeks, how often, if at all, have you done the following things when playing computer/console or mobile games?

	Very often	Fairly often	Occasionally	Never	Not sure
Q3 Paid money (or bought virtual currency) to buy specific in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1084
Q4 Paid money (or bought virtual currency) to open loot boxes/packs/chests to get in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1085
Q5 Bet with in-game items on websites outside of the game you are playing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅ 1086

Q6

Have you spent money on any of the following activities, including online and in-person, in the past 12 months?

Tick one box on each line

	Yes	No	
Lottery tickets, including the National Lottery, Health Lottery, Postcode Lottery, charity and other lotteries?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1107
Scratchcards, including the National Lottery and other scratchcards?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1108
Online instant win games, including the National Lottery and other instant win games?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1109
Betting e.g. on events, sports, racing, including virtual sports/races and e-sports?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1110
Bingo?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1111
Casino games e.g. Poker, Roulette, Blackjack, including casino games played on a machine at a bookmakers?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1112
Fruit/slot machine games, including online slots?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1113
Football pools?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1114
Private betting with e.g. friends, family, colleagues?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1115
Any other gambling activities?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1116

IF YOU TICKED YES FOR ANY OF THE ACTIVITIES ABOVE PLEASE GO TO Q7 ON THE NEXT PAGE
OTHERWISE GO TO Q60 ON PAGE 15

Q7

In the **past 4 weeks**, have you spent money on any of the following activities, **including online and in-person**?

Tick one box on each line

	Yes	No	
Lottery tickets, including the National Lottery, Health Lottery, Postcode Lottery, charity and other lotteries?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1171
Scratchcards, including the National Lottery and other scratchcards?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1172
Online instant win games, including the National Lottery and other instant win games?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1173
Betting e.g. on events, sports, racing, including virtual sports/races and e-sports?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1174
Bingo?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1175
Casino games e.g. Poker, Roulette, Blackjack, including casino games played on a machine at a bookmakers?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1176
Fruit/slot machine games, including online slots?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1177
Football pools?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1178
Private betting with e.g. friends, family, colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1179
Any other gambling activities?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1180

IF YOU TICKED YES FOR ANY OF THE ACTIVITIES ABOVE PLEASE GO TO THE NEXT PAGE
THE NEXT FEW PAGES ASK QUESTIONS ABOUT THE ACTIVITIES
YOU HAVE SPENT MONEY ON IN THE PAST 4 WEEKS.

OTHERWISE GO TO Q36 ON PAGE 13

IF YOU BOUGHT **LOTTERY TICKETS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
OTHERWISE GO TO Q13 ON THE NEXT PAGE

Q8 During the past 4 weeks, how often have you spent money, including by direct debit, on National Lottery tickets, including Lotto, Euromillions, Thunderball, Hot Picks, Set for Life ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1207
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1208

Q9 How much, approximately, do you think you spent on National Lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1209 - 1214

₂ Did not spend money on National Lottery tickets in past 4 weeks 1215

Q10 During the past 4 weeks, how often have you spent money, including by direct debit, on other lottery tickets, including the Health Lottery, Postcode Lottery and charity lotteries...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1216
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1217

Q11 How much, approximately, do you think you spent on other lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1218 - 1223

₂ Did not spend money on other lottery tickets in past 4 weeks 1224

Q12 Which of the following lottery tickets did you spend money on in the last 4 weeks?
Tick all that apply

Lotto	<input type="checkbox"/> ₀₁	Set for Life	<input type="checkbox"/> ₀₆
Euromillions	<input type="checkbox"/> ₀₂	Health lottery	<input type="checkbox"/> ₀₇
Thunderball	<input type="checkbox"/> ₀₃	Postcode lottery	<input type="checkbox"/> ₀₈
Lotto Hotpicks	<input type="checkbox"/> ₀₄	Other lottery tickets, including for charity	<input type="checkbox"/> ₀₉
Euromillions Hotpicks	<input type="checkbox"/> ₀₅		

1225 - 1242

IF YOU BOUGHT **SCRATCHCARDS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q15 BELOW

Q13

During the past 4 weeks, how often have you spent money on **scratchcards** of any type?

1 About once 4 A few times a week
 2 About once a fortnight 5 Everyday
 3 About once a week 1246

Q14a

How much, approximately, do you think you have spent on **scratchcards** in the past 4 weeks?

Enter amount in whole £s 1247 - 1252

1 Not sure 1253

Q14b

Which **scratchcards** did you spend money on in the past 4 weeks?

Tick all that apply

1 National Lottery scratchcards

2 Other scratchcards 1254 - 1255

IF YOU SPENT MONEY ON **ONLINE INSTANT WIN GAMES** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q17 ON THE NEXT PAGE

Q15

During the past 4 weeks, how often have you spent money on **online instant win games**, including the National Lottery and other instant win games?

1 About once 4 A few times a week
 2 About once a fortnight 5 Everyday
 3 About once a week 1256

Q16a

How much, approximately, do you think you have spent on **online instant win games**, including the National Lottery and other instant win games in the past 4 weeks?

Enter amount in whole £s 1257 - 1262

1 Not sure 1263

Q16b

Which **online instant win games** have you played in the past 4 weeks?

Tick all that apply

1 National Lottery online instant win games

2 Other online instant win games 1264 - 1265

SPARE: 1266 - 1299

IF YOU SPENT MONEY ON **BETTING** ON SPORTS/RACES/OUTCOME OF EVENTS
IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS,
OTHERWISE GO TO Q25 ON PAGE 10

Q17

During the past 4 weeks, how often have you spent money betting on sports/races - including e-sports and virtual sports/races - and the outcome of events ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1300
...in-person e.g. at a bookmakers, at the track or other venue?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1301

Q18

In the last 4 weeks, have you bet in-play when betting on sports/races or the outcome of events? In-play betting means betting on things that happen once the game, match or event has started e.g., who will win, next goal scorer, next point, next person to be eliminated.

₁ Yes → **Go to Q19**

₂ No → **Go to Q21 (Page 9)** 1302

Q19

How often have you bet in-play in the last 4 weeks? If you are unsure, please estimate

About once	<input type="checkbox"/> ₁	A few times a week	<input type="checkbox"/> ₄
About once a fortnight	<input type="checkbox"/> ₂	Everyday	<input type="checkbox"/> ₅
About once a week	<input type="checkbox"/> ₃		1303

Q20

Thinking back over the last 4 weeks, how many in-play bets would you typically make once an individual game, match or event had started? If you are unsure, enter your best estimate

Enter number 1304 - 1305 SPARE: 1306 - 1309

₁ Not sure 1310

Q21

Did you use a betting exchange in the past 4 weeks?

₁ Yes

₂ No

1311

Q22

How much, approximately, do you think you have spent betting on sports/races/events **online**, including through an App in the past 4 weeks? Include any money you spent in-play and through a betting exchange.

Enter amount to nearest whole £

1312 - 1317

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks online

1318

Q23

How much, approximately, do you think you have spent betting on sports/races/events **in person** at bookmakers or other venue in the past 4 weeks? Include any money you spent in-play and through a betting exchange?

Enter amount to nearest whole £

1319 - 1324

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks in-person

1325

SPARE: 1326 - 1339

Q24

Which of the following did you spend money betting on in the last 4 weeks? **Tick all that apply**

Live football

₀₁

E-sports

₀₅

Live tennis

₀₂

Virtual games/races

₀₆

Live horse/dog racing

₀₃

The outcome of events e.g. TV shows, elections

₀₇

Other live sports

₀₄

None of these

₀₈

1340 - 1355

SPARE: 1356 - 1404

IF YOU SPENT MONEY ON **BINGO** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
OTHERWISE GO TO Q28 ON THE NEXT PAGE

Q25

During the **past 4 weeks**, how often have you spent money playing bingo...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1405
...at a venue e.g. a bingo hall, social club?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1406

Q26

How much, approximately, do you think you have spent playing bingo **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1407 - 1412

₁ Not sure

₂ Did not play bingo online in past 4 weeks

1413

Q27

How much, approximately, do you think you have spent playing bingo at a **venue** such as a bingo hall or social club in the past 4 weeks?

