
Better Communication/ Healthier Women-The Power of Your Presence

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1 Introduction

Advancements in women's health have steadily grown but in spite of these great medical advancement's misdiagnosis of patient's condition is the most common cause of malpractice suits. The dominant themes in studies have attributed misdiagnosis to a breakdown in the patient physician relationship. This shows up as an unhappy patient-physician communication that includes a lack of understanding on the patients part of medication instructions. In a recent poll 60% of female patients feel they are not being heard by their medical professional.

Women don't always prioritize their health; they will make appointments for the kids and take their parents back and forth to their appointments but not see the urgency for their care. What can be done to support female patients so they have a better health experience

It's even more necessary for medical professionals to provide an additional level of care to female patients that involve building a relationship with them of trust care and understanding. Remember they are wrestling their own demons none of which we know anything about. The skills and abilities needed to build the relationship don't come from books, or educational pursuits it comes from within. This is referred to as the Power of Your Presence.

This revised technique has gotten positive results from women patients and encourages them to trust and share and collaborate with you on health concerns.

2 Aim

- Participants will explore the interplay between the mind, body and skin in health and illness
- Participants will identify the impact of stress and low resilience on skin aging and inflammation, along with the modifications that can combat these processes
- Participants will learn stress reduction skills they can incorporate at work and at home

3 Materials and Methods

Upwards of 90% of all doctor's office visits are for stress-related ailments and skin issues are no exception. There is a growing body of research highlighting the intricate and intimate connection between our emotional health and skin health. Evidence suggests that chronic psychological stress activates the autonomic nervous system, hypothalamic-pituitary-adrenal axis and the renin-angiotensin system, when the body attempts to manage real or perceived threats to homeostasis.

4 Results

230 surfaces of crowns were evaluated on radiographs, out of which 113 surfaces were found to have marginal discrepancies; 44 surfaces had horizontal discrepancies and 58 surfaces had vertical discrepancies.

Author biography



Jeanice Cummings Specialties: Life Coach, Self-Esteem, Compassion Fatigue Trauma and Domestic Violence. Consultant