



Title: Social Conscious Impact

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Affiliations:

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Introduction:

Scientifically it's been proven that humans need love, humans need connectivity and that was even more prevalent during the global pandemic lockdowns. Void of community relationships and presence, depression was at an all - time high.

Now, you already would have heard messages of turning pain into purpose. But do you even know what your purpose is?

What if, in the grand scheme of things, it was more than just about purpose? It's about impact.

I was a victim of rape at 15 years of age that jaded my trust that led me to toxic decisions that led to more suffering. I was abused and also the abuser. I became homeless, I short sold my values for toxic exchanges, I did things I should have landed in prison for, in fact, I was facing 26 years of prison time if it were not for Divine Intervention called God's grace. I lost custody and care of my 2 young daughters for near a year. in other words, I truly had no reason to keep going. Because the life I have lived was laced with nothing but darkness and hopelessness. No one could have saved me from the endless spiral down until a miracle

happened.... Called surrender.

Surrender to HIM gave me the option to go to prison OR Rehabilitation. I chose the latter and it wasn't easy. It was the longest 8 and half months and most painful transformation I had to go through. You see, I had to face a mirror called accountability. I was victimized by someone at a young age, but... I chose to also continue to be a victim of situations where I actually had the choice to be a victor time and time again. It's that realization that hurt even more. It was a long journey back to becoming "accepted" by others and I didn't blame them because I hurt many deeply in my past life.

When the idea of starting my own nonprofit organization 13 years ago was presented, I thought "impossible! Not me! I'm not qualified, and I don't have the resources." Interestingly enough there's a divine orchestration at hand when the tragedies of life becomes the platform of impact.

The resources came, the volunteers came, the learning came, the mistakes came, the growth came, and the realization came... I was here to serve those that have been marginalized by society, I was here to serve the underserved and I was here not to judge those who are suffering despite their assumed economic status or titles. I was here to love.

Covid brought a unique challenge in a world that was used to close contact and close communication. It was a restriction imposed... 6 feet of distance, masks on, lockdown ... and due to economic impact, the need for basic human survival for those underserved became more critical. One Heart for Women and Children went from serving 3000 individuals each month PRE-Covid to over 20,000 monthlies. Hard to believe but it's a fact.

We just recently served our 5th millionth meal in less than a year and a half. Yes, you are hearing statistics that are the reality of many and I had the platform of serving to that capacity. 20,000 human lives monthly ... my purpose gave birth to social impact in scales I've never dreamed possible.

You see, if you don't limit the GOD we serve, HE doesn't limit who you are. Because on top of all this, I'm also a 7-time cancer survivor and through it all, I believe that HE has proven my impact is still very much needed because here I am standing in front of you today, having covered many stages throughout the years to tell my story.

What is your impact?

Aim:

Participants will think deeper about having an impact legacy.

Participants will learn to consider that kindness prevails during times of adversities to “Meet people where they are at.” Not in judgement but in compassion.

Participants will learn we don't limit GOD.

Materials and methods:

Speaking engagements

Coaching women to heal the hurt.

Transforming assumptions into healthy perspectives and taking action to their possibilities.

Building community relationships.

Conclusions:

Sometimes your breakthrough comes through the “gift of desperation” and the choice to now take action called accountability. You see, help is available but only when you courageously admit you need it. When you boldly humble yourself to those who has been sent to help you. Ego gets in the way, but Humility paves the way to recovery and Impact.

Keywords:

Experiences, gift of hope, life stories, loving others, charity, nonprofit, humanitarian, impact, leadership, empowerment, purpose, speaker, purpose, authority.

Biography:

Stephanie doesn't consider herself to be “much of significant importance” yet peeling back what she has built from the trails of her personal journey of what society deems as tragedies from being a former addict, suffering through abusive relationships, facing homelessness, a victim of sexual violence and a plethora of heart-wrenching impossibilities came the birth of One Heart for Women and

Children, a non-profit organization, a laser beacon that serves an average of 20,000 individuals monthly providing hunger relief, education and community resources for the homeless and the chronically underserved in Central Florida and surrounding areas. One Heart has also partnered up with sponsors to distribute anywhere from 50,000-75,000 pounds of food on their monthly provision.

Stephanie has been featured on People's Magazine, the Kelly Clarkson Show and most recently landed the cover of Exquisite International Magazine with an 11 countries distribution. She has won a plethora of awards from Godiva and more.

But it's not the accolade or recognition that fulfills her purpose. Stephanie is a living embodiment that symbolizes hope, grace, kindness, and what compassion is about. She lives by the code of suspending judgement and "meet people where they are at". Something she valued as those miracles along her journey also presented itself.

Lastly, her greatest legacy and joy are her family. Her husband George, Daughters Amber and Katie and her grand-daughter Josie. She also knows, One Heart wouldn't be where they are at without the tireless and most gracious volunteers that pours out unselfishly and the beautiful sponsors that give generously. It was never about her but the service to humanity and in her small corner of the world, to know she's making a difference is answering a higher purpose and call.