Enter amount in whole £s

1414 - 1419

₁ Not sure

₂ Did not play bingo at a venue in past 4 weeks

1420

IF YOU SPENT MONEY ON **CASINO GAMES, INCLUDING ON A MACHINE IN A BOOKMAKERS**
 IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
 OTHERWISE GO TO Q32 ON THE NEXT PAGE

Q28

During the past 4 weeks, how often have you spent money playing casino games e.g. Poker, Roulette, Blackjack

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online/via an App with a live dealer?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1440
...online/via an App, not with a live dealer?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1441
...in person at a casino?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1442
...on a machine in a bookmakers?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1443

Q29

How much, approximately, do you think you have spent playing casino games **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1444 - 1449

₁

Not sure

₂

Did not play casino games online in past 4 weeks

1450

Q30

How much, approximately, do you think you have spent on playing casino games **in person at a casino** in the past 4 weeks?

Enter amount in whole £s

1451 - 1456

₁

Not sure

₂

Did not play casino games in person at a casino in past 4 weeks

1457

Q31

How much, approximately do you think you have spent on playing casino games **on a machine in a bookmakers** in the past 4 weeks?

Enter amount in whole £s

1458 - 1462

₁

Not sure

₂

Did not play casino games on a machine in a bookmakers in the past 4 weeks

1463

IF YOU SPENT MONEY ON **FRUIT/SLOT MACHINES OR ONLINE FRUIT/SLOT GAMES**
 IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
 OTHERWISE GO TO Q36 ON PAGE 13

Q32

During the past 4 weeks, how often have you spent money playing fruit/slot games ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1464
...on a fruit/ slot machine?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1465

Q33

How much, approximately, do you think you have spent playing **online** fruit/slot-based games in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1466 - 1472

₂ Did not play fruit/slot games online in past 4 weeks 1473

Q34

How much, approximately, do you think you have spent playing fruit/slot **machines** in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1474 - 1479

₂ Did not play fruit/slot games on a machine in past 4 weeks 1480

Q35

In the last 4 weeks, where did you play fruit/ slot machines? **Tick all that apply**

<input type="checkbox"/> ₀₁ Pub/bar	<input type="checkbox"/> ₀₅ Bookmakers
<input type="checkbox"/> ₀₂ Gaming centre/arcade	<input type="checkbox"/> ₀₆ Other, please specify
<input type="checkbox"/> ₀₃ Casino	<input type="text"/>
<input type="checkbox"/> ₀₄ Bingo hall/social club	<input type="checkbox"/> ₀₇ Only played online, including an App 1907 - 1980

1481 - 1494

SPARE: 1495 - 1509

IF YOU SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS ANSWER THE FOLLOWING QUESTIONS
 IF YOU HAVE NOT SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS PLEASE GO TO Q60 ON PAGE 15.

Tick **ONE** box on each line

In the past 12 months, how often...	Almost always	Most of the time	Sometimes	Never	
Q36 ...have you bet more than you could really afford to lose?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1510
Q37 ...have you needed to gamble with larger amounts of money to get the same feeling of excitement?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1511
Q38 ...have you gone back to try to win back the money you'd lost?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1512
Q39 ...have you borrowed money or sold anything to get money to gamble?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1513
Q40 ...have you felt that you might have a problem with gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1514
Q41 ...have you felt that gambling has caused you any health problems, including stress or anxiety?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1515
Q42 ...have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1516
Q43 ...have you felt your gambling has caused financial problems for you or your household?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1517
Q44 ...have you felt guilty about the way you gamble or what happens when you gamble?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1518



Q45

Thinking back to your last occasion of gambling, how did you feel about gambling the last time you gambled? **Circle one number between 0 and 10.**

Hated it										Loved it
0	1	2	3	4	5	6	7	8	9	10

1519 - 1520



The next few questions are about the impact that gambling can have on some people. Please answer as honestly as you can. All of the answers you provide will be entirely confidential.

Tick **ONE** box for each question

Thinking about your own gambling, how often in the last 12 months has your own gambling led you to...

Very often Fairly often Occasionally Never

Q46	...reduce or cut back your spending on everyday items such as food, bills and clothing?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1521
Q47	...use savings or borrow money e.g. from family/friends; credit cards; overdrafts/loans; money lenders?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1522
Q48	...experience conflict or arguments with friends, family and/or work colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1523
Q49	...feel isolated from other people, left out or feel completely alone?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1524
Q50	...lie to family, or others, to hide the extent of your gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1525
Q51	...be absent or perform poorly at work or study?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1526

In the last 12 months...

Yes No

Q52	...have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1527
Q53	...has your relationship with someone close to you, such as a spouse, partner, family member or friend broken down because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1528
Q54	...have you experienced violence or abuse because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1529
Q55	...have you committed a crime in order to finance gambling or to pay gambling debts?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1530

Thinking about your own gambling in the last 12 months, have you sought help, support or information online, in-person or by telephone from...

Yes No

Q56	...mental health services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1531
Q57	...food banks or other welfare organisations?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1532
Q58	...relationship counselling and support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1533
Q59	...gambling support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1534



Q60: Everyone please answer

The next set of questions are about gambling advertisement and marketing. By marketing we mean all the different ways that gambling companies use to communicate or promote themselves to people.

In the last month, have you seen or heard gambling being promoted in the following ways?
Please tick **ONE box** for each activity

	YES	NO	
Adverts on television	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1535
Adverts on radio	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1536
Sponsorship of sports people, teams or events by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1537
Sponsorship of other TV programmes by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1538
Adverts for gambling on social media such as YouTube, Facebook, Twitter and other social media	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1539
Pop-up adverts online for gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1540
Adverts and promotions from gambling apps	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1541
Famous people or influencers promoting gambling companies via social media (YouTube, Facebook, Twitter etc)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1542

Q61

In the last month, which of the following, if any, have gambling companies sent directly to you?

Please tick all that apply

- 01 Emails about gambling
- 02 Texts about gambling
- 03 Messages on social media (Facebook, Twitter, Instagram etc) about gambling
- 04 Messages and notifications from gambling apps
- 05 Letters by post about gambling
- 06 None of the answer options

1543 - 1554

Tick **ONE** box for each question

The following question lists things that some people have said about gambling. How much do you agree or disagree with each one of the following statements?

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Q62	People should have the right to gamble whenever they want	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1555
Q63	There are too many opportunities for gambling nowadays	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1556
Q64	Gambling should be discouraged	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1557
Q65	Most people who gamble do so sensibly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1558
Q66	Gambling is dangerous for family life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1559
Q67	On balance, gambling is good for society	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1560
Q68	Gambling livens up life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1561
Q69	It would be better if gambling were banned altogether	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1562

Q70

In the past four weeks, which of the following, if any, have you spent money on? **Please tick all that apply**

Buying and selling stocks, shares and bonds through a stockbroker	<input type="checkbox"/> ₀₁	Investing in the Metaverse)	<input type="checkbox"/> ₀₇
Buying and selling stocks, shares and bonds through an investment company (e.g. Vanguard, JP Morgan or Hargreaves Lansdown)	<input type="checkbox"/> ₀₂	Spread betting	<input type="checkbox"/> ₀₈
Buying and selling stocks and shares yourself with a mobile/App service (e.g. eToro, Robinhood or Pepperstone)	<input type="checkbox"/> ₀₃	Binary options (betting on whether an event will happen or not)	<input type="checkbox"/> ₀₉
Buying and selling cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₄	Futures trading (metals and currency)	<input type="checkbox"/> ₁₀
Gambling with cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₅	None of these	<input type="checkbox"/> ₁₁
Buying or selling non-fungible tokens (NFTs)	<input type="checkbox"/> ₀₆		

1563 - 1584

Q71

Does anyone you are close to gamble, even if only occasionally? By gambling we mean spending money on activities such as lotteries, betting, casino etc

Tick all that apply

₁ No → Go to Q90

₂ Yes, a partner/spouse → Go to Q72

₃ Yes, another family member (that is not your partner/spouse) → Go to Q72

₄ Yes, a friend → Go to Q72

₅ Yes, someone else → Go to Q72

1585 -1589

Q72

And do you live with this person/any of these people?

