My recap

First things first, you'll see a quick recap of your info at the time of testing.

My hormone summary

Next, you'll see a snapshot of each hormone result. As you test over time, you'll see what's changed. If you're on hormonal BC you can still test the most important hormone for ovarian reserve, AMH.

You'll use this little link to download your raw lab results and bring them along next time you go to the doctor.

Putting results in context

Next, we'll walk you through what your hormones can tell you about things like Ovarian Reserve, Ovulation, and General Wellness.

You'll see a clear takeaway for what your AMH levels can mean for your ovarian reserve, age of menopause, and potential outcomes in egg freezing and IVF. You can dive deeper into reports made just for you (also personalized in info!)

Cameo from Dr. Natasha Douglas, Chair of the Modern Fertility Medical Advisory Board

Then we dig deep into AMH with an interactive graph (this one's fun to play with). If you've tested multiple times you'll see how your AMH changes over time. My AMH has gone down since my last test and I've been able to have a good conversation with my doctor about PCOS.

If you're testing multiple hormones, you'll see cards that break down results for each.

Your fertility profile

Hello! We're excited to share an actual Modern Fertility dashboard with you. If you wanted to get your fertility hormones tested at a doctor's office, you could be billed more than $600 and need to have multiple discussions to understand the results. High-quality hormone testing is critical to understand your fertility journey, and we want to make sure you have all the necessary tools and information to make the right decisions going forward.

That's where Modern Fertility comes in. We want to make sure women everywhere can easily understand what's going on with their bodies. Knowing your levels can help you think through everything—from your timeline for having kids to your thyroid health. Fertility is complex but hormone levels are one very important piece of the puzzle.

Modern Fertility makes it easy for you to understand all aspects of your levels. Think of us as your fertility team— we have webinars, a community, and ongoing education to make sure you get the support you deserve.

This sample fertility profile can give you a sense for what your own could look like. Of course, yours will be customized to your birth control. If you're on hormonal birth control you'll be able to test AMH (the best hormonal indicator of egg count) and TSH (an indicator of your thyroid health). If you're not on hormonal birth control, you'll test six hormones.

Take a read and let us know if you have any questions. You can reach us any time at support@modernfertility.com.

The Modern Family Page

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Now we’re on ovulation!
Here we’ll call out if there are any imbalances with the hormones PRL and LH.

Clicking on the + will open the hormone graph so you can get a better sense of how your hormones are changing.

Personalized reports
Once you’ve walked through the results summary, it’s time to hit up those personalized reports. When you click through, you’ll see a collection of reports that are tailored to your hormones, age, birth control, health survey, and the latest research by top physicians.

You can think of these reports as a personalized walk-through of some of the most important topics related to fertility. It’s like having an expert right there with you.

Support always
Now you walk through your dashboard, use the helpful walkthrough, and know you’re never alone with the information and advice you may need.