

TYLENOL® Dosage Made Easy



Use products only as directed.

REGULAR STRENGTH: *Strong, fast pain and fever relief*
TYLENOL® Regular Strength Liquid Gels and Tablets

ACTIVE INGREDIENT	DOSE & FREQUENCY*	DIRECTIONS
Acetaminophen 325 mg (in each liquid gel/tablet)	Adults and children 12 years and over: Take 2 liquid gels/tablets every 4 to 6 hours while symptoms last Children 6 years to under 12 years: Take 1 liquid gel/tablet every 4 to 6 hours while symptoms last	Adults: Do not take more than 10 liquid gels/tablets in 24 hours, unless directed by a healthcare professional Children: Do not take more than 5 liquid gels/tablets in 24 hours

*Consult your healthcare professional for children under 6 years.

EXTRA STRENGTH: *Strong, fast pain and fever relief*
TYLENOL® Extra Strength Caplets, Coated Tablets, Rapid Release Gels, and Dissolve Packs



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ACTIVE INGREDIENT	DOSE & FREQUENCY†	DIRECTIONS
Acetaminophen 500 mg (in each caplet/ tablet/powder/gelcap)	Take 2 caplets/tablets/gelcaps/powders every 6 hours while symptoms last	Do not take more than 6 caplets/tablets/gelcaps/powders in 24 hours, unless directed by a healthcare professional

†For children under 12 years of age, ask your healthcare professional.

EXTENDED RELEASE: *Fast muscle and minor arthritis pain relief that lasts up to 8 hours*
TYLENOL® 8HR Arthritis Pain Tablets‡ and Muscle Aches & Pain Tablets§



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ACTIVE INGREDIENT	DOSE & FREQUENCY	DIRECTIONS
Acetaminophen 650 mg (in each tablet)¶	Take 2 tablets every 8 hours with water	Do not take more than 6 tablets in 24 hours

‡For children under 18 years of age, ask your healthcare professional. §Do not use in children under 12 years of age. ¶Extended release.

PM EXTRA STRENGTH: *Relieves minor aches and pains while helping you fall asleep*
TYLENOL® PM Extra Strength Caplets§



Use product only as directed.

ACTIVE INGREDIENT	DOSE & FREQUENCY	DIRECTIONS
Acetaminophen 500 mg Diphenhydramine HCl 25 mg (in each caplet)	Take 2 caplets at bedtime	Do not take more than 2 caplets in 24 hours

§Do not use in children under 12 years of age.

This is not a complete list of all TYLENOL® products.

IMPORTANT INSTRUCTIONS FOR PROPER USE:

- Always read and follow the label on all TYLENOL® products
- Do **NOT** use with any other product containing acetaminophen
- Wait the right amount of time between doses
- If you have any questions, ask your healthcare professional which product may be right for you

Visit Tylenol.com for additional product information