₁ Yes

₂ No

1590



The next few questions are about the impact that someone else's gambling may have had on you, whether you live with them or not. Please answer as honestly as you can.

Tick **ONE** box for each question

Thinking about someone else's gambling, in the last 12 months...

Almost always

Most of the time

Sometimes

Never

Q73

...have you borrowed money or sold anything to get money because of someone else's gambling?

₁

₂

₃

₄

1591

Q74

...have you felt that someone else's gambling has caused you any health problems, including stress or anxiety?

₁

₂

₃

₄

1592

Q75

...have you felt that someone else's gambling has made you feel embarrassment, guilt or shame?

₁

₂

₃

₄

1593

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often

Fairly often

Occasionally

Never

Q76

...use your savings or increase your use of credit, such as credit cards, overdrafts and loans?

₁

₂

₃

₄

1594

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often Fairly often Occasionally Never

Q77	...reduce or cut back your spending on everyday items such as food, bills and clothing?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1595
Q78	...experience conflict or arguments with friends, family and/or work colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1596
Q79	...feel isolated from other people, left out or feel completely alone?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1597
Q80	...be absent or perform poorly at work or study?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1598
Q81	...lie to family, or others, to hide the extent of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1599

Tick **ONE** box for each question

Yes No

Q82	In the last 12 months, has your relationship with someone close to you such as a spouse, partner, family member or friend broken down because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1600
Q83	In the last 12 months, have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1601
Q84	In the last 12 months, have you experienced violence or abuse because of someone else's gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1602
Q85	In the last 12 months, have you committed a crime in order to finance someone else's gambling or to pay their gambling debts?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1603

Tick **ONE** box for each question

In the last 12 months, has someone else's gambling led you to seek help, support or information online, in-person or by telephone from...

Yes No

Q86	...mental health services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1604
Q87	...food banks or other welfare organisations?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1605
Q88	...relationship counselling and support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1606
Q89	...gambling support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1607

Q90: Everyone please answer

How is your health in general?
Would you say it was...

- ₁ Very good
- ₂ Good
- ₃ Fair
- ₄ Bad
- ₅ Very bad

1608

Q91

Do you smoke cigarettes at all nowadays?

- ₁ Yes → Go to Q92
- ₂ No → Go to Q93

1609

Q92

On average, about how many cigarettes a day do you usually smoke?

- Write in number smoked a day

1610 - 1611

Q93

How often did you have a drink containing alcohol in the past year?

- ₁ Never → Go to Q96
- ₂ Monthly or less → Go to Q94
- ₃ Two to four times a month → Go to Q94
- ₄ Two to three times a week → Go to Q94
- ₅ Four or more times a week → Go to Q94

1612

Q94

How many drinks did you have on a typical day when you were drinking in the past year?

- ₁ None, I do not drink
- ₂ 1 or 2
- ₃ 3 or 4
- ₄ 5 or 6
- ₅ 7 to 9
- ₆ 10 or more

1613

Q95

How often did you have six or more drinks on one occasion in the past year?

- ₁ Never
- ₂ Less than monthly
- ₃ Monthly
- ₄ Weekly
- ₅ Daily or almost daily

1614

Everyone please answer:

Tick **ONE** box for each question

Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last 2 weeks

None of the time Rarely Some of the time Often All of the time

Q96	I've been feeling optimistic about the future	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1615
Q97	I've been feeling useful	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1616
Q98	I've been feeling relaxed	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1617
Q99	I've been dealing with problems well	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1618
Q100	I've been thinking clearly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1619
Q101	I've been feeling close to other people	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1620
Q102	I've been able to make up my own mind about things	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1621

Q103

In the past 12 months have you ever thought about taking your life, even though you would not actually do it?

₁ Yes

₂ No

1622

Q104

In the past 12 months, have you made an attempt to take your life, by taking an overdose of tablets or in some other way?

₁ Yes

₂ No

1623

Q105

To what extent, if at all, was this related to your or someone else's gambling?

₁ Not at all

₂ A little

₃ A lot

1624

If Yes to either Q103 or Q104

➔ Go to Q105

If No to both ➔ Go to Q106

Everyone please answer:

Q106

What is your sex?
A question about gender identity will follow

₁ Male

₂ Female

1640

Q107

Is the gender you identify with the same as your sex registered at birth?

This question is voluntary

₁ Yes

₂ No, write in gender identity in the box below

1641

1642 - 1691

Q108

What is your date of birth?
If you are not willing or able to provide the day or month of your birth, please enter '01' for the day or '06' for the month.

Day

1692 - 1693

Month

1694 - 1695

Year

1696 - 1699

Q109

What was your age last birthday?

Write in years

1700 - 1702

Q110

What is your ethnic group?

₀₁ White

₀₂ Mixed / Multiple ethnic groups

₀₃ White – Gypsy or Irish Traveller

₀₄ Asian / Asian British

₀₅ Black / African / Caribbean / Black British

₀₆ Chinese

₀₇ Arab

₀₈ Other ethnic group - (please write in the box below)

1703 - 1704

1705 - 1774

Q111

Including you, how many **adults aged 18 or over** are currently living in your household?

By 'your household' we mean the group of people (not necessarily related) living at your address who share cooking facilities with you and also share a living room or sitting room or dining area.

Number of adults aged 18 and over

1775 - 1776

Q112

And how many **children aged under 18** currently live in your household?
If 'none', write in '00.'

Number of children aged under 18

1777 - 1778

Q113

What is your legal marital or registered civil partnership status?

Never married and never registered in a civil partnership	<input type="checkbox"/>	01	Divorced	<input type="checkbox"/>	06
Married	<input type="checkbox"/>	02	Formerly in a civil partnership which is now legally dissolved	<input type="checkbox"/>	07
In a registered civil partnership	<input type="checkbox"/>	03	Widowed	<input type="checkbox"/>	08
Separated, but still legally married	<input type="checkbox"/>	04	Surviving partner from a registered civil partnership	<input type="checkbox"/>	09
Separated, but still legally in a civil partnership	<input type="checkbox"/>	05			

1779 - 1780

Q114

Thinking of the income of your household as a whole, which of the groups on this list represents the total income of the whole household before deductions for income tax, National Insurance, etc.?

Include income from benefits and savings. Tick **ONE** box only.

MONTHLY income BEFORE tax	ANNUAL income BEFORE tax		MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	
£0 to £949	£0 to £11,399	<input type="checkbox"/>	£2,800 to £3,349	£33,600 to £40,199	<input type="checkbox"/>
£950 to £1,349	£11,400 to £16,199	<input type="checkbox"/>	£3,350 to £3,999	£40,200 to £47,999	<input type="checkbox"/>
£1,350 to £1,799	£16,200 to £21,599	<input type="checkbox"/>	£4,000 to £4,999	£48,000 to £59,999	<input type="checkbox"/>
£1,800 to £2,249	£21,600 to £26,999	<input type="checkbox"/>	£5,000 to £6,599	£60,000 to £79,199	<input type="checkbox"/>
£2,250 to £2,799	£27,000 to £33,599	<input type="checkbox"/>	£6,600 or more	£79,200 or more	<input type="checkbox"/>

1781 - 1782

Q115

In which of these ways is your accommodation occupied? Tick **ONE** box only.

Own it outright	<input type="checkbox"/>	01	Rent it from another type of landlord	<input type="checkbox"/>	05
Buying it with the help of a mortgage/loan	<input type="checkbox"/>	02	Live here rent-free	<input type="checkbox"/>	06
Part own and part rent (shared ownership)	<input type="checkbox"/>	03	Squatting	<input type="checkbox"/>	07
Rent it from a housing association or local council	<input type="checkbox"/>	04			

1783 - 1784

Q116

Do you have any of the educational or school qualifications listed?

