

## Creator/Co-Founder of Secret To Life Institute

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**INTRODUCTION:** Our world is currently experiencing a global epidemic which is being widely overlooked. It's not the current Pandemic we have been faced with, but a society of individuals who are still stuck in repressed wounds which originated in early childhood. Without the tools and resources to move through the original pain, humans remain in a perpetual cycle of repeating patterns in order to free themselves of the emotional dissonance. In my practice, I have yet to come across anyone whose current life struggles or challenges did not first originate in early childhood or childhood conditioning. It is a well-known statistic that 95% of our current struggles first originated in childhood, yet the importance of going back and healing the original wounds and nurturing this part of ourselves is grossly overlooked. It is my observation based on years of studying and observing human behavior that we do not simply "outgrow" certain pains from early on in life, nor can we skip steps. If a trauma occurred early on and the child was not given the proper tools, skills or support system to work through the energy, they will remain stuck in this part of themselves continually attracting similar life experiences in order to heal the wound and receive the learnings. The number of humans who remain unconscious of working through patterns which originated in early childhood is staggering. We have come to a time in our society where the original wounds and pain points of the unconscious child within human consciousness has now grown out of proportion. Essentially, our world is being run by wounded children who are continually having "tantrums" in a great attempt to be seen, heard and heal.

It is important to note that we all experience wounds differently as our perceptions of reality are inherently different. To the child mind, abandonment can be experienced as a caretaker running late from an appointment not able to pick up the child from school for several hours. To the child they may experience this as a great fear of being left behind and abandoned. Yet to a caretaker this was simply an unavoidable situation and even though the child experienced a great fear, it may have been widely overlooked and not given proper attention for the child to process such an emotion. Original pain and trauma happens to all children at some point during our life cycle, which is why it is important for us to acknowledge that all humans need to go back

to childhood and nurture this part of themselves, not just adults with "known" difficulties in early childhood. Essentially all humans benefit greatly from nurturing their inner child and creating a healthy, loving and supportive relationship with this part of themselves.

This presentation offers a greater understanding of the importance in recognizing how early childhood wounds are affecting our current state of affairs and is playing a part in all of our lives. The goal is to bring awareness to how recreating a solid foundation and relationship with the younger self and being one's own "parent" holds great promise in healing many of society's current challenges.

**AIM:** To bring attention to the importance of going back to original wounds from early childhood to heal life challenges.

**CONCLUSIONS:** By going back to the original wounds found in early childhood and teaching appropriate skills to nurture that part of the self by release emotions which were never expressed, we have great success in healing individuals of their current life struggles. The implications of such a practice can help heal mental illness, physical illness and bring a person into equilibrium and a state of overall wellness.

**KEYWORDS:** Childhood wounds, early childhood conditioning, childhood trauma, inner-child work, healing

### **BIOGRAPHY:**

*Co-founder, creator, and leading expert in freeing others to awaken™ their unique gifts and step into their authentic self, Jenine's propriety method, based on healing the wounded child, guides you to reconnect with your child essence™, the Sacred You™, where all solutions reside. An award-winning, international, best-selling author, skillful subconscious facilitator, and inner-child specialist, with a background in art, education and psychology she continually embodies and demonstrates a simple truth...that anything is possible if you believe!*

