



Title: Misplace Minority

Name: Melysa Aldiano

3x International Bestselling Author | Speaker |

JOY Unfiltered Movement

INTRODUCTION:

Never would I have thought that a milestone birthday of me turning forty years old would have been in global pandemic crisis! 2020 was a year to remember, to reflect, to observe and as of for me finding my true identity against the labelling through ethnic and cultural backgrounds, the society and our community as well as living abroad.

I have been asking myself for years, if there is more what life has to offer me in this world full of challenges.

I knew back then I was here for a greater purpose, although I had my shares of hardships for decades, new home, divorce, new country. I did find the time to enjoy life fully. Open for improvement I allowed changes in my life.

As a partner and mother of two adorable children. I shifted from a secure corporate job into investing in myself. I am certain that, if you permit your life to be different, you have to be willing to do something different first. Willing to become your own identity and embrace it. Your personality that is in congruent with the alignments walk of life. Fear is present but so was my fire!

In the course of all this, I began some deep soul digging , releasing all the past pains that have been buried for decades I thought I was healed. Past traumas that has impacted my entire well being unconsciously. During my healing process, I have found my divine inner peace with myself and with my family infused with love. The agony I was in, became the best life lesson, the catalyst of who I am today and evolving. I choose forgiveness and went from “Pain Into Purpose” which is my first co-written book.

As of today, I accept myself as I am and I encourage every woman in doing so for themselves. Our outer world will always be a reflection of our inner world.

Your uniqueness is your power and a great future doesn't require a great past.

AIM:

- : Break the barriers of self-judgements, self-sabotage, the labelling stems from ethnical backgrounds.
- : Finding your own unique identity.
- : Turning your pain into purpose and create a positive ripple effect of impact.

METHODS:

One on one weekly coaching.

KEYWORDS:

Inner reflection, inner work. The power of story telling. Leaving a significant legacy.

BIOGRAPHY:

Melysa Aldiano was born and raised in Laguna Philippines. She attended The State Polytechnic University in Sta. Cruz, Laguna where she studied Bachelor Science in Electronics Engineering. The youngest of the crowd but one of the top performers in her major.

During the summer of 1998, Melysa decided to move to Austria and lived there for almost a decade and laid another foundation of her life. In 2006, she moved to Belgium where she now lives a joyful and harmonious life with her two beautiful children, Daniel and Aurora-Victoria, and life partner Marc.

Melysa is a student of life. She loves learning languages, reading and mindfulness. Her passion in her spare time is dance and music. An adventurer, outside person, and free spirit.

Her diverse creative talents have landed her into different platforms in her career, like living abroad, in which she found her second home. After decades of seeking her aligned purpose, in 2019 she began investing in herself. She put an end working in the corporate world and finally decided to take the steer of her career.

Melysa is an influencer, a speaker and 3 times International Bestselling Author.

She created a community called JOY Unfiltered Movement, which is a community where thrivers, game-changers, and doers can come together to create a global positive ripple effect. She wants to create a movement that celebrates authenticity, positivity, and fulfillment; a movement that celebrates and radiates life!

Melysa's expertise has been featured on interviews, webinars and media platforms.

Her focus on helping women, through her journey, "What Is A True Woman of Influence?" "How to Live Unapologetically" and "How to Live A Life in Purpose" ; these are the foundation and pillars of JOY Unfiltered Movement.