Tick the **first** box that applies

- ⁰¹ Higher degree or postgraduate qualifications (e.g. M.A., MSc., M.Ed, Ph.D. etc)
- ⁰² First degree level qualification Degree, or degree level equivalent (e.g. BA; BSc,) including foundation degrees such as PGCE
- ⁰³ Diploma in higher education; HNC; HND; Nursing or Teaching qualification (excluding PGCE)
- ⁰⁴ A level; AS level; NVQ level 3 GNVQ Advanced; or equivalent
- ⁰⁵ GCSE grade A* - C / 4 - 9; O level; CSE grade 1; NVQ level 2; GNVQ intermediate; or equivalent
- ⁰⁶ GCSE grade D - G / 1 - 3; CSE below grade 1; NVQ level 1; GNVQ Foundation level; or equivalent
- ⁰⁷ None of the listed options

1785 - 1786

Q117

Which of these descriptions applies to what you were doing last week?

Tick the **first** box that applies

- ⁰¹ Going to school or college full-time (including on vacation)
- ⁰² In paid employment or self-employed (or temporarily away)
- ⁰³ On a Government scheme for employment training
- ⁰⁴ Doing unpaid work for a business that you own, or that a relative owns
- ⁰⁵ Waiting to take up paid work already obtained
- ⁰⁶ Looking for paid work or a Government training scheme
- ⁰⁷ Intending to look for work but prevented by temporary sickness or injury
- ⁰⁸ Permanently unable to work because of long term sickness or disability
- ⁰⁹ Retired from paid work
- ¹⁰ Looking after home or family
- ¹¹ Doing something else – please write in the box below

1789 - 1888

Q118

As a result of the current cost of living crisis, in the past 4 weeks, have you cut back on any of the following items? **Please tick all that apply**

- Supermarket shopping ⁰¹ Gambling activities including Lottery tickets ⁰⁶
- Non-essential spending with other retailers i.e. clothes, shoes, etc. ⁰² Charitable donations ⁰⁷
- Leisure activities i.e. hobbies, gym membership, cinema, etc ⁰³ Home improvements / DIY ⁰⁸
- Going to restaurants and bars ⁰⁴ I have not cut back on any of the above items ⁰⁹
- Home entertainment and subscriptions i.e. Netflix, Sky, etc. ⁰⁵

1889 - 1906

Q119

Sometimes we ask people who've taken part in this study to take part in other studies too. These studies may be carried out by NatCen Social Research or the Gambling Commission. You will only be contacted again for research purposes and only where there is a genuine reason for contacting you. You may never be contacted again, but if you are, you will still be free to decide whether you want to take part or not.

Are you willing to be contacted again for future research purposes?

₁ Yes → Go to Q120

₂ No → Go to Q124

2025

Q120

Do you have an email address we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q121

₂ No → Go to Q122

2026

Q121

Please write your email address in the box below.

2027 - 2126

Q122

Do you have a telephone number we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q123

₂ No → Go to Q124

2127

Q123

Please enter this below as numbers with no spaces. Phone numbers should contain only numbers, start with 0.

2128 - 2138

Q124

We would like to send you a £10 shopping voucher to say thank you for your time and for helping us with this survey.

Please note that your voucher should arrive within 1 calendar month of today's date.

Can you confirm you would like to receive your voucher?

₁ I would like to receive a voucher

₂ I do not want to receive a voucher

2139

Q125

Please write in your full name in block capitals. This would only be used for the purpose of sending you your voucher, and if you gave your permission, to be contacted about future research.

Title

2140 - 2159

First name

2160 - 2209

Surname

2210 - 2260

Q96-102 taken from

Short Warwick-Edinburgh Mental Well-Being Scale (SWEMWBS)
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SPARE: 2261 - 2999



Paper questionnaire booklet for adults (aged 18+)

Who should complete the questionnaire?

Up to two people in your household can complete a paper questionnaire as long as they are aged 18 or over. If you have already completed the web survey please do not complete this paper questionnaire.

How to fill in this questionnaire

1. Most questions can be answered by putting a tick in the box next to the answer that applies to you, like this:



Example

2. Some questions will ask you to **“tick all that apply”** Please tick as many boxes that apply to you when you see this instruction.
3. Please read each question carefully and try to answer every question. If you change your mind about an answer you have given, completely block out the box you have ticked like this and then put a tick in your preferred box.



Example

4. Please use black or blue ink to complete the questionnaire.
5. Sometimes you are asked to write in a number or the answer in your own words. Please enter numbers as figures rather than words.



Example, write in number

6. Follow the  **GO TO instructions**

All answers you provide will be entirely confidential.

Please return your questionnaire using the pre-paid envelope provided.

If you prefer you can complete the questionnaire online at:
survey.natcen.ac.uk/OGSurveyB

You will be asked to enter a unique access code that can be found on the letter that came with this questionnaire.

Where can I get more information?

Website: natcen.ac.uk/OGSurvey

Email: OGSurvey@natcen.ac.uk

Telephone: 0800 652 4570

SN: 1001 - 1009
CKL: 1010
BATCH: 1011 - 1015
CARD: 1016 - 1017
VERSION: 1018
SPARE: 1019 - 1049



Q1

In a typical month, which of the following activities, if any, do you usually do?
Please tick **ONE** box for each activity

	YES	NO	
Spend time with friends/family	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1050
Read for pleasure	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1051
Listen to music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1052
Watch TV	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1053
Eat out at restaurants	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1054
Go to pubs/bars/clubs	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1055
Do DIY or gardening	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1056
Go shopping (to the high street or shopping centre)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1057
Do sports/exercise	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1058
Do arts or crafts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1059
Play a musical instrument or make music	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1060
Go to the cinema, theatre or music concerts	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1061
Visit museums or galleries	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1062
Attend religious service/place of worship	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1063



Q2

In the last four weeks have you used the internet for any of the following?
Tick all that apply

Communication e.g. email, instant messaging, video or telephone calls	<input type="checkbox"/> ₀₁	Travel or navigation	<input type="checkbox"/> ₀₆
Using social media	<input type="checkbox"/> ₀₂	Playing puzzle games online e.g. Sudoku, Wordle	<input type="checkbox"/> ₀₇
Watching TV or films, listening to the radio, using streaming services or watching short video clips	<input type="checkbox"/> ₀₃	Playing other games online	<input type="checkbox"/> ₀₈
Online shopping or online banking	<input type="checkbox"/> ₀₄	Something else	<input type="checkbox"/> ₀₉
Finding out information, including news, weather	<input type="checkbox"/> ₀₅	Have not used the internet in the last four weeks	<input type="checkbox"/> ₁₀

1064 - 1083

If **YES** to Playing Other Games Online → **Go to Q3**

If **NO** to Playing Other Games Online → **Go to Q6**



When playing games online for example, Fortnite, Overwatch, CS:GO, Roblox, Candy Crush, FIFA it is possible to collect in-game items such as weapons, skins, power-ups etc.

In the past 4 weeks, how often, if at all, have you done the following things when playing computer/console or mobile games?

	Very often	Fairly often	Occasionally	Never	Not sure	
Q3 Paid money (or bought virtual currency) to buy specific in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1084
Q4 Paid money (or bought virtual currency) to open loot boxes/packs/chests to get in-game items (e.g. skins, clothes, weapons, players)	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1085
Q5 Bet with in-game items on websites outside of the game you are playing	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1086

Q6

Have you spent money on any of the following activities, **including online and in-person**, in the past 12 months? **Tick all that apply**

Tickets for National Lottery draws - Lotto, Euromillions, Thunderball, Hotpicks, Set for Life	<input type="checkbox"/>	01	} Go to Q7
Tickets for other charity lotteries, including the Health Lottery, Postcode Lottery and other lotteries	<input type="checkbox"/>	02	
National Lottery scratchcards	<input type="checkbox"/>	03	
Other scratchcards	<input type="checkbox"/>	04	
National Lottery online instant win games	<input type="checkbox"/>	05	
Other online instant win games	<input type="checkbox"/>	06	
None of these	<input type="checkbox"/>	07	Go to Q14 on Page 7

1117 - 1130

SPARE: 1131 - 1180

Q7

In the **past 4 weeks**, have you spent money on any of the following activities, **including online and in-person**?

