

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxal-5-phosphate)	1.3 mg	76%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Bacopa monnieri (aerial parts) extract	300 mg	†
American ginseng root extract	200 mg	†
L-Theanine	200 mg	†
AlphaSize® Alpha-Glyceryl Phosphoryl Choline	196 mg	†
Caffeine (from green tea leaf)	100 mg	†

†Daily Value not established

Other ingredients: Hypromellose, silica, microcrystalline cellulose, vegetable stearic acid, vegetable magnesium stearate, and calcium silicate.

Distributed by Roman Health Ventures, Inc., 116 W. 23rd Street, 4th Floor, New York, New York 10011
888-798-8686 • getroman.com • Made in the USA with domestic and imported ingredients.

AlphaSize® is a registered trademark of Chemi Nutra. Keep away from children. Store in a cool, dry place.

CAUTION: If pregnant or breastfeeding, ask a healthcare professional before use.

RECOMMENDED USE: Take 2 capsules daily. You can take Roman Focus with or without food, just **do not** take it before bed.

PRO TIP: If you are sensitive to caffeine, try starting with one capsule to see how you feel before taking another.

Please note that splitting or spacing out the full dose may decrease some of the intended benefits.