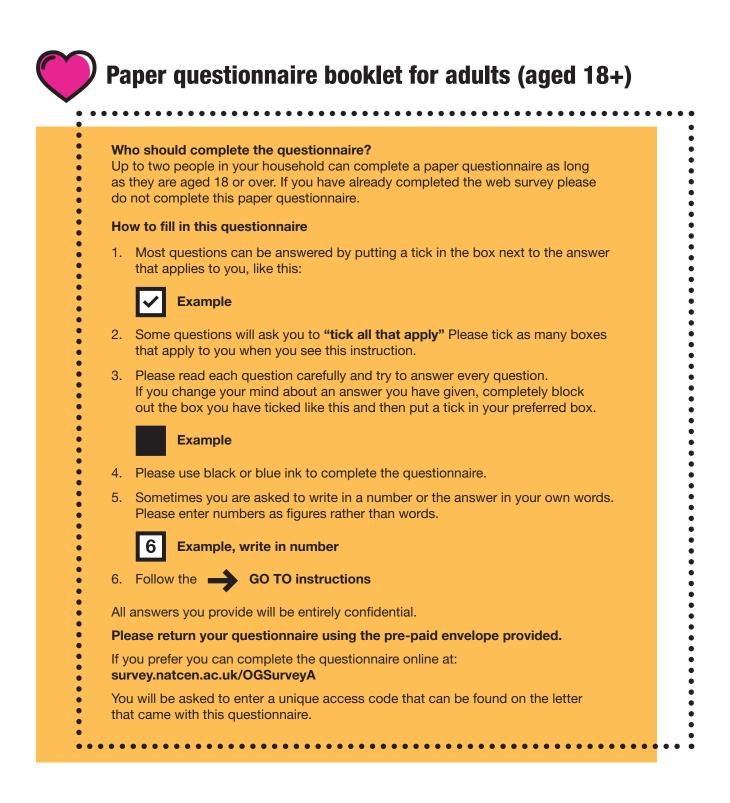
Appendix B- Step 1 paper questionnaires

NatCen Social Research

Version 1 (Scale)



Where can I get more information?

Website: natcen.ac.uk/OGSurvey Email: OGSurvey@natcen.ac.uk Telephone: 0800 652 4570 SN: 1001 - 1009 CKL: 1010 BATCH: 1011 - 1015 CARD: 1016 - 1017 SPARE: 1018 - 1049



In a typical month, which of the following activities, if any, do you usually do? Please tick **ONE box** for each activity

	YES NO
Spend time with friends/family	
Read for pleasure	
Listen to music	
Watch TV	
Eat out at restaurants	
Go to pubs/bars/clubs	
Do DIY or gardening	
Go shopping (to the high street or shopping centre)	
Do sports/exercise	
Do arts or crafts	
Play a musical instrument or make music	
Go to the cinema, theatre or music concerts	
Visit museums or galleries	
Attend religious service/place of worship	



Q2 In the last four weeks have you used the internet for any of the following? Tick all that apply

Communicatio	on e.g. email, instant messaging, video or telephone calls
Using social m	
	or films, listening to the radio, using streaming services nort video clips
Online shoppir	ng, or online banking
Finding out inf	formation, including news, weather
Travel or navig	jation
Playing puzzle	e games online e.g Suduko, Wordle
Playing other o	games online
Something els	e
Have not used	I the internet in the last four weeks

Have you spent any money on any of the following activities in the last 12 months? Please tick ONE box for each activity	Yes	Νο
Tickets for the National Lottery Draw, including Thunderball and Euromillions and tickets bought online		2 1100
Scratchcards (but not online or newspaper or magazine scratchcards)		2 1101
Tickets for any other lottery, including charity lotteries		2 1102
The football pools		2 1103
Bingo cards or tickets, including playing at a bingo hall (not online)		
Fruit or slot machines		2 1104
Virtual gaming machines in a bookmakers to bet on virtual roulette,		2 1105
poker, blackjack or other games		2 1106
Table games (roulette, cards or dice) in a casino		2 1107
Playing poker in a pub tournament/league or at a club		2 1108
Online gambling like playing poker, bingo, instant win/scratchcard games, slot machine style games or casino games for money		2 1109
Online betting with a bookmaker on any event or sport		2 1110
Betting exchange: This is where you lay or back bets against other people using a betting exchange. There is no bookmaker to determine the odds. This is sometimes called 'peer to peer' betting.	Π,	2 1111
Betting on horse races in a bookmaker's, by phone or at the track		2 1112
Betting on dog races in a bookmaker's, by phone or at the track		2 1113
Betting on sports events in a bookmaker's, by phone or at the venue		
Betting on other events in a bookmaker's, by phone or at the venue		2 1115
Spread-betting: In spread-betting you bet that the outcome of an event will be higher or lower than the bookmaker's prediction. The amount you win or lose depends on how right or wrong you are.	Π,	2 1116
Private betting, playing cards or games for money with friends, family or colleagues		2 1117
Another form of gambling in the last 12 months		2 1118
IF YOU TICKED 'YES' FOR ANY OF THE ACTIVITIES AT Q3 PLEASE GO	TO Q4	

04

Thinking about all the activities covered in the previous question, would you say you spend money on these activities...



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We would like you to think about any accounts that you have with gambling companies, including betting, bingo and lottery sites including the National Lottery.

How many gambling, betting, bingo and lottery companies are you currently registered with online?

Enter the number of accounts, or 0 if you are not registered with any.



1120 - 1121

If you have an account with a gambling company please Go to Q6

If you do not have any accounts with gambling companies Go to Q7 on the next page

06

How many of these accounts do you spend money with at least monthly?