Tick one box on each line

	Yes	No	
Tickets for National Lottery draws - Lotto, Euromillions, Thunderball, Hotpicks, Set for Life	<input type="checkbox"/>	<input type="checkbox"/>	1181
Tickets for other charity lotteries, including the Health Lottery, Postcode Lottery and other lotteries	<input type="checkbox"/>	<input type="checkbox"/>	1182
National Lottery scratchcards	<input type="checkbox"/>	<input type="checkbox"/>	1183
Other scratchcards	<input type="checkbox"/>	<input type="checkbox"/>	1184
National Lottery online instant win games	<input type="checkbox"/>	<input type="checkbox"/>	1185
Other online instant win games	<input type="checkbox"/>	<input type="checkbox"/>	1186

IF YOU TICKED **YES** TO ANY OF THE ABOVE, GO TO THE NEXT PAGE

IF YOU TICKED **NO TO ALL** GO TO Q14 ON PAGE 7

IF YOU BOUGHT **LOTTERY TICKETS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
OTHERWISE GO TO Q12a ON THE NEXT PAGE

Q8 During the past 4 weeks, how often have you spent money, including by direct debit, on National Lottery tickets, including Lotto, Euromillions, Thunderball, Hot Picks, Set for Life ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1207
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1208

Q9 How much, approximately, do you think you spent on National Lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1209 - 1214

₂ Did not spend money on National Lottery tickets in past 4 weeks 1215

Q10 During the past 4 weeks, how often have you spent money, including by direct debit, on other lottery tickets, including the Health Lottery, Postcode Lottery and charity lotteries...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
... online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1216
... in-person e.g. at a shop, garage?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1217

Q11a How much, approximately, do you think you spent on other lottery tickets in the past 4 weeks?

Enter amount in whole £s

₁ Not sure 1218 - 1223

₂ Did not spend money on other lottery tickets in past 4 weeks 1224

Q11b Which of the following lottery tickets did you spend money on in the last 4 weeks?
Tick all that apply

Lotto	<input type="checkbox"/> ₀₁	Set for Life	<input type="checkbox"/> ₀₆
Euromillions	<input type="checkbox"/> ₀₂	Health lottery	<input type="checkbox"/> ₀₇
Thunderball	<input type="checkbox"/> ₀₃	Postcode lottery	<input type="checkbox"/> ₀₈
Lotto Hotpicks	<input type="checkbox"/> ₀₄	Other lottery tickets, including for charity	<input type="checkbox"/> ₀₉
Euromillions Hotpicks	<input type="checkbox"/> ₀₅		

1225 - 1242

IF YOU BOUGHT **SCRATCHCARDS** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q13a BELOW

Q12a

During the past 4 weeks, how often have you spent money on **scratchcards** of any type?

.....

About once	<input type="checkbox"/>	1	A few times a week	<input type="checkbox"/>	4
About once a fortnight	<input type="checkbox"/>	2	Everyday	<input type="checkbox"/>	5
About once a week	<input type="checkbox"/>	3			

..... 1246

Q12b

How much, approximately, do you think you spent on **scratchcards** in the past 4 weeks?

Enter amount in whole £s

1 Not sure 1247 - 1252
1253

SPARE: 1254 - 1255

IF YOU SPENT MONEY ON **ONLINE INSTANT WIN GAMES** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, OTHERWISE GO TO Q14 ON THE NEXT PAGE

Q13a

During the past 4 weeks, how often have you spent money on **online instant win games**, including the National Lottery and other instant win games?

.....

About once	<input type="checkbox"/>	1	A few times a week	<input type="checkbox"/>	4
About once a fortnight	<input type="checkbox"/>	2	Everyday	<input type="checkbox"/>	5
About once a week	<input type="checkbox"/>	3			

..... 1256

Q13b

How much, approximately, do you think you have spent on **online instant win games**, including the National Lottery and other instant win games in the past 4 weeks?

Enter amount in whole £s

1 Not sure 1257 - 1262
1263

SPARE: 1264 - 1265

Q14

Have you spent money on any of these activities, **including online and in-person**, in the past 12 months? **Tick all that apply**

Betting on sports and racing **online / via an App**, including virtual sports/races and e-sports

 1

Betting on sports and racing **in-person**, e.g. at a bookmakers, including virtual sports/races and e-sports

 2

Betting on the outcome of events such as TV shows, elections **online / via an App**

 3

Betting on the outcome of events such as TV shows, elections **in-person**, e.g. at a bookmakers

 4

Go to Q15

None of these

 5

Go to Q23 on Page 9

1266 - 1270

Q15

In the **past 4 weeks**, have you spent money on any of these betting activities, **including online and in-person**?

Tick one box on each line
Yes No

Betting on sports and racing **online / via an App**, including virtual sports/races and e-sports

 1

 2

1271

Betting on sports and racing **in-person**, e.g. at a bookmakers, including virtual sports/races and e-sports

 1

 2

1272

Betting on the outcome of events such as TV shows, elections **online / via an App**

 1

 2

1273

Betting on the outcome of events such as TV shows, elections **in-person**, e.g. at a bookmakers

 1

 2

1274

SPARE: 1275 - 1299

IF YOU SPENT MONEY ON **BETTING** ON SPORTS/RACES/OUTCOME OF EVENTS IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS, IF YOU **TICKED NO TO ALL** GO TO Q23 ON PAGE 9

Q16

During the past 4 weeks, how often have you spent money on betting on sports/races - including e-sports and virtual sports/races - and the outcome of events ...

Never

About once

About once a fortnight

About once a week

A few times a week

Everyday

...online / via an App

 1

 2

 3

 4

 5

 6

1300

...in-person e.g. at a bookmakers, at the track or other venue?

 1

 2

 3

 4

 5

 6

1301

Q17

In the last 4 weeks, have you bet in-play when betting on sports/races or the outcome of events? In-play betting means betting on things that happen once the game, match or event has started e.g., who will win, next goal scorer, next point, next person to be eliminated.

₁ Yes → **Go to Q18**

₂ No → **Go to Q20**

1302

Q18

How often have you bet in-play in the last 4 weeks?

If you are unsure, please estimate

₁ About once

₂ About once a fortnight

₃ About once a week

₄ A few times a week

₅ Everyday

1303

Q19

Thinking back over the last 4 weeks, how many in-play bets would you typically make once an individual game, match or event had started?

If you are unsure, enter your best estimate

Enter number

1304 - 1305

SPARE: 1306 - 1309

₁ Not sure

1310

Q20

Did you use a betting exchange in the past 4 weeks?

₁ Yes

₂ No

1311

Q21a

How much, approximately, do you think you have spent betting on sports/races/events **online**, including through an App in the past 4 weeks? Include any money you spent in-play and through a betting exchange

Enter amount in whole £s

1312 - 1317

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks online

1318

Q21b

How much, approximately, do you think you have spent betting on sports/races/events **in-person** at bookmakers or other venue in the past 4 weeks? Include any money you spent in-play and through a betting exchange.

Enter amount to nearest whole £

1319 - 1324

₁ Not sure

₂ Did not bet on sports/races in the past 4 weeks in-person

1325

Q22

Which of the following did you spend money betting on in the last 4 weeks? **Tick all that apply**

Live football

01

E-sports

05

Live tennis

02

Virtual games/races

06

Live horse/dog racing

03

None of these

07

Other live sports

04

1326 - 1339

SPARE: 1340 - 1399

Q23

Have you spent money on any of these activities, **including online and in-person**, in the past 12 months? **Tick all that apply**

Bingo played online / via an App

 1

Bingo played at a venue e.g. a bingo hall, social club

 2

Go to Q24

None of these

 3

Go to Q27 on the next page

1400 - 1402

Q24

In the **past 4 weeks**, have you spent money on any of these bingo activities, **including online and in-person**?

Tick one box on each line
Yes No

Bingo played online / via an App

 1

 2

1403

Bingo played at a venue e.g. a bingo hall, social club

 1

 2

1404

IF YOU SPENT MONEY ON **BINGO** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS
IF YOU TICKED **NO TO ALL** GO TO Q27 ON THE NEXT PAGE

Q25

During the past 4 weeks, how often have you spent money playing bingo...

Never

About once

About once a fortnight

About once a week

A few times a week

Everyday

...online / via an App

 1

 2

 3

 4

 5

 6

1405

...at a venue e.g. a bingo hall, social club?

