

# Heard Immunity For L.I.F.E. And Living

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## **INTRODUCTION**

Our world is full of millions of masked and unmasked members alike who are visibly identified as such, yet this whole notion of masking-up existed psychologically long before the pandemic of 2020. People have been hiding their true identities, covering up passions, and inhaling - without exhaling - their aspirations for centuries. Clinical research indicates that showing up in the world as someone other than who one really is wreaks havoc on the mind, will and emotions. Not only is it deceptive, masking-up robs society of the many amazing TAGS (talents, abilities, gifts, and skills) trapped behind the cognitive veil. The psychological effects of (concealing, disguising, protecting, and camouflaging) thoughts, feelings and desires are devastatingly destructive and devaluing on multiple levels. This practice of repressed/ suppressed identity results from years of conditioning and programming in the early stages of human development. Here we discover the root cause of anxiety, depression, addiction, low self-esteem, and suicide. Undoubtedly, now more than ever before, a deprogramming and clearly defined self-image are essential for wellbeing.

This presentation aims to promote the concept of individuality, increased self-awareness, and inspired authenticity which is an essential component of abundant living in a class-conscious cookie-cutter society. The content shared herein aligns with biblical principles and research on the power of thinking positively while offering truth, wisdom, and targeted knowledge. This message equips recipients with innovative information and inspiration for self-discovery that helps them realize personal potential and act on it to become who they are purposed to be. This process culminates in a demonstration of empowerment, confidence, and deliberateness of action. Now is the perfect time to begin showing up boldly ... free from doubt, fear, and self-imposed limitations!

## **AIM:**

Challenges and opportunities for transformation and a higher quality of living via self-actualization.

## **CONCLUSIONS:**

It has been revealed that our social advancement and future existence necessitate individual awareness and authenticity. One of the main tasks is to ensure that L.I.F.E. is a never-ending process. This also requires the development of personal stamina and the implementation of positive limitless thinking.

## **KEYWORDS:**

Transformation, self-awareness, empowerment, deprogramming