In the p	oast 12 months, how often…	Almost always	Most of the time	Sometimes	Never	
Q7	have you bet more than you could really afford to lose?					1125
Q8	have you needed to gamble with larger amounts of money to get the same feeling of excitement?					1126
Q9	have you gone back to try to win back the money you'd lost?		_ 2			1127
Q10	have you borrowed money or sold anything to get money to gamble?	Π,				1128
Q11	have you felt that you might have a problem with gambling?				4	1129
Q12	have you felt that gambling has caused you any health problems, including stress or anxiety?	Π,		_ 3		1130
Q13	have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?		2	D ₃	4	1131
Q14	have you felt your gambling has caused financial problems for you or your household?					1132
Q15	have you felt guilty about the way you gamble or what happens when you gamble?					1133

Tick ONE box on each line

Q16

In the last 12 months have you bet in-play when betting on sports? In-play betting means betting on things that happen within sports matches once the match has started (e.g., who will win, next goal scorer, next corner, next point)



1134

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The following question lists reasons that some people have given about why they take part in the gambling activities listed earlier in the questionnaire. For each one, please state how often these are reasons why you take part in some of these activities.

l take j	part in these activities	Always	Often	Sometimes	Never	
Q17	for the chance of winning big money		2			1151
Q18	because it's fun		_ 2			1152
Q19	as a hobby or a pastime		2			1153
Q20	to escape boredom or to fill my time		2	_ 3		1154
Q21	because I'm worried about not winning if I don't play			_ 3	4	1155
Q22	to compete with others (e.g. bookmaker, other gamblers)		2			1156
Q23	because it's exciting		2			1157
Q24	for the mental challenge or to learn about the game or activity					1158
Q25	because of the sense of achievement when I win					1159
Q26	to impress other people			_ 3		1160
Q27	to be sociable		2			1161
Q28	because it helps when I'm feeling tense		2			1162
Q29	to make money		2			1163
Q30	to relax					1164
Q31	because it's something that I do with my friends or family		2			1165

Tick **ONE box** for each question



Q32

Thinking back over the past 12 months, how would you rate how much you have enjoyed gambling? **Circle one number between 0 and 10**.

Hate it										Love it	
0	1	2	3	4	5	6	7	8	9	10	1166 - 1167



The next few questions are about the impact that gambling can have on some people. Please answer as honestly as you can. All of the answers you provide will be entirely confidential.

		1	ick ONE box fo	r each question		
how of	ng about your own gambling, iten in the last 12 months has your ambling led you to	Very often	Fairly often	Occasionally	Never	
Q33	reduce or cut back your spending on everyday items such as food, bills and clothing?	Π,		D 3	 4	1168
Q34	use savings or borrow money e.g. from family/friends; credit cards; overdrafts/loans; money lenders?	Π,				1169
Q35	experience conflict or arguments with friends, family and/or work colleagues?	Π,		□,		1170
Q36	feel isolated from other people, left out or feel completely alone?		2	_ 3		1171
Q37	lie to family, or others, to hide the extent of your gambling?					1172
Q38	be absent or perform poorly at work or study?		2			1173
In the I	ast 12 months…			s⊧ Yes	PARE: 1174 - 1179 No	9
Q39	have you lost something of significant fin business, car or been declared bankrupt be		•			2 1180
Q40	has your relationship with someone close spouse, partner, family member or friend br your own gambling?	•			I, 🗖 2	2 1181
Q41	have you experienced violence or abuse	because of yo	our own gambling	g?		2 1182
Q42	have you committed a crime in order to f or to pay gambling debts?	inance gambli	ng			2 1183
	ast 12 months, has your own gambling led rt or information online, in-person or by te	-		Yes	No	
Q43	mental health services?					2 1184
Q44	food banks or other welfare organisations	s?				2 1185
Q45	relationship counselling and support serv	vices?				2 1186
Q46	gambling support services?		•••••		I, 🗋 2	2 1187

Q47: Everyone please answer

The next set of questions are about gambling advertisement and marketing. By marketing we mean all the different ways that gambling companies use to communicate or promote themselves to people. In the last month, have you seen or heard gambling being promoted in the following ways? Please tick **ONE box** for each activity

	YES	NO
Adverts on television		2 1188
Adverts on radio		2 1189
Sponsorship of sports people, teams or events by gambling companies		2 1190
Sponsorship of other TV programmes by gambling companies		2 1191
Adverts for gambling on social media such as YouTube, Facebook, Twitter and other social media		2 1192
Pop-up adverts online for gambling companies		2 1193
Adverts and promotions from gambling apps		2 1194
Famous people or influencers promoting gambling companies via social media (YouTube, Facebook, Twitter etc)		2 1195

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Q48

In the last month, which of the following, if any, have gambling companies sent directly to you?

Please tick all that apply



Emails about gambling

Texts about gambling

Messages on social media media (Facebook, Twitter, Instagram etc) about gambling



Messages or notifications from gambling apps

Letters by post about gambling

None of the answer options

Q49

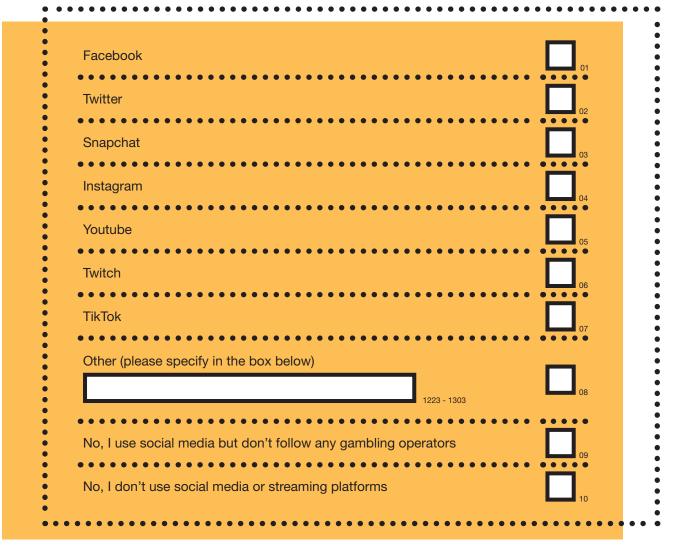
In the last month, how often, if at all, has a gambling advert, promotion or sponsorship prompted you to spend money on gambling when you were not otherwise planning to?



1202



Do you follow or interact with any gambling companies on any of the following social media or streaming platforms? Again, when we refer to gambling companies, we would like you to think about all gambling companies, including betting, bingo and lottery websites. **Please tick all that apply.**



Tick **ONE box** for each question

some p How m	llowing question lists things that people have said about gambling. nuch do you agree or disagree with ne of the following statements?	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	
Q51	People should have the right to gamble whenever they want						1351
Q52	There are too many opportunities for gambling nowadays						1352
Q53	Gambling should be discouraged		2				1353
Q54	Most people who gamble do so sensibly	Π,	2				1354
Q55	Gambling is dangerous for family life		2				1355
Q56	On balance, gambling is good for society		2				1356
Q57	Gambling livens up life						1357
Q58	It would be better if gambling were banned altogether	Π,	2				1358
Q59	How far do you agree or disagree that in this country, gambling is conducted fairly and can be trusted?						1359
Q60	How far do you agree or disagree that gambling in this country is associated with criminal activity?						1360
							-

Q61a

The Gambling Commission exists to safeguard players and the wider public by ensuring gambling is fair and safe.