 1

 2

 3

 4

 5

 6

1406

Q26a

How much, approximately, do you think you have spent playing bingo **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1407 - 1412

1 Not sure

2 Did not play bingo online in past 4 weeks

1413

Q26b

How much, approximately, do you think you have spent playing bingo at a **venue** such as a bingo hall or social club in the past 4 weeks?

Enter amount in whole £s

1414 - 1419

1 Not sure

2 Did not play bingo at a venue in past 4 weeks

1420

Q27

Have you spent money on any of these activities, **including online and in-person**, in the past 12 months? **Tick all that apply**

Casino games played **online / via an App** e.g. Poker, Roulette, Blackjack

 1

Casino games played **at a casino** e.g. Poker, Roulette, Blackjack

 2

Casino games played **on a machine at a bookmakers** e.g. Poker, Roulette, Blackjack

 3

Fruit/slot machines played **in-person**

 4

Fruit/slot games played **online / via an App**.

 5

Go to Q28

None of these

 6

Go to Q34 on Page 12

1421 - 1426

Q28

In the **past 4 weeks**, have you spent money on any of these activities, **including online and in-person**?

Tick one box on each line

Yes

No

Casino games played **online / via an App** e.g. Poker, Roulette, Blackjack

 1

 2

1427

Casino games played **at a casino** e.g. Poker, Roulette, Blackjack

 1

 2

1428

Casino games played **on a machine at a bookmakers** e.g. Poker, Roulette, Blackjack

 1

 2

1429

Fruit/slot machines played **in-person**

 1

 2

1430

Fruit/slot games played **online / via an App**.

 1

 2

1431

IF YOU TICKED **YES** AT Q28 FOR ANY OF THE ABOVE ACTIVITIES, GO TO THE NEXT (ORANGE) BOX
IF YOU TICKED **NO TO ALL** GO TO Q34 ON PAGE 12

IF YOU SPENT MONEY IN THE PAST 4 WEEKS ON **CASINO GAMES, INCLUDING CASINO GAMES PLAYED ON A MACHINE AT A BOOKMAKERS** ANSWER THE FOLLOWING QUESTIONS OTHERWISE GO TO Q31 ON THE NEXT PAGE

SPARE: 1432 - 1439

Q29

During the past 4 weeks, how often have you spent money playing casino games e.g. Poker, Roulette, Blackjack

Never

About once

About once a fortnight

About once a week

A few times a week

Everyday

...online/via an App with a live dealer?

 1

 2

 3

 4

 5

 6

1440

...online/via an App, not with a live dealer?

 1

 2

 3

 4

 5

 6

1441

Q29 cont.

During the past 4 weeks, how often have you spent money playing casino games e.g. Poker, Roulette, Blackjack

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...in person at a casino?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1442
...on a machine in a bookmakers?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1443

Q30a

How much, approximately, do you think you have spent on playing casino games **online / via an App** in the past 4 weeks?

Enter amount in whole £s

1444 - 1449

₁

Not sure

₂

Did not play casino games online in past 4 weeks

1450

Q30b

How much, approximately, do you think you have spent on playing casino games **in person at a casino** in the past 4 weeks?

Enter amount in whole £s

1451 - 1456

₁

Not sure

₂

Did not play casino games in person at a casino in past 4 weeks

1457

Q30c

How much, approximately do you think you have spent on playing casino games **on a machine in a bookmakers** in the past 4 weeks?

Enter amount in whole £s

1458 - 1462

₁

Not sure

₂

Did not play casino games on a machine in a bookmakers in the past 4 weeks

1463

IF YOU SPENT MONEY ON **FRUIT/SLOT MACHINES OR ONLINE FRUIT/SLOT GAMES** IN THE PAST 4 WEEKS ANSWER THE FOLLOWING QUESTIONS OTHERWISE GO TO Q34 ON THE NEXT PAGE

Q31

During the past 4 weeks, how often have you spent money playing fruit/slot games ...

	Never	About once	About once a fortnight	About once a week	A few times a week	Everyday	
...online / via an App	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1464
...on a fruit/ slot machine?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	<input type="checkbox"/> ₆	1465

Q32a

How much, approximately, do you think you have spent playing **online** fruit/slot-based games in the past 4 weeks?

Enter amount in whole £s

1466 - 1472

₁ Not sure

₂ Did not play fruit/slot games online in past 4 weeks

1473

Q32b

How much, approximately, do you think you have spent on playing fruit/slot **machines** in the past 4 weeks?

Enter amount in whole £s

1474 - 1479

₁ Not sure

₂ Did not play fruit/slot games on a machine in past 4 weeks

1480

Q33

In the last 4 weeks, where did you play fruit/ slot machines? **Tick all that apply**

₀₁ Pub/bar

₀₂ Gaming centre/arcade

₀₃ Casino

₀₄ Bingo hall/social club

₀₅ Bookmakers

₀₆ Other, please specify

₀₇ Only played online, including an App

1907 - 1980

1481 - 1494

Q34

Have you spent money on any of the following activities, **including online and in-person**, in the past 12 months? **Tick all that apply**

.....
Football pools

.....
Private betting with e.g. friends, family, colleagues

.....
Another form of gambling in the past 12 months

None of these

₁
₂
₃

Go to Q35

₄

Go to Q36 on the next page

1495 - 1498

Q35

In the **past 4 weeks**, have you spent money on any of the following activities, **including online and in-person**?

.....
Football pools

.....
Private betting with e.g. friends, family, colleagues

.....
Another form of gambling in the past 4 weeks

Tick one box on each line
Yes No

₁

₂

1499

₁

₂

1500

₁

₂

1501

GO TO Q36 ON THE NEXT PAGE

IF YOU SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS ANSWER THE FOLLOWING QUESTIONS
 IF YOU HAVE NOT SPENT MONEY ON ANY OF THE PREVIOUS ACTIVITIES
 IN THE PAST 12 MONTHS PLEASE GO TO Q60 ON PAGE 15.

Tick **ONE** box on each line

In the past 12 months, how often...	Almost always	Most of the time	Sometimes	Never	
Q36 ...have you bet more than you could really afford to lose?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1510
Q37 ...have you needed to gamble with larger amounts of money to get the same feeling of excitement?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1511
Q38 ...have you gone back to try to win back the money you'd lost?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1512
Q39 ...have you borrowed money or sold anything to get money to gamble?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1513
Q40 ...have you felt that you might have a problem with gambling?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1514
Q41 ...have you felt that gambling has caused you any health problems, including stress or anxiety?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1515
Q42 ...have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1516
Q43 ...have you felt your gambling has caused financial problems for you or your household?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1517
Q44 ...have you felt guilty about the way you gamble or what happens when you gamble?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	1518



Q45

Thinking back to your last occasion of gambling, how did you feel about gambling the last time you gambled? **Circle one number between 0 and 10.**

Hated it										Loved it
0	1	2	3	4	5	6	7	8	9	10

1519 - 1520



The next few questions are about the impact that gambling can have on some people. Please answer as honestly as you can. All of the answers you provide will be entirely confidential.

Tick **ONE** box for each question

Thinking about your own gambling, how often in the last 12 months has your own gambling led you to...

Very often Fairly often Occasionally Never

Q46	...reduce or cut back your spending on everyday items such as food, bills and clothing?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1521
Q47	...use savings or borrow money e.g. from family/friends; credit cards; overdrafts/loans; money lenders?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1522
Q48	...experience conflict or arguments with friends, family and/or work colleagues?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1523
Q49	...feel isolated from other people, left out or feel completely alone?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1524
Q50	...lie to family, or others, to hide the extent of your gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1525
Q51	...be absent or perform poorly at work or study?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	1526

In the last 12 months...

Yes No

Q52	...have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1527
Q53	...has your relationship with someone close to you, such as a spouse, partner, family member or friend broken down because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1528
Q54	...have you experienced violence or abuse because of your own gambling?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1529
Q55	...have you committed a crime in order to finance gambling or to pay gambling debts?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1530

Thinking about your own gambling in the last 12 months, have you sought help, support or information online, in-person or by telephone from...

