

Physician, Reiki Master and Owner of Healing Art Health and Wellness

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INTRODUCTION

Modern healthcare has many tools to heal the modern patient, including medications, surgical procedures, and other advanced procedures. Modern healthcare, particularly in the United States, excels at providing care for extreme illness and in emergency settings. Since the focus of care tends to be on treating extremely ill patients with medications and surgeries, there is very little focus on preventative care. Unfortunately, modern healthcare in the United States fails to address diseases at an early state, and offers very little in the way of prevention. With the focus of care being on disease based, system focused care, the modern clinician often does not have the time, resources and tools to address the connection between the mind and the body. The opportunities to provide healing that can slow, stop and prevent disease manifestation are being missed at every level of health care.

This presentation aims describe how Reiki, an energy medicine healing modality, can be integrated into modern healthcare to improve preventative care, offer treatment options beyond medications and surgery, and empower patients and healthcare practitioners.

AIM:

Description of Reiki, integration of Reiki into healthcare, ease of accessibility

CONCLUSIONS:

Reiki is a healing modality that is easily accessible to anyone that wants to learn that can fill the gaps of modern healthcare. Reiki can be offered without limitations in any setting in healthcare to improve outcomes at every level of health care systems. Reiki is a feasible treatment option in combination with other common treatments.

KEYWORDS:

Reiki, modern healthcare, gaps in care,

BIOGRAPHY:

Charlyce Davis MD MBA is an Internal Medicine physician with over a decade of experience in clinical practice. She completed her Bachelors of Science at the University of Oklahoma. She earned her medical degree at Meharry Medical College in Nashville, TN. She has practiced Internal Medicine in a variety of clinical setting including universities, hospital, occupational medicine clinics as well as underserved populations in rural and urban settings. She is currently practicing medicine full time in Oklahoma City, OK.

Dr. Davis is also a Reiki Master, learning both Usui Reiki as well as Animal Reiki. She has an active Reiki practice for the past 6 years, offering energy medicine to clients with complex needs. Her Reiki practice has the unique perspective of being able to integrate medical knowledge with energy medicine. She has completed 200 hour certified Yoga Instruction and is currently studying to be a Meditation instructor. Dr. Davis can be found online at Healing Arts Health and Wellness