Were you aware that the gambling industry in Great Britain is regulated?



1361

Q61b

And were you aware that the gambling industry is regulated by the Gambling Commission?

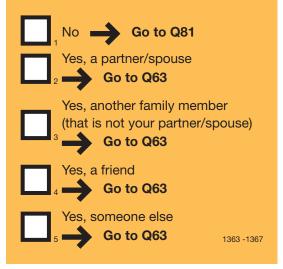


1362

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Does anyone you are close to gamble, even if only occasionally? By gambling we mean spending money on activities such as lotteries, betting, casino etc

Tick all that apply



Q63

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And do you live with this person/any of these people?



1368



The next few questions are about the impact that someone else's gambling may have had on you, whether you live with them or not. Please answer as honestly as you can.

	ng about someone else's gambling, last 12 months	Almost always	Most of the time	Sometimes	Never
Q64	have you borrowed money or sold anything to get money because of someone else's gambling?	Π,	_ 2	_ 3	4 1369
Q65	have you felt that someone else's gambling has caused you any health problems, including stress or anxiety?	Π,		D 3	4 1370
Q66	have you felt that someone else's gambling has made you feel embarrassment, guilt or shame?	Π,		□,	4 1371
		T	ick ONE box fo	r each question	
	last 12 months, how often has one else's gambling led you to…	Very often	Fairly often	Occasionally	Never
Q67	use your savings or increase your use of credit, such as credit cards, overdrafts or loans?	Π,		_ 3	4 1372

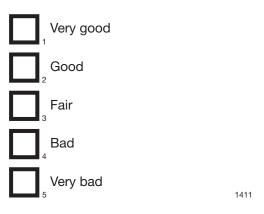
Tick **ONE box** for each question

Tick **ONE box** for each question

	last 12 months, how often has someone gambling led you to…	Very often	Fairly often	Occasionally	Never	
Q68	reduce or cut back your spending on everyday items such as food, bills and clothing?	Π,	2	_ 3		1373
Q69	experience conflict or arguments with friends, family and/or work colleagues?	Π,	_ 2			1374
Q70	feel isolated from other people, left out or feel completely alone?		2			1375
Q71	be absent or perform poorly at work or study?		2	D ₃		1376
Q72	lie to family, or others, to hide the extent of someone else's gambling?		2			1377
			Tick	SF ONE box for eac	PARE: 1378 - 1383	
				Yes	No	
Q73	In the last 12 months, has your relationship you such as a spouse, partner, family mem because of someone else's gambling?			Π,		1384
Q74	In the last 12 months, have you lost somet value such as your home, business, car or because of someone else's gambling?			Π,	2	1385
Q75	In the last 12 months, have you experience because of someone else's gambling?	ed violence or a	abuse		2	1386
Q76	In the last 12 months, have you committed to finance someone else's gambling or to p			Π,	2	1387
			Tick	ONE box for eac	h question	
	last 12 months, has someone else's gamb elp, support or information online, in-pers			Yes	No	
Q77	mental health services?					1388
Q78	food banks or other welfare organisation	s?			2	1389
Q79	relationship counselling and support serv	vices?	••••			1390
Q80	gambling support services?		••••			1391
••••	• • • • • • • • • • • • • • • • • • • •		•••••	• • • • • • • • • •		

Q81: Everyone please answer

How is your health in general? Would you say it was...



Q82

Do you smoke cigarettes at all nowadays?



Q83

On average, about how many cigarettes a day do you usually smoke?

Write in number smoked a day 1413 - 1414

Q84

How often did you have a drink containing alcohol in the past year?



Q85

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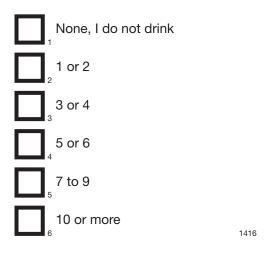
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How many drinks did you have on a typical day when you were drinking in the past year?



Q86

How often did you have six or more drinks on one occasion in the past year?



Everyone please answer:

Tick **ONE box** for each question

	e read the following statements and te how true each one is for you	Very true	Some -what true	Neither true nor untrue	Some -what untrue	Very untrue	
Q87	I often do things without stopping to think		2				1418
Q88	I am an impulsive person		2				1419
Q89	I often talk quickly before thinking things out		2		1 4		1420
Q90	I often get involved in things I wish I could later get out of		2				1421
Q91	I need to use a lot of self-control to keep out of trouble		2			5	1422
Q92	I often get in trouble because I do things without thinking		2				1423
Q93	I get carried away by new and exciting ideas		2				1424
and the best de	are some statements about feelings oughts. Please tick the box that escribes your experience of each over t 2 weeks	None of the time	Tick ONE Rarely	box for each Some of the time	n question Often	All of the time	
and the best de	oughts. Please tick the box that escribes your experience of each over			Some of		All of	1425
and the best de the las	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about			Some of		All of	1425
and the best do the las Q94	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future			Some of		All of	
and the best de the las Q94 Q95	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful			Some of		All of	1426
and the best do the las Q94 Q95 Q95 Q96	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful I've been feeling relaxed			Some of		All of	1426
and the best de the las Q94 Q95 Q95 Q96 Q97	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful I've been feeling relaxed I've been dealing with problems well			Some of		All of	1426 1427 1428

In the past 12 months have you ever thought about taking your life, even though you would not actually do it?

1	Yes
2	No

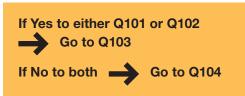
1432

Q102

In the past 12 months, have you made an attempt to take your life, by taking an overdose of tablets or in some other way?



1433



Q103

To what extent, if at all, was this related to your or someone else's gambling?



1434

Everyone please answer:

Q104

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What is your sex? A question about gender identity will follow



1435

Q105

Is the gender you identify with the same as your sex registered at birth?