Yes No

Q56	...mental health services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1531
Q57	...food banks or other welfare organisations?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1532
Q58	...relationship counselling and support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1533
Q59	...gambling support services?	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	1534



Q60: Everyone please answer

The next set of questions are about gambling advertisement and marketing. By marketing we mean all the different ways that gambling companies use to communicate or promote themselves to people.

In the last month, have you seen or heard gambling being promoted in the following ways?
Please tick **ONE** box for each activity

	YES	NO	
Adverts on television	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1535
Adverts on radio	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1536
Sponsorship of sports people, teams or events by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1537
Sponsorship of other TV programmes by gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1538
Adverts for gambling on social media such as YouTube, Facebook, Twitter and other social media	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1539
Pop-up adverts online for gambling companies	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1540
Adverts and promotions from gambling apps	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1541
Famous people or influencers promoting gambling companies via social media (YouTube, Facebook, Twitter etc)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	1542

Q61

In the last month, which of the following, if any, have gambling companies sent directly to you?

Please tick all that apply

- 01 Emails about gambling
- 02 Texts about gambling
- 03 Messages on social media (Facebook, Twitter, Instagram etc) about gambling
- 04 Messages and notifications from gambling apps
- 05 Letters by post about gambling
- 06 None of the answer options

1543 - 1554

Tick **ONE** box for each question

The following question lists things that some people have said about gambling. How much do you agree or disagree with each one of the following statements?

Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Q62	People should have the right to gamble whenever they want	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1555
Q63	There are too many opportunities for gambling nowadays	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1556
Q64	Gambling should be discouraged	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1557
Q65	Most people who gamble do so sensibly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1558
Q66	Gambling is dangerous for family life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1559
Q67	On balance, gambling is good for society	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1560
Q68	Gambling livens up life	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1561
Q69	It would be better if gambling were banned altogether	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1562

Q70

In the past four weeks, which of the following, if any, have you spent money on? **Please tick all that apply**

Buying and selling stocks, shares and bonds through a stockbroker	<input type="checkbox"/> ₀₁	Investing in the Metaverse	<input type="checkbox"/> ₀₇
Buying and selling stocks, shares and bonds through an investment company (e.g. Vanguard, JP Morgan or Hargreaves Lansdown)	<input type="checkbox"/> ₀₂	Spread betting	<input type="checkbox"/> ₀₈
Buying and selling stocks and shares yourself with a mobile/App service (e.g. eToro, Robinhood or Pepperstone)	<input type="checkbox"/> ₀₃	Binary options (betting on whether an event will happen or not)	<input type="checkbox"/> ₀₉
Buying and selling cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₄	Futures trading (metals and currency)	<input type="checkbox"/> ₁₀
Gambling with cryptocurrencies (e.g. Bitcoin, Dogecoin, Ethereum)	<input type="checkbox"/> ₀₅	None of these	<input type="checkbox"/> ₁₁
Buying or selling non-fungible tokens (NFTs)	<input type="checkbox"/> ₀₆		

1563 - 1584

Q71

Does anyone you are close to gamble, even if only occasionally? By gambling we mean spending money on activities such as lotteries, betting, casino etc

Tick all that apply

- ₁ No → Go to Q90
- ₂ Yes, a partner/spouse → Go to Q72
- ₃ Yes, another family member (that is not your partner/spouse) → Go to Q72
- ₄ Yes, a friend → Go to Q72
- ₅ Yes, someone else → Go to Q72

1585 -1589

Q72

And do you live with this person/any of these people?

- ₁ Yes
- ₂ No

1590



The next few questions are about the impact that someone else's gambling may have had on you, whether you live with them or not. Please answer as honestly as you can.

Tick **ONE** box for each question

Thinking about someone else's gambling, in the last 12 months...

Almost always Most of the time Sometimes Never

- | | | | | | | |
|------------|----------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|------|
| Q73 | ...have you borrowed money or sold anything to get money because of someone else's gambling? | <input type="checkbox"/> ₁ | <input type="checkbox"/> ₂ | <input type="checkbox"/> ₃ | <input type="checkbox"/> ₄ | 1591 |
| Q74 | ...have you felt that someone else's gambling has caused you any health problems, including stress or anxiety? | <input type="checkbox"/> ₁ | <input type="checkbox"/> ₂ | <input type="checkbox"/> ₃ | <input type="checkbox"/> ₄ | 1592 |
| Q75 | ...have you felt that someone else's gambling has made you feel embarrassment, guilt or shame? | <input type="checkbox"/> ₁ | <input type="checkbox"/> ₂ | <input type="checkbox"/> ₃ | <input type="checkbox"/> ₄ | 1593 |

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often Fairly often Occasionally Never

- | | | | | | | |
|------------|-------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|------|
| Q76 | ...use your savings or increase your use of credit, such as credit cards, overdrafts and loans? | <input type="checkbox"/> ₁ | <input type="checkbox"/> ₂ | <input type="checkbox"/> ₃ | <input type="checkbox"/> ₄ | 1594 |
|------------|-------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|------|

Tick **ONE** box for each question

In the last 12 months, how often has someone else's gambling led you to...

Very often Fairly often Occasionally Never

- Q77** ...reduce or cut back your spending on everyday items such as food, bills and clothing? ₁ ₂ ₃ ₄ 1595
- Q78** ...experience conflict or arguments with friends, family and/or work colleagues? ₁ ₂ ₃ ₄ 1596
- Q79** ...feel isolated from other people, left out or feel completely alone? ₁ ₂ ₃ ₄ 1597
- Q80** ...be absent or perform poorly at work or study? ₁ ₂ ₃ ₄ 1598
- Q81** ...lie to family, or others, to hide the extent of someone else's gambling? ₁ ₂ ₃ ₄ 1599

Tick **ONE** box for each question

Yes No

- Q82** In the last 12 months, has your relationship with someone close to you such as a spouse, partner, family member or friend broken down because of someone else's gambling? ₁ ₂ 1600
- Q83** In the last 12 months, have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of someone else's gambling? ₁ ₂ 1601
- Q84** In the last 12 months, have you experienced violence or abuse because of someone else's gambling? ₁ ₂ 1602
- Q85** In the last 12 months, have you committed a crime in order to finance someone else's gambling or to pay their gambling debts? ₁ ₂ 1603

Tick **ONE** box for each question

In the last 12 months, has someone else's gambling led you to seek help, support or information online, in-person or by telephone from...

Yes No

- Q86** ...mental health services? ₁ ₂ 1604
- Q87** ...food banks or other welfare organisations? ₁ ₂ 1605
- Q88** ...relationship counselling and support services? ₁ ₂ 1606
- Q89** ...gambling support services? ₁ ₂ 1607

Q90: Everyone please answer

How is your health in general?
Would you say it was...

- ₁ Very good
- ₂ Good
- ₃ Fair
- ₄ Bad
- ₅ Very bad

1608

Q91

Do you smoke cigarettes at all nowadays?

- ₁ Yes → Go to Q92
- ₂ No → Go to Q93

1609

Q92

On average, about how many cigarettes a day do you usually smoke?

- Write in number smoked a day

1610 - 1611

Q93

How often did you have a drink containing alcohol in the past year?

- ₁ Never → Go to Q96
- ₂ Monthly or less → Go to Q94
- ₃ Two to four times a month → Go to Q94
- ₄ Two to three times a week → Go to Q94
- ₅ Four or more times a week → Go to Q94

1612

Q94

How many drinks did you have on a typical day when you were drinking in the past year?

- ₁ None, I do not drink
- ₂ 1 or 2
- ₃ 3 or 4
- ₄ 5 or 6
- ₅ 7 to 9
- ₆ 10 or more

1613

Q95

How often did you have six or more drinks on one occasion in the past year?

- ₁ Never
- ₂ Less than monthly
- ₃ Monthly
- ₄ Weekly
- ₅ Daily or almost daily

1614

Everyone please answer:

Tick **ONE** box for each question

Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last 2 weeks

None of the time Rarely Some of the time Often All of the time

Q96	I've been feeling optimistic about the future	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1615
Q97	I've been feeling useful	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1616
Q98	I've been feeling relaxed	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1617
Q99	I've been dealing with problems well	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1618
Q100	I've been thinking clearly	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1619
Q101	I've been feeling close to other people	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1620
Q102	I've been able to make up my own mind about things	<input type="checkbox"/> ₁	<input type="checkbox"/> ₂	<input type="checkbox"/> ₃	<input type="checkbox"/> ₄	<input type="checkbox"/> ₅	1621

Q103

In the past 12 months have you ever thought about taking your life, even though you would not actually do it?

