

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin E (as D-alpha-tocopheryl succinate)	15.4 mg	103%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Vitamin B12 (as methylcobalamin)	2.4 mcg	100%
Biotin	30 mcg	100%
Pantothenic Acid (as calcium-D-pantothenate)	5 mg	100%
Zinc (as zinc sulfate)	11 mg	100%
Selenium (as L-selenomethionine)	50 mcg	91%
Saw Palmetto (fruit) Extract	640 mg	†
Keratin (from sheep's wool)	250 mg	†
Reishi (fruiting bodies) Powder	100 mg	†
<b>Collagen Support Amino Acid Blend</b>	50 mg	†
L-Lysine (as L-lysine HCl), Glycine, L-Proline		

†Daily Value not established

Other ingredients: Hypromellose (Capsule), Rice Flour, Magnesium Stearate.

Distributed by Roman Health Ventures, Inc., 116 W. 23rd Street, 4th Floor, New York, New York 10011  
888-798-8686 • [getroman.com](http://getroman.com) • Manufactured in the USA with domestic and imported ingredients.

**⚠ WARNING:** This product can expose you to chemicals, including lead, known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**CAUTION:** Please consult your physician before use if you have a medical condition, are taking any medications, or other supplements. Do not take this product if you are pregnant, think you may be pregnant, or are breastfeeding. Keep away from children. Store in a cool, dry place.

**RECOMMENDED USE:** Take 3 capsules daily. Taking it with food is not required, but can help to prevent potential digestive upset. Taking it with the same meal can also help you remember to take it every day.