This question is voluntary

Yes No, write in gender identity

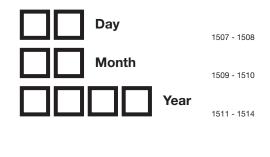
₂ in the box below

1436

1437 - 1506

Q106

What is your date of birth? If you are not willing or able to provide the day or month of your birth, please enter '01' for the day or '06' for the month.

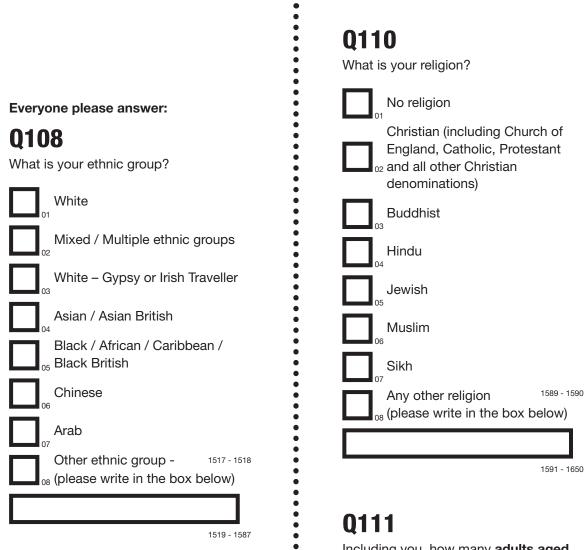


Q107

What was your age last birthday?



Write in years



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0109

Which of the following options best describes how you think of yourself?



Heterosexual or Straight

Gay or Lesbian

Bisexual

Other

Prefer not to say

1588

Including you, how many adults aged 18 or over are currently living in your household?

By 'your household' we mean the group of people (not necessarily related) living at your address who share cooking facilities with you and also share a living room or sitting room or dining area.



Number of adults aged 18 and over 1651 - 1652

0112

And how many children aged under 18 currently live in your household? If 'none', write in '00.'

Number of children aged under 18 1653 - 1654

What is your legal marital or registered civil partnership status?

Never married and never registered in a civil partnership	Divorced
Married	Formerly in a civil partnership which is now legally dissolved
In a registered civil partnership	Widowed
Separated, but still legally married	Surviving partner from a registered civil partnership
Separated, but still legally in a civil partnership	1655 - 1656

Q114

Thinking of the income of your household as a whole, which of the groups on this list represents the total income of the whole household before deductions for income tax, National Insurance, etc.? Include income from benefits and savings. Tick **ONE box** only.

MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	MONTHLY income BEFORE tax	ANNUAL income BEFORE tax
£0 to £949	£0 to £11,399	£2,800 to £3,349	£33,600 to £40,199
£950 to £1,349	£11,400 to £16,199	£3,350 to £3,999	£40,200 to £47,999
£1,350 to £1,799	£16,200 to £21,599	£4,000 to £4,999	£48,000 to £59,999
£1,800 to £2,249	£21,600 to £26,999	£5,000 to £6,599	£60,000 to £79,199
£2,250 to £2,799	£27,000 to £33,599	£6,600 or more	£79,200 or more
			1657 - 1658

Q115

In which of these ways is your accommodation occupied? Tick ONE box only.

Own it outright	Rent it from another type of landlord \Box_{05}
Buying it with the help of a mortgage/loan	Live here rent-free
Part own and part rent (shared ownership)	³³ Squatting
Rent it from a housing association or local council	J4 1659 - 1660

Do you have any of the educational or school qualifications listed?

Tick the first box that applies



Higher degree or postgraduate qualifications (e.g. M.A., MSc., M.Ed, Ph.D. etc)

First degree level qualification



Degree, or degree level equivalent (e.g. BA; BSc,) ⁰² including foundation degrees such as PGCE Diploma in higher education; HNC; HND; Nursing or ⁰³ Teaching qualification (excluding PGCE) A level; AS level; NVQ level 3 GNVQ Advanced;

04

or equivalent

GCSE grade A* - C / 4 - 9; O level; CSE grade 1; os NVQ level 2; GNVQ intermediate;or equivalent GCSE grade D – G / 1 - 3;



CSE below grade 1; NVQ level 1; GNVQ Foundation level; or equivalent

None of the listed options

Q117

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Which of these descriptions applies to what you were doing last week?

Tick the first box that applies
Going to school or college ₀₁ full-time (including on vacation)
In paid employment or self-employed (or temporarily away)
On a Government scheme
Doing unpaid work for a business that you own, or that a relative owns
Waiting to take up paid
Looking for paid work or a 6 Government training scheme
Intending to look for work but prevented by temporary ⁰⁷ sickness or injury
Permanently unable to work because of long term sickness or disability
Retired from paid work
Looking after home or family
Doing something else – ^{1663 - 1664} ₁₁ please write in the box below

1665 - 1764

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0118

Sometimes we ask people who've taken part in this study to take part in other studies too. These studies may be carried out by NatCen Social Research or the Gambling Commission. You will only be contacted again for research purposes and only where there is a genuine reason for contacting you. You may never be contacted again, but if you are, you will still be free to decide whether you want to take part or not.

Are you willing to be contacted again for future research purposes?



0119

Do you have an email address we can contact you on? This would only be used for research purposes.



0120

Please write your email address in the box below.

1767 - 1846
Q121
Do you have a telephone number we can contact you on? This would only be used for research purposes.
Yes Go to Q122
2 No Go to Q123 1847

0122

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• • Please enter this below as numbers with no spaces. Phone numbers should contain only numbers, start with 0.

1848 - 1858

0123

We would like to send you a £10 shopping voucher to say thank you for your time and for helping us with this survey.

Please note that your voucher should arrive within 1 calendar month of today's date.

Can you confirm you would like to receive your voucher?



I would like to receive a voucher

² a voucher

I do not want to receive

1859

0124

Please write in your full name in block capitals. This would only be used for the purpose of sending you your voucher, and if you gave your permission, to be contacted about future research.