₁ Yes

₂ No

1622

Q104

In the past 12 months, have you made an attempt to take your life, by taking an overdose of tablets or in some other way?

₁ Yes

₂ No

1623

Q105

To what extent, if at all, was this related to your or someone else's gambling?

₁ Not at all

₂ A little

₃ A lot

1624

If Yes to either Q103 or Q104

➔ Go to Q105

If No to both ➔ Go to Q106

Everyone please answer:

Q106

What is your sex?

A question about gender identity will follow

₁ Male

₂ Female

1640

Q107

Is the gender you identify with the same as your sex registered at birth?

This question is voluntary

₁ Yes

₂ No, write in gender identity in the box below

1641

1642 - 1691

Q108

What is your date of birth?

If you are not willing or able to provide the day or month of your birth, please enter '01' for the day or '06' for the month.

Day

1692 - 1693

Month

1694 - 1695

Year

1696 - 1699

Q109

What was your age last birthday?

Write in years

1700 - 1702

Q110

What is your ethnic group?

₀₁ White

₀₂ Mixed / Multiple ethnic groups

₀₃ White – Gypsy or Irish Traveller

₀₄ Asian / Asian British

₀₅ Black / African / Caribbean / Black British

₀₆ Chinese

₀₇ Arab

₀₈ Other ethnic group - (please write in the box below)

1703 - 1704

1705 - 1774

Q111

Including you, how many **adults aged 18 or over** are currently living in your household?

By 'your household' we mean the group of people (not necessarily related) living at your address who share cooking facilities with you and also share a living room or sitting room or dining area.

Number of adults aged 18 and over

1775 - 1776

Q112

And how many **children aged under 18** currently live in your household? If 'none', write in '00.'

Number of children aged under 18

1777 - 1778

Q113

What is your legal marital or registered civil partnership status?

Never married and never registered in a civil partnership	<input type="checkbox"/>	01	Divorced	<input type="checkbox"/>	06
Married	<input type="checkbox"/>	02	Formerly in a civil partnership which is now legally dissolved	<input type="checkbox"/>	07
In a registered civil partnership	<input type="checkbox"/>	03	Widowed	<input type="checkbox"/>	08
Separated, but still legally married	<input type="checkbox"/>	04	Surviving partner from a registered civil partnership	<input type="checkbox"/>	09
Separated, but still legally in a civil partnership	<input type="checkbox"/>	05			

1779 - 1780

Q114

Thinking of the income of your household as a whole, which of the groups on this list represents the total income of the whole household before deductions for income tax, National Insurance, etc.?

Include income from benefits and savings. Tick **ONE** box only.

MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	<input type="checkbox"/>	MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	<input type="checkbox"/>
£0 to £949	£0 to £11,399	<input type="checkbox"/>	£2,800 to £3,349	£33,600 to £40,199	<input type="checkbox"/>
£950 to £1,349	£11,400 to £16,199	<input type="checkbox"/>	£3,350 to £3,999	£40,200 to £47,999	<input type="checkbox"/>
£1,350 to £1,799	£16,200 to £21,599	<input type="checkbox"/>	£4,000 to £4,999	£48,000 to £59,999	<input type="checkbox"/>
£1,800 to £2,249	£21,600 to £26,999	<input type="checkbox"/>	£5,000 to £6,599	£60,000 to £79,199	<input type="checkbox"/>
£2,250 to £2,799	£27,000 to £33,599	<input type="checkbox"/>	£6,600 or more	£79,200 or more	<input type="checkbox"/>

1781 - 1782

Q115

In which of these ways is your accommodation occupied? Tick **ONE** box only.

Own it outright	<input type="checkbox"/>	01	Rent it from another type of landlord	<input type="checkbox"/>	05
Buying it with the help of a mortgage/loan	<input type="checkbox"/>	02	Live here rent-free	<input type="checkbox"/>	06
Part own and part rent (shared ownership)	<input type="checkbox"/>	03	Squatting	<input type="checkbox"/>	07
Rent it from a housing association or local council	<input type="checkbox"/>	04			

1783 - 1784

Q116

Do you have any of the educational or school qualifications listed?

Tick the **first** box that applies

⁰¹ Higher degree or postgraduate qualifications (e.g. M.A., MSc., M.Ed, Ph.D. etc)

⁰² First degree level qualification
Degree, or degree level equivalent (e.g. BA; BSc,) including foundation degrees such as PGCE

⁰³ Diploma in higher education; HNC; HND; Nursing or Teaching qualification (excluding PGCE)

⁰⁴ A level; AS level; NVQ level 3 GNVQ Advanced; or equivalent

⁰⁵ GCSE grade A* - C / 4 - 9; O level; CSE grade 1; NVQ level 2; GNVQ intermediate; or equivalent

⁰⁶ GCSE grade D - G / 1 - 3; CSE below grade 1; NVQ level 1; GNVQ Foundation level; or equivalent

⁰⁷ None of the listed options 1785 - 1786

Q117

Which of these descriptions applies to what you were doing last week?

Tick the **first** box that applies

⁰¹ Going to school or college full-time (including on vacation)

⁰² In paid employment or self-employed (or temporarily away)

⁰³ On a Government scheme for employment training

⁰⁴ Doing unpaid work for a business that you own, or that a relative owns

⁰⁵ Waiting to take up paid work already obtained

⁰⁶ Looking for paid work or a Government training scheme

⁰⁷ Intending to look for work but prevented by temporary sickness or injury

⁰⁸ Permanently unable to work because of long term sickness or disability

⁰⁹ Retired from paid work

¹⁰ Looking after home or family

¹¹ Doing something else – 1787 - 1788
please write in the box below

1789 - 1888

Q118

As a result of the current cost of living crisis, in the past 4 weeks, have you cut back on any of the following items? **Please tick all that apply**

Supermarket shopping

⁰¹

Gambling activities including Lottery tickets

⁰⁶

Non-essential spending with other retailers
i.e. clothes, shoes, etc.

⁰²

Charitable donations

⁰⁷

Leisure activities i.e. hobbies,
gym membership, cinema, etc

⁰³

Home improvements / DIY

⁰⁸

Going to restaurants and bars

⁰⁴

I have not cut back on any of the above items

⁰⁹

Home entertainment and subscriptions
i.e. Netflix, Sky, etc.

⁰⁵

1889 - 1906

Q119

Sometimes we ask people who've taken part in this study to take part in other studies too. These studies may be carried out by NatCen Social Research or the Gambling Commission. You will only be contacted again for research purposes and only where there is a genuine reason for contacting you. You may never be contacted again, but if you are, you will still be free to decide whether you want to take part or not.

Are you willing to be contacted again for future research purposes?

₁ Yes → Go to Q120

₂ No → Go to Q124

2025

Q120

Do you have an email address we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q121

₂ No → Go to Q122

2026

Q121

Please write your email address in the box below.

2027 - 2126

Q122

Do you have a telephone number we can contact you on? This would only be used for research purposes.

₁ Yes → Go to Q123

₂ No → Go to Q124

2127

Q123

Please enter this below as numbers with no spaces. Phone numbers should contain only numbers, start with 0.

2128 - 2138

Q124

We would like to send you a £10 shopping voucher to say thank you for your time and for helping us with this survey.

Please note that your voucher should arrive within 1 calendar month of today's date.

Can you confirm you would like to receive your voucher?

₁ I would like to receive a voucher

₂ I do not want to receive a voucher

2139

Q125

Please write in your full name in block capitals. This would only be used for the purpose of sending you your voucher, and if you gave your permission, to be contacted about future research.

Title

2140 - 2159

First name

2160 - 2209

Surname

2210 - 2260

Q96-102 taken from

Short Warwick-Edinburgh Mental Well-Being Scale (SWEMWBS)
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SPARE: 2261 - 2999