



Title: Improving Leadership Skills Styles and Techniques in the 21st Century Post COVID-19

Name: Dr Parin Somani

Affiliation: Independent Academic Scholar

INTRODUCTION:

The COVID-19 pandemic has created global upheaval, highlighting many disparities socially, economically and politically. Women are being challenged by multiple factors including working remotely, redundancies, domestic chores, looking after the family and female health issues. It is during this period that females must strengthen their leadership skills to lead their families, peers and colleagues towards a positive future post-COVID-19. However, understanding personal leadership skills, styles and techniques can be challenging.

AIM:

To identify personal leadership skills, styles and improve leadership techniques to aid women in the 21st century post COVID-19 pandemic.

MATERIALS AND METHODS:

A systematic review has been deployed via an extensive literature search on leadership skills, styles and techniques. This is attained through a manual and electronic database search after which a well-planned process is followed resulting in primary studies.

RESULTS:

Leadership skills are a component of 'soft skills' and can be developed. Females within the 21st century can successfully motivate others through their behaviours, tools and capabilities, simultaneously, growing in individual abilities recognising personal strengths. This study discusses motivation, positive attitude, effective time management, teamwork, problem-solving and the need for technological knowledge. It also aids understanding on leadership roles so that techniques can be improved within this technological era.

CONCLUSIONS:

This study has deduced that each female possesses different strengths identified through their personality type. Through creating self-awareness, self-regulation, self-motivation, empathy and good social skills despite face-to-face or remote through technology, females can lead the nation post-pandemic towards a prosperous future. This study recommends that by developing

innovative leadership skills, styles and techniques through practice within this study, females will have the confidence to lead efficiently post-COVID-19 pandemic.

KEYWORDS:

Leadership skills, COVID-19, Women, Personality, Motivation

BIOGRAPHY:

Amb. Dr. Parin Somani is an Independent Academic Scholar, Educator, Motivational speaker, Author, Writer. Four Doctorate degrees: **Doctor of Philosophy (PhD): Education Media; Doctor of Philosophy (PhD): Education Leadership; Honorary Doctorate (Hons Causa)- Literature D'Litt; Honorary Doctorate (Honoris Causa)- Global Education. Published 31+** educational papers in reputed journals, newspaper, magazine articles. She is affiliated with various international universities and travelled **79+ countries** globally. **Featured in 47+ videos, 90+ newspapers and books** for societal contribution. **President-** Shantidoot Parivar; **International Director-**SAARC Nations International Human Rights Association; **Ambassador-**Global Peace, England; **Ambassador-**Project Life India Global; **Vice President-Global Education Sector MSME; Multi-International Award Winner.**