Title



First name

1870-1919

Surname

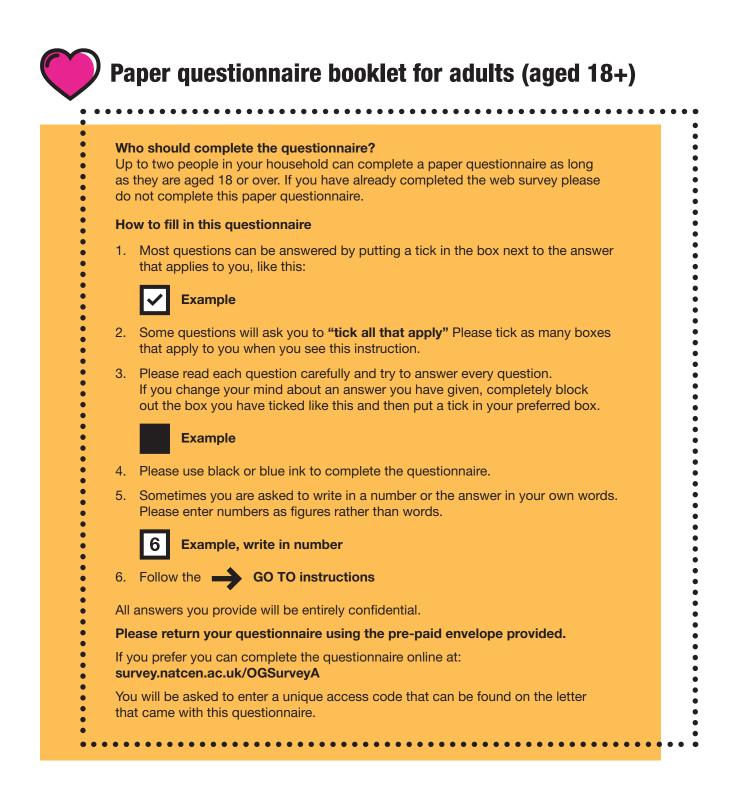
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Q94-100 taken from

Short Warwick-Edinburgh Mental Well-Being Scale (SWEMWBS) © NHS Health Scotland, University of Warwick and University of Edinburgh, 2008, all rights reserved.

NatCen Social Research

Version 2 (Binary)



Where can I get more information?

Website: natcen.ac.uk/OGSurvey Email: OGSurvey@natcen.ac.uk Telephone: 0800 652 4570 SN: 1001 - 1009 CKL: 1010 BATCH: 1011 - 1015 CARD: 1016 - 1017 SPARE: 1018 - 1049



In a typical month, which of the following activities, if any, do you usually do? Please tick **ONE box** for each activity

	YES NO
Spend time with friends/family	
Read for pleasure	
Listen to music	
Watch TV	
Eat out at restaurants	
Go to pubs/bars/clubs	
Do DIY or gardening	
Go shopping (to the high street or shopping centre)	
Do sports/exercise	
Do arts or crafts	
Play a musical instrument or make music	
Go to the cinema, theatre or music concerts	
Visit museums or galleries	
Attend religious service/place of worship	



Q2 In the last four weeks have you used the internet for any of the following? Tick all that apply

Communicatio	on e.g. email, instant messaging, video or telephone calls
Using social m	
	or films, listening to the radio, using streaming services nort video clips
Online shoppir	ng, or online banking
Finding out inf	formation, including news, weather
Travel or navig	jation
Playing puzzle	e games online e.g Suduko, Wordle
Playing other o	games online
Something els	e
Have not used	I the internet in the last four weeks

Have you spent any money on any of the following activities in the last 12 months? Please tick ONE box for each activity	Yes	Νο
Tickets for the National Lottery Draw, including Thunderball and Euromillions and tickets bought online		2 1100
Scratchcards (but not online or newspaper or magazine scratchcards)		2 1101
Tickets for any other lottery, including charity lotteries		2 1102
The football pools		2 1103
Bingo cards or tickets, including playing at a bingo hall (not online)		
Fruit or slot machines		2 1104
Virtual gaming machines in a bookmakers to bet on virtual roulette,		2 1105
poker, blackjack or other games		2 1106
Table games (roulette, cards or dice) in a casino		2 1107
Playing poker in a pub tournament/league or at a club		2 1108
Online gambling like playing poker, bingo, instant win/scratchcard games, slot machine style games or casino games for money		2 1109
Online betting with a bookmaker on any event or sport		2 1110
Betting exchange: This is where you lay or back bets against other people using a betting exchange. There is no bookmaker to determine the odds. This is sometimes called 'peer to peer' betting.	Π,	2 1111
Betting on horse races in a bookmaker's, by phone or at the track		2 1112
Betting on dog races in a bookmaker's, by phone or at the track		2 1113
Betting on sports events in a bookmaker's, by phone or at the venue		
Betting on other events in a bookmaker's, by phone or at the venue		2 1115
Spread-betting: In spread-betting you bet that the outcome of an event will be higher or lower than the bookmaker's prediction. The amount you win or lose depends on how right or wrong you are.	Π,	2 1116
Private betting, playing cards or games for money with friends, family or colleagues		2 1117
Another form of gambling in the last 12 months		2 1118
IF YOU TICKED 'YES' FOR ANY OF THE ACTIVITIES AT Q3 PLEASE GO	TO Q4	

04

Thinking about all the activities covered in the previous question, would you say you spend money on these activities...



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We would like you to think about any accounts that you have with gambling companies, including betting, bingo and lottery sites including the National Lottery.

How many gambling, betting, bingo and lottery companies are you currently registered with online?

Enter the number of accounts, or 0 if you are not registered with any.



1120 - 1121

If you have an account with a gambling company please Go to Q6

If you do not have any accounts with gambling companies Go to Q7 on the next page

06

How many of these accounts do you spend money with at least monthly?



