



Title: Becoming an Iron lady by using Leadership Styles and Techniques

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INTRODUCTION:

There are many Leadership Styles & Techniques which one can learn and apply to become a good Leader. We have to learn to love and respect ourselves then only others will start respecting us. There are some daily, weekly & monthly rituals which help us to heal emotionally and maximise our energy.

AIM:

To release the negative energy from within and absorb positive energy thus maximising our energy level and increasing our efficiency of working and also enable to project ourselves different from the crowd..

MATERIALS AND METHODS:

Practising daily, weekly & monthly rituals to maximise energy. Getting rid of our crucibles and let go our guilt and anger. Show gratitude to all who have helped us directly and indirectly. Try to make powerful requests and learn to respond not to react. Identify your B-HAG (Big Hairy Audacious Goal) & follow the technique of CoDeSeF for achieving the BHAG.

RESULTS:

A group of 25 women was trained on various leadership styles and techniques and they were told to identify their BHAGs and follow the CoDeSeF to achieve it. 90% of the women were transformed totally by identifying their weakness & false beliefs and getting rid of them. 5 out of them switched to a better job and 3 were promoted. 2 of them started their own NGO. The introverts converted to extroverts and finally all of them completed the training successfully & got the Title of “Iron Ladies”.

CONCLUSIONS:

All women are inborn leaders and if they focus on themselves and start respecting themselves and follow certain rules or rituals in life, no one can stop them from leading the World.

KEYWORDS:

Women Leaders, BHAG, CoDeSeF, Rituals

BIOGRAPHY:

Dr. Aditi Sharma is a Senior Veterinary Officer in a Tiger Reserve in India with a specialisation in Advanced Wildlife Management. She had completed her Bachelors in Veterinary Sciences in 2001 & Masters in Veterinary Surgery & Radiology in 2004. She is a person with very high operational excellence. She has successfully completed 6 International Wildlife Courses, presented 16 papers in National & 11 papers in International Conferences. She has received 12 awards till date. She is an Author of 2 articles and Co-author of 2 publication & one Gene Bank submission. She has taken the oath to ensure Health & Welfare of animals and do value the lives of human beings at par at the same time. She has an experience of almost 2 decades & treat her patients with great love & care. She is known to mitigate human wildlife conflict with great courage & humanity.. She is Life Member/Member of 12 International & National Associations/Committee. Additionally she contributes in social programs for Women Empowerment & women Safety.