In the p	oast 12 months, how often…	Almost always	Most of the time	Sometimes	Never	
Q7	have you bet more than you could really afford to lose?					1125
Q8	have you needed to gamble with larger amounts of money to get the same feeling of excitement?					1126
Q9	have you gone back to try to win back the money you'd lost?		_ 2			1127
Q10	have you borrowed money or sold anything to get money to gamble?	Π,				1128
Q11	have you felt that you might have a problem with gambling?				4	1129
Q12	have you felt that gambling has caused you any health problems, including stress or anxiety?	Π,		_ 3	4	1130
Q13	have people criticised your betting, or told you that you have a gambling problem, whether or not you thought it is true?		2	D ₃	4	1131
Q14	have you felt your gambling has caused financial problems for you or your household?					1132
Q15	have you felt guilty about the way you gamble or what happens when you gamble?					1133

Tick ONE box on each line

Q16

In the last 12 months have you bet in-play when betting on sports? In-play betting means betting on things that happen within sports matches once the match has started (e.g., who will win, next goal scorer, next corner, next point)



1134

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The following question lists reasons that some people have given about why they take part in the gambling activities listed earlier in the questionnaire. For each one, please state how often these are reasons why you take part in some of these activities.

l take j	part in these activities	Always	Often	Sometimes	Never	
Q17	for the chance of winning big money		2			1151
Q18	because it's fun		2			1152
Q19	as a hobby or a pastime		2			1153
Q20	to escape boredom or to fill my time					1154
Q21	because I'm worried about not winning if I don't play		2	_ 3	4	1155
Q22	to compete with others (e.g. bookmaker, other gamblers)					1156
Q23	because it's exciting		2			1157
Q24	for the mental challenge or to learn about the game or activity					1158
Q25	because of the sense of achievement when I win		_ 2			1159
Q26	to impress other people		2			1160
Q27	to be sociable		2			1161
Q28	because it helps when I'm feeling tense		2			1162
Q29	to make money					1163
Q30	to relax					1164
Q31	because it's something that I do with my friends or family					1165

Tick **ONE box** for each question



Q32

Thinking back over the past 12 months, how would you rate how much you have enjoyed gambling? **Circle one number between 0 and 10**.

Hate it										Love it	
0	1	2	3	4	5	6	7	8	9	10	1166 - 1167



The next few questions are about the impact that gambling can have on some people. Please answer as honestly as you can. All of the answers you provide will be entirely confidential.

Tick **ONE box** for each question

	ng about your own gambling, in the last 12 months ur own gambling led you to…	Yes	No
Q33	reduce or cut back your spending on everyday items such as food, bills and clothing?		2 1174
Q34	use savings or borrow money e.g. from family/friends; credit cards; overdrafts/loans; money lenders?		2 1175
Q35	experience conflict or arguments with friends, family and/or work colleagues?		2 1176
Q36	feel isolated from other people, left out or feel completely alone?		2 1177
Q37	lie to family, or others, to hide the extent of your gambling?		2 1178
Q38	be absent or perform poorly at work or study?		2 1179
In the I	ast 12 months	Yes	Νο
Q39	have you lost something of significant financial value such as your home, business, car or been declared bankrupt because of your own gambling?		2 1180
Q40	has your relationship with someone close to you, such as a spouse, partner, family member or friend broken down because of your own gambling?	Π,	2 1181
Q41	have you experienced violence or abuse because of your own gambling?		2 1182
Q42	have you committed a crime in order to finance gambling or to pay gambling debts?		2 1183
	ast 12 months, has your own gambling led you to seek help, t or information online, in-person or by telephone from…	Yes	No
Q43	mental health services?		2 1184
Q44	food banks or other welfare organisations?		2 1185
Q45	relationship counselling and support services?		2 1186
Q46	gambling support services?		2 1187

Q47: Everyone please answer

The next set of questions are about gambling advertisement and marketing. By marketing we mean all the different ways that gambling companies use to communicate or promote themselves to people. In the last month, have you seen or heard gambling being promoted in the following ways? Please tick **ONE box** for each activity

	YES	NO
Adverts on television		2 1188
Adverts on radio		2 1189
Sponsorship of sports people, teams or events by gambling companies		2 1190
Sponsorship of other TV programmes by gambling companies		2 1191
Adverts for gambling on social media such as YouTube, Facebook, Twitter and other social media		2 1192
Pop-up adverts online for gambling companies		2 1193
Adverts and promotions from gambling apps		2 1194
Famous people or influencers promoting gambling companies via social media (YouTube, Facebook, Twitter etc)		2 1195

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Q48

In the last month, which of the following, if any, have gambling companies sent directly to you?

Please tick all that apply



Emails about gambling

Texts about gambling

Messages on social media media (Facebook, Twitter, Instagram etc) about gambling



Messages or notifications from gambling apps

Letters by post about gambling

None of the answer options

Q49

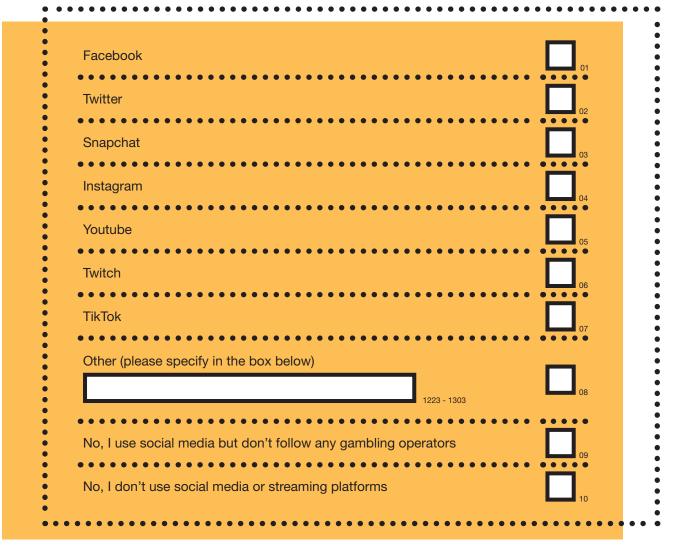
In the last month, how often, if at all, has a gambling advert, promotion or sponsorship prompted you to spend money on gambling when you were not otherwise planning to?



1202



Do you follow or interact with any gambling companies on any of the following social media or streaming platforms? Again, when we refer to gambling companies, we would like you to think about all gambling companies, including betting, bingo and lottery websites. **Please tick all that apply.**



Tick **ONE box** for each question

some p How m	llowing question lists things that people have said about gambling. nuch do you agree or disagree with ne of the following statements?	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree	
Q51	People should have the right to gamble whenever they want						1351
Q52	There are too many opportunities for gambling nowadays						1352
Q53	Gambling should be discouraged		2				1353
Q54	Most people who gamble do so sensibly	Π,	2				1354
Q55	Gambling is dangerous for family life		2				1355
Q56	On balance, gambling is good for society		2				1356
Q57	Gambling livens up life						1357
Q58	It would be better if gambling were banned altogether	Π,	2				1358
Q59	How far do you agree or disagree that in this country, gambling is conducted fairly and can be trusted?						1359
Q60	How far do you agree or disagree that gambling in this country is associated with criminal activity?						1360
							-

Q61a

The Gambling Commission exists to safeguard players and the wider public by ensuring gambling is fair and safe.

Were you aware that the gambling industry in Great Britain is regulated?



1361

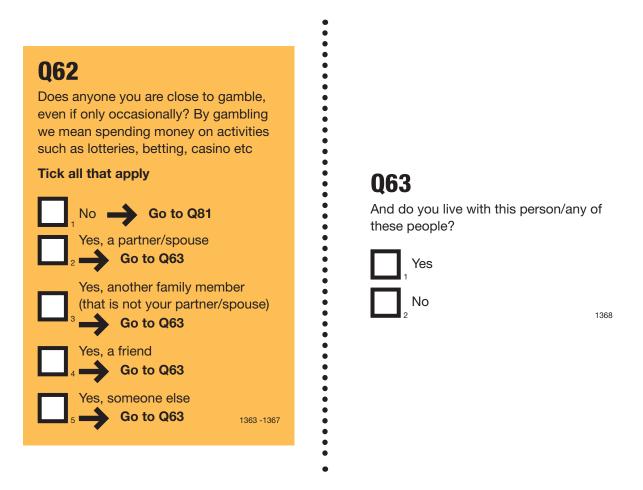
Q61b

And were you aware that the gambling industry is regulated by the Gambling Commission?



1362

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The next few questions are about the impact that someone else's gambling may have had on you, whether you live with them or not. Please answer as honestly as you can.

Tick ONE box for each question

	ng about someone else's gambling, last 12 months…	Almost always	Most of the time	Sometimes	Never
Q64	have you borrowed money or sold anything to get money because of someone else's gambling?			_ 3	4 1369
Q65	have you felt that someone else's gambling has caused you any health problems, including stress or anxiety?			_ 3	4 1370
Q66	have you felt that someone else's gambling has made you feel embarrassment, guilt or shame?			_ 3	4 1371

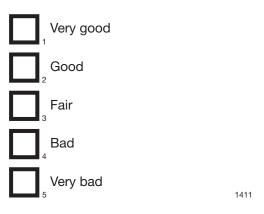
Tick **ONE box** for each question

SPARE: 1392 - 1410

In the	ast 12 months, has someone else's gambling led you to	Yes	No	
Q67	use your savings or increase your use of credit, such as credit card overdrafts or loans?	is,	2	1378
Q68	reduce or cut back your spending on everyday items such as food bills and clothing?	[,] D ₁	2	1379
Q69	experience conflict or arguments with friends, family and/or work colleagues?	Π,		1380
Q70	feel isolated from other people, left out or feel completely alone?	_ ,		1381
Q71	be absent or perform poorly at work or study?		2	1382
Q72	lie to family, or others, to hide the extent of someone else's gambli	ng?	_ 2	1383
		Tick ONE box fo	r each question	
		Yes	No	
Q73	In the last 12 months, has your relationship with someone close to you such as a spouse, partner, family member or friend broken down because of someone else's gambling?		_ 2	1384
Q74	In the last 12 months, have you lost something of significant financia value such as your home, business, car or been declared bankrupt because of someone else's gambling?	Δ,	2	1385
Q75	In the last 12 months, have you experienced violence or abuse because of someone else's gambling?		2	1386
Q76	In the last 12 months, have you committed a crime in order to finance someone else's gambling or to pay their gambling debts?			1387
	ast 12 months, has someone else's gambling led you to elp, support or information online, in-person or by telephone from	Tick ONE box fo Yes	r each question No	
Q77	mental health services?		2	1388
Q78	food banks or other welfare organisations?			1389
Q79	relationship counselling and support services?			1390
Q80	gambling support services?			1391

Q81: Everyone please answer

How is your health in general? Would you say it was...



Q82

Do you smoke cigarettes at all nowadays?



Q83

On average, about how many cigarettes a day do you usually smoke?

Write in number smoked a day 1413 - 1414

Q84

How often did you have a drink containing alcohol in the past year?



Q85

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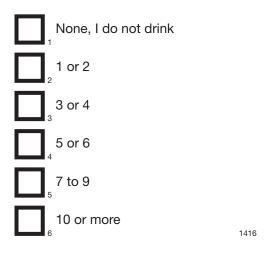
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How many drinks did you have on a typical day when you were drinking in the past year?



Q86

How often did you have six or more drinks on one occasion in the past year?



Everyone please answer:

Tick **ONE box** for each question

	e read the following statements and te how true each one is for you	Very true	Some -what true	Neither true nor untrue	Some -what untrue	Very untrue	
Q87	I often do things without stopping to think		2				1418
Q88	I am an impulsive person		2				1419
Q89	I often talk quickly before thinking things out		2		 4		1420
Q90	I often get involved in things I wish I could later get out of		2				1421
Q91	I need to use a lot of self-control to keep out of trouble		2			5	1422
Q92	I often get in trouble because I do things without thinking		2				1423
Q93	I get carried away by new and exciting ideas		2				1424
and the best de	are some statements about feelings oughts. Please tick the box that escribes your experience of each over t 2 weeks	None of the time	Tick ONE Rarely	box for each Some of the time	n question Often	All of the time	
and the best de	oughts. Please tick the box that escribes your experience of each over			Some of		All of	1425
and the best de the las	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about			Some of		All of	1425
and the best do the las Q94	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future			Some of		All of	
and the best de the las Q94 Q95	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful			Some of		All of	1426
and the best do the las Q94 Q95 Q95 Q96	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful I've been feeling relaxed			Some of		All of	1426
and the best de the las Q94 Q95 Q95 Q96 Q97	oughts. Please tick the box that escribes your experience of each over at 2 weeks I've been feeling optimistic about the future I've been feeling useful I've been feeling relaxed I've been dealing with problems well			Some of		All of	1426 1427 1428

In the past 12 months have you ever thought about taking your life, even though you would not actually do it?

1	Yes
2	No

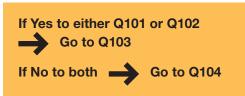
1432

Q102

In the past 12 months, have you made an attempt to take your life, by taking an overdose of tablets or in some other way?



1433



Q103

To what extent, if at all, was this related to your or someone else's gambling?



1434

Everyone please answer:

Q104

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What is your sex? A question about gender identity will follow



1435

Q105

Is the gender you identify with the same as your sex registered at birth?

This question is voluntary

Yes No, write in gender identity

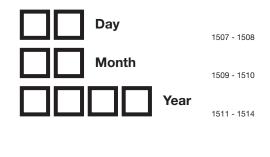
₂ in the box below

1436

1437 - 1506

Q106

What is your date of birth? If you are not willing or able to provide the day or month of your birth, please enter '01' for the day or '06' for the month.

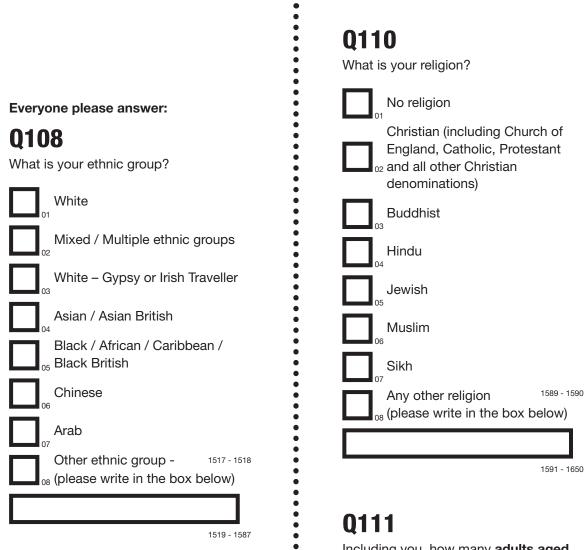


Q107

What was your age last birthday?



Write in years



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0109

Which of the following options best describes how you think of yourself?



Heterosexual or Straight

Gay or Lesbian

Bisexual

Other

Prefer not to say

1588

Including you, how many adults aged 18 or over are currently living in your household?

By 'your household' we mean the group of people (not necessarily related) living at your address who share cooking facilities with you and also share a living room or sitting room or dining area.



Number of adults aged 18 and over 1651 - 1652

0112

And how many children aged under 18 currently live in your household? If 'none', write in '00.'

Number of children aged under 18 1653 - 1654

What is your legal marital or registered civil partnership status?

Never married and never registered in a civil partnership	Divorced
Married	Formerly in a civil partnership which is now legally dissolved
In a registered civil partnership	Widowed
Separated, but still legally married	Surviving partner from a registered civil partnership
Separated, but still legally in a civil partnership	1655 - 1656

Q114

Thinking of the income of your household as a whole, which of the groups on this list represents the total income of the whole household before deductions for income tax, National Insurance, etc.? Include income from benefits and savings. Tick **ONE box** only.

MONTHLY income BEFORE tax	ANNUAL income BEFORE tax	MONTHLY income BEFORE tax	ANNUAL income BEFORE tax
£0 to £949	£0 to £11,399	£2,800 to £3,349	£33,600 to £40,199
£950 to £1,349	£11,400 to £16,199	£3,350 to £3,999	£40,200 to £47,999
£1,350 to £1,799	£16,200 to £21,599	£4,000 to £4,999	£48,000 to £59,999
£1,800 to £2,249	£21,600 to £26,999	£5,000 to £6,599	£60,000 to £79,199
£2,250 to £2,799	£27,000 to £33,599	£6,600 or more	£79,200 or more
			1657 - 1658

Q115

In which of these ways is your accommodation occupied? Tick ONE box only.

Own it outright	Rent it from another type of landlord
Buying it with the help of a mortgage/loan	⁰² Live here rent-free
Part own and part rent (shared ownership)	₀₃ Squatting
Rent it from a housing association or local council	04 1659 - 1660

Do you have any of the educational or school qualifications listed?

Tick the first box that applies



Higher degree or postgraduate qualifications (e.g. M.A., MSc., M.Ed, Ph.D. etc)

First degree level qualification



Degree, or degree level equivalent (e.g. BA; BSc,) ⁰² including foundation degrees such as PGCE Diploma in higher education; HNC; HND; Nursing or 03 Teaching qualification (excluding PGCE) A level; AS level;

NVQ level 3 GNVQ Advanced; or equivalent

GCSE grade A* - C / 4 - 9;
O level; CSE grade 1;
₀₅ NVQ level 2; GNVQ

04

O level; CSE grade 1; NVQ level 2; GNVQ intermediate;or equivalent



GCSE grade D - G / 1 - 3; CSE below grade 1; 06 NVQ level 1; GNVQ Foundation level; or equivalent

None of the listed options

Q117

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Which of these descriptions applies to what you were doing last week?

Tick	the first	box that applies
	Going	to school or college

01	full-time (including on vacation)
02	In paid employment or self-employed (or temporarily ² away)
03	On a Government scheme for employment training
04	Doing unpaid work for a business that you own, • or that a relative owns
05	Waiting to take up paid work already obtained
06	Looking for paid work or a Government training scheme
07	Intending to look for work but prevented by temporary sickness or injury
08	Permanently unable to work because of long term sickness or disability
09	Retired from paid work
10	Looking after home or family
	Doing something else – ^{1663 - 1664} please write in the box below

1665 - 1764

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0118

Sometimes we ask people who've taken part in this study to take part in other studies too. These studies may be carried out by NatCen Social Research or the Gambling Commission. You will only be contacted again for research purposes and only where there is a genuine reason for contacting you. You may never be contacted again, but if you are, you will still be free to decide whether you want to take part or not.

Are you willing to be contacted again for future research purposes?



0119

Do you have an email address we can contact you on? This would only be used for research purposes.



0120

Please write your email address in the box below.

1767 - 1846		
Q121		
Do you have a telephone number we can contact you on? This would only be used for research purposes.		
Yes Go to Q122		
2 No		

0122

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• • Please enter this below as numbers with no spaces. Phone numbers should contain only numbers, start with 0.

1848 - 1858

0123

We would like to send you a £10 shopping voucher to say thank you for your time and for helping us with this survey.

Please note that your voucher should arrive within 1 calendar month of today's date.

Can you confirm you would like to receive your voucher?



I would like to receive a voucher

² a voucher

I do not want to receive

1859

0124

Please write in your full name in block capitals. This would only be used for the purpose of sending you your voucher, and if you gave your permission, to be contacted about future research.

Title



First name

1870-1919

Surname

1920-1969

Q94-100 taken from

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